

Note to the reader: Express the intent to be "in the NOW" at the channelling, and for your energy to be combined with the group that was present.

Kryon South Africa
Channelled through David Brown
28th November 2001 at San Michele, Durbanville

DISCONNECT FROM THE MASS- CONSCIOUSNESS

Greetings Dear Ones, I AM Kryon of magnetic service.

Once again this is a group of healers – a group of healers who have worked together on the earth plane, not only in this life time, but in many life times before and you have all suffered great pain in your past lives. In working together, you suffer together. Wherever there has been revolution on this earth, be it spiritual or political, you have had your finger in that pie in some place or another, often in high ranking positions where there had to have been a great deal of understanding, a great deal of knowledge and a great deal of wisdom. At the core of your being you understand the earth plain and you understand exactly how it works. At the core of your being you are healers, phenomenal and powerful healers and this night is about re-awakening that healer-self within you. For this night the Earth, Mother Earth, comes to the room to hold you deeply within her energies and to hold you closely as if you were within her womb, so please close your eyes and go deep inside and connect through the soles of your feet to Mother Earth and allow her to encase you in a cocoon of love and a cocoon of holding, a spirit of holding and a place of safety.

You all have found it very difficult to live on the earth plain in true safety without certain fears being prevalent. As the energy in the room begins to rise you will feel a definite grounding, a true feeling of belonging. Your energies are truly welcome here and when we say your energies are welcome, we mean all your energies, whether it be shame or guilt, whether it be regret or remorse, for whatever situations you have created in your own life, whatever energy surrounds it, no matter how humiliating or embarrassing, your energies are truly welcome here. Please allow that sense of belonging to come into your bodies, not only belonging in this room this night, but belonging on Mother Earth, the earth plain. This world belongs to you, make no mistake you own it, it is yours for the keeping. So open your hearts to Mother Earth and connect through your hearts to the centre, to the heart of Mother Earth and allow the "mother" in Mother Earth to connect with the mother within your own heart. Through your masculine soul make a deep connection from your masculine side into Mother Earth; deeper and deeper and allow yourself to become more solid and more entrenched in Mother Earth, this is your home, your heaven for this lifetime. We are here this night to create heaven here on earth and to anchor the Kryon energy in another location in Durbanville, in another way, with another essence, with a deep sense of feeling and a deep sense of belonging.

You have all worked with loneliness in many lifetimes beyond and there is no difference in this lifetime. You have all found it very difficult to connect to other human beings, particularly members of the opposite sex. Allow a sense of belonging to enter your bodies as you connect more deeply to Mother Earth. Find the point of balance between your heart and your solar plexus; this point we will call source. It is a point of calmness, it is a point of centeredness, it is the point of being; being exactly who you are, and whatever fears or anxiety is coming into your body right now, allow Source to embrace these feelings. Open your hearts wider and wider and wider and wider and allow a connection to the heart of the Great Central Sun. Allow the energy of love to flow from your heart to the heart of the Great Central Sun and from the heart of the Great Central Sun to your heart. Without you this earth plain would not exist, that is the importance of every single person within this circle this night. Allow your hearts to open more and more to Source and to the Sun and connect through the crown chakra to grandfather sky; that is a place where all is known to mankind. You have every right to have direct access to that information, for it belongs to you as it belongs to all who live here on the earth plain.

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In your psychology and biology you have mental and emotional blocks. We wish for you to, first of all, place all your awareness in your throat centre, your communication centre. We call it a block for in many ways it is, but it is not truly so, for this is a direct connection to mass consciousness. Mass consciousness is not living in truth and mass consciousness is not the truth. So in placing your awareness in your throat chakra, visualise this connection to mass consciousness, for mass consciousness does not serve you, only love and truth serve you. Discernment through your own heart truly serves you. Whatever this connection looks like, be it cords of light or whether it be like a radar screen, or however it looks, acknowledge this connection and ask to discern whether or not this connection truly serves you.

