

Beinsa Douno / Mary Barteau:

OUT OF THE GENERAL CLASS:
„BEING A WOMAN IN THE 3RD MILLENNIUM BC“

WOMEN!

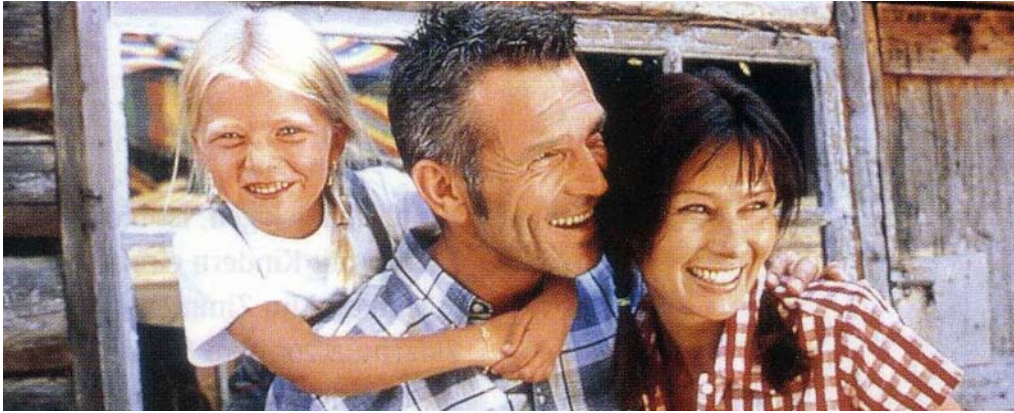
PLEASE, START

TEACHING US!

THE CREATIVE FORCE WITHIN WOMEN TO RENEW MANKIND AND TO
BRING "ETERNAL" PEACE, JUSTICE AND WEALTH INTO THE WORLD!
UNDERSTAND WHAT IT REALLY MEANS BEING A WOMAN!

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*



Goals of the Initiative «REAL PEACEWORK»:

Die Aufklärungsarbeit der Initiative definiert Gesellschafts-, Frauen- und Friedenspolitik neu ohne wirklich politisch zu sein. Die (sexuelle) Aufklärung zeigt auf, dass jede einzelne Frau durch ihr Potenzial Kinder in die Welt zu setzen, auch gleichzeitig über die Zukunft ihrer Gesellschaft (des Staates, in dem sie lebt), des Staatenbundes in dem dieser eingebunden ist, und somit der Welt ganz allgemein, mitentscheidet und mit die Richtung der zukünftigen Entwicklung bestimmt.

... für eine **NEUE BASIS DER AKTIVEN FRIEDENSARBEIT** in der Welt.

... durch besseres gegenseitiges Verstehen, ein neues, harmonisches und glückbringendes Zusammenleben zwischen Mann und Frau ermöglichen, in dem sich jeder gegenseitig achtet, fördert und selbst-verwirklichen kann.

1. Information:

- Aufklärungsarbeit (Informationsveranstaltungen planen, organisieren und ausführen (lassen) für Jugendliche, junge Erwachsene, zukünftige Eltern und Ehepaare)
- Aus- und Weiterbildung von Rednern und Multiplikatoren
- Auswahl und Vertrieb von Büchern, Schriften, Videos zum Thema,
- Übersetzungen ausführen, organisieren oder ausführen lassen. (Zuerst die offiziellen EU-Amts- und Landessprachen, danach Russisch, Hebräisch, Arabisch und Türkisch sowie sukzessive alle anderen Sprachen der Erde.)

2. Finanzmittelbeschaffung:

- zur finanziellen Unterstützung von Personen, Gruppen, Vereinen und Organisationen zum Thema
- zum Aufbau von „Spirituellen Galvanoplastik-Zentren“ europa- und weltweit
- um Werbung ausführen, organisieren oder ausführen zu lassen mit dem Ziel, die Situation der Frau weltweit zu verbessern, damit sie, ihrem wahren Wert gemäß, anerkannt und leben darf.
- zur Verbesserung der Lebenssituation von (werdenden) Müttern vor, während und nach der Schwangerschaft.

3. Cooperation with Organizations for education and help for Men & Women as well as Movements for Peace

OBERBANK AG - 3 BANKEN GRUPPE:

Konto: 721-2145.67 ; BLZ: 15000 ;
IBAN: AT401500000721214567
BIC: OBKAT2L

INITIATIVE «REAL PEACEWORK»

*THE FEMALE NATURE AS THE KEY FOR WORLDWIDE
WEALTH, JUSTICE & PEACE*

Mailbox 490 . A 4021 Linz . Austria

*eMail: Real.Peacework@gmail.com * www.RealPeacework-Akademie.info/Graz*

WWW.REALPEACEWORK-AKADEMIE.INFO/GRAZ

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

„Love as a Manner to Live“

**OUT OF THE GENERAL CLASS:
„BEING A WOMAN IN THE 3RD MILLENNIUM
BC“**

PART 1:

BEINSA DOUNO:

***THE WOMAN – SOURCE OF
LOVE & LIFE***

PART 2:

BEINSA DOUNO:

***A NEW COMPREHENSION OF
WOMAN & OF BIRTH
(Needs to be Correction-Read!)***

PART 3:

MARY BARTEAU:

PRENATAL DUTY

*Publisher Love(+)
Wisdom(=) Truth*

WWW.REALPEACEWORK-AKADEMIE.INFO/GRAZ

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!*

**OUT OF THE GENERAL CLASS:
„BEING A WOMAN IN THE 3RD MILLENNIUM BC“**

WOMEN!

PLEASE, START

TEACHING US!

BOOK 1:

**THE WOMAN - SOURCE OF
LOVE & LIFE**

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!*

The insights about the woman and the mother which follow are taken from the lectures and talks of the Master during the period of 1914-1944. Most of the text in this book has been published in Bulgarian in *The New Eve*, Bialo Bratstvo, Sofia, 1994 with additional excerpts compiled by Tsanka Ekimova.

Compilation and translation into English:
by Antoaneta Krushevskaja and Ernestina Staleva
with English consultant Kathleen Gibbons.

Further literature incl. a list of books to the subject:

« WOMAN – KNOW THYSELF! »
**« PRENATAL EDUCATION » & « SPIRITUAL
ELECTROPLATING »**
« ONLY BEAUTY CAN SAVE THE WORLD »

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

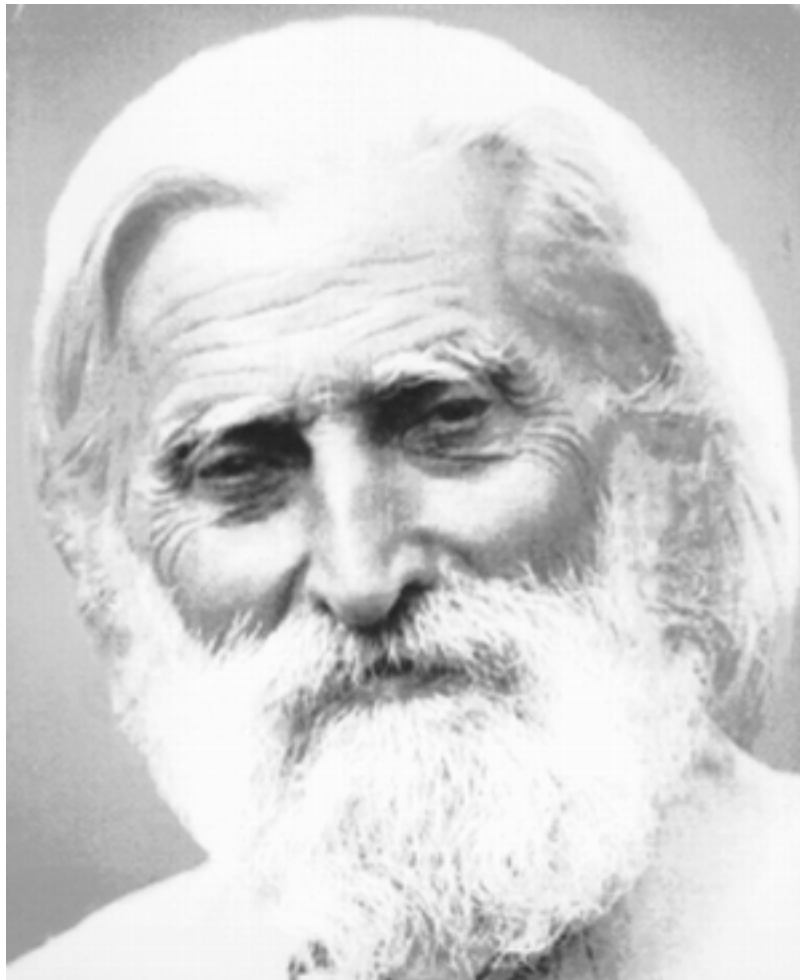
"According to me, a woman is that one who saves the world; a woman is that one who holds the key of life, a woman is that one through whom manifests the Great Powerful Impulse of Love which bears Life."

"The woman is the symbol of Love."

The Master

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*



WWW.REALPEACEWORK-AKADEMIE.INFO/GRAZ

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

PREFACE

OF THE
1ST ENGLISH EDITION

(NEEDS TO BE CORRECTION-READ!)

Dear reader,

I am pleased to offer you now this classic to the beginning New Year 2007 in English. The German version was already on the Internet.

I was often asked by women what they can do with all these information, this new conception of living in the world especially for women. How they could implement it in daily life!

This is a good question, if you do not already follow a spiritual teaching or – this is almost the same – if you already started the path of Self-Realization or if you are on the research for it!

- What can I do with this knowledge about myself?
- What can I do with this knowledge about this immense power of thoughts, imagination, wishes and desire in and for the world?
- What can I do with this knowledge about the laws of the visible and invisible world, of creation (all that I see in the physical, manifested world) and its influence on me and my life, my journey through life, as well as trying to manifest my life plans?
- what can I do with this knowledge about laws which influence family planning, marriage and partnership, my personal development, the child who comes through me (as a woman) into the world and gets educated?
- What can I do with this knowledge when I really know what it means to be a woman – or a man – in our daily life???
- What can I do with this knowledge when I know the role of woman – of man – in life ... for me, my life and even for the whole world?

I know only one answer: I know then how to behave and ... that I have no-more an excuse for nothing or anybody of my actions or decisions, any event etc.. I know that in any case I am responsible ... for me and my deeds! I have always to look for the reasons (for everything happened) within me! I am always, again and again the one who is examined by the events through my neighbors! Whether I have understood this power of personal decision ... till the last detail ... or not!

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

I know that I have the power to say "NO" and with this power I can, may or shall take my destiny, my future (because over the past I have no influence anymore!) into my own hands ... and through that I even influence the whole of mankind. Why?

Read this book about women ... and men. Read what the spiritual Teacher Beinsa Douno (better known under the name Peter Deunov) says and recommends to the following subjects: woman / mother – marriage – conception – pregnancy – children – husband – father. -

Who is Beinsa Douno/Peter Deunov?

Beinsa Douno/Peter Deunov is the man about who Albert Einstein may have said: "*All the world bows before me ... but I bow before Peter Deunov!*" – doesn't it say a lot about this man?

(He is among other things also the spiritual teacher of the spiritual teacher Omraam Mikhaël Aïvanhov who is as well known and highly appreciated as he is and for whom "*Prenatal Education*" and "*Spiritual Electroplating*" are the two safest methods to convert our planet into a reflection of Heaven (in the middle or long term run) and leads human beings back to their true and enlightening nature!)

To know who you are helps you to form your life more successfully, becoming less influenceable by your own (par example mood-changes) and of others ... and to live your life more consciously. But it also helps you to get to know and appreciate real happiness, satisfaction and ... to fulfill your life's task and to live a fulfilled life.

The following I can say about myself:

Thanks to these two teachers, thanks to their explanations and documents – like this one here – I became the one I am! I am on the way to understand my existence with the possibilities and chances of self-realization and to live according to this understanding. Where it exactly will lead me ... I don't know.

But this is for sure: it will lead us to a fulfilled, rich life where we can feel – at its end – that it made us and our neighbors happy!

What do we want more???

We can change into the other world at the end of our life without reproaches (that we could have missed or neglected something). We can say "*I lived my life ... for the Glory of God, for peace and harmony in the world!*"

I wish you that you can say the same within some years after you studied or simply read this book.

Enjoy an improved, happier and self-realized life!

Christopher Benjamin

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

PREFACE

The words in this book are excerpts from different lectures and talks given by the Universal Teacher and Self-realized Master Beinsa Douno. He lived in Bulgaria between the years 1864 - 1944. Through the Words he spoke, he gave instructions for applying the Divine Teaching for generations and generations to come. He touched upon many subjects, but he was very particular with regards to one subject: the role and the mission of the woman in the new culture to be established on earth. He held special classes that were open to women only in which he guided them towards the fulfilment of their mission for the benefit of humankind.

The best way to describe the Teaching which he brought is by his own words:

"That which I preach is not a Teaching for the ordinary morality but for the sublime Love. She can improve your health, enlighten your mind, expand your heart, and give impulse to the Spirit. Independent of which political coalition you belong to, of which nation you come from, use this Teaching. It is for everyone. It is a Teaching which brings peace and calmness to the heart, light to the mind, rejuvenation of the soul and strength of the spirit. This Teaching is capable of making the lame walk again, of making the blind see. From this Teaching, the deaf begins hearing, the ill becomes healthy and the dead resurrects. It brings harmony everywhere. There is no obstacle for this Teaching. What God tells me, that I am speaking and doing. I desire to fulfil God's Will as God has ordered. Blessed be His Name. God has been so good to me that I would like to repay Him with all my gratitude. I would like all of you to follow my example.

I have come to manifest Love, to bring it to the earth. This is my mission. Each Enlightened Teacher is different; he carries a sacred Fire from the Invisible World. The difference is determined by what his fire is.

The task of the Great Teachers who descend to the earth is, in its essence, to bring humankind to the right Path, to help it in its evolution.

If you think that you can separate the Teacher from God and God from the Teacher you do not understand the Laws. If the teacher thinks that he can do something apart from God, he is wrong. The only Teacher who teaches the human beings is God. In order to teach them, He takes one or another form. Sometimes God is visible, and sometimes He is invisible.

The Great Teacher represents the external relationship of God towards man. The Teacher gives part of his Light to those around him as the candle gives part of its light to all who want to use it. The Teacher is a Manifestation of the Divine Light. The more that a person accepts of this light, the more he is connected with his Teacher, not only by form, but also by content and meaning. The Word comes from the Teacher but belongs to God.

Remember: only one Teacher exists. If you desire to have His Blessing, keep His name sacred in your mind, heart and soul. This needs to be the ideal of the human soul.

I am sent by God. If you would like to know who I am, this you will learn from God. When you go to Him, then you will find out who I am and why I have come. The Words which I speak are not mine, they come from a Great Source. If you accept them, you will find them to be accurate and truthful. They are not mine. Do not make an error in your soul! The Ideas which I give in my

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

lectures and talks are taken from the Divine Source. What Christ has spoken and what I speak - it is from one and the same Source.

Often I am asked what is the Teaching which I bring. I reply, 'it is the Teaching of the living Nature which includes all living forces which are the subject of science. It is a Science about man, a Science about the Intelligent World. It is a Science about God, about Love.'

It is not possible to work against the Teacher. We bring one Divine Teaching, but we do not argue. We cannot compare this Teaching with anything else. Time will show.

That which I have spoken for 25 years has already filled the world, and it cannot be taken out. There exist invisible workers. They take and distribute those ideas about which I speak and distribute them through the air.

Within the lectures, many truths are hidden. I am hiding them for the future culture. Read the lectures and the talks of the General and Youth Occult Class. You need to read the Scriptures as well. This work needs to be done before any other.

In each lecture one can find methods for education and self-education of the children, adults, philosophers, poets and so on. The images which I am using in my lectures are taken from nature. The newest which is in Nature - this is what I give. It was different 2000 years ago. Some say: once upon a time Christ has said this or that. But Christ has said as well, 'Now you cannot comprehend some things, but you will so later.' And now there are new things, and there will be even more after 2000 years.

I think about the goodness, not only of humankind, but also of all animals and plants. I desire for all beings to live in Love and to acquire, virtues.

Experience, sufferings but move forward. The future is in front of you!

From the magazine *The Grain of Wheat*, No 2, 1999

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Women do not know themselves yet. Therefore, the first requirement is for women to come to know themselves.

Tell me what distinguishes one woman from another? If I compare two women, both of them will have the same desires: one wants to get married, and the other one too; one wants to have nice meals, to be dressed well; the other - the same. All their desires are the same. There is no difference, nothing in particular: one and the same life exists in all homes. And now, why do all women not unite? In this way, they can uplift their spirit. If all women unite, they can very easily uplift their spirit. But at the moment each one says, "I want to be the first!" This weak side of yours resembles the story I have well. A German prince told you at other times as visits Denmark. It was planned that he would be welcomed in a theatre, and 12 of the most beautiful women were selected for that purpose. And from them, only one would be chosen to offer him a bouquet of flowers as a welcoming gesture. It had been decided to put this to a vote, but 12 ballots with 12 different names were found in the box: each one voted for herself. And today, each one of you votes for herself in Christ's box, and as a result, there is no one to offer the bouquet. When the box is opened, there are as many names inside as that many women exist. Each person wants to be the First. But in the fulfilment of the Divine Will, only God is first. He is the Beginning, and so we cannot be the first. The One who creates things: He is the First.

Today, the Spirit of Truth needs to come, and through Him, Salvation will occur. I do not ask you to start confronting your men when you go home. There is no reason to lash out at them.

You need to look with a candle for the true man. You need to search for him until you find him. Have you read the "Song of Songs"? Many have read it and say, "This is how to enjoy life!" You need to comprehend the deep - the intrinsic - meaning, and not in a human way, but in the Divine. And why am I not revealing secrets to you? Where is your man? When you come to me, I will tell you, "Let your man come with you as well!" But now, you come only as women without men. How can a woman be without a man? The Scripture says: *A woman cannot be without a man, and a man cannot be without a woman. But both are with Christ.* The woman when she comes - she wants to experience love with her man. But it must be: you, your man, and one more - the third One. Love can exist only among three people. Do you know that? Your man and you will come to me, and only then can we begin loving one another. This is how the Scriptures understand the meaning of things. And the love between two - we know it very well. And so, do not be deceived to look for Love between two; search for Her among three. Christ says, "When you are with Me and my Father comes, then I will reveal Myself to you." When I speak about Love, three are necessary in order that you may begin loving one another.

Without the woman, Love cannot be manifested. Love is the manifestation of the primordial woman. We do not refer to things here in an erotic sense, but in their essential meaning. According to me, a woman is that one who saves the world; the woman holds the key: she holds the mighty power in the world.

