

WRITINGS FOR A BETTER WORLD

SRI SWAMI KRISHNANANDA

THE SUN
THE EYE OF THE
WORLD

EDITION HEAVEN ON EARTH

DIVINE LIFE SOCIETY

Please look for further information and contributions under :

<http://www.dlshq.org/>

SRI SWAMI KRISHNANANDA – The Sun - The Eye of the World

In Sanskrit, *Makara Sankranti* means the time when the sun crosses the tropic of Capricorn. The day is of special significance to all those leading the spiritual life and mention has been made of this commencement of this new period in such scriptures as the Upanishads and the Bhagavad Gita. The sun comes to the North, energising and invigorating all life wherever it is, and on whatever he sheds his light. In esoteric parlance, in mystic terminology, the sun is regarded as the presiding deity over the self of man, while the moon is the presiding deity over the mind of man. The self or the soul is different from the mind; the *Atman* and the *Manas* are differentiated by their metaphysical and psychological characteristics, respectively. The self of man is presided over by the Sun or *Surya*. The Sun is designated as *Atma-Karaka*. "*Surya Atma Jagatas Tasthushascha*" says the Veda. The Rig-Veda proclaims the spiritual presiding principle in the Sun as the invigorator, energiser of the selves of all created beings. That is the meaning of the Vedic prayer mentioned above. Of all the things that move and do not move, of all that is organic or inorganic, of everything in creation, the solar principle is the self, as it were, the pivot round which all individual energies revolve. We live by the Sun and die if the Sun is not to be. Spiritually envisaged, esoterically conceived, the Sun is not merely a huge orb of atomic energy as the physicists would tell us, but a radiant mass of life-giving vitality to everyone. The sun is not merely a heating principle, like an electric heater or a fire-like burning mass, or a huge conflagration of fire, because these cannot give you that energy which the Sun supplies to you. I shall give you a small analogy to give you an idea as to what the Sun can contain and does contain.

Do you know what the earth contains? Can you imagine what energy, what vitality, what abundance, what resources are contained in the earth! You have got gold, you have got diamonds, you have got mineral resources under different parts and bowels of the earth, you have got gas and petrol and what not; and where do you get this energy from, for the sake of the living beings on earth? The trees vigorously rise from the earth, sucking energy from the bottom of the earth, and they seek energy from above from the rays of the Sun. When we geologically and physically look into the structure of this earth, and chemically examine its contents, biologically investigate into its resources, as a pure scientific mind, we will realise that the earth is not a dead matter. It is energy-embodiment, on whose bounties we are alive here. The food that we eat is not a dead stuff, otherwise it cannot give us energy. From where do we get energy? From the food that we eat. From where do we get the food? From the earth. If energy is to come from food, naturally the source of it must be full of energy. The earth cannot be inanimate, as we generally dub it to be. It is not inorganic; there is something organic and living, meaningful and significant in it and the earth has been declared to be a part of the solar constitution, even many millions of years ago. As our wise men tell us, once upon a time a mighty gigantic star happened to rush by the side of the electro-magnetic field of the Sun, some light years away from the Sun, of course, not merely a few miles. The impact of this upon the orb of the Sun was such that it broke off a little piece of it. That little piece, being a flaming, diverging, powerful energy-block, rushing from the Sun boiling with the flame of what the Sun is, is supposed to have come down after thousands of years, cooling down gradually from the flaming condition in which it was to a cooler condition and from the cooler condition to a still cooler condition, from that condition into the gaseous condition, from the gaseous to the liquid condition and from the liquid condition to the solid condition that we see today. So, all this wonderful earth is nothing but a part of the Sun and our greatness can be traced back to the greatness of the Sun which cannot be, by a logical deduction, a mere physical or inorganic form as uninformed science may tell us.

Can '**Prenatal and Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

SRI SWAMI KRISHNANANDA – The Sun - The Eye of the World

Something wonderful and mysterious is there in the Sun and there is some great significance in connecting the principle of the Sun with the self of man, as there is also equal significance in the connection of the moon with the mind of man. You know, during, the full-moon and the new-moon days the mind gets affected. Those who are weaklings and who are not mentally strong will feel this impact more than normal persons. Normal persons do not feel it, but those who are not normal in their minds will feel much. The moon, the stars, the sun and all the stellar system exert a mutual influence amongst themselves. You know during the full-moon the ocean rises up, wells up as if to greet the rising moon and, naturally, the pull must be felt everywhere on earth, but you cannot see it. Such is the invisible impact of the higher forces of nature, whose father is the Sun, and when its influence is felt more and more, the self is supposed to also exert influence in its activity, operation. So, this particular day, we call *Makara Sankranti*, is holy.