There is a unilateral decision in this room to disconnect from mass consciousness through the throat chakra; so whatever you need to do, you can either cut the cords with the physic scissors, or you can bring Merlin or Christ into your energy and ask these great Masters to dissolve this energy, this connection, and release this connection for once and for all. This connection is a direct manipulation through the media and through a hierarchy that controls the planet and wishes to maintain your consciousness in a level which is not truly conducive to humanity in this time of the new and Golden Age. We urge that you allow this energy to gently shift away and allow your guides, who have now sat at your feet, to work with you if you are having any difficulty with the process, for they are here in service and in honour and in love of your presence. They are honouring the work that you are doing here on the planet in bringing an anchor in love in the Kryon energy here to earth.

Whatever feelings you have in your throat allow Source to work with these feelings; these constrictions, for in order to stay with integrity within yourself, your communications must be crystal clear for all to understand and most of all, for you to understand the communications coming from the rest of the Universe. Whatever flows through the throat chakra, the communication chakra, should be filtered through the heart chakra to allow for discernment. So allow a connection with the communication chakra and the heart chakra with the specific intent of discerning all communication and making sure you are speaking from your heart and no longer speaking for the media through mass consciousness. And stay with this energy for a little while, it will take time to clear. There are very few people on this earth plain who have managed to cut and shift away from true mass consciousness.

In connecting to Source and in connecting to Soul you will be held in balance, for you will be undertaking great steps in transforming your lives and your personalities, that of the ego self to that of the divine self. There are great and phenomenal energies coming, starting on December 2nd in the year 2001. These energies will come with a force and with a power of accelerated healing and transformation that even the darkest powers here on planet earth will have no control over. These energies will bring healing en masse; will bring a total new way of thinking here to the fairest Cape of them all, for these energies are being directed here to Cape Town, South Africa. In a way as a learning curve for Spirit. There are many, many healers here in Cape Town and there is a great deal of support and people who can hold the energy of Cape Town, as these energies shift and as mass consciousness gently slips away from Cape Town. There is a new consciousness coming, a new awareness, and a new state of being, felt in this small town here on the tip of Africa.

We have spoken many times in these channels that there is a level of love encompassing Somerset West, Stellenbosch and Paarl, Franschhoek and Melkbosstrand and the entire Cape Peninsula. The energies in this area will be intensified many-fold and you can expect, if you have not dealt with issues, to find yourselves off balance, but know that your guides are here in full support and know that your Creator never gave you anything that you couldn't handle and also know that you chose this and you are truly being supported here in Cape Town. This beautiful place on the tip of Southern Africa with these phenomenal energies is the centre of the New Age, of the Golden Age. It is from where transformation will be driven; transformation around the globe, through the great dragon lines and through the energy centres of planet earth. For there will be coming, a real re-awakening of many souls and many spirits, a re-awakening to a level of integrity not seen on this planet for over 2000 years, in fact since the advent of Christianity. There will come a greater understanding between the different cultures that live here in South Africa, between the Sangomas and the white people and the healers of the white people. There will come a greater understanding in Christian people of this energy and what energy truly means and how important it is to be grounded to Mother Earth. For the Christian people also, in this the fairest Cape of them all, will also be subjected to this energy and to these shifts and to a new understanding of life here on earth. In many ways

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it will be difficult for them to shift, in many ways it will be easy. There are many things missing in their teachings and there are many truths that are misinterpreted also. They will learn to re-interpret the Bible in the way that it was written and to understand it as the way the agnostics would understand those writings. There will be a ground-swell of emotional support for a new way of thinking and a new way of being here in Cape Town; but there will also be forces that stand against this, and, as you can see already, there is a new political alignment here in Cape Town. For richer or for poorer, for better or for worse, it will come and it will go. There is coming, and being, a great shakedown in the political structure of this city and only politicians who have a true intent to serve the people, who have an open heart and a true interest in serving the people, will find true power in Cape Town. That is the way spirit works, and as the consciousness of Cape Town increases, as the vibration of Cape Town rises, this will become more and more evident as more and more people stand together and decide to live their lives in integrity and in truth. It will become easier and easier to become who we truly are, living here in Cape Town, South Africa, and there will be less and less pressure on being human here. As you release negative energies and step closer and closer to who you really are, life can only get better. The concentration of light workers and healers here in Cape Town is far greater than at any place under the sun on planet earth. And with these new awakenings, and with these new energies, more and more light workers will awaken and those who are already awake will take more and more personal power, become stronger and stronger, for there is a great urgency in the energy here to awaken, and to step into truth.