I desire that the women of the new Teaching be of the ideal, I desire that every woman be tidy, be courageous and decisive in manifesting her virtues. I desire for the woman to be smart, quick witted, to grasp things well and not hesitate in front of any obstacle. I desire for the woman of the new culture to distinguish herself in something: in her walk - that she has graceful movements and is vivacious. Wherever she appears, everyone will speak about her, "This is a noble woman. She has a heart." If a man who is on his way to get drunk or commit a crime meets her, he will say: I give up my bad intents.

The human soul is divided into two sexes male and female. The woman is the bearer of life, of emotions; and the man is the bearer of human thought which is the foundation of the Divine

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

World. The soul is an offshoot, turned upside-down and branched; and the sexes are the two branches from one and the same root. Therefore, you - the young people - should try to be a manifestation of Divine Love - no deceit, no flirting! The feelings in your hearts should be noble, do you understand? When you are around a sister or a female student, you should protect her as you would your eyes, do you understand? This I require from the young people. You need to be so delicate towards your sisters, so gentle in your address to them - in your thoughts, in your desires - as to be an example. You must know that you are a bearer of human intelligence. And as for the young sisters and students, I would like for them to be delicate and gentle towards the young brothers and students as well that they may have such a respect and honoring that they can transmit the impulse and noble strivings within their souls.

Now a question about whether to get married or not has been raised. In the Invisible World, there they live in twos. You will have soul mates. Similarities exist there: you live on as couples. Man cannot live alone. This is how God has created the world: here on the earth, two bodies live in one place; in the causal world, two hearts exist together; and in the mental world, two minds exist in one place; in the spiritual world, two souls live in one place; and in the Divine World, two spirits live in one. And when you enter into God, you become One.

Now when you ask if you should marry, you have in mind the [physical] body. Bodies cause within people today the need to marry. One body unites with another, and this is called marriage.

The question about marriage depends only upon this condition: whether or not it has been decided for two people to unite and fulfil God's Will on earth. If it has not been decided, these Souls need to continue to study alone.

The external way of expressing love is through light and knowledge; the internal is through warmth and a good reception. The external expression of love represents the summer in life when the external light is plentiful. Then the days are long, and the nights - short. By this light, people study and acquire knowledge. The internal expression of love is the winter of life when everything is covered by snow. Outside there are storms and winds. Days are short, and nights - long. Then people go into their homes, start the stoves, put the lamps on, and by this nice warmth and light, begin to read and contemplate. They concentrate within, because there is no external light to distract them. When someone comes for a visit, they invite him in and together they begin to read and converse warmly.

Contemporary people need to study both sides of love: the external, or the masculine, which is connected with the light, and the internal, or the feminine, which is connected with the warmth. In such a way, they will understand why contradictions in life exist. He who wants to study Wisdom, to acquire light and knowledge - he needs to seek the external favourable conditions. Whosoever desires to study Love, to acquire warmth and softness - he needs to expose himself to the external unfavourable conditions: to the great storms and suffering. Whosoever seeks Love - he needs to have a strong backbone in order to endure. Man is strong from without, and the woman - from within. When you know that, you can explain to yourself why people are searching for one another. Love bears warmth, and wisdom carries light. He who has light within searches for a person who has warmth. And vice versa: the one who has warmth for a person who has light. This is necessary, because light cannot be understood without warmth, or warmth - without light.

This is knowledge which you can apply in life if you would like to make it meaningful. When I say that man needs to love all people I have in mind the Unity in Nature. Within Nature, only one woman and one man exist. You see many men and women, but in reality, they represent one woman and one man in many forms. When a person looks at things in this way, he cannot commit a single transgression. But when a man grabs only one branch or one leaf of the Tree which is named "the Unity in Nature", he starts to see around himself many women. As long as

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

the man sees many women in the world, and the woman - many men, transgressions will always exist. The delusion is in the fact that when a person looks in the mirror he sees an image and thinks that he sees another person. No, this is he alone. The many men and women are nothing but reflections of the one man and the one woman who alone exist in Nature as Reality.

How should people live in order to come into such a unity? This is very simple! Whoever you meet, consider him as your brother or sister. And whatever this brother or sister is doing - you will consider it to be good. As long as the woman thinks that her man can possess her, she is on the wrong path. And if the man thinks the same about his woman, he is on the wrong path as well. The woman needs to thank her man that he is bearing light. The man needs to thank his woman that she is bearing warmth. And yet, what are the contemporary men and woman doing? When the woman receives light from the man who is learned, she starts to see his shortcomings and judges him. When the man sees that, he gradually turns off the switch for the light, and the woman remains in darkness. Then she starts searching for her man and cries for him. When she is searching for him, she is in darkness. When she is seeing his shortcomings and judges him, she is in light. These are the wrong understandings of life. When you love your man and live with him, use his light and do not make any remarks. How he dresses, where he directs his gaze, what he speaks - do not say a word on that. Leave him to express himself freely, as he knows and as he understands. In general, consider everything your brother or sister does as good. In order to behave like that, patience is necessary.

Do not try to possess one another. The good comes from God and not from the woman or man. Everyone needs to be at his place and wait there for the Blessing which is meant for him.

Therefore, it is not a question of possessing things, but of understanding them. According to the new understanding, you need to know the following: the man can love God only through the woman; the woman can love God only through the man; the mother can love God only through the child; and the child can love God only through the mother; the teacher can love God only through the students; and the students can love God only through the teacher. These are the relationships and Laws which no one can change.

In the Old Testament, it is said: *God resists the prideful, but gives Blessings to the humble.* By "God", I understand this to refer to the Mother - the Living Nature? [The Principle through which the One Consciousness is made Manifest in all things throughout the physical world.] And She is great! Great is your Mother Nature!

It is said in the Scriptures: *When He found himself in human form, he became humble.* In order to have the Blessing of the Divine Mother, Christ was ready to endure all suffering. In the occult science, Father is known as Mother. He is Love, but not in the way you understand this Mother - Love. Do not even put in your mind the thought to compare this Divine Mother with the love you know. There is no image with which we can compare this definition. I give it the name "Divine Mother", but not with the meaning that She has given birth to God. The occult science comprehends the Divine Mother as the Essence of all living things in the world.

Today I address the women: you need to turn your men towards God. The salvation of the world is in your hands. You are a symbol of Love. You need to set straight the disordered minds of your men. How will this happen? By drawing Divine Love into your hearts. You need to love your men. You need to love your man as the One, but without becoming his slave. You need to love the One - or in other words - you need to love God within him.

The Holy Spirit now works upon the women. Therefore, they are more religious and spiritual than men. Observe: wherever a woman's foot steps, everything progresses - science, religion, music - everything goes well. The woman is the soil in which all things grow. If the woman were to disappear, everything would stop - science and religion and music and art - the soil would be

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

missing. The poet writes as long as he bears the woman within his mind. If the woman is taken away, he loses the meaning of his life and gives up. Within the minds of all people, the woman is present. She is Love; she is their Idea.

In the love between two souls, one must be positive and the other negative. The one creates and the other builds.

I consider the woman to be a polarity. Originally, when God created the woman, she was completely different from the one today. On earth, the woman who exists is neither as the one in Heaven, nor as the one in paradise: she is only a resonance, a reflection of the enlightened and sublime woman. And in this meaning, love is only an outward reflection of this woman. And yet, Love only manifests where the woman is present. If the woman in a person is missing, Love will be missing as well. If people knew what the woman was and placed her in her proper position, the world would be immediately uplifted.

In order to have a clear idea regarding the woman, you need to consider her not as an individual, but as an essence in its totality. The woman in nature is a mighty, great thing. If you were to take the feminine principle out of life, death would come in an instant. The feminine principle entered into life from the moment of its Creation. DO not separate the woman from life - or in other words - Love from life. The woman symbolizes Love. With the distortion of the human existence, the woman is distorted as well. By the concept of "woman", one should understand a being who can give birth to the most beautiful form, who can give rise to the greatest force, a being who can manifest the greatest intelligence.

The woman is the last Creation of God. Each subsequent Creation is more elevated than the former. God created the plants and the animals before man, and so man is more elevated than the plants and the animals. For the same reason, Eve remains more elevated than man - Adam. God breathed into Adam a living soul; and into Eve - intelligence. When we say that the woman is feminine only, but not intelligent - this is not correct. The woman is more intelligent than the man. He is strong - he can fight - but there is not a great philosophy present within him. Some say that the man is the genius, that he is learned. Remember: a genius - a great person - cannot be born from a coarse mother who lacks discernment. The father could be an ordinary person, but the mother needs to be discriminating and intelligent. This shows that the father passes on his intelligence to the children less readily than the mother does. When the intelligence of both parents is combined, something good will be created.

The major characteristic of the woman is compassion. If the woman is not compassionate towards people's suffering, she is not a woman. The contemporary woman neglects her most precious quality and strives to become a man. When she has something to say, she needs to think first and then speak it out. In general, from both the woman and the man, judiciousness and mindfulness are required.

For eight thousand years, the man and the woman have distanced themselves from their nature and are so far away from it now that neither is the woman a woman, nor is the man a man. And if you could compare today's men with the original Prototype - the same for the women - do you know what a ridiculous caricature you would see?

What needs to be latent within the female form? All the virtues, all the sublime thoughts and emotions need to be latent within her. The woman is the bearer of that which is the most sublime in the world, of that tenderness which is preserved within her.

I have seen in my life only a few true women - some in Bulgaria, some abroad. The true woman can be recognized by her tenderness - not a single harsh word can come out of her mouth! Any woman who is able to express rudeness is not yet the embodiment of the true woman - she has deviated. And, that which distinguishes the true man is his high ideal.

"Woman" in the fullest meaning of the word means "a door which is opened by God's Key alone." Every other door which can be opened by the keys of ordinary people is not a woman.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

That the woman is beautiful, that she represents the gentle element - this is another issue. Beauty, lightness, richness, strength - all these are within the soul.

Martha and Mary represent the two principles of the human soul - the active one and the passive. Through Martha and Mary, two kinds of women are presented: two opposite characters, two conditions of the human heart. One condition is still, calm and silent, with the mind directed towards the eternal principle which is built upon an eternal foundation; and the other condition is like the ocean waves, like the little branches of the trees - continuous agitation, continuous motion. Christ, however, shows Martha what is essential by telling her, *"You are troubled by things which are not needful. Mary has chosen the best part and it will not be taken away from her."* [See Luke, 10:38-42]

All who are like Mary are noble women. They are good in character. They have a perfect body structure with a beautiful countenance, a gentle gaze, a symmetrical forehead, a straight nose. They are good in heart, tender and compassionate towards people's suffering, ready to help. "Mary" in Hebrew means "brine". Thanks to Mary, the world does not spoil, does not become rancid, does not decay. When you have Mary's principle within you, your heart does not spoil.

"Martha" derives from "Mara" which means "bitter, sour, hot-tempered". If someone is a Martha, you will see that when she gets up in the morning all the servants will be up as well. Shouting, yelling, waving a broom - all are running at a half-kilometre distance from her. You will find Martha in the churches and in the schools and in the courts everywhere. She is as necessary as Mary. But you should not give predominance to either. Imagine that everything in the world is only Martha - waving brooms, making dust and shouting. What kind of music would this make? I believe that the houses would be well-organized, that everything would be ordered and structured. We would have wonderful forms, but there would be no life. But if Martha did not exist, then what would make Mary 'salty'. The higher principle Mary - shows the path of flow to personally serve God. In this service, we will find the meaning of our lives.

The Divine Teaching does not require us to withdraw from our duties in life. Only that part which is assigned to Mary needs to be given to her.

Today the woman is regarded as a being who needs a man to look after her. I say: this is not a woman; this is a disabled person in a hospital. According to me, a woman is that one who saves the world; a woman is that one who holds the keys to Life; a woman is that one through whom the great and mighty power of that Love which bears Life is manifested. Therefore, the salvation of the world will come through the woman and not through the man.

The man complains that the woman is culpable for his sins, yet without her he would have been lost completely. The woman is the least "evil" in the world. Without her, the world would be much worse.

The woman must work to attain depth. She must work intensely upon herself, educate herself so that she may give birth to good sons, good citizens. As long as she does not fulfil her mission appropriately, she will always be blamed for all the miseries of the world. The world needs kind, sentient and noble women.

Which kind of child will be born - a saint or a criminal - depends upon the pure and impure matter that is at the disposal of the mother. You will say that the Divine is only instilled in the good children. This is not true. In the process of conceiving and creating the child, the Divine is not yet present. This is an inferior process. The Divine within man comes later, after the birth of the child, when it differentiates as matter and spirit.

The man represents the central brain in the human being - the cerebrum - through which he is connected with the external world. The woman represents the ventricular brain through which she is connected with the inner - the Divine World. The ventricular brain is related to the whole

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

universe, and for this reason, the woman is closer to the Divine World than the man is. That which one perceives through his ventricular brain or sympathetic nervous system is closer to the Truth than that which he perceives through his cerebrum.

A human being needs to apply two great Laws in his life. The first Law - love towards God – represents the man. The second Law - love towards your neighbour - represents the woman. The man needs to occupy himself with the first Law; the woman - with the second. The human being, however, needs to be occupied with both. The second Law - the love for one's neighbour which is the woman's cause - this creates the societal order. Therefore, contemporary society and everything in it is a result of the subjugated woman. And so then, what should be the goal of contemporary society and the contemporary nations? The upliftment of the woman. Uplift the woman to that position which she held at one time! Place the woman on the level at which she was and you will see that the world will improve in 25 years. The salvation of the world lies in the upliftment of the woman. If you do not uplift the woman and if she does not uplift herself, the salvation cannot come: there is no other way.

When I speak about the upliftment of the woman, I have in mind that this idea should permeate the whole of life. It needs to permeate not only people, but the animals, plants and minerals as well. This great Law should also completely take in the human heart. If the human being abuses his heart, the salvation also cannot come. The salvation of contemporary humankind lies in the upliftment of the heart. If you debase yourself, you debase your heart. If you uplift yourself, you uplift your heart. All the Angels, all the Saints, all the Advanced Beings strive for the upliftment of the woman. Many of the contemporary people are against this great idea and say, "Do you know what the woman is? She is like a snake!" Those who have burned their fingers already - only they can speak about her.

When you say that the woman is bad, I ask: Who has not been born of a woman? Your mother who has carried you in her womb, who has held you in her embrace, who has carried you in her mind and heart - has she not been a woman? You do not focus on the fact that she has been debased. Whatever this woman has been, today she is your mother. If you have a companion, regard her as your mother. Regard your mother as if God is within her. Humankind needs to fundamentally change its ideas towards the woman. If not, the salvation of the world will not come.

An important Law exists which everyone needs to bear in mind. This Law is when a woman loves a man, she the following: is capable of uplifting him. But if she begins to hate a man, he will come to a bad end. Many statistics in America show that all of the clergymen who have good wives are known to be outstanding preachers. Why? Because their wives love them and share their beliefs. And the opposite: all the wives of clergymen who do not love their husbands and do not share their ideas have contributed to their downfall. Therefore, the woman has the power to uplift or bring down the man.

Now I repeat to the women: Bring more light into the minds of your men. Only the woman can do this. The man cannot save another man - the woman will save him.

A woman can never reconcile two men who are on bad terms. Instead, she will bring enmity between two men, but not reconciliation. Only the mother is capable of bringing peace between two quarrelling men, because there are forces within her which positively influence the men: they have love towards her. For the same reason, the man cannot reconcile two women who are on bad terms.

What is the task of the woman? To uplift first herself and then the man. The good and graceful woman represents the ideal for the man. She instils within him the impulse towards the sublime, forces him to think and - at the same time - brings peace and tranquillity to his soul.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Today the woman who will elevate man appears upon the scene. Until now, the woman was brought up with the goal to develop tenderness and softness in her character. For this reason, nature has given her the assignment of becoming a mother, to bear children and to raise them. In this way, she passes through suffering and becomes ennobled. The future belongs to the woman; she will educate the man. She has created such a disorder in the world from which people cannot escape even today. The men fight, but all the time for a woman. The woman must be imbued by one fundamental idea to apply Love. Do not bind yourself to an inferior man. Do not deceive yourself that when you marry him he will improve. Marriage cannot improve the husband.

When relationships are based upon Love, one cannot make any legal agreements. The man is glad that he has met the woman whom he loves and is grateful to God. The same is true for the woman. What the man will do for work and what the woman will do - this will be arranged by itself. A union which is inspired by Love is worth more than all the riches in the world.

When you enter a heart, take off your shoes; raise your eyes and pray to God to bless you. When you lift your mind towards God, He will send all Beings to work upon you and upon the one whose heart you have entered. The man must take off the yoke of his wife and say, "My wife, from now on you will be free to live in my home under the conditions: to work for God's Love; and you yourself to put on and take off your yoke; to work for the good of your neighbour and for the good of your soul. If you work in this way, you will be welcomed in my home. Otherwise, I do not accept you." These are the new rules for the people to apply should they want to marry.

There is a greater power than the power of the man this is the power of purity. Independent of how corrupted a man might be, he will yield to the woman's purity.

Love and Will are working together. If the woman has these virtues within herself, she can transform the condition of her man in a moment. Independent of how indisposed he is, when he enters his home his indisposition will disappear.

What kind of woman is that one who cannot bring a man to hold her in high regard? What kind of woman is that one who cannot paralyze the action of a man? I speak about that woman who has attained Love and Purity. A mighty Power is Love - nothing can corrupt it. It is Love and Will alone that will cause a woman to be held in high regard. They will uplift her.

A young maid wishes to marry. First she must ask and observe her own heart and mind. She must be a clairvoyant in order to enter his home, go through his rooms, his library, see how the books are arranged, see his kitchen, his garden, visit the garden of his love, of his charity, of his justice and see what kind of flowers he has planted. She must go everywhere to see how everything is arranged; and if she finds that everything is in good order, she then can say, "I am ready to marry this man." This is true marriage.

She must ask herself first: if I do what I would like and get married, would I achieve what I search for? If she can achieve it, let her get married. If not, then it would be better if she would not marry. If a woman wants to give birth to a child, let her ask herself if she will be able to uplift her child and herself, if she can achieve this, let her become a mother; but if not, then it would be better if she would not give birth.

When the fathers and mothers change their feelings, a new healthy generation with right thoughts will be born.

To marry - this is to create the conditions for a soul to develop. It comes from God down to earth and you should guide it.

