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# EATING MEAT, DRINKING WINE, SMOKING CIGARETTES ...

## ***DOES THIS FIT FOR A REAL CHRISTIAN?***

BY CHRISTOPHER BENJAMIN

Did Jesus eat meat? Did he drink wine? Did he smoke?

I know that we can read in the Holy Scriptures, in the Bible that he did probably the first two things ... eating meat and drinking wine. Par example: the last supper. But was it really a lamb what he ate with the twelve apostles??? How much can we trust this statement and how much not? Are there doubts allowed?

Please reflect the following thoughts:

When we consider Jesus as a highly spiritual, self-realized person, as an initiate with the task of being an example for all man, a new mankind, it is difficult to accept this idea (also when we look at him as a Reincarnation of God!). It becomes more difficult when we study *The Gospel of Peace* (given by St. John) which became translated by Edmond Bordeaux Székely. These Gospels which became rejected and forbidden by the Church give us another, more realistic, picture of Jesus as a vegetarian and rawfoodist!

So it is also allowed to wonder about the wine: When he participated in the wedding of Canaan ... did he drink wine there? But ... does this questioning make sense and ... does it make sense to search for proofs in the Bible?

I think that this is totally stupid. It doesn't matter if Jesus or any other real spiritual teacher did it once, twice or not. More important is if we, if you are allowed to do so, if you want to become like him or them! And then you have really to question this habitude.

As you probably know from personal experience – wine takes away a clear mind and helps you to express your lower tendencies, instincts and desires. Wine can open your mouth when you have problems to talk and let you tell things, you would have never said if you hadn't been drunk. It is also possible that you do things you will never do in a state of clear mind. So this fact alone is a proof that wine helps you to disconnect from the divine regions and reinforces your lower, inferior self and connects you with animalistic, demonic regions. Wine degrades man and a lot of suffering happened through uncontrolled consumption of wine or any other kind of alcohol. Think about that very thoroughly. Read the following story which I read in the Daily Meditations from the Universal Brotherhood of Light. It is a story of a monk who drank and asked God every evening before going asleep for forgiveness for his weakness during the day. Read and understand what it means to accept the idea that Jesus should have drank wine and therefore having an excuse to do so too:

*Too many people live any old how the entire day, and then in the evening, before going to sleep, they say a little prayer to ask God to forgive their wrong-doings. Well, it is not enough: these people should know that this behavior is certain to keep the devil always at their side, like the monk in this story:*

*'There was once a kindly monk, who drank and drank. Every day the level of the wine in the barrels went down visibly. Somewhat shame-facedly, of course, he said his prayers every night and asked God for forgiveness, after which, his mind at rest, he slept peacefully until the following day, when he started all over again. This went on for years. One evening, however, he forgot to say his prayers, and during the night he suddenly felt someone shake him, saying: 'Hey, you didn't say your prayers tonight. Get up at once and say your prayers!' He woke up, rubbed his eyes and what did he see? The devil! Yes, it was the devil who had woken him; it was he who made the monk say his prayers every night. And why? To stop*

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*the monk from mending his ways. Since the monk said his prayers by asking God for forgiveness, his conscience was clear and the following day he would start drinking all over again, to the great joy of the devil. When the monk understood this he was so alarmed he gave up drinking once and for all.*

And now, think about this question again: Did Jesus, as a living example for all men, drink or consumed regularly wine or any kind of alcohol? Or did he maybe drink once or twice a glass of wine in his life-time??? Do you understand the importance and subtleness of this question? Are you, as a Christian, a disciple of Jesus, allowed to reinforce your lower nature and to be a great joy for Satan and his companions by drinking regularly? Are you allowed to drink wine, beer or any other kind of alcohol, anything what makes you drunk ... and helps you losing your self-control and divine connections???

**Please answer this question honestly and then ... do the changes which are needed!**

And now the other question: Are you allowed to eat meat? Or: Is it recommended to eat meat when you strive to become like your ideal Jesus?