We already have a war to the north in Arabia. Whatever the political parties of this planet earth wish to call this war, this is a religious war. It is a war about pain. It is a war fought by men who in general are not in touch with their masculinity, and neither are they in touch with their femininity. It is a war that is polarising Christianity and Islam, and, as much as the western world likes to think that it has this situation under control, it is manifesting a ground-swell through Arabia and that ground-swell of hatred through Arabia will be felt through the Christian world. It will be manifest in the Christian world in one way or another. To counteract this level of intense and deep feeling Cape Town in South Africa is a pivotal point in the energy balance in metaphysical terms over what goes on in Arabia. This is an old wound that has gone on for thousands of years on earth, it is a wound of the two greatest archetypal energies that mankind possess. It is the wound between masculine and feminine. It is a wound that has to be opened and cleansed and purified. Everyone on this earth plane searches for love, they search for it in relationships, they believe they have it, but there is only one place to find this love and that is within - to find that bond between masculine and feminine. The masculine is to hold the feminine in a deep and a safe place, for the feminine to feel truly welcome here on planet earth; for her to feel that she has a place here. It is for the feminine energies, this feminine archetype, to open her heart and to be vulnerable to the masculine energies. As we speak we must understand we speak not in this moment of man and of woman, but of masculine and feminine energies. However, those energies and the way the energies relate to one another are a direct reflection of how man and woman co-exist here on planet earth. And there is a direct and difficult state of being between these two energies and one of the keys of these energies merging and coming together, is that love is power and that power is love and that in this relationship, power is the masculine, love is the feminine. Power is in the solar plexus and love is in the heart and in many instances in your relationships, you will not give away power to receive love and you will not give away love to receive power and it is for you within yourself to ask your inner feminine and your inner masculine to receive power.

So dear ones, go within and enter dialogue with the masculine and the feminine and ask the masculine if it cannot manage to give away some power to receive love in return and ask the masculine if he cannot see the great trade in this, for in receiving the love, and he will receive the love bountifully, he will once again be able to trade love for power and power for love, and so it goes. It creates a spiral, an upward spiral, a spiral where the feminine energies can learn to trust and trust the masculine. And, now speak to the feminine, on the left hand sides of your bodies and ask if she cannot give away love to receive power, and if she cannot give away power to receive love. And find a pertinent point in your own life, particularly in a relationship with a person of the opposite sex and ask is there is a way that I could give to that person either love or power. Remember dear ones, if this is done in integrity, all that is given is given to yourself. So give to yourself the love and the power. We speak not of power over others but we speak of personal power. Power to bring love, to bring joy, to bring freedom, to bring excitement and to bring ecstasy to your lives. Bring that person into your vision, no matter how close or distant that person is in your life and

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visualise, deeply visualise, and feel yourself giving away love and power to this person as one of the opposite sex and feel the release and the freedom that enters your body and feel the expansion that comes to you. Holding on to love and power means containment, it means suppression, it means denial. Love and power belong to each individual in this room and to each individual on the planet. Each individual on this planet has an energy system powerful enough to allow that person to become a small sun or a small star on this earth plane. That is what you truly are, you are light beings here on this earth plane.

Now find another person of the same sex and visualise that person and give away love and power to that person and allow the love and the power to return many-fold. Now look deeply within your own bodies and see your energy and allow the light to expand, for now there is light in your bodies and allow the energy of love and power to flow. Now it is not how much money you have in your bank accounts that make you rich, it is how much money that flows through those accounts. In allowing the abundance to flow, you will become rich within yourself. Imagine taking a few thousand Rand out of your personal bank account and cherishing yourself with something you dearly wish for and give that special gift to yourself, to no one but yourself and once again observe your energies and see how giving to yourself increases the flow of energy, increases your wealth within. Each dream that you have, each dream that you manifest, the Universe brings into your energy, and it brings you precisely more energy than you had before. We will explain later in future channellings why we say “precisely extra energy”, because it comes in precise proportion. In having dreams you use your energies, and in manifesting these dreams you receive the gift on the physical plane but you also receive gifts of energies, on many other planes, that allows you to live your life and fulfil your life in a way becoming to that sun, or that star, that human being that shines here on planet earth.