True love is a model through which people help each other to learn. True love requires a mindful exchange between souls. To love someone means to experience a proper exchange with him.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

When the interchange between two people who love each other is proper, they are joyful, fulfilled, ready to sacrifice for each other and to be helpful to all other people. If you find a being whom you love and who loves you - you have found your teacher. On the one hand, he will teach you; and on the other, you will teach him.

The lad and the maid are young and beautiful, but as soon as they marry, bills start to follow one after the other. They wonder where these bills came from? This is so simple: they do not marry one person, but a whole company which has already - gone bankrupt and is searching for someone to pay off its debt. Without ever questioning, they take these bills upon themselves and suffer their entire life without being able to get above the surface and pay them off. In such a case, only he who has paid off all of his debts, who has freed himself of all his associates, has the right to get married.

If the young woman is ready for the rest of her life to serve this young man, to fulfil all of his desires with love and right consciousness - let her get married. If she thinks that through marriage she will have security and independence, that she will be a mistress - then she will be unhappy.

Love acknowledges one Law: he who loves must serve.

Love is one thing, and marriage is something entirely different. A marriage binds, complicates and obstructs the freedom of the human soul. Sometimes people marry in order to pay off some old debt, and such a marriage is appropriate. It is within the destiny of these souls as a way of freeing themselves. Most often, people marry because of strong feelings, sometimes motivated by material gain or ambition. In such cases, both partners - and the children as well - suffer.

Love without entangling yourself, and one day you will be thankful.

The future belongs to the woman, to the Mother, to the sister. She is a conduit of Love. Love can come only through the woman, not through the man. If the woman dreams of getting married - to have a husband - she does not understand anything. It is meaningful for a woman to get married if she can uplift her husband and direct him towards the right mindful life, towards the fulfilment of God's Will. If she does not open the heart of her husband towards the weak and the oppressed, she has done nothing.

In the Scriptures, it is said: *Great is the joy of the Angels in Heaven for every woman who has devoted her heart in the search of Divine Love.* As for me, I desire that more of these women be on the earth that the Angels may rejoice.

If a young man loves a girl for a while and after that cools off and starts loving another one, this last one must tell him, "You must turn back to your first love because in no way am I better than she is. If you can abandon one girl, tomorrow you will abandon me also."

The new Eve - the new woman - must close off the way to Cain that he can no longer be born into life. The world does not need criminals. The descendents of Cain speak of this and that on the one hand and make disorder in the world on the other.

Seek the new Teaching that Christ is bringing today through the woman. It will wipe away the tears from the eyes of those who suffer. Of which woman do I speak? I speak of the woman that bears the character of Rachel. She will bloom, will bear fruit and her fruit will ripen. Yet if one has the character of Lea, for a long time she will need to be grafted [upon another].

The women must save the world, and they will do so. Only the mothers can save the world. He who thinks that the world will be saved and improved without the mother is deceiving himself, he is in the wrong path. The most sublime - the most powerful - word in the world is "mother".

God, the Angels and the Saints have a strong faith in the woman. I have a strong faith in the women as well. And so, the world will improve when the men become the loving sons and brothers of the women.

Every constraint upon oneself brings physical as well as psychic consequences.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

What is the assignment of the woman? To first elevate herself, and after that, to elevate the man. The good and the beautiful woman is an ideal for the man. She inspires him towards that which is sublime, she compels him to think, and at the same time, brings peace and calm to his soul.

I desire for the women to become mothers filled with God's Love, to be the bearers of the Idea of their mission: that women should blossom, carrying the fragrance within themselves, dispersing the nobility of Love.

Let the woman abide in Love and let the man bear the authority for the woman. As women, you should have the desire to bring forth the fruits of the Spirit which are Love, Joy, Long-suffering, Peace, Mercy, Temperance and Charity. In the bearing of these fruits lies the true service to God.

Is there no sweeter fruit than Love? Therefore, the woman represents the Spirit: she can be loved only when she bears Love.

The woman is the Symbol of Love.

How will peace be introduced into the world? Who can bring peace? Today no law is capable of destroying war and bringing peace. If all the scientists were to unite and begin working to use science for the destruction of war and the bringing out of peace, even they would not succeed.

I say: there is only one force in the world which can destroy war and bring peace. What is this force? The woman! If all the women were to unite and say, "From today on we will not give birth to criminals!" - then they would put an end to war.

And if each mother were to tell her son, "If you kill your brother, I will renounce you: you are not my son!" - then the war would come to its end.

In order to achieve this, not only two or three women will need to become aware of their task, but all women together will need to uplift themselves and begin working for the salvation of the world. From now on, the women will be held responsible for the unfulfilment of their task. Therefore, from thousands of years ago until now, the women have been abused without exception and have come to the condition of staves. They have unbearable suffering. The Law applied towards them is implacable. Why? Because they possess the power to solve the problem of the salvation of humankind, but they do not want to direct their forces toward the entire world and say, "Down with the wars! Down with all delusions! Down with all false teachings!"

We, the contemporary people, are solving the problem of how we should live. And yet, we should not be solving the problems of how we should live, but of how we should be born. We should solve the problem of what kind of mothers we should have, what kind of fathers.

If you desire to improve the condition of society, first the mothers and the fathers should be involved, then the priests and the teachers, and lastly, the judges. If the priests and the teachers begin first, nothing will come of it. Mothers and fathers need to set the fundamental tone in life. Some say that the church will save people. I say: the salvation comes from the mothers and the fathers. That father who from the beginning gives the best thing to his children is a priest, a patriarch, a bishop and a king. That mother who instills sublime and enlightened thoughts and ideals into the souls of her children from an early age - she is a queen. To be a mother or a father - these are sacred positions which God has assigned to man.

Today people debase the position which the mother and the father hold and say, "Let the teacher come and instruct our children." The teachers can teach only to the extent that their own fathers and mothers have instilled within their souls sublime and enlightened ideals.

In fertile soil, one can sow whatever one desires and expect a result. One cannot sow anything in sandy soil.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

From the organic point of view, there exist two institutions which are Divine. One of them is the father and the mother - the home. It is the first institution on earth. There is no institution more noble and luminous than the home. And there is no title higher than that of the mother and the father. There are many fathers and mothers on earth, but in reality, they are stepfathers and stepmothers. In relation to the organic world, the father and mother play an important role: through their blood, they transmit the qualities of their souls to their children. The education of the child is determined by the qualities which the mother instils in the child at an early age. By the word "blood", I do not mean the ordinary blood, but that one which remains unchangeable under all circumstances of life.

In order to come to the earth, a soul needs to find a father and a mother who will sign a contract in which they agree to accept her and raise her. After the contract has been signed, the mother and the father say, "A child has been born to us."

Schools are necessary in which the young people may be educated in these great Laws as to how to become good fathers and mothers and also builders of the future society.

Any child with whom the mother is not contented cannot become a great man. The great man is conceived in the moment when the mother is filled with love, with luminous thoughts and noble feelings. During the time of her pregnancy, she has lived a pure and holy life. During this time, the father was also filled with light and love.

If the child is a girl, the mother has invested more than the father has. The latter is using the interest of mother's capital. The father rejoices that a girl has been born in that there will be someone to love him. The daughter loves her father; and the son - his mother. If in a family a boy is born, the father has invested his capital and the mother is using it. The son loves his mother.

A home in which the man or - in other words, the positive forces – predominates is based upon the number 12. The first child to be born in such a home will be a boy. If the creative forces predominate in the home or - in other words - if the feminine is dominant, this shows that this home is based upon the number 21. The first child to be born in such home will be a girl. Therefore, in order for a boy to be born in a home the father needs to be very intelligent. In order for a girl to be born in a home, the mother needs to be loving. When Wisdom predominates in the home, a boy is born; and when Love predominates, a girl is born. This shows that the children are not born by accident but according to certain Laws. If these Laws are not followed, many boys and girls will be born, but they will be such only by form. In reality, they do not possess the qualities of a boy and a girl.

If the mother and the father do not introduce into the soul of the child the sacred image of God, they have not fulfilled their destiny as such. The children must hold in their souls a sacred image of their mother and father as substitute representatives of God.

The children of the new people are to be distinguished by their purity and holiness. When such a child comes into a home, it will bring blessings to this home, as well as to his neighbours. When a man descends from the World of Love, he brings blessings for humankind.

The more that has been sung to a fruit, the sweeter it becomes. The same Law is true for man as well. A man who is nourished with music and songs has a luminous mind and an open heart. He rejoices for everything. Whatever he encounters in his life, he always sees it from its good side.

If the children are capable and noble, this is because the mother has understood well the Cosmic Law and has provided the opportunity for her child to use it. The character and the

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

vitality are transmitted by the father; and the intellect - by the mother. Honesty is transmitted by the father; and judiciousness - by the mother. Only the father can make his son or daughter just. Sometimes we meet children who are honest and intelligent, but not just and good. In such a case, we say that one of either parents has erred. If all these four qualities are met in a child, this shows that the father and the mother have worked according to Cosmic Love and have instilled these qualities in their child.

The parents create the body of the child, but the essence of the child is created by another Source.

For a child to be born, the father and the mother need to work upon themselves for generations upon generations in order to have amassed the material for the building of a strong nice house for the child. If they do not have such material, it is better not to get married and not to build a house which will collapse after a few years. You will say that in the Scriptures it is written that people should get married and multiply. From the Divine point of view, this means: reproduce and multiply according to the Law of Love, Wisdom and Truth.

The mother and the father must have applied Christ's Laws even before the birth of their children. They must have lived according to these Laws at least for one hundred years before they have married. If these Laws have become their flesh and blood, their children will live according to these Laws as well. Otherwise, they will give birth to sons and daughters who will not follow their way. For such children, it is said that they have nothing in common with their parents. This is a contradiction for the parents as well as for the children. The parents try to draw them to themselves but the children go their way.

The time has come for favourable conditions to be created for the birth of children. As a future mother, the woman has a great responsibility. If she realizes her responsibility, she will never direct negative thoughts towards her companion.

The only power which can bring the world into order is Love. In this meaning, a man should never marry a woman he does not love, for whom he is not ready to sacrifice everything. The same is true for the woman. The child must be born as the result of the love of the mother and the father. A child born with love in the presence of God is a child of the new epoch. Only the mothers and the fathers who live in love are able to improve the world. Only they can give birth to the new people. If you give birth to a son or a daughter whom you do not love, you will have great trials through them. Why do you need such children?

That which uplifts the mother - that which gives her form - is the child. The child creates the conditions that the mother may manifest herself. Therefore, the mother has the desire to give birth.

Nature has ways by which a barren woman can become fruitful, but she keeps these in secret. There exist moments during the day when children are not to be born or conceived. These are the so-called "dead points". Remember: as there exist physical or material methods for the achievement of certain things, so too, exist certain spiritual or psychic methods. Both have been applied since ancient times. For example, in the Bible there exist cases in which barren women have conceived and given birth. The childless woman has turned to God with a sincere and warm prayer, with a promise in her soul. And her prayer has been answered. The prominent scientist recommends some medicinal salt, but the devout woman prays to God. Her sincere prayer to God is the salt which the scientist prescribes. He has found some medicinal salt with which a barren cow gives birth to calves, and the barren woman - boys. In the future, he must find the proper salt by the use of which girls will be born, too. One may ask, why does barrenness exist in human beings? It is due to some deviation from the Great Divine Law. By "barrenness" in the broad sense of the word, we understand the lack of virtue in man.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

From the point of view of Love, it is not permitted for a person to marry without love. It is not permitted for the mother and the father to marry without love, to bear children without love. Follow the Law of Love in all its actions and do not fear anything. God is Love. Therefore, when you marry, call upon the name of God to be between you. If God is not between you, the marriage and the bearing of children - it is an act of commerce. Therefore, if you give way to business in the most sacred of relationships between people, do not expect any happiness, any achievements.

Remember: that which robs man of his happiness that which ruins his sublime thoughts, emotions and actions is the lack of Love.

Two people can love each other and be in harmony only when they have developed their spiritual bodies. If their physical bodies are acting and the spiritual are not manifesting, they cannot love each other. A person's faith and love depends upon the development of the spiritual body.

A woman or a man who do not sing cannot manage a household, cannot bring up children. In order to be a mother or a father, a person must bear the image of God in his spirit, in his soul, in his mind and in his heart. If people do not hold this image within themselves, yet take on the honourable service of mother or father, they will create great misfortunes for themselves. Such a father or mother will give rise to an inferior son or daughter.

The small desires and impulses which man sustains within himself gives birth after a while to some great ideas. Man needs to work dozens of years on certain ideas until he can realize them. Nothing in the world exists by chance. In order for an intelligent, beautiful child to be born, the mother has needed to work in this direction for dozens of years. In order for a child of genius to be born, the mother has sustained this idea within her mind for centuries.

When I say "mothers", I do not understand this to mean mother in the ordinary sense of the word.

We would like to be healthy, to be happy, to be intelligent, to have a religion - all this is very good. But this religion needs to be the Religion of Love. We would like to have schools - let these schools be the Schools of Wisdom. We would like to have a social system, to have laws, but let all these be based upon the one Absolute Divine Justice! This problem will be solved by the mother. Which mother? **The future mother, not the one of today.**

No one person is born by accident. For example, it is assumed that the first man had been created on the day of the first equinox, when the conditions were favourable, harmonious. Therefore, let all the artists, musicians, writers, poets and all great scientists participate in the Creation of man. The world needs new people to work for its betterment and upliftment. And this depends upon the woman. She is the internal factor which needs to correctly use all the favourable external conditions. In this sense one should look at the woman - mother, the sister, the virgin as a delicate fragrant flower which no frost can destroy.

If birth is an important process for which new favourable conditions are required, then no less important are the processes of conception and pregnancy. When the mother conceives, she should be like a priestess. Not only the mother, but the father as well: both should be like priests, priests of purity and the sublime life. All should work for the creation of those great conditions which will give birth to the great ideas into the world.

The mother is occupied with her children, but this is not her sole destination. She must perform a higher service: she must work upon her soul. This is her higher service and destiny. She must instil in her soul such properties which will enable her to cope with all the trials of life. It is not merely a question of having people multiply. But rather, that into the world human beings are

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

born: not daughters and sons who seek pleasures, but such people who are ready to fulfil God's Will and to work mindfully.

The shepherd knows when his sheep will conceive, yet man does not know when a child should be conceived. He says, "It is not important when it has been conceived, it is important for it to be, it does not matter when it is due or not: It is in God's Hands." God gives everything, but you should observe the favourable conditions for the conception and birth of your child.

The planets influence favorably or unfavorably not only the moment of an individual's birth but that of his conception as well. The mindful people are aware of these moments, and they follow them during the conception of the child and at the beginning of every important work.

When we say that man is master of his destiny; that is to say, that he can create what he wants. We imply that before things have been manifested we can create them in their ideal form. Once they have been manifested, they cannot be changed in any case.

One of the sacred questions of life is: during which time of the day are the boys conceived and born and when - the girls. It is exactly determined if boys or girls are conceived in the morning, noon or evening. The exact hour and minute when boys or girls are conceived is determined.

People born during the night carry the signs of the night; people born during the day carry the signs of the day. In addition to this, those who are born in the morning at sunrise differ completely from those who are born in the evening at sunset. In general, every person carries the signs of the hour, minute and second of his birth.

The pregnant woman needs to carry her child with joy and tenderness, with beauty and humility in order to transmit these qualities to the child. Only in such a way will the future generation be improved.

"Take My Yoke upon you ... for I am meek and humble of heart." [See Matthew 11: 29]

This is a Verse which is worthy of applying if life. Everyone should write it within his mind and heart. The pregnant woman should repeat this Verse throughout the whole pregnancy. Sometimes she remembers this Verse, but not until after she gives birth to the child - and then it is already too late.

The woman of the new culture should educate her children before they are born, while they are still in her womb. There the child has all the conditions for receiving; and after the birth, he will then require conditions for processing that which has been received. Therefore, the mental life of the pregnant woman should be not neglected. The finest literature should be her mental food. The lives of the saints, of the great souls should be the motivation for her thoughts. Beautiful and sublime poetry, beautiful music and songs should break up her life from time to time. Tranquillity and quietude are needed for the woman and mother, and for Nature as well, which during that time performs a great act of Creation - the Creation of a human being. If you desire that the fruit of the tree be good, create the conditions and leave it to Nature. The same is true for the creation of a human being. The good, intelligent person is conceived and is under special conditions. For this, three important specifics are required: the goal, the means and the achievements. All these you will find in the Sentient Nature. Only she is Health, Beauty and Purity.

During the pregnancy, the woman should be surrounded only by beautiful images so that the disposition of the spirit may be good. The ancient Greeks were more advanced than the contemporary educated people. When a woman was Pregnant, they would place her in an environment in which she could look at beautiful paintings and sculptures. In order to develop the beautiful within oneself, a person needs to look at beautiful things.

During this time, the husband should be for his wife an ideal. She should see in him the best qualities, because if the slightest doubt enters her, it will reflect in the child. When she

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

conceives, she should not be discontent with him that he has made her unhappy, because the child will be unhappy as well: her mood will reflect upon him.

The upbringing of the child should be considered in its totality. We have distorted the functions of nature, and through ignorance, we try to correct our mistakes. This will not work properly. Today only God can convert and educate us. Christ knew this and said: *If you are not born anew you cannot enter the Kingdom of God.* This means: you cannot educate yourselves. Education and raising imply that we must be born anew by the spirit. Only then can we raise others. Take as an example: what kind of children will be born from that mother whose mind is not worried or disturbed by any of the storms and contradictions in life and whose spirit is quiet and calm? She will give birth to healthy children. All mothers who have peace within their souls give birth to healthy children. However, that another who is constantly worried throughout her pregnancy - it does not matter whether this is from the conditions of life or the unfavourable combinations in nature – will give birth to unhealthy, frail children. In other words, the best child, the best embryo which could be placed in the womb of a woman - can be damaged if she is worrying during the time of her pregnancy.

A mother is she who can inspire the respect and esteem of her children. When they hear that she is coming they stand up and say, "Mother is coming." Do not think that the mother is a soft woman, lacking in character.

Many mothers are influenced by society, are ashamed to follow a spiritual path, to follow a spiritual life. They do not realize that society is not the true authority in these matters. This is something that refers to your own soul. The mother precedes society. Always the older has the greater experience.

For the successful rearing of children, the mother should be absolutely pure. The mother who lacks purity cannot rear and educate children. You cannot evolve morally if you do not purify yourselves. If you foster within yourself any sin, any weakness, or foolish ideas and believe and think that you can achieve them through the help of the new Teaching, you can be assured that you will remain as you have been. Nature never pours new wine into old wineskins. The new can penetrate you only after you have purified your mind of any misconceptions and your heart of any vices. In every minute, you must strive toward purity.

