

Note to the reader: Express the intent to be "in the NOW" at the channelling, and for your energy to be combined with the group that was present.

Kryon South Africa  
Channelled through David Brown  
**9th October 2002** at San Michele, Durbanville

# UNDERSTANDING MASS- CONSCIOUSNESS

Greetings dear ones for I AM Kryon of Magnetic Service.

Once again we are presented with a group of healers this night; people who have walked in the Light, lifetime after lifetime and who are at a certain stage in their journey, following their path with diligence, feeling their fears and letting them go. Spirit honours you and welcomes you tonight on this beautiful evening here at the southern tip of Africa in the fairest Cape of them all - almost as far away from the United States as is possible; yet the people speak the same language and they have the same understanding. It is still part of the Western World - a world that has been crafted and sculpted by belief systems far away from God, particularly the Catholic Church. This has been done by the white man exporting his technology and wisdom around the world.

The Catholic Church took over the hot spots of the world, the main energy centres. They placed their cathedrals over the major vortexes of energy and allowed their message to flow into mass consciousness. They learned the secrets of mass consciousness long ago and knew how to manipulate mass consciousness to their advantage. By building cathedrals over these sacred sites known by the Ancients for many thousands of years, they learnt how to magnify and amplify their own message into mass consciousness. There was little tolerance in days of old... The Bible has been written in such a way that it is difficult to understand, and only when one becomes truly conscious can it be truly understood. The Church and its hierarchy are set up in such a manner that they create a double-message, a double-bind, for humanity. The Western world and the people who control it have the most power – they control the monetary system, the military system and all that goes with it.

People, more and more, are worshipping the material world; whether they live in the East or West. There is no longer any significance in where you live in the world; as the consciousness of this planet is corrupted with teachings that are not in the truth, do not benefit humanity, and are no longer valid. Spirit allowed these teachings to go on in the last millennium, pushing humanity further and further away from the Divine, further away from their true selves. There is a greater reflection of this going on today than at any time in the history of the world. There is an epidemic amongst young people taking and using drugs in an effort to find spirituality. These children were born a generation after the last great war. The parents that emanated from this war and the psychology of the people of that generation who lived through possibly two world wars have become very dysfunctional; more and more so in these last few years with the event of the mass media once again perpetrating its message, as fair and honest as they try to be. In general the media is driven by unconscious people, that don't know the truth, broadcasting to people that are connected to mass consciousness. People connected to mass consciousness connect-in to mass consciousness. The secret of the media is that they follow mass consciousness and offer it to the masses, thereby creating more mass consciousness that is even further away from love and truth.

It is time for this all to stop and this will be done by Spirit. There is a contract, an agreement, with the workers of the light to have their own inner work amplified to exactly the equivalent levels of the Catholic Church and other religions that are putting false messages into mass consciousness. People who operate in the Light will be given more power and more energy to live their lives and to live their dreams; of love, beauty, expansion, wholeness and a return to the Divine. Spirit is free for all to

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connect to directly, and more and more people are now connecting to spirit without the help of religion. At the moment the healers are connecting more strongly than the masses, but sooner or later the masses will all recognise that they can also connect to the Divine and the advantages of connecting directly to the Divine are profound, as you have all seen in your own lives. The biggest steps that you can take forward are those that you take by listening to your inner messages; by stepping into the fears, which are false fears anyway, as they are only energy and nothing else. The more love and truth that you allow into your heart the more you will step beyond mass consciousness into a life of your own creation - a dream that you dream for yourself, of love, that you will share with all of mankind. It will no longer be allowed for certain elements on this planet to take power for themselves, and the day will come where it is difficult for these establishments to maintain and hold their power.

In the last few years, in the western world, many people have opened their own businesses. The people who own these businesses have a different consciousness from those who work for them, but it is that consciousness that will hold the people of the world together. More and more people are accepting, and creating, power within their own world; this power base is being spread wider and wider across the planet. There are those who do not wish for this to happen but there is nothing that can stop it. The more people in whose hands the power is, the safer this world will be and the safer it is becoming.

In the last twenty-five to thirty years as people in general have become closer to God, there has been a new awakening - the true recognition that material wealth cannot fill one's heart and soul. Once again, we reiterate, that life is a feeling not an intellectual process, and the better you feel about yourself the more wonderful your world truly is. These are messages from the Divine working through feelings; when you're feeling good you're do the right thing, and when you're not feeling so good it is because you are losing energy - you are not working in alignment with the Divine and with your own true purpose. It is for each individual to watch and see how these energies flow - maybe spend a little time observing the energies to see where they flow.