You know (because it is always given as a proof from Vegans and Vegetarians) that it is written in the 1<sup>st</sup> Book of Moses (Genesis 1: 29) that God gave men all the fruits of the trees and plants of the field as our food at disposal. It is not said that non-human-like creatures are included.

*1:26 Then God said, "Let us make<sup>47</sup> mankind<sup>48</sup> in our image, after our likeness,<sup>49</sup> so they may rule<sup>50</sup> over the fish of the sea and the birds of the air, over the cattle, and over all the earth,<sup>51</sup> and over all the creatures that move<sup>52</sup> on the earth."*

*1:27 God created mankind<sup>53</sup> in his own image, in the image of God he created them,<sup>54</sup> male and female he created them.<sup>55</sup>*

*1:28 God blessed<sup>56</sup> them and said<sup>57</sup> to them, "Be fruitful and multiply! Fill the earth and subdue it!<sup>58</sup> Rule over the fish of the sea and the birds of the air and every creature that moves on the ground.<sup>59</sup> 1:29 Then God said, "I now<sup>60</sup> give you every seed-bearing plant on the face of the entire earth and every tree that has fruit with seed in it. They will be yours for food.<sup>61</sup> 1:30 And to all the animals of the earth, and to every bird of the air, and to all the creatures that move on the ground--everything that has the breath of life in it--I give<sup>62</sup> every green plant for food. It was so.*

*1:31 God saw all that he had made--and it was very good!<sup>63</sup> There was evening, and there was morning, the sixth day.*

I remember that priests give as a contra-proof that God gave mankind the whole creation into his possession with the demand to take care of it. But does it include also that we feed ourselves with those we have to care for, to protect? Does it also justify what the food and pharmacy industry, and most of the farmers, do today with them? Is this taking care, being in charge of them in a dear and tender way??? Think also about another fact: when children have an animal as friend – it doesn't matter if it is a rabbit, a chicken or anything else – when they know that the meat on the table is from their slaughtered friend ... they are not able to eat, forget to swallow it. Or the other picture: who would like to eat meat if he had to kill, slaughter and prepare the animal by himself? No-one. Emotionally, modern man is not done for it!

So I have my doubts, about the fact that Jesus should have eaten meat! Once or twice, because of the situation, all right. But regularly – for sure not! He was against animal-sacrifices and preached a new point of view towards them. You can interpret it as you like, but the first fact is that you have to kill these animals for being able to eat their flesh! And that contradicts with the commandment: 'You should not kill!'

It is true ... it is not said if you have to distinguish between men and animals ... or even the food you eat. It is only said 'You should not kill!' ... but doesn't this include everything, everything

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which is alive? Where is the difference between killing a man or an animal? And what happens within you if you are the committer?

Ask par example all the women who had an abortion or the experience of losing their child in the first months of pregnancy! Talk with murders, butchers and hunters and you will realize the importance of extending this commandment onto everything which is alive! You will also understand that forcing pregnant women to abortion (it doesn't matter with which means!) is one of the biggest sins parents, friends, partner or society could do! The long-term damage within these women is not healable and they are less woman than before!

Why? ... Because something within them died, became broken! A sublime connection is cut and they became, and you will become too, sadder, fearful and unbalanced!

Read also this thought from the Universal Brotherhood of Light about meat-consumption:

*When we eat, we are constructing the material of our own bodies, and these bodies are destined to become the temple of the spirit. The matter we absorb is part of this construction and must be pure; otherwise it will prevent the spirit from taking up lodging within us. People who eat meat should understand that all the animal cells they have absorbed are now integrated into their bodies, and will refuse to co-operate with any intended noble or magnanimous acts. When a person eats meat, he absorbs, along with the flesh, all the animal characteristics of fear, greed, cruelty, etc., so when he wishes to develop his higher self, he meets with difficulties, because animal cells cannot comply with the same high ideal. These animal cells have a will of their own, which is directly opposed to that of the person in whom they dwell. Animal cells do not want the temple of the spirit to be built.*

How do you want to become able to catch higher realities beyond this visible world, to become aware of your divine heritage and to be able to lead a successful, fulfilling life in the cosmic, eternal sense, when you ignore this commandment 'You should not kill!' ... and if you continue to interpret it in the way you accepted until now?