The husband must be benevolent, and the mother - virtuous. Magnanimous is he within whose mind doubt never penetrates in respect to the woman. Pure and virtuous is the woman or virgin who never permits any impure thought or any doubt with respect to the man. If she permits anything bad in her mind, she is no longer a virgin.

The higher the intelligence of the parents the more talented are the children. Into the home in which the mother and the father have been virtuous - in the full sense of the word - the best, the most intelligent and talented children are born. We have this example with Christ. He was born of the purest Virgin.

The word "virgin" implies absolute purity and perfection. The Fathers are too weak to give forth their genius to their sons. The mothers are able to give more to their sons than the fathers are. Genius is brought forth on the mother's side through the emotions. The spirit is the bearer of genius, and the soul nourishes it. The word "genius" comes from the Greek and means "the beginning, the origination of things." The erudite men have given a different meaning to this word, which is a man who creates, who makes epochs. The men of genius work in the world of solid matter. Their lives are exposed to great perturbations, and for this reason, they die untimely. In order for a man of genius to be able to live many years on earth, he must become a saint.

Where life develops in a regular pattern, the husband and wife represent one unit.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

How can a woman improve the character of her husband? Through the qualities which she bears within herself. The woman represents the number two. The number two contains within itself a very special quality: reconciliation. This will say that the woman has the power to restore peace. She manifests her power when the number three - the child - comes.

Some woman says: I must become a mother! If this - that you must be a mother - is enough, then the bird and the cow and the wolf and the lioness are mothers. But what have these mothers solved? The mother needs to solve the problem regarding the virtues so that when a child is born her virtues as well may be transmitted to him. It is not enough for the woman only to be a mother. She must deeply understand her position and make proper use of it.

To be a mother does not mean merely giving birth to children. When you give birth, you must instil such life into the child that it will awaken the Divine within him.

When a girl marries and becomes a mother, she does this not because of a high sense of responsibility and esteem about motherhood, but because she hides a different desire within herself. The young man, too, marries without the understanding of the responsibility which he takes upon himself.

The mother is the wellspring and that which gushes forth from her ends up in the child. The Divine which is within her, she gives to him. The exchange between the mother and the child is not only external but also internal. The mother plays an important role - not only in the material world, but also in the world of thoughts and emotions. She creates not only the form, but infuses it with content and meaning: an interchange between the soul of the mother and the soul of the child takes place.

The mature mother gives birth to intelligent, good children. The young mother gives birth to children with loving hearts.

If you want to have good children, have love for God. I can give advice to all of the mothers who listen to me now as to how to have sons and daughters such as you wish to have. To all the young maidens and young men who listen to me, I could tell you what the meaning of your lives is. You will marry. Marriage is a blessed institution, but there exists three kinds of marriage: the first category, we call the financial agreement; the second - of servants and masters, whereby the husband is the master and the wife the servant, or vice versa; and the third - a combination whereby the man and the woman live together in love and wisdom, when they live for each other, when the woman will never say to her beloved one bitter word, will never send to him one angry glance, and even when he makes the greatest mistakes ... she will always love him. Only to such marriages in the world can be born good offspring: men of wisdom, saints, servants of the whole of humankind. If the mother who has conceived her child is inspired with sublime ideas for humankind, then she will impart all these qualities to the child, even during her pregnancy. She is like God for the child and can sculpt from this mud whatever she wants. Because once the child is out of her womb, he becomes independent in his thoughts and feelings. If the mother instils within the child all of her qualities of love and wisdom during her nine months of pregnancy, the child will have a good disposition towards the mother throughout his entire life and will always be ready to sacrifice himself for her. When a son asks his mother, "Why did you give birth to me?" I understand the nature of the mother. When she was carrying this son in her womb, she was thinking negative things or his father was in a state of such negativity.

The sons and the daughters carry the thoughts of their parents. This is the conclusion to which modern science has come. A great need is felt for schools in which the young people may develop properly, where they can become enlightened with regards to these great Laws as to how they can become good fathers and mothers as well as builders of the future society.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Everything must be done with Love. If it is not done with Love, it is criminal. Modern marriages are acts of impurity, of lovelessness. Should two people come together and live without God? What kind of marriage is this? What kind of children will these people bring forth? Criminals. Why? Because they bring forth children without Love. Plant a flower in the shade and observe what will happen to it. It will not develop properly; It will be weak and undergrown. Do you think that a child can grow and speak without God's Love? The mother should transmit this Love to her child and then a lot can be expected of him.

Before you marry you must have Love. This is the meaning of marriage. Without Love there exists no marriage. This is a great Truth.

While the child is in the womb of the mother, he is in a passive condition: he does not breathe, he does not eat. During this time, the mother educates him. She tells him: Now I am instructing you; I am teaching you music. You will not sing or talk; you will only listen. After coming out of the mother's womb, the child starts to cry. The mouth begins to work in him. In such a way, the child manifests himself.

If, while pregnant, the mother addresses the child with the thoughts - "you will become a good child; you will grow up and accumulate knowledge; you will love people and will help them" - then the child will really become that which the mother desires.

The human spirit within the womb of the mother is learning as well. It does not stay in a dormant condition. It participates together with the spirit of the mother: both are working together in order to create the body.

Now I turn to the mothers with the question: What do you do when a child is born to you? I have observed how the mother enjoys her child. She bathes him, caresses and pats him on his cheeks, kisses him. She lulls and sings to him "Dan-duri, dun-diri" lullaby. She wishes for him that he might become a rich person, a rich merchant, a strong man. What is it that the mother does not wish for her child to become? Yet she forgets to wish for him the most important thing. The child grows up. He becomes a strong man, a successful merchant, but he begins to cheat in order to become even richer. He becomes a man of science, but starts to produce poisons for the destruction of the people. He becomes strong and starts to oppress those weaker than himself. The mother knows only "Dan-duri, dun-diri", and then wonders what became of him. "Is this what I have hoped for?" she asks. That which she sang to him, he has become. As long as the child is small, his mother sings to him. Later she slaps him on his rear end. Do not slap you child's rear end, but touch his head and say to him, "Let the luminous Divine Thoughts enter into your head so that you may become a bearer of light for humankind and help your weaker brothers." Put your hand on the head of your child and say, "Let sublime and noble thoughts and Divine feelings enter into you, my child."

Some embrace their children into their arms with great intensity and, in this way, nourish egotism within them. Interpreted, this means: when you catch someone, hold him tightly so that you squeeze out his last powers. These actions are unconscious, but some day the mothers will see the result of their love. The mother is glad that her child is healthy, but she must penetrate deep into his soul and plant there the true seeds. If she does not plant these within his soul, everything that has been planted by her will fall onto stones, wither and become dry.

Man can only be reformed in his mother's womb through the Love of God: he cannot be reformed by his efforts alone. Only the mother is capable of recreating man, of reforming him. Man contributes only 50 percent towards his recreation.

The biggest criminal can be reformed, but only when he is in the womb of his mother. Therefore, the pregnant woman needs to take only certain foods: pure and sublime thoughts, feelings and

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

actions. Only in such a way can she help her child if he carries within himself some bad tendencies. In the way that people now feed, raise and educate their children, a lot cannot be expected of them.

Upon leaving the womb of his mother, the child passes through all the joys and suffering his mother has been through during the time of her pregnancy. For example, if during the time of her pregnancy the mother has passed through unfavourable external conditions, they will influence the child. But this child will have within and his disposition the internal possibilities conditions by which he can overcome the external ones.

When does a child not love his mother? When he has not been born with Love. What kind of child will be born by a mother if she is thinking about her husband and - at the same time - another man whom she loves? You will say that this is a crime. That is not the point. The important thing is that the house which the master carpenter builds must be strong. The master carpenter needs to build it, and do this on one and the same foundation and not on different ones. In conclusion, I will say: the young girl must marry the man whom she loves; otherwise, it is better not to marry him. The same is true for the young man.

The food which the pregnant woman takes and the way in which she receives it have a great influence on the child which will be born. Many experiments have been done which have come to the conclusion that food is one of the major factors for the physical and spiritual well-being of the child.

The mother and the child need to be provided with good living conditions. Children - when they still are little - should live under the best conditions. Which are these? You should nourish your children with fruit. If the child is anemic, give him more pears to eat. If his character is a little rough, give him more apples. If he lacks nobility in his feelings, give him cherries which - at the same time regulate the stomach. Other fruit which do this as well are watermelons, cornel cherry [The fruit of cornel tree (Cornus mas) common in Bulgaria and well known for its specific taste and folk medicinal applications.], pumpkin and squash. Should they be cooked or raw? **The raw fruit, in general, develops the noble feelings.** When children eat only fruit, they do not need any other food. This food will give them the best education. But they must not overeat and burden their stomach. If I had a child, I would take a red apple, show it to the child and let him first look at it for a few minutes so that within him the feeling of thankfulness and love may be generated, in order that the fruit may produce some effect upon the child. I need not speak to him anything about the fruit. After that, I would tell him to eat it. The same with prunes and cherries.

If you ask me why God created fruit, I will answer you: so that He may educate His children.

The mother's milk is of great importance for the child. When he is touching the mother's breast, a beneficial influence upon the child is produced, not only by the milk which he drinks, but also by the magnetic force which alternately flows from the left or the right breast of the mother. If another woman feeds him, the same effect will not be produced. A power flows from the mother which ennoble the child. When the mother breast feeds her child, she needs to have the best disposition of the spirit and not be angry. Men do not pay attention to the disposition of the mother during this period.

Mother's milk contains intelligent forces which cannot be found in any other food. When the mother breast feeds her child three years in a row, she needs to live a pure life and not allow any negative thought to enter her mind. That her house burned down, that her husband has left her - this should not disturb her peace. During these three years, she needs to be still and calm.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

What do modern mothers do? They feed their children with different kashas prepared from oats, barley and millet, etc.

All of these kashas cannot supply the child with the elements that are provided by the mother's milk. Within the milk of the mother, are found conscious powers that no other food can supply. The goat and cow milk is good, but these conscious powers which are contained in the milk of the woman are not included. And that is why, we wonder when those people of science and with all the knowledge they possess, they still do not know how to eat and live.

If people had understood the meaning of the prepared food which they use, they would have helped themselves in their self-education. Each mother should bear this in mind for the upbringing of her child. Until the child reaches the age of seven, she should prepare his meals herself. Until such an age, the child should only eat such food which the mother has prepared. In this aspect, birds can be an example. Until the little ones grow up, the father and the mother constantly bring them food. They raise them by themselves. When they grow up - when they fly out of the nest - the parents leave them alone to take care of themselves. The birds have better solved the family life than people.

To be a mother - this does not mean to be good to your children alone, but to those of the others as well. The health of her children depends upon the mother's relationship towards the other people's children.

The longer that the mother has held the child in her arms, the more mindful this child will have become.

The more that a fruit has been sung to, the sweeter it becomes. The same law is valid for man as well. A person who is brought up with music and song has bright thoughts and an open, welcoming heart. He enjoys everything. Whatever he encounters in his life, he looks at from the bright side.

The mother is God's governess - she raises His children.

While the children are being raised and educated, it is necessary that harmony exists between the mother and the children. If harmony exists within the family, the mother will come into contact with the Sentient Beings of the high realms who will help her in the upbringing of the children. If harmony does not exist, the mother will be in contact with beings of the lower realms which will obstruct her.

There exist two paths through which God's Teaching can be made manifest. The first path is through the education in the schools, and the other - through the mother. Both of them need to understand the new conditions just as the gardeners and the farmers study the conditions under which they will plant seeds.

All the negative qualities of the mother will become negative qualities of the child as well. And we can prove with statistics that the positive qualities of the mother will become positive qualities of the child and that the positive qualities of the father are transmitted as the positive qualities of the child. Therefore, we need to live positively. The mother needs to be religiously disposed in order to require this from the child. What is one to understand "religious disposition" to mean? Religious disposition means that within the soul of the mother such love flows forth that she is ready to embrace not only her own child but the whole world with this love and is ready to sacrifice herself for others. This is the religious disposition: that love is gushing forth from you. Not only that you may save yourself, but that you may sacrifice yourself for the others.

Every mother who conceives a male or female child must say, "Daughter, son, I wish that you would live in the future according to the Law of Love and would represent Her in full." If she says

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

this, she will have a daughter and a son who are heroes, who will live according to the Law of Love. Every mother must inspire this within her children.

When the young people marry, they must say, "Our sons and daughters should live for Love, for the God of Love who unites all people." The new generation will be a bearer of the new ideas, of Divine Love. The way it is now, if we are born in that improper way and want to re-educate people who have worked for thousands of years - we cannot do anything. Man can be re-educated in his mother's womb, in God's Love. He himself cannot do this. It is only the mother who can recreate man, re-educate him. He himself is only fifty percent a factor in his re-education. He is like a ship without a rudder which can be pushed anywhere by the ocean waves.

Therefore, in the future, the conditions for the woman should be improved. The women who conceive should be under the best conditions. The conditions for the children must be changed as well. Not mechanically, but according to that Law that functions in the living Nature.

I define "mother" in the following way: a mother is that woman who alone can instil a Divine Idea into the soul of her daughter. The mother who cannot instil a Divine Idea into the soul of her daughter is not a mother. And a father who cannot impart a Divine Idea to his son is not a father.

The time has come in which egotism will take its real place, when it will return from where it has come. Love for oneself must become a servant to love for one's neighbor. The right hand is I; the left - my neighbor; the Head is God. The right hand must serve the left hand; and both together - God. When he realizes that, the man will not cheat his wife by promising her that which he cannot accomplish. Instead, he must tell her, I am the right leg, and you the left. At first, I will step forward, and after that - you. I will move forward and you backward. The next step you will move forward, and backward." The father is the head of the family, and the mother - the heart. It is neither possible without the heart, nor without the head.

Every morning when you arise from sleep, inscribe within your mind the two Laws of God: Love for God and love for one's neighbor. The application of these two Laws in your lives is the solution to many difficult problems. Those who have applied these two Laws have performed many miracles.

Now, I desire for all of you to become women! This thought expressed with other words means: I desire the souls of all people to be filled with love; I desire all to become illuminated, to become lit candles, fulfilled and joyous, ready for every kind of service. This means that a human being should be a mother. In this meaning, I desire that all of you become mothers. Today, by the word "mother", one understands this to mean a woman who gives birth. No, a mother is only that one whose children do not "die". If the children of a woman "die", she is not a mother. A mother alone is the pure woman, the virgin who even after giving birth remains a virgin. A mother is that virgin whose children do not "die". Therefore, all people need to become virgins absolutely pure - if they want that which is born of them not to die. This is the meaning of the intrinsic philosophy of life. If you understand this philosophy, your life will become gratifying.

And so, the first great commandment is to come to love God with the whole of your heart, your mind and your will. The second commandment is to come to love your neighbour - or in other words: your virgin, your heart - and to set to the great task of uplifting it.

Be, therefore, workers for the upliftment of the woman, and from there, workers for the future of the whole of humankind.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!*

**OUT OF THE GENERAL CLASS:
„BEING A WOMAN IN THE 3RD MILLENNIUM BC“**

WOMEN!
PLEASE, START
TEACHING US!

BOOK 2:

**A NEW COMPREHENSION OF
WOMAN & OF BIRTH (1. PART)**

(NEEDS TO BE CORRECTION-READ!)

WWW.REALPEACEWORK-AKADEMIE.INFO/GRAZ

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Friday, October 05, 2007

Dear Reader,

Please acknowledge that this version is a literal translation from the original version which is written in Bulgarian.

So please understand that this version needs to be overworked ... into modern English!

If you feel the call to do this job – maybe with some friends or colleagues – please give us a mail and we will send you the word document for an easier working.

Thank you.

Sincerely Yours

Christopher Benjamin with team

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!*

Mother

Dear Mother,
Be blessed!

Of the Great Mother servant are you.
You endows life,
God creates permanently through you.

For all your efforts
From the cradle to our days
Be blessed!

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Mother:

God's Festivity within me

Small, gentle creature moves in my womb, grows up ...
Bright fire spark – a part of Spirit in this child.
The Truth He put and Wisdom and Love,
With vertue he grows it up
And calls it in the Justice.

He creates a small Universe within me
And endows me in the Ethernity with
unifying in the cherish –
participial creative manifestation.

Rejoice the worlds in Him and me,
Power, life pulsate, with divine and new refren
So joyful, happy I am
that God looks at Himself on me,
that I am giving a birth to
a beautiful soul –
GOD'S VESTIVITY IN ME

The child:

A rich Spirit

God has drawn a breath of life
in me with his Spirit
I am born in the world
Elated by Him
Steep Earthly path awaiting me
Everyone climbs up on it.
To create a house
not man-made in my home
Such has already been build up
at my Father's
And so to come back being aware
For Gods Glory
Rich Spirit ...