Please close your eyes, go inside, and connect to Mother Earth through the soles of your feet and allow your soul to flow into your body. Your guides are at your side holding you in a place of safety and love. Focus about a metre in front of your eyes and see a gauge that indicates exactly where your energies are flowing. See a person who you suspect is taking energy from your system and observe the gauge and see how much they are taking. Just allow your mind to wander and flow from person to person in your life; see whether you are gaining or losing energy from each person, from their actions or even thought patterns. It is highly likely that the ones you love the most are taking the most energy. You need that energy for yourself; that energy is your life-force, it belongs to you and no one else. It is for your use, for you to use as you see best.

At the moment most energy use is unconscious; become conscious of where your energy flows. If there is a person who is draining you heavily and using your energy for their own gain then bring this person into your field of vision and acknowledge and understand why they are taking that energy and why you are giving it - this is a co-creation, and there can be no anger in this situation. You may feel anger but know that you co-created this situation with the person in your mind at this moment; you created the situation to make yourself stronger and more powerful. It is not the done thing, once you become conscious of something to carry on and allow the energy to constantly flow subliminally away from you. See yourself with this person and allow love to fill your heart; allow Kryon to place light around the two of you, with the help of your guides, and angels in this room this night. Truly understand what you gain by giving so much energy away and what you lose by giving so much energy away; see that there are spin off's. Whatever you are gaining from this relationship you can give to yourself in a much more meaningful way than having to give up all this energy to create it. See the chords of light that flow between the two of you and allow Kryon to dissolve these energies if you wish, and place new energy from your heart to the other person's and from their heart to yours, and allow pure unconditional love to flow from your heart to theirs and from their heart to yours. Where

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there is pain in your own heart or your own body allow the unconditional love of the other person to cleanse and release the pain from your heart or body; as the pain recedes acknowledge this person for the gifts they have given you, and for the consciousness they have brought you – acknowledge them, thank them for the lessons of the past and release them with love.

Now allow yourself to see the other side of the spectrum, where you are taking energy from another for your own benefit. Bring that person into your own space, into your inner vision – just allow it, they will come. Once again ask what the benefits are for receiving energy from the other person and what you are giving in return; it could even be a gift to a third party. Usually these people will be the closest to you, the ones you love the most. Once again, allow Kryon if you wish, to dissolve all these old energies and put new energy in its place from your heart to theirs and their heart to yours; again allow pure unconditional love to flow from their heart to yours and your heart to theirs and allow your heart to fill with love and fill their heart with love also. Where there is pain, allow their unconditional love to rinse that pain away and let it go; as the pain recedes allow the other person to go with love and thank them for the lessons of the past, and release them with love. It is not to say that they will leave your space entirely but you will no longer play those games, those energetic games.

We now ask you to look at the energy flow between yourselves and mass consciousness and scan your body for major connections to mass consciousness. Mass consciousness is, of course, in duality - continually placing you in double bind situations. For instance, if we once again look at the Catholic Church we see that their priests practice celibacy, but the general population continue to have sex. What is the church saying when it says its priests cannot have sex but the people who worship in those churches can? What is the church saying when its priests cannot marry but they welcome families to the church? In all of the Kryon channellings to date it has been quite explicitly voiced that a healer can only heal what is healed within himself; therefore if a priest cannot have a family relationship or sexual relationship where will he, within himself, find the energy to help heal another person with sexual issues or issues directly related to family matters.

Whenever a healer assists in the healing of another there is a holding energy that comes from a space where the healer has healed himself; where he can hold whoever comes to him in a place of safety, so that they feel safe, secure and able to heal themselves. Healing can only come from within oneself. Should the person who is advising the other one how to heal his life not have worked through his own issues the energy will be like a rubber ball, bouncing backward and forward and going nowhere; there will be no safety and no true security around people with problems, challenges or issues.

If people religiously believe in what they are being taught then that is indoctrination; that is not experiencing life. Life is an experience; it is not being indoctrinated into a way of being. There are many truths in what the church speaks but the only true way to know whether they are true is to truly experience them. If you are making mistakes in your life and you recognise them, do not indulge in them but acknowledge the mistakes you have made. You are not a "sinner" for making a mistake; you are a human being and the only way on this earth plane a human being learns anything is by making mistakes, by experiencing life. You cannot have shame and guilt around sexual experiences or other areas where there can be shame; the Catholic Church is amplifying shame around this planet by holding people in a cocoon of darkness.