The Upanishads and the Bhagavad-Gita tell us that those who die during these six months of the northern course of the Sun, rise from the earthly entanglements to the higher regions presided over by noble deities, finally piercing through the orb of the Sun, attain Salvation. Crossing the barrier of the Sun does the soul cross the still higher regions of resplendence and spiritual magnificence. The Upanishads and such scriptures describe that while the passage of the moon is the passage of return to the earth, the passage through the Sun is the passage to salvation, liberation of the spirit.

Those who cross the barrier of the Sun come not to this mortal world again. They go to higher regions until the soul reaches universal salvation, until the soul becomes everything, enters into everything everywhere, as the Mundaka Upanishad tells us. Seekers of Truth, aspirants on the path of Yoga, devotees of God, lovers of mankind, all these have to pay tribute to the supreme father of energy, vital, not dead, which is *Surya*. "*Suryah pratyaksha devata*" (The Sun is the visible God). If you have any visible God, it is the Sun before you. You cannot see God in His pristine excellence, but you can see God through the operation of his powers in nature. In the Purusha Sukta, the Sun is again compared to the eyes of the Virat Purusha, the cosmic person. These are only true comparisons and symbols which give us an idea as to the magnitude and the importance of the Sun in the life of ours. People pray for their death during the six months period of the northern movement of the Sun. In the Mahabharata we are told that Bhishma waited for his departure until the Sun moved to the north. So there is not merely an astronomical or physical significance to our lives in the movement of the Sun towards the north, but there is also a biological, vital and psychological as well as spiritual meaning in this northern sojourn of the Sun. Devotees and seekers of Yoga have, therefore, to bring to their minds this internal world, and its significance which is beyond and farther than the physical world. The inner world is deeper than the outer.

In some of the scriptures we are told that there are 12 Suns. Where are the twelve Suns? We see only one Sun in the sky. We can regard these twelve Suns as the principle inherent within the physical Sun, one behind the other. Just as we have the vital body behind the physical body, the mental body behind the vital body, the intellectual body behind the mental body and the spiritual principle in us behind the intellectual body, so also, there are energies behind energies, powers within powers, one transcending the other, until the twelfth Sun is reached. It is identified with Maha-Vishnu or the supreme benefactor of creation, the Ruler of the Cosmos. The twelfth Sun is Vishnu Himself. He cannot be seen with the physical eyes because these esoteric Suns are internal to the physical Sun. You cannot see the vital body or the mental body, intellectual body or the spiritual principle in you. You cannot see anything inside the body. In as much as we live in the physical body and see a physical world, we see also a physical Sun. When we enter the vital body, we will enter the vital world and see a vital Sun, so on and so forth, and when we

SRI SWAMI KRISHNANANDA – The Sun - The Eye of the World

reach the ultimate principle within us by the practice of Yoga, we will see the hidden essence behind the world. It is not a country; it is not a realm, a village or a city, or any locality populated by people. A marvellous ocean of light and energy will be presided over by the twelfth Sun, says the Scripture. So there is much behind these great observances such as the *Makara Sankranti* and many others of a similar nature, in the spiritual destiny of man. We live a material life, not knowing what we really are, what the world is. We seem to be so ignorant of the values that are inherent and within us that we are dashed hither and thither by the winds of fate, controlling the physical world and the physical body of people. The more you move inward into yourself, the more also you will see the inner mystery of the world. When you go to the vital body within you, you can see the vital body of other people seated here. Because you are now in the physical body, you see the physical body of others. When you enter your mental body, you can see the minds of other people, and when you enter your intellectual body you can see the intellects of other people seated here. And when you enter your spiritual principle within, you can see the spirituality in the world and the spiritual principle in the whole cosmos. So the twelve Suns described in the Srimad Bhagavata and other scriptures are not twelve physical Suns hanging in the sky, but twelve layers of principle one behind the other, culminating in the spiritual Reality as the Sun, wherein the individual, the world and God become one. In the physical realm you are different, the world is different and God is different. There is no connection apparently between one another. When you go deeper, the three principles come nearer and nearer to one another. The world is absolutely isolated now; you have no control over it, it threatens you every moment; you are afraid of the world. Why? Because it is physically isolated from your physical body. And so also is God, a transcendent something of which you have no concept today. But when you go inwardly by a power of concentration and meditation, you also simultaneously, as a parallel movement, enter into the subtler realms of the world outside, so much so the outsideness of the world becomes less in proportion to the internal experience that you have in your own self. The more you are physically conscious, the more also is the world external to you. The more you are inwardly conscious, the nearer is the world to you. The inimical world, the so-called unfriendly world, becomes a friendly one when you enter into the subtler and subtler realms of your own being. And when you reach the divine principle within you, the world does not merely remain as a friend but becomes an inseparable experience of your own. The world ceases to be an outer phenomenon. There will be no world as such. The thing called the world ceases to be the moment you enter into the spiritual principle within you which is the same as the spiritual principle within the world, which is also the same as the spiritual principle of the universe. It is only here that God, world and the soul become united. This is the liberation that we are ultimately seeking. So there is much of a message in this religious observance of *Makara Sankranti* and we shall all, as humble seekers of Truth, do well to contemplate this inner divinity presiding over the solar symbol in our creation and endeavour to be more and more spiritual in our life, which is not to change to a different order or kind of life from the one in which we are, but to enter into a new meaning of life in this very life. To be spiritual, to enter the realm spiritual, is not to enter into an order of life as people mistakenly imagine. It is not shifting from place to place, moving from one corner of the earth to another corner of the earth, or changing the mode of living in this world. This is not spirituality. What is really meant is to enter one step inward into your life rather than move outwardly, diametrically. It is not a horizontal movement but an inward gesture of the soul towards its own centre. It is difficult to understand what spirituality is, however much you may read philosophy. Spirituality is not one kind of life that you lead. It is the inner meaning of all kinds of life in the world. It is not isolated from other types of life. It is the meaning and significance behind every kind of life whatever be your profession or the duties you perform in the world. There are people who imagine that spirituality is for the later period of one's life. It has nothing to do with doing. As I mentioned to you, it is the significance behind what you are and what you do. So you cannot fix it for a period of time, tomorrow or the day after, no such