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

CONTENT

1. We come from the Universe
 - 1.1 Mother, Father, Son
 - 1.2 Branches of Love
2. Conceiving. Bareness. Misbirth
3. Pregnancy. Prenatal upbringing
4. Birth
 - 4.1 The sex of the child
 - 4.2 Care – mother's milk feeding – feeding, washing etc.
- 5 . Parents – children
 - 5.1 Karma law
 - 5.2 Upbringing of the children
6. Role of the woman and her spiritual development
7. Bibliography
8. More information on the subject

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

1. COMING FROM THE UNIVERSE

When we speak about the human consciousness we understand that initial centre the human has come out, where the human has been free. When he descends in the material world, he has lost his knowledge, as a consequence of which he has enslaved himself in the surrounding environment. Some of you have forgotten where they come from. You don't remember. When you have been in your mother's womb, you have not the trace of that, and before you go there where you have been you also don't remember. But if one throws a little light in your conscious, You will remember the way you has come. I will give you a theory to be clarified. The occultists say, that when one creature, one centre in the invisible world, one consciousness wishes to descent to the earth because some of the creatures have a need to descend to the earth, to work, then two elevated creaturs take this soul, - we are speaking in human language – they will bring it around the earth, as they make three rounds. The earth has 12 Gates, where one can enter. These gates should be found opened. Angels are awaiting there. Then they will find the father and the mother who will become donors of the matter needed and will ask them to bring up this soul. After then they will send their blessings from the above /1 ;8-9/

There is one vast but solid circle in the space, where the souls go through. This circle has 12 Gates. When one soul has to descend to the earth, the spirits who bring it, go around the earth three times, until at last they pass through one of the twelfth gates. Each gate determines the way which human will go when descends on the earth. Consequently it is important which of these twelf gates the man will pass trough. The gate where human soul will pass through is of a great importance. If it passes through the gate of animal kingdom by mistake, he will be embodied in some of the animal's forms... That is because when descending to the earth and when it goes up to heaven, man should be careful, to read the inscription on the gate. If he takes a wrong way, he will pay out during his whole life his mistake. /19;222-223/

It is impossible to come to the Earth by your own will, and to love nobody. /1; 12/

Every man has come to the earth under foreign name. He does not bring his authentic name which corresponds to his initial nature. /20;8/

The laws of the Divine world absolutely don't permit to woman to go married for a man who she doesn't love. The laws don't permit also to man to go married for a woman he doesn't love. These laws don't permit also the mother to give a birth to a child she hasn't loved before its concieving. Also the child isn't permitted to be born if it hasn't loved its mother before its coming to the earth. These are maxims which you have to take into consideration. /54;387/

No one of the fathers so far hadn't put his son in order, no one of the mothers has put into order her daughter. It is proved scientifically that the only way you can put in order your son is to start his education before he has come to this world. He has to be written to you ten years before he has come to the Earth. You have to be received a letter, to had a talk with him. You have been told him about how the things are here... Those words, which come to the earth, this is adoption. You take somebody else's child, adopt it, tell him that you are its father, and the mother thinks that she has born something. /1 ;76/

All souls as much they progressed and being perfect, from time to time they need to descend to the material world, to obtain from it such materials and power, which they can't obtain from other worlds. This concerns not only to the earth, but to all of the rest of the material worlds, because they have been under one and the same law. Consequently, all creatures, would they be developed or not, they should pass through the material worlds. One of them remember where they come from, others – not. Ordinary people on the earth do not remember anything from their previous existence. Somebody says that something from the past has been revealed to him. It is possible, but all that is very little ... Man needs to be revealed that internal gift in his consciousness, which he can remember to in details his path he has to come back. Only in this way he will understand the internal relations of life and will take a warning by it. /2;36-37/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

With Its descending to the earth the human soul gets in touch with God Spirit, just as the mother gets in touch with her child. For the child the mother represents the Divine Spirit./77;299/

If you think the whole life is expressed only in the physical body you might fall into a mistake. The first quarter – the first 7 years of Life It deals with the physical body; second quarter – the second 7 years i.e. from 7 to 14 years It deals with the astral body; The third quarter – from 14 to 21 years and deals with brain; fourth quarter – from 21 to 28 years and deals with the causative body. After that the same process is repeating again. In this manner every 7 years the energies in the human being are transformed. Thereof these 7 years again have their divisions within months. /21;30 l.,17/.

The child grows first physically. As its physical growth begins to decrease, the feelings start to manifest themselves, and after them – the thoughts./36;136/

From the birth up to its seventh year the human being is in the physical world, it develops mostly the physical power - its body. Then it learns to walk, then develops its will. During this period the child is very active. Have in mind that activity of your child and take it into consideration. From its seventh to fourteenth year the child is in the spiritual world – it develops mostly its heart, feelings. Then the child is most sensible. Take into consideration this sensibility and use it in the upbringing.

From 14 to 21 years the child is in the mental, ideological sound world, i.e. it develops mostly its mind and its ideological sound life. Then the logic thinking blossoms out. /77;374/

The girls aged about 14 years pass through certain sick conditions namely: from 2 to 7 years, from 7 to 14 years, from 15 to 21, from 22 to 28, from 28 to 35 etc. In every transitional period people pass through sick conditions and then they come to a certain enlightments. /69;21/

Do you remember the time when you have passed through mineral kingdom? The name of a high creatures is inscripted on the minerals – of the heruvims and serafims. Do you remember the time when you pass through the plant kingdom? The life of angels is inscripted on the plants. Do you remember the time when you pass through the animal kingdom? The life of archangels is inscripted there. This is an evolution. And today in our epoch, which exists since 18 million years, the Divine life is being inscripted by millions of creatures. Of every million of years one Divine sheet of paper is inscripted. In this way the book written has 18 pages. A great thing is hidden in this book – life of angels, archangels, heruvims and serafims. The soul is a great holy book where the history of Its life is written. A mother which bears its child with love, should open the book of the Divine life, to see what is written in it, to know the parentage of her child, to know its past. As she look at it she says: my angel! Yes, but she doesn't know what is its parentage. In future, when young people born the old people, they will open for the first time this book and will read from it. /55;147/

Man comes many times to the Earth, but not only one time. – How may times does he come? – So many how does he want – it depends on him. Ordinary man rebirths himself every 45 years. If he descends to the Earth to learn, the intelligent creatures determine which family to be born in. He hasn't a free choice. If he comes to the Earth consciously, in order to help people, then he has a free choice to be born where he wants. As much advanced is man in his development, as much freedom has he got at his descending to the Earth. People of genius and saints come seldom to the Earth, when the humankind remarks an epoch in its life. Great Masters come to the Earth every two thousand years. They introduce large transformaton in human life. /56;314-315/

If the matter produces life, it isn't dead, because the dead can't produce a live. Light comes out from light. A mother born a child and we say that she created it. No. The embrio of this child has existed millions of years before the mother has born it. /69;10/

We still haven't come to the moment at which we understand how does she keep in with her daughter, or how a father does keep in with his son. At first the father isn't still your true father. If we accept the theory of rebirth, you have had at least 20 fathers so far, each rebirth you have of

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

one new father. I ask you: who is a father? No one, no two, no three. There are fathers, fathers ... One is the father in the world.

All souls come out from God. He is the true father. All of those who are embodied in the matter in order to form our bodies they are helpers, they are co-workers with God, who plays the role of fathers. /77;294/

1.1 MOTHER, FATHER, SON.

When God created the first man, He put him in the Paradise garden, to live among the plants and the animals as their master and to study them. He hid the woman in Adam in order to prevent her when she come out of him to do some harm. But Adam wasn't satisfied of this situation. He wanted to have a wife as other animals have and God satisfied his wish. He put the woman out and called her Eve. She have been very beautiful. When the donkey saw Eve for the first time it cried out of stupour and amazement. Eve was very beautiful. With its cry the donkey wanted to warn its master, to be careful with Eve in order to avoid her becoming a reason to do some harm. In the same time the donkey has seen some shortcoming in the man. Since that moment Eve hated the donkey and she makes Adam to beat it. This is the reason because up to nowadays the donky cries. With its crying it wants to tell people that, everyone who tells the truth will be beaten. /3;15/

Present day phylosophers and men of wisdom should correct their attitude towards the woman. Most of the philosophers, scientists, poets say that the woman's brain is less in weight than the brain of man. That her feelings had been unstable, that she had been stupid etc. A wonderful thing! The woman borns children, she supports the whole humankind with, but in spite of that they consider her more inferior and more stupid than man. In order to have a clear idea about the woman you shouldn't examine her as a unit, but as an essence, in her totality. Powerful, great thing is the woman in the Nature. Would you take out the woman's principle from life, the death will come immediately. The woman's element or woman's principle is a bearer of life. This element has entered the Existence yet at his creation. Consequently the woman has entered life yet in the moment when it begins to manifest itself. Since that moment she has entered also in all alive creatures, from the smallest to the man. As you know that, don't separate the woman from life, i.e. love from life. The woman symbolises love. Today we see the woman in a distorted form. With the distortion of human life the woman also has been distorted. Today under the notion woman we understand something perfectly different from the initial notion.

Actually under the notion woman we understand a creature which can born the most beautiful form; a creature which is capable to produce the greatest power; a creature, which can manifest the greatest intelligence. After all that, you listen some people to say that they don't want to be women... Under the word "woman" I understand unmanifested love, which today is in condition of child, which is in a process of development. Under the word "man", I understand the manifested love, which is already in its maturity. In another words: woman is a love in its childish conditions; man is a wisdom, i.e. old wise man. The child brings within itself its talents, which will give a result in the future. Mother and fater are conductors of these tallents, which the child hides within itself. Mother and father by themselves are not that mother and that father, which create the things. They only born, but other makes and creates./3;15-16/

The parents don't create nor they possess the children – they are only conductors, channels through a soul should be born. They only give it a way to come to the Earth. /72;122/

What does life present? Life is nothing else than the first virigin, born by God. Who understands life, he is the virigin, born by God. Who doesn't understand life, he is man or woman. Somebody says, that it is good to go married, to have a woman. Woman says in her turn that it is good to go married, to have a husband.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

These are constricted understandings. It is good for man to go married or for woman to go married, in order to have a mate, who he or she will share his or her joys and sorrows in life. So if you think about life, look at it as at pure virgin, born by God. Man in his turn is an expression of the love to the virgin, which in all cases remains virgin. And after getting married to her, she stays again virgin. If after her marriage the virgin doesn't stay virgin anymore, she hasn't understood the sense of life, nor has she understood the marriage. Mother however, represents another thing. She is a servant of the nature and always stays virgin. The notion "woman" understands concubine of man. Until young girls and young men think that after they go married they become men and women, they are on the wrong way. This is no wedding, no marriage. The first wedding takes place in the paradise. When Adam saw Eve he cried: "That woman is flesh of my flesh and bone of my bone!" As he thought in this way Adam did the first mistake. He even didn't look at Eve as a God's creature, which has come to him as a mate, but as to his own property. What does the word "Eve" mean? The word "Eve" means daughter of Yehova, of God. Today all people are keeping the thought that Eve has come out from Adam's ribs. This is childish understanding. God has taken out two of the Adam's ribs as a material for creating the woman. That doesn't mean that Eve has come out from Adam's ribs/3;43/.

Woman is the last creation of God. Every last creature is higher than the previous creatures. God made the plants and the animals before man. Man stays higher than the plants and the animals. On the same background Eve stays higher than man /Adam/. God inspired in Adam a live soul, but He inspired in Eve intelligence. When they say, that the woman is possessing only femininity but not intelligence – this is not right. The woman is more intelligent than the man. He is strong, he can fight, but there is no big philosophy in him. They say the man is a genius, a scientist. Remember: Genius, great man can't be born by stupid and ordinary mother. The father could be undistinguished, but the mother should be clever and intelligent. This demonstrates that the father transmits harder his intelligence to the children than the mother. As they summarize the intelligence of both of them, something better is to be created. /22;176-177/ In order to make the man, God has spent thousand of years, until He finds the red earth, which He created him of. They say, that man is made of a specific red earth. The second man has been made of such red earth, in which then God has drawn a breath of life. But He has seen after that that this earth has had some shortcomings, it wasn't enough clean. Then He has taken again white earth. These are the ribs of human body, which He created the woman of. Consequently the man has been made of that red earth and that fact explains why does he go angry. The woman has been made of white earth that is because she is afraid. The red color is a color of life, but the white color is the color of purity. The woman has understood this point wrongly and the man understood it wrongly and that is because the deal isn't going as it should be... Mother should give her child the purity of the mind, but father should give that great impetus for life, to estimate his great life's bounties. /4;476/

You want to enter in a family life, you want to become a father. After becoming a father you will go to God. He will give you one share. The man as he goes to God, God gives him one share, one woman's suffering. Mother as she goes to God, He gives her one share – one man's suffering. In this way the father brings woman's, but the woman brings the man's ... The man brought the Love. Love is given to him as a share. To appear Love, a garment is needed for that Love, Love comes out. When mother goes to God, the Wisdom comes to the Earth, the knowledge. Consequently the women are not bearer of love. They nourish love, but they bear the wisdom. Men are bearers of wisdom, they bring love. /58;97/

The first order is to believe The God our Lord. The Lord is the father. The second order is to believe your fellow creatures. Your fellow creature – that is the mother. You should help the mother. You the Son. The Father, the Mother, the Son – they are in an Unity. So the home should be understood in this way... We seek for our fellow creature outside, but it is the mother,

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

the father. They are the only one and they are within you. When you seek for them deeply within you, you will find them. /1;215/

The first elements that the child is getting acquainted with these are its mother and father. A child, which hasn't been breastfed by its mother and which hasn't heard the voice of its father is deprived of the most favourable conditions of life. Mother adds a softness to the heart and father - light to the mind and power to will. Without mother the child would be hard as a stone, and without a father it would find itself in the position of a leaf brought by the wind to all directions. Would it have a father, the child will be a leaf which is kept hard and uses his goods. Soft and merciful heart of man is due to mother, and of the knowledge and light of the mind to the father. I take the words mother and father in their broad sense. /57;288/

Man's mother and father never depart for another world. /64;114/

No man is born arbitrarily ... It is supposed that the first man has been created in the day of the first equinox, when the conditions have been favourable, harmonious. That is because let all artists, musicians, writers, poets and all great scientists take part in man's creating. The world needs new people, who will work for its correction and advancement. This is depending on woman. She is the internal factor, which should use in the right way all external favourable conditions. In this regard, the woman mother, the sister, the virgin should be viewed on as a delicate, fragrant flower, which should not be frosted by any frost. In order to elevate herself, the woman should most of all come to love God, her creator. Would she educate herself in this direction, she will help to advancement of the humankind. Only she is capable to born the new Adam and new Eve. /5;137-138/

When a man is called father and when - mother? The father should pass through one stage - to deny from his egoism. Somebody wants to live only for himself, but he doesn't want to have a quarrel with people. In order to be a father, man has to born one son and one daughter. If he isn't capable to born a son and a daughter he isn't a father. That mother, who isn't capable to born a son and a daughter - isn't a mother. First you will born a son in the Divine world, there you will find him. Then you will born in the angel's world, among angels and at last you will born him on the Earth, among people. The greatest good for the father is to be loved by his son and his daughter. And the greatest good for the son and the daughter is to be loved by their mother and father. /45;28/

The children are to be legalized on the reason of Love of the mother and the father to them. Every child, which isn't born by Love, is considered as illegally born. Out of Love the things are illegal. /6;80/

There is a narrow relation between Love and Mercy. If Love doesn't manifest itself between mother and father, the child can't be born. However, as it is born, the Mercy descends from above and begins to care for it. If the Mercy doesn't take the child in its nappies, it will die. /37;229/

Every unnatural thought which is capable to creep into your mind, every unnatural wish, which may creep into your heart, every unnatural action which can creep into your will, will produce contradiction in the first generation or in the second or in the third generation and may be after 25 generations. Every contradiction should be settled out in the fourth generation. The Nature doesn't permit the contradictions to exist for a long period. They are left to exist at most from fourth to the ninth generation. From the ninth further they are not to be left. /1;262-263/

All genius people in the world has accepted an impetus from the outside which has helped them to develop their gifts. The first impetuses - the largest and the smaller give the mother and father.

On the second position comes the teacher, on the third - the society. These are factors itself ... The father should enter a certain power in the man, the mother should give a direction to the energies. In this way you will know your mother and your father. Mother could be that woman who will develop your gifts and will make you satisfied. Father is who can inspire you, who can

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

elevate you. Every man who restricts you isn't your father, nor your mother. I understand mother and father in this way. /1;296/

Women are cleverer than men because they are older; that is because namely the providence has entrusted them to grow children. This work isn't entrusted to men as they are younger. /63;22/

Thousands and million people are born and die, but the world still isn't put in order yet. Today mothers and fathers play an important role in the families. In the future only mother will play a role in the family but the father will be somewhere far away. To say it in another way: Mother will work outside, but the father – inside, and the child will be between them. Today the mother is outside, the father is outside, the child – outside and the life doesn't go in harmony. /3;21-22/

If mother and father don't bring in the soul of the child a holy image of God, they are not fulfilled their holy destination as it would be. The children should keep in their soul the holy image of their mother and of their father as deputies of God. Whatever he does man can't free himself from his mother and his father. They exist within him. Mother symbolises Love, but father – Wisdom. /20;165/

The father and the mother play the role of the mind and heart. The mother is very close to the child. At first they call her, she is the first one who stands on the stage, the closest, but when she is not capable to help, the child begins to call others-consequently there is a rear in deep. The divine ideal begins to pass through its borders or does realize in mother, father, brother, sister and at least it is manifested in God – the reason for all that happens. Now if you find that this order of the things is rather variable, it depends on the fact if the child is a boy or girl, because the boys are crying, but they have other order. When the small children call, because their mind doesn't take part, these manifestations are natural within them. That is because man first relies on that which is tender, then on that which is strong.

First on that, which he has benefit from and then on this which is stable. The mother is ready which is stable, which she gives, and the father is that which brings. The brother is the sister in the spiritual world, these are options. They represent the Gods possibilities, but the father and the mother present the divine realization of the things... Mother's Love is magnetic, the father's Love is electric.

The tenderness comes from the magnetism, but the power of the father comes from the electricity. Mother's kiss is tender, magnetic, the father's kiss is – powerful, electric, that of the brother is noble, that of the sister is – pure ... So the ideas for father, mother, brother, sister enter in the processes in the nature. Somebody says: "I don't want to be mother". He doesn't understand the idea. But he has to be tender – this is the idea about mother. Another says: "I don't want to be a father."

But you have to be strong in order to be capable to manifest yourself. Then the brother says that he has to have an expansion of your power. The power should have a place and space, where it will manifest itself.

That is because the father manifests himself in his son, because the power this is a possibility for expansion. The brother, this is the manifested life. The son grows up, the father sacrifices all for him. But the sister or daughter represent the possibilities of the mother, i.e. the manifestation of mother is the daughter. The brother and the sister – these are options. On the physical field the father and mother are expression of the brother and the sister – the manifested life. /51;125-126-127/

In order to understand life, we have to begin from our home. The mother and the father create the law in the home. /23;23/

Under the word "home" we always understand something elevated. The most elevated, the most lofty on the earth that is the home. Consequently the home, this elevated thing, should be built up reasonably on the earth. The ground of the home are the mother and the father, the walls of this home are children, and the roof, the tiles and the other things are all our friends, who are

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

sympathetic to you. In order to build up the home man firstly should believe in the intelligence in the world. /77;288/

The child is the opposite principle to the father and mother. It is a reflection to that which is hidden in the soul of mother and father. The child expresses both of them in a certain extent. /77;290/

Children are carriers of the Truth. Know that if you want to understand the Truth, only your children can tell it to you; if you want to know the humbleness, only your children will tell you what thing is the humbleness. /77;305/

The father and mother don't create their sons and daughters, but they present only conditions for their manifestation. According to their level of development the son and the daughter will chose their parents. /67;266/

You will put the father in the family on his place of the sun, the mother on the place of the moon, and yourself on the place of the earth. Consequently the position of the child is dependent on the relations the sun and the moon have to it. If the father does not deign to the child, the mother isn't capable to do anything by herself alone. The relations of the child to the father should be reasonable, and these to the mother – loving... In order to be well positioned between his parents, he has to put his mother and father on the first place, but himself – after them. If he puts himself on the first place then he will be beaten by all means. /38;87-88/

I want the women of the new taching to be ideal; I want every woman to be neat, brave and decisive in manifestation of her virtues. I want the woman to be clever, quick witted, to catch the meaning and not ot hesitate before any obstacle. I wish every woman of the new culture to be discerned with something:

Her waking, to have something plastic in her, to be movable; where she passes by all people to say for her: Here is one noble woman, she has a heart. If a man meets her, who is going to drink or to do a crime, to say: I deny myself of my bad intention. I don't want to do a crime anymore. I want the woman to be a confessor of man, to look at him strictly and to say: The way you have started isn't right. I don't like this way! Come with us in the way of Love ... The woman of the new culture should bring up her children before they are born, when they are still in her womb. She should say to her son: My son, when you come out in the white world, in the face of your mother, of your sister and your wife you will see the face of God. You will regard them with favour, you don't let any bad thoughts and feelings./55;15-16/

If you pronounce your mother's name without love, this word "mother" is already without content and meaning, and as a consequence it produces certain disharmony in your thoughts and feelings. /39;63-64/3a

It is important for the Spirit to manifest itself, to bring its power to something. What will be that thing, it is not of importance for him. The mother directs her thought to her child; the scientist to his book; the poet – to the pen; the artist to the brush. The difference is concluded only in the way the Spirit manifests Itself./24;170/

If there are no children in one home, nor father is father nor mother is mother. /69;201/1.2

1.2 BRANCHES OF LOVE

Mother's love presents the roots of life, but the brother and sister's love – the branches. The divine Love presents the fruits of the Life Tree. From the roots of mother love, from the branches of brother and sister's love the froot of the Divine Love sorce out. Namely these fruits will be the food of future humans and they will acquire immortality. These fruits will be carriers of the new life. Wherever you go in the world, everywhere you will meet the people of new life. These people are to be recognized by the soft and pleasant light, wich comes out from their eyes. We call the new people "brothers and sisters of the humankind", carriers of the Divine commencement within themselves...