Kryon now asks that enlightened, conscious, people be allowed to speak at the pulpits of the cathedrals of the Catholic Church and the cathedrals of those churches aligned to this consciousness. The fastest way to healing is to use those places that amplify mass consciousness. Bring mass consciousness back to the truth by once again amplifying the message of love and truth; and once again allow human beings to feel comfortable around their sexuality and allow marriage and relationships to become sacred. Mass consciousness does not provide a sacred space for marriage or sacred sex or reasonable relationships with members of the opposite sex. It is easy to see that this planet is being placed in a situation of a double bind based on the understanding of duality. To amplify the matter even further the Catholic Church, by not allowing the use of condoms creates more

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Catholics and a greater imbalance; the imbalance comes from poor families with little or no material wealth, with a lot of misery, misunderstanding of how the planet works, drug abuse, sexual abuse, and all other forms of abuse. As people are suffering in this manner, and worship in churches they are then actually amplifying this negative emotion and pushing it further and deeper into mass consciousness; once again making mass consciousness more and more difficult to break away from. Mass consciousness serves industries such as the banks, the insurance industry, and big industries like the media. It is a form of mind control, it is a big dream, it is the dream of all humanity, but it is a dream that has been forced out of balance.

There are far more acts of love on this earth plane than acts of hatred and pain. It is the misuse of mass consciousness by people in power on this earth plane that is creating so much poverty, hunger and starvation, even in the affluent countries; it's creating so much negativity, shame, guilt, sadness, heartache, and loneliness.

Slowly but surely Spirit will release this earth plane from these negative emotions, but we ask first of all that the people on this earth plane take their own power and change mass consciousness by speaking from these power points about truth and love and bringing the true message of the Divine into places of worship; allowing real love to flow into the hearts and minds of men. It is men who control mass consciousness. Men's bodies are strong and powerful and they hold the energy of the family, or the energy of their workers. It is for men to take their own power and to recognise the truth of what is going on on their own planet; to understand through meditation and to concentrate on their own hearts. In your own heart lies truth - allow your hearts to discern what you hear from the pulpit, and if it feels right hold onto it, if it does not belong to you let it go, release it. Once a person has heard the truth, and wishes to hear it, the truth will remain in his or her heart; no man can be trapped, other than by his own consent.

Love is the only way - so as you are scanning your bodies see where you're connected to mass consciousness, and see which belief comes to which connection in your body. If that belief resonates within your own heart hold on to it, if that belief does not resonate within your heart, release it and let it go and allow love to fill the void that is left.

Dear ones, you are entering exciting times; the bondages of life here on earth are being removed. You're being given the tools; and Kryon asks that you use these tools - generate your own power, your own personal power in creating the love, joy and freedom for yourself. You are all creators in your own right; whilst you're connected to mass consciousness you are creating more and more mass consciousness, as you disconnect from mass consciousness you become a creator in your own right, and create your own dreams. Your true dreams are of love, joy, and freedom. Allow yourselves to connect to that dream, and see what the next step along your path to your own dream is, and make your world a better place by living that dream. All of you who live on this earth, are all in the here and now; this world belongs to you. This is your earth plane, this is your life, and THIS IS your dream. You have the power to live your dreams.

Go well, God bless, and take care for this is Kryon signing out.

<http://www.kryon.org.za/>

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### OMRAAM MIKHAËL AÏVANHOV:

- A correct understanding of Good and Evil (F)
- A new Attitude for everyday Life
- A new Light on Prayer
- A new Understanding of Health
- A Servant of God
- Angels & the Tree of Life (F)
- Becoming a Spiritual Disciple (F)
- Being Member of a Family ... *and its different Connections with the world* (F)
- Christ, Christians & Christianity (F)
- Education – *Guidelines for Parents* (F)
- Explanations on Heredity (F)
- Guidelines for Spiritual Work
- How to master Habits (F)
- How to surpass Karma & Predestination (F)
- How to work with Talismans
- Interpretations of the Gospel
- Life and Death
- Living a Successful Life
- Magic in everyday life
- Master & Discipleship (F)
- Meditation as the Gateway to harmonious living
- Means to bring 'Heaven on Earth'; *Prenatal Education & Spiritual Electroplating* (F)
- Music and Creation
- Nutrition for a successful life
- Only Beauty can save the World
- Proper knowledge of Human and Divine Justice
- Purity as the Key to Self-Realisation
- Real Freedom (F)
- Reflections on Birth (F)
- The Cosmic meaning of Marriage (F)
- The different aspects of 'Clairvoyance & Intuition' (F)
- The Importance of having an High Ideal
- The Kingdom of God & His Righteousness
- The Laws which govern the Universe
- The Power of Thought
- The Quintessence of Christianity
- The Reasons behind Suffering
- The Relationship between Colours & the Aura
- The Sublime Origin and Goal of Sexuality and the Sexual Force
- The Sun & the Sunrise-Meditation; *working with the Divine Image*
- The true Task of Art (F)
- The Universal Brotherhood of Light
- The Two Principles – Masculine and Feminine
- Traditions, the Gospels & the Holy Scriptures
- True Happiness (F)
- True Love (F)
- Working with Light

(F) = also in French available; (D) = also in German available

- **BENJAMIN CHRIST:** « Let's create 'Heaven on Earth' » (D, E)
- **PETER DEUNOV :** « The Woman – Source of Love and Life »

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