Think about it, and give you time for a decision. Wonder if you are ready for a reduction of the *Ten Commandments* into 2 (the Two essential ones!):

- You should love God with all your heard, with all your will and with all your senses!
- You should love your neighbour as yourself!

And that includes also the commandment 'You should not kill!'

In reality ... you need only these two! You don't need ten (10). These two include all the rest because by following them you automatically follow the others.

Animals are your little brothers; those you help to evolve by letting them live in your surrounding. (But not if you accept the manner which food-production and pharmacy-industry practises! This is disrespect of the divine quintessence within them.) They are less evolved souls and have a right to live as you! Killing them, as society allows in the meantime in slaughter halls and in large numbers, seeds a fruit you can not image what it will be. As a friend said:

*"When man seeds carrot's the question doesn't arrive what he will harvest! But when he slaughters millions of animals what can he expect to harvest?"*

We create a pollution in the astral world, around the earth, which was exactly the reason why Jesus had to suffer for us at the cross so that mankind became liberated. He freed man to have access to the divine regions and worlds. But as long as you follow your old life-style and the recommendations of the meat-industry and the so-called experts of health, which includes mainly meat-consumption, you don't accept Jesus sacrifice at the cross and your freedom to change your destiny ... and for all those who live in your surrounding too!

As Paramahansa Yogananda said:

***Your example will change those around you, who will influence others in turn ...  
That is how individual karma becomes mass karma, which invisibly affects the  
fortunes of all humanity.***

And there exists another fact which becomes often forgotten:

***AS LONG AS WE HAVE PLACES TO SLAUGHTER ANIMALS, AS LONG WE WILL HAVE WARS  
AND NO PEACE IN THE WORLD!***

Remember: Warriors in times of war eat meat in the morning, at lunch and at supper. This makes them fearful, cruel and aggressive! Without meat no-one would do a shot, would kill someone. They would go home to their families and friends and work for peace and harmony in their environment and throughout the world.

But there exists a solution for all those who have problems with avoiding meat: the Universal Brotherhood of Light recommends as a help to overcome this need of blood- and flesh-taste: **eat fish!** If necessary 14 times a week!

Why? Because you replace with fish meat and ... fish is a species which was until now 'successfully' able to avoid evolving (contraire to the other victims of the meat-industry!). You will help them evolving when you eat them and ... you produce no karma! You don't pollute the ether as you generally do when you eat meat! You will realize with the time that your consciousness and awareness increased! (read more about this in the pocketbook „*Yoga of the nutrition*“ from the author Omraam Mikhael Aivanhovi!)

Without eating meat, the economical and spiritual situation in the world will change. Science confirmed that already. So what is your goal?

Do you see yourself as a disciple of Jesus and a worker for “*Heaven on Earth*”? If you do so then think over your present life-style in all areas and start doing the changes which are needed. Can you still imagine Jesus drank wine and ate meat regularly? What kind of example would he has lived for you? Would you, as Jesus' disciple, be a good, living example for others ... with a glass of wine or a bottle of beer in your hand and a steak on the plate or sausages on the bread? Wouldn't that only reinforce the common way of living for all those around you who live a mediocre life?

If you need help for a new-orientation, read and study the books ‘*The Gospel of Peace*’ translated by Edmond Bordeaux Székely (given by St. John) and “*Life, Health & Peace*” (me and in German). You will be surprised how much your life will change and what person you become! Like the caterpillar who becomes a wonderful butterfly who is invited wherever it flies. As you who won't remain a shadow of your real being!

Discover yourself and find your true purpose on earth! Tell yourself always the following words:

*‘... If man listens God speaks,  
if man obeys, God acts.  
And if men change nations change!’*

So, be welcome in the circle of the workers for ‘**HEAVEN ON EARTH!**’