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

What does the new religion consist in? The first article of the new religion says: I believe that my mother's and my father's love are the roots of the tree of the great life – life of love. The second article says: I believe that my sister's and my brother's love are branches of the tree of the great life – life of love. The third article says: I believe that the Divine love is the fruit of the tree of great life. All which comes out of my mind and my heart is transformed in the fruits of Love. Who eats of this fruits he acquires immortality. /57;398-399/

The mother wants to born a child in order to give a sence of her life. Consequently there is something that lacks the mother, that is because she wants a child. I ask you: would it come a day when the mother won't want to have children? That is unsolved question, which will be pendant in this position for a long period. That is because we say: There is only one God in the world existed, and all gods have come out of Him. There is only one mother in the world and all mothers have come out from her. /2;79/

Even the mother which borns says to herself again: Let this child looks after me in my old age. Not all mothers think in that way but they also are tempted and they are awaiting from their children. Few people are lead by one divine idea in their life. New people are needed now with new understanding. The world needs of new mothers and new fathers, which sacrifice themselves in the name of love. Would they live under the old manner, the parents and the children will be dissappointed. /3;264/

Under the world "heart" some people understand woman, others mother, the third a virgine. These three notions present a level of development of the heart. The lower position of the heart presents woman, and the highest – the virgin. The virgin is the purpose, the mother presents the conditions, the meanings to reach the purpose, and the woman presents the achievement./5;136/

For now he nature wants to make the woman worker, to take her out, to make her a mother, but the mother is a gate of love. Another phase will come after mother: the mother should become a verigin. This is a high state – to be absolutely free. As she is a mother, she has free relations to her son and her daughter. As she is a mother she has free relations to all people mentally and spiritually. This is the mother. The mother should free herself from all these relations, to become free, natural. And who have a relation, to be satisfied by her. If the mother after becoming a mother didn't gain something then where is the motherhood?/5;240/

When we speak about the love, we stop on the purest love – mother's love. It serves as a filter. Pure lave is also the father's love. It again serves as a filter. Pure love is also the love of the brother and the sister. Their love serves as a filter. The mother, the father, the brother and the sister present fields where the love passes through. However, that which the mother gives together with her love, the father is not capable to give; and that which the father gives with his love, the mother can't give; this which the brother gives with his love, the sister can't give; this in its turn the sister gives with her love the brother cant give. Consequently there is something specific in the love of the mother, which lacks in the love of the father, the brother and the sister. In order to manifest in its fullness, the love shold pass through four different fields. Through each medium it transmits something specific ... In order to understand love, you have been to be accepted it from four different media: from the mother, father, brother and the sister./25;170-171/ What the love sits in?... I can feed you but the love isn't in the feeding; I can give you to drink, but the love isn't in the dirinking; I can dress you, but the love isn't in the putting the clothes on; I can give you knowledge, but the love isn't in the knowledge. I can give you all goods, but the love isn't inside these goods. And we the contemporary people decieve ourselves. The mother when she feeds her child thinks that this child will look after her one day, but this child isn't in this body. It manifests in the body, but this body will be changed. There is an intelligent soul in this body. If the mother can enter in intimate relation with the soul of her child, this child will understand her. /77;345-346/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

2. CONCEIVING, STERILITY, MISBIRTH

The shepherd knows when his sheep should conceive, and the man does not know when a child should be conceived. He says: "It is not important when the child is conceived; it is important to be born – may be on time, without time, when God permits." God gives all, but you have to keep the favourable conditions of conceiving and birth of the child. /7;200/

Life evolves from love, but it itself isn't love. Love gives the life an opportunity to manifest itself. For example the mother is a condition for the birth of the child, but it doesn't give conditions to the mother to live. The mother tells to her child: Do you know I created you? This is partially true. If the bricklayer says that he has done my house, this is partially true. As a bricklayer he only arranged the stones, but he didn't create them. The body is one thing, but a man as an essence, as a reality is another thing. The man has a special origin. Consequently the parents create the body of their child, but the essence of the child is created by another, superior source. /26;162/

Let every mother after she conceive a child would it be a boy or a girl say: "My daughter, my son, I want you to live in the future in the law of Love and to represent its completeness". If she says these words, she will have daughter or son a hero, who will live in the law of Love. Each mother should suggest this to her children. /47;201/

The conditions for the women should be changed in the future. Women who conceive should be put under the best conditions, and also the conditions of the children should be changed and we have to start not mechanically, but under that law, which acts in the living nature. /47;202/

"Each vine-twigg which is not survive on the grape vine is to be cut and thrown into the fire." The same strophe is related to the child, which is in his mother's womb. If it is not connected with its mother and if it isn't fed by her, the mother will miscarry it. She miscarries the child because it is not capable to use life. If the mother wants to miscarry her child, this shows that she underestimates it, realizes its incapability for life. Consequently, every child conceived, of which the mother is not satisfied, can't become a great man. The great man is conceived in the moment when the mother is fulfilled with love, with bright thoughts and noble feelings. During the time of her pregnancy she has kept the child as the apple of her eye. During that time the father also has been fulfilled with love and light. So born in this way the child can be resembled to a vine-twigg which bears much fruit. /7;55/

So Love from above and Love from below should meet each other. The point the energies of the two sources cross each other there is the place to form life. The point the two sources don't meet in one focus in the young man and maiden they become childless. When these energies meet each other they have a child. As much closer to the focus are they as better are the children; as far are they from the focus, as worse are the children. A school is needed on these questions. /46;91-92/

You will be young only if your parents have been young, if your wishes are full with life. When your parents have conceived you they have thought in what way they could miscarry you. Can you be young then? Your thoughts and wishes will be hard, as these of your parents.

And whatever work you begin you will miscarry it, you will not complete it to its end. And after all you say: Such is my destiny. Your mother, your father determined your destiny. Today you are required a gigantic efforts in order to change your destiny. If we accept the Divine thoughts as a basis of our life, then you will free yourself from the bad hereditary qualities of your parents, as they will of their forefathers and ancestors. /27;134-135/

Which is the reason for the dissatisfaction of the son from his parents? In the course of time, when the son has been created, the father or mother were looking outside to another man or woman. Consequently other unknown components have took part in the creation of the son. These unknown components handicap the son to be satisfied of his parents. Consequently when there is a certain contradiction between the parents it reflects on the children... It is an art when man sees a beautiful woman to restrict himself of wishing her; and the woman when she

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

sees a handsome man to restrict herself from wishing him, to leave him free. As you wish someone's possession, your son always will be unsatisfied of you. This is the hidden reason for the contradictions in a home. /27;94/

If there is a child to be born man again should choose the favorable moment for its conceiving. When a child is conceived in the moment of light, it will bring within itself the favourable conditions and possibilities. If it is conceived in the dark, then this child will bring within itself unfavourable conditions and possibilities. /20;108/

If a child is conceived in the moment when the mercury in the thermometer had been raised a progress will be in this child. It will be lovable, with open soul. If it is conceived in the moment when the mercury in the thermometer has been subsided it will be cold and closed, cold-blooded – it will be regarded as a philosopher. This is a scientific fact, and a number of observations are required to prove it. How will the fact be proven that a father and a son who were born in one and the same town have something common in their character? In order to prove that fact, you have to study father's and son's characters and to see if they bear a resemblance to each other. If they bear a resemblance then you have to understand what is this resemblance due to. Not only that but if the father and the son are conceived in the moment when the mercury in the thermometer has been risen, both of them will have one and the same quantity calories heat and one and the same kind of energies. /20;37/

When conceived man have to pray for his mother to not to misbirth him, but to bear him successfully. /28;33/

Everything, which does not born doesn't comprise fruit or germ in itself is a sin. A woman which procures, fornicate, without giving birth to a child, makes a sin. The conceiving expiates the sin. Every act which does not bear life in itself is a criminal squandering of the divine energy. /67;15/

If the child is conceived under unfavourable conditions, it could not live for a long /68;86/

The mother has been in an anxious condition and she has conceived in this way her child. With this act she handicaps the development of its intelligence. If the most dark thoughts passed through her - to suicide herself or to do that or that, this child will be born as an idiot or as a criminal. At least the scientific data shows so. But if the mother has been in a bright mood of the spirit, if her heart has been fulfilled with love and if she has been occupied with the most sublime ideas, then as this child is born it will bring this intelligence, this impetus which the mother infuses into its soul. /77;298/

From the purity or impurity matter which the mother has in her disposal it depends what child will be born - a saint or criminal. The Divine does not yet present in the process of conceiving of the child - this is an inferior process. The Divine comes later, after the birth of the child when it differentiates - as a matter and a spirit. Until there is only a matter in it there is nothing more elevated. /77;298-299/

In the future, when the women conceive they should suggest to their child the thought that a man does not live only for kitchens and shops. /8;82-83/

When only criminal children are born in a home, how will you explain that? You will want to blame God, won't you? No. When this child has been conceived, the mother and the father were in the region of the loveless. Consequently the result also is such. And vice versa: if you take a family, even not good, where the mother and the father are criminals, but under their matching for a moment only they have been in a love status, then a child angel is possible to be born. These parents are only condition for its coming, but actually it is born from another place. /5;147/

If the mother and father are holy people, how have they born criminals? This is incompatible. The she-wolf bears wolf, the sheep bears a lamb. The similar bears similar. This is a nature law, where there is no exception in it. You will say that the parents are good, but the child has come out bad, it has taken after its grandfather. No, wife, confess the truth, that when you conceive that child, the justice hasn't been in your mind, and the holiness hasn't been in your will. And the

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

father should confess the truth. That is because the young man and the young girl before they bear a child should put in the justice, the truth and the holiness in themselves. Only in this way they will bear good children and Joy and gaiety will reign in their home. /77;341/

The young man when he comes to love the young girl becomes a father; when the young girl comes to love the young man – she becomes mother. They say then that they have got married. What do you say if they are married and they haven't got children? You will say that they haven't love each other. If they haven't got children I say the woman hasn't love her husband and the man hasn't love his wife. Both of them are sterile. Each tree which does not bear fruits is to be cut. At the sterility, at the death of children, the guilt has been in the father or in the mother. Study the law of Love. Misunderstood Love is a reason for unhappiness./29;87/

If the man and the woman are equally fat, with one and the same temperament they can't bare children. In order to have the children born, the father and the mother should possess different temperaments. For example if the mother is a sanguine person, with fire temperament, the father should be a phlegmatic or vice versa – the mother phlegmatic, but the father – sanguine person. /9;153/

It is noticed that when the love between two persons is active, both of them get positive and they repel each other. If they are man and woman, they remain sterile. This is a law on the physical world. When the man and the woman get negative, children are born but they can't live together for a long period. Consequently, in the love between two persons one should be positive, and the other – negative; one to create, and the other to build. If both of them create they are not capable to bear./7;97/

Men and women, which will go married should not have one and the same temperament. Their fingers and their noses should be different. /67;51/

A woman, which gives a birth renovates herself, becomes smarter, but that who has an abortion loses her power and her sense./67;75/

If a woman has miscarry for a three times she is finished – she is lost. She can bear then even ten children, but she is not a woman. /61-15/

Every woman, which has miscarried , will bring the consequences of this taking out up to the fourth generation. The nature doesn't permit to break its methods and laws. It wants the taking out to be done on the ninth month, on the ninth hour, on the ninth minute, on the ninth second./67;96/

The weak woman has miscarry. A tree which can't withstand the fruits to ripe, have some defect in itself. /71;17/

If a perfect man is told that he has to have a father and a mother, in order to be born, he will wander. He knows that man can born by himself. Under the present conditions of life it is in this way – in order to be born, man has to have a father and a mother. But the perfect man will bear himself. /69;180-181/

3 PREGNANCY, PRENATAL EDUCATION

Before the birth of children, even at their concieving and during their womb life a base of their education should be put./66;18-19/

The small child in mother's womb is an applicant to become a man. Only it should be given nine months preparing in mother's womb. Before it has been in this condition, it has been in the womb of he nature, million of years staying there in order to be created. And you say that God has created man from the earth, inspired an inspiration in him, but this inspiration is a whole process, a condition of the human spirit to appear, to give him conditions to advance. /1;137/

How many months does the period of pregnancy continue for the man? - Nine months. During this period the embryo has passed through 400 000 forms in mother's womb, until he is created

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

as a human. Except 400 000 forms, the embryo passes a number of other forms during these nine months which I am not going to talk to now.

During the whole time of the pregnancy you can calculate how many of these forms happen in a minute, in an hour, in a day./62;14-15/

"If you aren't born again." Consequently if the birth is an important process to which new favourable conditions are required, not less important processes are conceiving and the pregnancy. During her pregnancy the woman should be put under the most favourable conditions: she should take food in a proper way, at good, harmonious disposal of her spirit; thus she has never eat before the dawn, as after the sunset. She should breath deeply, think and feel rightly. As in this condition the woman is strongly sensitive and acceptive, with a great imagination and with her close relatives, as she herself, she should create for herself a visions, occupations and pleasures of the most elevated type. Her morning promenades should be done at dawn, to view on the beautiful pictures of the sunrise; then to have a walk in gardens where the beautiful, good scented flowers blossom, where beautiful fruit trees are grown. Where life grows and develops, there is its sense. The purity, as the physical, so the spiritual one is a needed condition for a pregnant woman. Where can she find grater purity than this in he Nature? For this purpose she should visit pure springs and rivers which waters will serve as a mirror for her life. Calm and pleasant nights, with a sky full of numerous blinking stars also present indispensable pictures for the woman, the future mother.

I say: mother should bring up her child while it is still in her womb, but not after the birth. There the child has all conditions for accepting, and after the birth it will want conditions for processing of the accepted matter. That is because the mental life of the pregnant woman also should not be neglected. The most beautiful, refined literature should be her mental food. Life of the saints of great men should be the engine of her thought. Beautiful and elevated poetry, nice music and songs should break from time to time the silence of her life. Calmness, silence are needed for the woman mother, as for the Nature, which in the same time does a great creative act – creating of man. Do you want the fruit of the tree to be good, ensure the conditions to it and let it to the Nature. The same is valid to the creation of man. Good reasonable man is to be convinced and develop under the special conditions. Three important moments are required for this purpose:

Goal, means and achievements. All this will be found out in the reasonable nature. It itself is a health, beauty and cleanness. It expels all diseases, each ugliness and uncleanness. /5; 136-139/

The old Greeks have been more developed than contemporary cultural people. When the woman has been pregnant they have put her in a situation to look at beautiful pictures. Consequently in order to develop the beautiful within self, man should look at beautiful things. /9;135/

Even the best child, i.e. the best embryo, which could be put in the womb in a woman could be crippled if she has troubles during her pregnancy. The mother during her pregnancy is capable to give all her features to the child. If she is inspired by music, poetry, art, during her pregnancy she can give all this to her child. But it is possible to go the opposite way. If through the soul of a pregnant woman pass emotions of hatred, envy, all these feelings again will be put in her child

...

It isn't the matter just to born the baby, but all its body parts should be arranged well, so when this child appears in life, these parts to be capable to function in right way, in order to accept the forces from the nature and to work according to God's will. /75;78/

The first influence of the man comes from the mother and father. The mother influences her child until it is still in her womb through her thoughts, feelings and deeds. It is not less influence on the development of the child that the food of the pregnant woman exercises as this food she gives to her child after its birth. From the spiritual life of the mother it depends what will be the

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

child. The mother can born an ordinary man, gifted, genius or saint. The future of the child depends on her mental life. Mother which does not bring responsibility for her life, takes in mind only the present conditions. She does not think about the future, for the complete life. /56;314/

You meet a child which is stammering. You are looking for the reason of the stammering and you can't find it. The reason is hidden in the mother. While being pregnant in her fourth or fifth month, she has met a woman, who stammered. As the mother has seen her image and her speaking produces a strong impression to her and she didn't succeed to extricate from this impression for a long time. Without being suspicious she has given this shortcoming to her child. During her pregnancy the woman is extremely impressive.

And that is because all is reflected on the child. As she knows that, she have to avoid meeting with people who have physical or psychic handicaps. The lie is especially easy to be transmitted. That is because the pregnant woman should avoid meetings with people who like to lie. /3;260/.