Can '**Prenatal and Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

SRI SWAMI KRISHNANANDA – The Sun - The Eye of the World

thing is possible in spirituality. Because the spiritual is the meaning behind things. How can you fix the meaning to a distant future, as if you do not want to live today. The meaning behind existence and activity is what you mean by the spiritual. If there is any worth in what you are and what you do, that is spirituality. So this is what the Upanishads and other scriptures like the Bhagavad-Gita speak of. They speak of the interpretation of God in the world such as the Sun whose northern movement commences today, and on account of which you regard this day as auspicious *Makara Sankranti*. So, you should take this all seriously to your heart on this auspicious day and contemplate for a moment the deeper truths of our own personal lives, the deeper truths of nature outside and the deeper truths implied in the relationship between ourselves and also the nature outside. There are three implications, three meanings, three significances or three hidden realities—the one, within ourselves; another, in nature outside; the third, that which is implied in the relation between ourselves and the nature outside, which is called God, invisible to our physical perception.

Those who are Brahmacharis may do more of Gayatri Mantra Japa, which is presided over by the Sun, from today onwards. Those who have other Mantras as their Ishta-Mantra may do more Japa of that Mantra from today onwards. Those who are advanced enough to take to pure contemplation and meditation will do well to bring the true God into their lives, not the visible God or the imagined God, but the real God into their own lives, in the sense of what spirituality is, as the meaning and the significance behind what anything is and anything can be in this world. The spiritual reality, finally, is the significance behind what anything is and anything does, whatever we are and whatever we do, which means to say there is no life without spirituality. Because life without spirituality is a misnomer, it is meaningless, it is absurd. This is the kind of life that every individual being has to endeavour to live and one should utilise this opportunity as another happy occasion to contemplate God in His real nature, thus accelerating the speed of our movement towards Him, approximating ourselves more and more nearer to that Supreme Absolute and making our life blessed by living it practically in our day-to-day existence and thus also to assist the atmosphere around so that we and our brothers in the world may become fit for the supreme union with that ideal Godhead, the Absolute. May, by this influence we exert in the world, loving solidarity and peace prevail everywhere, be our prayer.

APPENDIX: BOOKS

– BIBLIOGRAPHY –

Prenatal Education, Spiritual Electroplating

- Bradley Boatman: *A Gift for the Unborn Children* (Vidéo)
- Geoffrey Hodson : *The Miracle of Birth* (Brochure 1929)
- Peter Deunov *The Woman, Source of Love and Life* (Brochure)
- Omraam Mikhael Aïvanhov
 - *Education Begins Before Birth* (Book 1984)
 - *Hope for the World: Spiritual Galvanoplasty* (Book 1984)
- Denise Tiran:
 - Natural Remedies for morning sickness and other Pregnancy Problems* (Book 2001)
- Denise Tiran, Sue Mack
 - Complementary Therapies for Pregnancy and Childbirth* (Book 1995)
- Carista Luminaire Rosen, Ph. D.: *Parenting begins before conception* (Book)
- David Chamberlain *Babies remember Birth* (Book)
- Thomas Verny, Pamela Weintraub:
 - *Life before Birth*
 - *Pre-Parenting, nurturing your child from conception, questions medicals* (Book 2001)
- Chopra, Simon, Abrams (Book 2005)
 - *Magical Beginnings, enchanted lives, A Holistic Guide to Pregnancy and Childbirth*
- Ina May Gaskin: *Spiritual Midwifery* (Book 1990)
- Frédéric Leboyer *Birth without Violence*
- Jean Liedloff: *The Continuum Concept, in search of happiness lost* (Book 1985)
- Aviva Jill Romm: *The Natural Pregnancy Book* (Book 2003)
- Susan S. Weed: *Wise Woman Herbal for the Childbearing Year* (Book 1986)