This is the way giving works, and if you do not give yourself that gift, you find yourself in manacles, you find yourself bound tightly without that flow of energy that is so necessary to your life. As we speak in this room, this night, your energies are flowing, you can feel your energies flowing as you give to yourself and as you give to others. In giving love, love is a special gift and love is not only a powerful energy but an energy that is powerful and that makes each individual powerful as they allow love to course through their veins, through their energies, through their meridians, through the soles of your feet, connecting to your heart and connecting to the heart of the Great Central Sun. Through your aura these energies must flow and the more they flow, the more you're trusting, the more you're being and the more you can do. If love is the feminine then living is the masculine. So the more you love the more you live. And it is not by chance that the difference between live and love is a vowel and it is not by chance neither, the shape of the vowel, for it is easy to see that “live” is the masculine and “love” is the feminine. You need both energies, the feminine and the masculine,. In loving you start living and in living you start loving. The masculine is the doing and the feminine is the being. Allow these energies of doing and being into your body, and allow the feeling that goes with it and that flows with it. If there is any resistance to these feelings, just allow love to wash them away. Divine love, a powerful, strong, energy. Not a wishy washy thing but a powerful thing. Love is a powerful, powerful energy. And allow this love to flow through your body and allow this power into your body and really and truly give this energy to yourself, by giving it to all the others in the room in this circle this night.

Dear ones you are on the cusp of a new world, of a new state of being, for in the coming of this blue moon signifies the beginning of the Golden Age. A Golden Age of which roots will be found here in the fairest Cape of them all, here in South Africa. As the people of Cape Town, South Africa, learn the art of living and loving, this energy of living and loving will flow, will flow around the globe and it will be there for all to access. For all here on planet earth. For every human being to love and to truly live. To live with all his heart and with all his soul, a life, a life of his dreams, his or her dreams. We accentuate the “his” meaning the masculine energy, for the masculine energy does the living and the feminine brings the energy of love to enable life to be lived.

Dear ones this is Kryon signing out, here in the fairest Cape of them all. Go well and God Bless and take care.

<http://www.kryon.org.za/>

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OMRAAM MIKHAËL AÏVANHOV:

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- A new Attitude for everyday Life
- A new Light on Prayer
- A new Understanding of Health
- A Servant of God
- Angels & the Tree of Life (F)
- Becoming a Spiritual Disciple (F)
- Being Member of a Family ... *and its different Connections with the world* (F)
- Christ, Christians & Christianity (F)
- Education – *Guidelines for Parents* (F)
- Explanations on Heredity (F)
- Guidelines for Spiritual Work
- How to master Habits (F)
- How to surpass Karma & Predestination (F)
- How to work with Talismans
- Interpretations of the Gospel
- Life and Death
- Living a Successful Life
- Magic in everyday life
- Master & Discipleship (F)
- Meditation as the Gateway to harmonious living
- Means to bring 'Heaven on Earth'; *Prenatal Education & Spiritual Electroplating* (F)
- Music and Creation
- Nutrition for a successful life
- Only Beauty can save the World
- Proper knowledge of Human and Divine Justice
- Purity as the Key to Self-Realisation
- Real Freedom (F)
- Reflections on Birth (F)
- The Cosmic meaning of Marriage (F)
- The different aspects of 'Clairvoyance & Intuition' (F)
- The Importance of having an High Ideal
- The Kingdom of God & His Righteousness
- The Laws which govern the Universe
- The Power of Thought
- The Quintessence of Christianity
- The Reasons behind Suffering
- The Relationship between Colours & the Aura
- The Sublime Origin and Goal of Sexuality and the Sexual Force
- The Sun & the Sunrise-Meditation; *working with the Divine Image*
- The true Task of Art (F)
- The Universal Brotherhood of Light
- The Two Principles – Masculine and Feminine
- Traditions, the Gospels & the Holy Scriptures
- True Happiness (F)
- True Love (F)
- Working with Light

(F) = also in French available; (D) = also in German available

- **BENJAMIN CHRIST:** « Let's create 'Heaven on Earth' » (D, E)
- **PETER DEUNOV :** « The Woman – Source of Love and Life »

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