Every new born child is put under the uncertainty of its life. When it passes through the whole circle of its life, then the uncertainty becomes known. While it is in the womb of its mother, the child is in complete uncertainty. It is under the influence of its mother. As it comes out in the bright world it enters into new conditions and it cries out. The cry means two conditions: joy and sorrow. When the new born child cries, its cry means joy. It is joyful because it is liberated from the handicap conditions it has been put under. In the womb of its mother it has been put between life and death. /40-24-25/

Nine months the mother teaches its child in her womb. Before that yet mother and father have brought it up. Their love is nothing but bringing up the child which they will born. If the child goes along the father's line, the father has brought it. In this time the child has given a promise to the father that it will obey him, will be diligent pupil, only to give it conditions to come to the earth. /29;120-121/

What will be the eyes of the child, this in a great extent depends from its mother. She is the artist who puts the colours of her child. If during her pregnancy the mother likes somebody's blue eyes and permanently is thinking about them, she can create such blue eyes for her child. However in the most of the cases the heredity prevails. That is because you may see that the colour of the child's eyes resembles these of its mother, or father, or to grandmother or grandfather. /23,112-113/

What child will be born by that mother who permanently is bothered and cares during the whole period of her pregnancy? The child which is born by such others will be weak, feeble, it couldn't bare the handicaps in life. /20;237/

There is an internal power, which connects people and interwaves their life. So the future, when we realize this great law we will understand, that all people should create good conditions in order to avoid all contemporary unhappiness. And I told you not one time that only mothers can create such thing. Let every mother after she conceives a child, would it be a boy or girl say: My daughter, my son, I want you to live in the future according to the law of Love and to present its completeness. If she says so, she will have a son or a daughter heroes, who she will love in the law of Love. Every mother should suggest this to her children ... The new generation will be bearer of the new ideas, of the Divine Love. And in the way we are going now, if we born ourselves in this feeble manner and if we want to re-educate people, who have been working so many thousands of years, nothing can we do. Man can re-educate himself only in the womb of his mother, in the Love. Only mother is capable to re-create man, to re-educate him. He himself is 50 % a factor for his re-educating. He resembles a ship which is without a rudder, which could be tossed in every direction by the waves.

So in the future, the conditions for the women should be changed. Women who conceive, should be put under the best conditions. Also children's conditions should be changed, and not only mechanically, but according to that law which acts in live nature. /47;201-202/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Sing to your child, in order to let it become a human. Sing, praise it in your heart. /1;144/
If you are reliable father or mother you have to give one of your precious features to your child. /3;49/

The mother's purpose who brings a child don't let it stay small but to grow up it high and robust. The God's plan for us isn't to stay children. /1;149/

This which we have created attracts to us. This child you have born doesn't go to live at some other people, but will come to you. If you have born it good, so it will come to you. It goes in such way in life. /1;151/

In order to be enlightened people in existence, most of all the mother should be enlightened. Because she is responsible for the education of her child she should begin to educate it while it is still in her womb. When the child is born, the care on its education becomes even larger. When she washes it every day, she should have in mind the purity of the skin. The pores of the skin should be opened, in order to have a complete breathing. The complete breathing implies simultaneously breathing with lungs and the skin. /3;159/

In future the pregnant woman should keep herself from bad influences, if she want to create good and healthy generation. In the way she lives today she is under the direct influence of the external world, which is the reason to keep her not liberated as from the good so from the bad influences. /3;273/

In the future the woman while she is still pregnant should train her child how to take food. The food she uses and the way she accepts it renders great influence over the child which will be born. In this respect many experiments are done and they came to the conclusion that the food is one of the most important factors for the physical and spiritual well-being of the child. Consequently, the food creates man, it elevates him, but also it inferiorizes him. /3;310/

If the mother as a pregnant woman does not know how to take food and what food to use, she can't born good and capable child. If the pregnant woman can't accept only good impressions from the external world and to keep herself from the bad impressions, she can't give a birth to a good child. If she does not select her books to read, and if she doesn't accept only good thoughts and feelings, she can't give a birth to a good child. She should be a master – sculpture, to work skillfully with the hammer. Each strike of the hammer to be put on its place and to produce such effect that it will lay only one line. All lines, gathered together, should depict the statue. /3;314-315/

Today all people are in difficult situation and they say that they are not capable to live anymore, they can't withstand. It is possible to live but in order to do that the mother should have been invested in her child more faith and hope as in herself, so in God. While is pregnant the mother should put in her child the thought to become true man, to develop its gifts and skills, to become genius, or saint, to work for the well-fare of the humankind. /3-335/

If the mother who has conceived her child is inspired by great ideas for the humankind, she will give up to her child while she is still pregnant all her features. She is as God for the child and she can make from this mud there what she wants, because as it goes out from the womb of its mother, the child already becomes independent in its thoughts and feelings. If the mother puts in all her features of Love and Wisdom in her child during her nine month pregnant condition, the child will have to her mother for the whole its life good-will and it will always be ready to sacrifice itself for her. When some son tells to his mother: "Why did you born me?" – I understand, naturally that when the mother has beared him, she has thought odious things, or his father has been in such a condition. The sons and daughters bring the thoughts of their parents, this is the conclusion the contemporary science has come to. /48;77-78/

Even the biggest criminal can be educated, but while he is still in his mother's womb. That is because the pregnant woman should take specific food: pure and elevated thoughts and actions. Only in this way she can help her child if it brings itself bad inclinations. In the way as

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

the children take food today, being brought up and educated they are not to be expected from. /3; 156-157/

With her way of living during the pregnancy the mother determines in a great extent the form of the human organism and human destiny. /65;31/

The mother can continue her child's life. Before she has given the birth to that children, she is capable to make its ears and all as it should be in order to make her children to live a hundred years. As many years she wants her child to live, as it will live. The mother is a destiny. You have to know what influence has the believing, suggestion, what powerful force the suggestion presents. /1;77/

While you are pregnant, don't open your womb to show what you have conceived. Hide your pregnancy in order to prevent yourself from exposing to certain danger. Pregnant women wear special clothes to hide their pregnancy. As the child is born, be joyful that a life has been created, that something beautiful has been appeared in the world. But until you are pregnant, hide yourself because from the idea you will born depends your future life. /2;31/

What kind of children will that mother give a birth, whose mind doesn't bother, nor disturbed by any storms and contradictions in the world and whose spirit is silent and calm? She will born healthy children. That mother who is bothered during all of the time of her pregnancy would it be from the conditions of life or would it be from the unfavourable combinations in the nature will give a birth to ill, feeble children. /49;27/

In future, when the young girl goes married and becomes pregnant, she mustn't allow whatever trouble in her mind or in her heart. What kind of thoughts and feelings she feeds herself such will be her child. What kind of children are born today, when all are in war? – nervous, uneasy. – Why? – Because their parents are going through big concussions. Calmness is needed for good life. /10;50-51/

The burden isn't easy to be carried. It depends on the man. The pregnant woman also carries a yoke, but she is joyful that a human creature will be born in the world. The pregnant woman should bear her child with gentleness and humbleness, in order to give up these features to it. Only in this way could the future generation be improved... "Take my yoke on yourself, because I am gentle and humble in heart." The pregnant woman should repeat this strophe but after the child's birth it is already late. /7;168/

The pregnant woman should bear her child with gentleness and humbleness in order to give up these features to it. Wherever you bring it – for the neck, on your back, in your womb, in your mind, in your heart – bring it with joy, gentleness and humbleness. / 67;64/

The mother can inspire sense and intelligence in her child, to give it an impetus of noble feelings but she can also stop its development – it depends much on her. But if she is very coward, unwise, frivolous, can she give something noble to her child. /67;140/

If the mother has been in a trouble states, when she has conceived the child, when she has beared it and has breastfed it, these states will be transmitted to the child, but if she has been in a bright mood, if she has been fulfilled with love, if she has looked only at beautiful things, then the child will bring the same states. /67;152/

If a woman is pregnant and in this state she has the most hard experiences, for example a willing arises within her to revenge, to steal, to kill, then the child which is to be born will be a crime. /77;300/

The bringing up of the child is completely in the hands of its mother. What she puts in her child even during the pregnancy that is important. Then after the child is being born, it is more difficult to be brought up. That is because I say: mothers will put in order the world. Mother during her pregnancy can inspire to her child sense, intelligence, to give an impetus to its feelings, to strengthen its will. /77;300/

Whatever child the mother want to born so will she born. It depends on mother what will be her children. /68;46/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

An ill woman should regain her health and then to go married. But not after she gets married then she begins to take therapy. Healthy people are needed by mind, heart and body, in order to create a good generation./70;195/

The only creature, which can put in order the faulty men and women, girls and young men, this is the mother...

When the mother can do that? - Not after she has her child born, nor while being pregnant, but at least a hundred years before she becomes a mother. You will say: "Where will she find these children? How will she bring them up, as she doesn't see them?... As invisible, they exist in the form of wishes and thoughts, she has lived in the distant past with. It is enough to concentrate her feelings and thoughts, to transform them in liquid and solid bodies in order to make them real and visible to all. /8;136/

The mother plays a role not only in the material world, but also in the world of the thoughts and feelings. She not only creates the shape, but also puts in it a content and a sense. A transfusion happens between the soul of the mother and the soul of the child. /77;299/

The human spirit also is taught; it does not stay in the sleeping state, but it takes participation together with the spirit of the mother; they both work, in order to create the body./77;301/

4 BIRTH

When a spirit is embodied on the Earth firstly it loses its mind. All small children have lost their mind. They squeal, cry, their mind is short to teach them how to move their fingers. They can't take food. Some of these children has been a philosopher, some scientist, who has taught the whole world, and now being with his mother, he is in short mind how to open his mouth. This is a fact. Why it is in this way? It is because this scientist put all his mental energies in his body. All this is a creation. He is building his house. /21;30л, 12/

According to this law it should be known when a child should be born. It should be born just on time, when it is determined by God, but not as they are born now at random. Only the criminal people are born in this way. It is determined in the world when every saint man should be born. Born in this way, he can follow his way./1;278/

Not everytime can man be born. He can be born when and in which manner he wants, but his head will have to suffer for that. The genius people are born through a certain years, days and months, under the certain combinations of the planets, the sun, the month and other more important planets.

The saints and masters as the genius people are born under the special combination of the planets./4;147/

It is not permitted to mother and father to give a birth to children without Love... When you go married, call God's name between you. If God isn't between you the marriage and the birth of children is a commercial transaction.

A son is to be given a birth – he has been created by the electric influences; consequently the gentleness, electricity and the torchure have entered in him. A daughter is to be given a birth – she has been created by the humbleness, magnetism and sorrow ... That is because the young man is tormented, but the young girl is sorrow. /50;140/

People, who are born in the evening, bring the marks of the night; people who are born during the day bring the marks of the day. Also those who are born in the morning at the dawn are basically different from those who are born in the evening at the sunset. Generally, every human being brings the marks of the hour, minute and the second of its birth. This is the reason of the great diversity which exists among the people. Some people bring within themselves more of the forces of the darkness, but others – more of the forces of the light. However, who is born in the evening, he is conceived during the day under the action of light; who is born in the day, he is conceived in the evening under the action of the darkness. This shows that there is a law of

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

contrast, of the compensation of the forces in the nature of its forces. It is impossible for a man to be conceived during the day and to be born during the day; it is also impossible for him to be conceived during the night and to be born during the night. Would he be born under such conditions, man can't live. /9;155-156/

Staying in the mother's womb is equal for the child to the nineteenth million life in the history of the humankind.

The occultists claim that since the man has appeared on the earth, there are 19 million years. The ninth month is the month of the truth, which stands for his freedom. The birth is a liberation. Only the truth can take out the man from the womb of his mother. If the man is born earlier or later, there are no conditions for life. Man should be born on time. But to be given a birth the truth should take you out of the womb. Every man who is born by the truth has a future./58;124/

When a man is given a birth on the earth, simultaneously another man is given a birth on the Heaven. /52;30/

Under "birth" I understand that consciousness, which should pass from the mother to the child /11;480/

Somebody isn't satisfied by himself, he finds he is ugly. Why is he ugly? – When his mother has given him a birth, the last human creature who she has seen was an ugly man. If the last man she has seen while giving a birth to her child has been handsome, then the child also will be handsome. If somebody is a scientist, the reason is the same; while his mother has given him a birth the last man she has seen has been a scientist. /46;262/

When a child comes where you will send it? ... If this child is unsatisfied by his mother, why has it come then? If we send a child somewhere or if we connect two people they should be satisfied. And the child which is born through them also should be satisfied. In this way the parents and the child are elevated. So they help each other./46;44/

A mother who wants to give a birth to good, sensible and healthy child, she ceaselessly should keep this idea in her mind. What child the mother wants, such a child she will give a birth. It depends on the mother what her children will be. /74;128/

In order to give a birth to a smart and beautiful child, the mother has worked in this direction decades of years. In order to give a birth to a genius child, the mother has kept this thought for a centuries. /54;390/

The genius has certain features of his face, certain skull, certain forehead. Every man is given a birth with a certain mission, however small or large is it. Why don't you be joyful if your child is an ordinary man, but to fulfill the mission which it is given? The small wheel in the clock fulfills such an important work just as the big wheel. /13;144/

When there are more spots on the sun, there are more marriages, more births, people are more joyful, the merchants earn more. /1;67/

Man is given a birth with a specific knowledge./1;67/

Even when you go married, you have to find that man or woman who is determined for you, whom you can live with. Then you can go married, to give a birth to children. It is determined how many children you will give a birth. A hyromantist can tell you how many children you will have and how many of them will remain alive, how many of them will be happy./1;67/

Why do the mother give birth to children? – in order to know how to love, and in the same time to awake love of her children to her. If the mother can't love her children, and if they don't respond with love, she isn't a genuine mother. She has to have an attitude not only to the bodies of her children, but also to their souls. If she can't go in relation with their souls, she remains alienated from them; and in the same time they remain alienated from her. One of the reasons for the death of the children is hidden in the mothers, namely they haven't got a relation, attitude to the souls of their children. A mother who loves her children, brings in a life in their souls... Long life of the child depends on the mother. What her condition has been while she was pregnant, such will be the child. If the pregnant woman brings the child and doesn't believe that

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

it will live long, the child truly dies soon. What the mother has entered in her child the same is true for the father, because they are poles of life, the future of their children depends on them. The father and the mother are the main factors for building the future of their children. /3;332/

The child resembles a young bride, who is only being gifted. In the first stage the bride only receives, and then she begins to give.

For every gift as little as it is she should return a favour with something to demonstrate that she is generous, attentive and noble.

This law has an application in the whole nature, namely: when a creature is to be given a birth, all from the lowest to the highest creatures rejoice and they gift something to the new born. Thank to these gifts it is dressed in flesh, acquires certain qualities and talents and begins new life. Further, it begins to work and to develop itself and to make use of goods of nature and life. /3;203/

To be a mother, that doesn't still mean to give birth to children. When you give a birth to a child, you have to put into your child such a life, which will awake the Divine in it. Only in this way the newborn child is in condition to sacrifice itself for its mother and for its father. A child which isn't born in this way as much it grows up as much it imposes its will on its parents. /25;191/

The woman is always such as the manner she is born... The man is always such as the manner he is born, don't think that you will make him a saint in this world. The saint is born as such. Good woman is born and good man is born, then they can't become good. If a certain man is not good the deal is finished. / 1;98/

The mother tells to the child: You have to know that I give a birth to you. I have a question: Does the mother tell the truth? I put the question then who gave a birth to her? Because the creature who gives birth it should not be given a birth by nobody. That is because the mother has not the right to say that she has given a birth. All are born simultaneously. /1;179/

If a child is born blind, the reason for that is not nature. If a child is born idiot, the nature again is not the reason. If a child is born crippled or incapable etc. the reason is not in the nature. The reason is in us people, who don't understand. There are grandmothers who after a child is born press its head in order to put it into place. The head should not be touched at any case or to be pressed. /1;228/

Healthy children are always born by healthy father and healthy mother. This is a law, there is no exception from. It is impossible healthy parents to give a birth to ill children. If the parents were ill, and their children will be ill. Endowed parents always give a birth to endowed children, while untalented parents – untalented children. That is because it is said that the tree is known by its fruits. /3;176/

Why someone is unhappy in his life? – The reason for his or her unhappiness is hidden in the idea that his or her mother has met on this world. For example if some child is given a birth on Saturday, its mother says: this child wouldn't be lucky in life, all will go wrong with it, it was born on Saturday. I ask: what will you expect from that child, which was told by its mother still from its birth this idea? This child when it grows up will think only for Saturn. Actually the influences of Saturn are harmful for man. A number of negative elements are gathered around it that come from Saturn, for example the lead which influences harmfully to it. / 42;23 л. 107-108/

What bigger good can the mother do from that she has born her son? She gave him a life, without he being known that. In this sense for the son as much the good that his mother has done for him is unknown, as much favour is she to him, as much sacred is her image. When he speaks for his mother, he says: All beautiful and good within me is put in by my mother. /3;274/

Intelligence is required today from mother and father, from teachers – from all people. If a man isn't intelligent, then he bears responsibility, as for himself, so for the future generation which comes out from him. Many of the defects which the children have, are due to their parents. If the mother and the father led an irregular way of life and they admit in their mind and their hearts negative thoughts and feelings, they become a reason for unhappiness of their children. The

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

children accept their weaknesses and suffer for whole life, can't free themselves. What use have the parents and the society from such children? They bring the defects of their parents, ancestors and forebears and instead to contribute something valuable they destroy themselves. What should you expect from a child, which does not love God, nor its parents? Do you want to make a friendship with some man, then look for such man, who loves first God, then himself. If he loves God, he can love his neighbour...

What use if you are married but there is no understanding between you and your wife and your children? You have a wife, but is she your mate? You have children but do you know what do they bare within themselves? Nor you wife is your mate, nor you know your children. To give birth to a child in physical way, that is easy thing; it is important to give him a spiritual birth. The true birth implies to give a birth to your child simultaneously in the four worlds: in the world of Truth, in the world of Wisdom, in the world of Love and at last in the physical world, to make it dressed in flesh. That means born by God. Only who is born by God has future.

So if man wants to create healthy, capable child, he has to address to the marriage and to the giving a birth to a child seriously. /3;47-48/

What does it mean the birth? To give a birth to a child that means the mother and the father to rejuvenate. . They will be young only when the son and the daughter love them. If the children don't love their parents, the last go old very soon. /29;99/

Why the mother should give a birth to a child? – this is a necessity for her and for her relatives. This is so much necessary, as it is necessary for man to take food, to drink, to breathe, to think, to feel and to act. /7 ;22/

A woman wants to give a birth to a child. Let she ask herself: "would I be capable to elevate myself and my child? If she is capable to acquire that let she become a mother. If she is capable to acquire that let she become a mother; if she can't then it is better not to give a birth to a child. /53;38/

What are the father and the mother, such will be their child. This is an inevitable law. /14;184/ You will kill somebody, but in another life you will become a mother you will collect the material needed to build up a new home to the murdered. He will become then your child, in order to make you to understand as much the human life does cost.

As harder the woman gives birth of a child, as many bills has she to be paid. When giving a birth to a child, the woman should turn to God with a request to teach her to fulfill His will.