* * *

EDITION HEAVEN ON EARTH

(ALL ADOBE-FILES)

(available cost-free under www.LetsCreateHeavenOnEarth.com)

THOUGHTS OF A SPIRITUAL TEACHER

OMRAAM MIKHAËL AÏVANHOV:

- A correct understanding of Good and Evil (F)
- A new Attitude for everyday Life
- A new Light on Prayer
- A new Understanding of Health
- A Servant of God
- Angels & the Tree of Life (F)
- Becoming a Spiritual Disciple (F)
- Being Member of a Family ... *and its different Connections with the world* (F)
- Christ, Christians & Christianity (F)
- Education – *Guidelines for Parents* (F)
- Explanations on Heredity (F)
- Guidelines for Spiritual Work
- How to master Habits (F)

Can '*Prenatal* and '*Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

SRI SWAMI KRISHNANANDA – The Sun - The Eye of the World

- How to surpass Karma & Predestination (F)
 - How to work with Talismans
 - Interpretations of the Gospel
 - Life and Death
 - Living a Successful Life
 - Magic in everyday life
 - Master & Discipleship (F)
 - Meditation as the Gateway to harmonious living
 - Means to bring 'Heaven on Earth'; *Prenatal Education & Spiritual Electroplating* (F)
 - Music and Creation
 - Nutrition for a successful life
 - Only Beauty can save the World
 - Proper knowledge of Human and Divine Justice
 - Purity as the Key to Self-Realisation
 - Real Freedom (F)
 - Reflections on Birth (F)
 - The Cosmic meaning of Marriage (F)
 - The different aspects of 'Clairvoyance & Intuition' (F)
 - The Importance of having an High Ideal
 - The Kingdom of God & His Righteousness
 - The Laws which govern the Universe
 - The Power of Thought
 - The Quintessence of Christianity
 - The Reasons behind Suffering
 - The Relationship between Colours & the Aura
 - The Sublime Origin and Goal of Sexuality and the Sexual Force
 - The Sun & the Sunrise-Meditation; *working with the Divine Image*
 - The true Task of Art (F)
 - The Universal Brotherhood of Light
 - The Two Principles – Masculine and Feminine
 - Traditions, the Gospels & the Holy Scriptures
 - True Happiness (F)
 - True Love (F)
 - Working with Light
- (F) = also in French available; (D) = also in German available

* * *

EDITION HEAVEN ON EARTH

(ALL ADOBE-FILES)

(available cost-free under www.LetsCreateHeavenOnEarth.com)

WRITINGS FOR A BETTER WORLD

- Benjamin Christ: « Let's create 'Heaven on Earth' » (D, E)
- David Brown/Kyron: « Creating Stress-free Families » (D)
- David Brown/Kyron: « Disconnect from the Mass-Consciousness »
- David Brown/Kyron: « Understanding Mass-Consciousness » (D)
- David Brown/Kyron: « Understanding Relationships » (D)
- Edmond Bordeaux Szekely : « The ESSENE GOSPEL OF PEACE - Book One » (D, F)
- Edmond Bordeaux Szekely : « The ESSENE GOSPEL OF PEACE - Book Two »
- Edmond Bordeaux Szekely : « The ESSENE GOSPEL OF PEACE - Book Three »
- Edmond Bordeaux Szekely : « The ESSENE GOSPEL OF PEACE - Book Four »
- Edmond Bordeaux Szekely : « The Sevenfold Peace - Book One »
- Edmond Bordeaux Szekely : « The Sevenfold Peace - Book Two »
- Omraam Mikhaël Aïvanhov: « The High Ideal » (E, F)
- Omraam Mikhaël Aïvanhov: « The Pyramid of Light » (E, F)
- Omraam Mikhaël Aïvanhov: « The Universal Brotherhood of Light » (E, F)
- Peter Deunov : « The Woman – Source of Love and Life »
- Kavi Yogi: « Woman's magnanimity »
- Swami Chidananda: « Thy Kingdom come »
- Swami Chidananda: « The Divine Trinity »
- Swami Chidananda: « Yoga and Christianity »
- Swami Krishnanada: « Correct Approach to God »
- Swami Krishnanada: « Ordinary- and Super-Consciousness »
- Swami Krishnanada: « The Sun – The Eye of the World »
- Swami Sivananda: « The Human Ideal »

SRI SWAMI KRISHNANANDA – The Sun - The Eye of the World

- Swami Sivananda: « The Unity that underlies all Religions »

Can '**Prenatal** and **Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**