The son has done a number of crimes, but the mother wants the God's blessing to come over him. I tell the mother: Don't expect that, your son can't make use to. /7;14/

Families, where there are many children, are poorer than those where there are few children. Therefore parents who have more children are weaker than those who have one or two children. Another question is if the children born in a family are of high culture. In this case, though they are more children in the family they bring great energy to their parents. When the children are of inferior culture, the mothers go poor and weaken; when the children are of high culture the mothers get rich and go stronger. The same law has relation to the human thoughts and feelings. /41;127/

In order to be happy man, who is born on the earth, it is needed the mother, who has brought him in her womb to has been possessing elevated ideas in her mind and noble feelings in her heart. The father of the happy man should be wise and always to be inspired, and the brothers and sisters of the happy man should be joyful. Only under these conditions a happy man can be born on the earth. /64;117/

The old mother gives a birth to clever, good children... The young mother gives birth of children with loving hearts. /7;98/

The first process the child begins its life with is the breathing. Before to take in the first breath, it has been in its mother's womb. There it was fed without breathing. The mother has breathe and the child – has eaten. The mother has done simultaneously several processes: she has worked,

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

she has eaten and she has breath while the child has only eaten ... Until you don't breath, you are only one embryo, you are still in your mother's womb, where you only eat without breathing and thinking. – How much time is a man capable to go without breathing? – Nine months. If at the ninth month his breast don't be opened and he doesn't take in the first breath, he is condemned to death.

If he wishes to go out earlier or to stay a little later in his mother's womb, his death is inevitable. Up to nine months man can only eat and sleep without thinking and without breathing. During that time the mother will think instead of him. However if the ninth month comes, then he is compelled to solve his task himself. /15;23/

The first impetus of the newborn child is breathing. Still with its birth it begins breathing, begins to cry. This shows, that it enters into the physical world, which isn't too much harmonious. The child cries and the elderly cry because they live in unharmonious surrounding. /39;56/

First the life has entered through the mouth, then it enters through the nose, then it enters through the ears and after that through eyes. /69;137/

For the unborn children it is real to stay up to the ninth month in its mother's womb, to keep silence. If it leaves its house prematurely it should have means to pay a rent for another house. If you leave a house you have to find another one in order to move there. While you have been in your mother's house, she has breathe instead of you. Now you have to breath yourself, in a specific way. While it is in its mother's house the child is a philosopher, it only thinks rationally. As it comes out this house it begins to cry and asks itself what to do. As the mother and her relatives around her hear that cry, they immediately run to help to the new tenant. Not only the mother cares for the child, but all rely on these small cry-babies to save the world.

Can mother expect her saving from her son?...

The son isn't given a birth in order to save his mother. /15;24/

A child which is just born, doesn't suffer of any diseases. The Divine manifests itself in it and there are no diseases in it, nor doubts or contradictions. /30;50/

Why the mother should give a birth to a child? – This is the necessity to her and to her relatives. She is as much necessary as much it is necessary to man to eat and to drink, to breathe, to think, to feel and to act. /7;22/

In order to develop well the brain system, man has to be given a birth about 22 March, the day of equinox, and if the mother is in a specially elevated state of the spirit and the soul. /68;23/

Those of you who are given a birth after 22 March are more idealists, their mind is working much more than the heart and they suffer mostly of headache. If someone says that he suffers headache I know he is born in March when the Sun is in Aries. /77;303/

If a child is born during May, its feelings prevail over, this child will feel more, will think less. The month May predisposes to eating and drinking, music, pleasures. /77;302-303/

If some child is given a birth in December during fulfilling the Moon, it will be compelled to think. Its mind will work more than the feelings. Because it is born during the winter in the cold. The cold is an unfavourable condition in life. Unfavourable conditions compel man to think. Through the thought he solves even its most difficult tasks. /77;302/

For every birth there is a strictly determined mathematic dates. There are dates, when it is impossible for the man to be given a birth. /77;303/

It happens some child doesn't love its father. Why? – Because it is not of his blood. In order to pass the blood from the father to the child there are specific conditions required. A child which is born under such conditions will love its father, will inherit his features. One of these conditions is the child to be born in a sunny day. There are large and small sunny days: one sunny day from the second, one sunny day from the minute, one sunny day from the hour, one sunny day from the 24 hours, one sunny day from the week, from the month, from the year. The smallest sunny day is the second. Consequently for the father in order to give its good features to his child he should select a nice sunny days for his conceiving. What is said about the sun the same is to be

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

said for the Moon. When the mother and father can't choose such days for giving a birth to their child, then a child is born which doesn't resemble nor the father nor the mother. /68;47-48/

Those of you who are born in the morning, radically differ from those who are born in the evening. Each man brings the marks of the hour, minute and the second of its birth. /68;74/

The parents are only a condition for coming of the child, but it actually is born in another place. /68;121/

Women should give up giving a birth to criminals, but men should give up to give food to criminals. /68;121/

The son and the daughter can't easily free themselves from the inspirations and conditions of their mother which she had during their conceiving, during the pregnancy and several months after their birth. These three periods are very important. /68;223/

When a woman is giving a birth to a child, she is in unfavourable conditions, she doesn't know how will she give a birth to the child. There are cases of birth when the mother dies, and the child dies. But when the child is born, the mother forgets her sorrow and is joyful. /49;196-197/

What type of children will give a birth that woman, who's mind isn't bothered nor confused by whatever storms and contradictions in the world, and who's spirit is silent and calm? – She will give a birth to healthy children. That mother who has been troubled during all of the time of her pregnancy, would it be on the reason of the life conditions, would it be from the unfavourable combinations in the nature, gives birth to ill, feeble children. /49;27/

As there is God's Love to reign in a home, there is given a birth to clever children. /49;137-138/

A woman who has taught herself to think she gives a birth without pain. /69;191/

Every newborn child is put before the uncertainty of its life. As it passes through the whole circle of its life, then the uncertainty becomes known. While it is in its mother's womb the child is in full uncertainty. It is put under its mother influence. As it comes out on the world, it enters in new conditions and cries out. The cry means two conditions: joy and sorrow. When the newborn child cries out its cry means joy. It is joyful that it is free from the restrictive conditions, it has been put. In its mother's womb it has been between life and death. /40;24-25/

Why do the small children cry? As they come to the world, they cry. Why? – to be helped. Sometime while they cry, nobody goes to them but as they stop crying they come and help them. But the cry is a call of the soul for help. /51;158/

When the newborn child enters in the new conditions of life, the first sight, the first smile and the first word come from its mother... Why when the child is born it cries out? Because it doesn't feel its mother's hand, which should first take it up. Today the grandmother first takes up the child, but not the mother. In the Divine world the mother first takes up her child. Under "mother" I understand love. While there are grandmothers, people always will be feeble. In the future no grandmothers, no midwifery! /55;164-165/

The child cries, because the mother is not reasonable. While she has been young girl, she has occupied with a number of phantasies, has read novels, played the piano, but all that was missing an idea. And when she becomes mother, she again thinks about other things. /24;208/

A child cries. You may touch slightly the soft part of its ear or the tip of the nose and all will pass. /70;212/

4.1 THE SEX OF THE CHILD

As the mother and father appear the child will come too. The girl will come to the father, the boy will come to the mother. Such is the law. When the father is stronger, girls are born; when the mother is stronger boys are born. The girl loves more her father, but the boy – its mother. The father hands down love, the power and the impetus to his daughter, the mother hands down her intelligence to her. If the father is with a weak body, he will hand down his weakness to his daughter. She will be physically weak – in father's line of descent, but intelligent – in mother's

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

line of descent. When the father is healthy, the daughter will have a strong body. If it came out the mother is of poor intelligence the daughter will be the same. It is good when the body is healthy to have excellent, well developed mind. When a family is created, the laws of intelligent nature should be kept. /31;15/

If the child is a girl, the mother has put in more capital than the father. The last uses the interest of this capital. The father is joyful, that a girl is born, there is one who will love him. The daughter loves her father, but the son – his mother. If parents have only daughter, the father dies earlier and enters in the daughter, there he continue to live. The daughter is beloved to the band. If in a family a boy is born, the father has put his capital, but the mother makes use of it. The son loves his mother. With their love to their son and daughter, the mother and the father will know the significance of the one thrid. If the mother doesn't beocme mother nad the man hasn't become father, they will never understand the significance of the figures one and two. /59;138/

There is a rule: a home, where there are more girls, the mother lives longer; if the boys are more, then the father lives longer. There are exceptions from that roule. Usually it comes according to the rule. If the sons and the daughters are equal in number the mother and the father live long time. Sometimes it comes both of them to live for long time. In order to extend the life of the mother and the father, the son and the father should live in peace and consent. Also the parents should live well. Generally there are many reasons to extend the life of the parents and of the children. /32;102/ The family should have two children. /67;187/

4.2 CARES FOR THE CHILD – BREASTFEEDING, FEEDING, WASHING ETC.

After she gives a birth to her child, the mother should wash it, feed and bring it up. The future life of the child is determined by the quality of the mothers milk.

It is not enough for the mother to have milk, but she have to put in the milk the best of her thoughts, feelings and actions. Such child will be beautiful and healthy. / 13;145/

Man is born unbeliever and for a long time his mother should give him of her live milk, in order to teach him to believe. The child tells its mother: I came to you unbeliever, in order to demonstrate to me your belief and to teach me to believe. When the mother breastfeeds her child and turns it alternatively to one and to another of her side, the mother says: "My son, I want you to be warm, as warm is my heart, and bright as my mind." When the mother breastfeeds her child on her left hand side, the mother feeds it with that warm, noble feelings, which are neccesary for it to live. When she breastfeeds it at her right side, the mother feeds it with bright elevated thoughts. The heart is a son of the mind, and the mind - son of the soul. There is something abstractive in this thoght, something mystic, which needs a deep understanding. /57;352-353/

Every man can cook, but don't eat from the meal of everybody. If people do understand the significance of the cooking, of the meal, which they use, they would influecne themselves at their self education. Every mother should have that in mind when she brings up her child. Up to its seven year, she should cook to it. Up to this age the child should eat only such a meal, that the mother has prepared. /9;56/

At the beginning the child wants to suck from its mother, but that is impossible to be continued for a long time. A period comes when the child mustn't suck, but it have to walk. It is premitted to such for two or three years, but at last the mother should free herself from that and instead of her great love, she dubs her breasts with quinine. When the child wants to suck, the milk becomes bitter. The mother is compelled to lie. If I was mother, I wouldn't dub my breasts with quinine, but I would go somewhere for 4-5 days, I would leave the child to the serving-made. Why she should lie it? /1;242/

Up to three years the mother can breastfeed her child, but from the fourth year further, it should already chew its food. /33;164/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

What food uses man, such he becomes. What milk is the child fed, such qualities it acquires. Every child, which is fed by its mother's milk resembles its mother. Under the words "mother's milk" I understand the milk, which contains it itself the qualities of love. /28;280-281/

If the mother is bothered and angry several times daily and breastfeeds a child, she will poison that child with her milk. /67;26/

The goat milk is safer for children and healthier. /67;29/

A woman, after she has given a birth to a child, as she has become a mother, she should breastfeed her child with her milk, and when does she breastfeed it she should live a pure life, to keep herself not admitting negative thoughts and nothing should break her peace. These messes, which the mothers give to their children now, can't give to the child that which the mother's milk does contain.

There are valuable elements and intelligent power contained in the mother's milk, which you can't find in any milks. /68;54/

When the mother breastfeeds her child she has to be in her best mood. /68;268/

Mother represents nothing without the child.

A mother who has born a child, but she hasn't milk to breastfeed it has small love.

Some of the women haven't children, because they don't have to go married or they went married prematurely. /69;200/

Children should eat at the beginning very nice food. In order the child be capable to take food very well, the mother should have a perfect thought, feeling and acts. If the mother doesn't think well, if the mother doesn't feel well and doesn't behave well, unpure food is formed inside her breast. This child at the very beginning is poisoned by its mother with her thoughts and feelings. She poisons the child against her will. In a family where there are children, the father should be exemplary. The father doesn't know that and he will quarrel with the mother but at every quarrel a poison is generated – this influences the children, exceptionally the babies, which are breastfed. This bad word forms a poison. Every suspicion forms a poison. All negative thoughts form poisons. /77;313-314/

Remember: the future of the man is determined by the food he uses. As purer and healthier food does he use, as greater and brighter future does he prepares for himself. /3;148/

Man has declined from the proper way of taking food. God has determined to man to take fruits, but he violate this law. From the point of view of the hygiene, the meat food is impure. There are much impurities in the cells of the animals, microbes, excrements, as a consequence of which man often is ill. It is impossible for man to eat meat and to be absolutely healthy. /54;268/

Meat food influences not only the human body, but also his psychical life. When man eats meat, he accepts the qualities of the animal which he has eaten ... As you know that, you should be careful when you select your food. /54;344/

You will become such type of being what type food you are taking. /15;24/ Nice foods are those which are digested easily and which leave smallest residuals. /11;395/

The plant food is purer than the meat food. The most pure food is the wheat. /60;252/

The healthy food is to be digested for an hour and twenty minutes. Each food that is digested for more than this time is harmful for the body. /34;101/

Every mother is in condition to help her children, to show them the way of proper living. That is because however she herself should lead pure holy life. If the mother doesn't lead good pure life, she will kill her children. How? – With the food, with the way she teach them to live. /14;39/

The nature has strictly dispatch who will eat what. For the human being it has determined to eat fresh, pure food, which is difficult to decay. The kitchen of the contemporary people is unnatural. It is deviated from the kitchen of the nature and as a consequence the people are exposed to various diseases and sufferings. /43;282/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Parents should know what food to give to their children on Monday, Tuesday, Wednesday etc. k because the food is which makes the people. And the most uncultural man if we give him the best food and mostly fruits, his life will be changed. /67;50/

If the child is anemic, give it more pears to eat; if it is rather rude in character, give it apples, if it lacks noble features, give it cherries, which simultaneously regulate the bowels. While the children are taking only fresh fruits they don't need any other food. /67;71/

The vegetarian food enhances the nerve system, the body becomes more steady and more tenacious. /69;11/

The small child is in its mother's hands. She brings it, gives it a hug, a kiss; she washes, it feeds it. When it grows up, the mother changes her attitude to it: she ceases to bring it on her hands, doesn't wash it everyday, doesn't breastfeed it. If at the first turn the child has thought that the mother demonstrates her love to it, what will it think now? It can think that the attitudes of its mother to it are changed, but this means nothing. The child thinks wrongly. There is certain change, but it is only external. The growing of the child, development of its mind and heart are the reason for the mother to change her external attitude to it. Is there any crime in the fact that mother doesn't do that? She is obliged to do that, until the child is small – at least to three years. As she enters the fourth year, it should step on its feet./33;164/

Do the birds bathe their children? Do the cows bathe their calves? The animals clean their pets, but don't bathe them. The taking a bath is an art that is invented by man. . This taking a bath has something good, but there is also something bad. The nature gives a bath only to the plants, because they are constantly outside, in the open. Then why mothers don't bring out their children to be given a bath by the rain? Contemporary people have various habits for the giving a bath to the small children. Some bathe them the first two months, every morning, and some bathe them twice daily: in the morning and in the evening. As much the child grows up the giving a bath is reduced. The child should be given a bath according to the laws of nature. The best bath is the rain. This is noticeable at plants. When the rain is raining, they go fresher, exhilarate. The animals the birds, the butterflies are hiding from the rain and as a consequence their life is short./23;9-10/

The mother can kiss her child but not other people, because between the mother and the child there is a close relation./68;332/

If the mother knows how to kiss her child she can create a genius from it. It is good for mother to know where to kiss her child firstly. /67;85/

With each kiss, which the mother gives to her child, she puts in it a power, life. Life of the child depends on the kisses its mother has given to that child. As much a mother has kissed her child as much life she has brought in it. I am not for the other people to kiss the children. But this could happen in very rare cases. If I would have a child, I wouldn't permit to others to kiss it. Life which is put in the child depends on mother's kisses. I mean a mother, that is on her place, but not for that mother who is pity for she has given a birth to that child.

I mean that mother who as she look at her child she is joyful, because between her and the child there is a close relation. And then the life of that child is increased by mother's kisses. The kiss isn't something empty. /77;82-83/

Some children are full of magnetism, with magnetic power, everyone wants to take from that magnetism. Usually people kiss the magnetic children, those who haven't magnetism don't kiss them ... Some child while they kiss it cries, screams. It says: "I don't want to be kissed." Why? Some people while they are kissing only take; some while they are kissing give something from themselves. The mother gives something from herself, that is because she kisses her child. /77;83/

The mothers do well when they kiss the hands and sides of their children, but when they kiss them they should direct the best thoughts and wishes to them. / 67;57/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Those children whose mother caressed them, kissed them while they were small, are cleverer than those who don't know what is love and tenderness. /70;186/

A child after it have been given a birth its mother should know how much time to keep it on the left side and how much time to keep it on the right side when she breastfeeds it. To know when to give it a bath, what to speak to it, how to lift it up, how to bring it, which side moe. Not to keep it for a long on her lap in order to prevent it from becoming lasly./68;255/

There are no magnetic cratures than the small children. That is because they attract us so much. /69;154/

After the birth the internal relation between the child and the other continues, though in another way. Child which its mother haven't brought it on her hands and havent breastfeeded it loses some exceptionally valuable. There is a connection between the aether doubles of the mother and the child. That is because the child shouldn't live far from its mother up to its 14 year age. Giving a hug to the child, elpecially from its mother is important for its physical and physhic health. /72;122-123/

5 PARENTS – CHILDREN

Immediately after the child's birth every mother should know for her child what is possible to come out from it. Usually she is in error. Contemporary mothers and fathers should understand the law to put their children in contact with the intelligent source at their very early age in order to develop their tallents. If some child is confused from the very beginning by its mother, father, brother or sister, it can't accept the intelligence and will stay idiot. And if the mother, the father, the brother say that no man will come out of that child, then what they say it becomes true. But even the smallest child they say for it will not become a man, if it says: No, I will become a man – it will. But this is rarely to become. /1;192/

If you don't know your mother and your father, you always will stick on obstacles. If you know your father you will be free. It could be done an objection: Your father can be poor, he can't be a father – it is categorically impossible the poor to be a father. Because the poverty, indigence give birth to many vices in the world. The poverty, this is an art only for men of wisdom. /1;6/

Sometimes it happens the mother to be with such a character, that she doesn't love one of her children. It will love itself. If the mother has love to one of her children, this child will live long. But if the mother loves her child and it dies, this love is weak. If she has love to her child, her mind shoudn't be penetrated by a negative thought, that this child can die. If mother loves her child and thinks God will take it, he love is weak. As a negative thought enters, this child can die. It is possible to happen./1;43-44/

A woman says: "I should become a mother!" If the fact you have to be a mother is enough then the bird, the cow and the woolf and the lion are mothers. Consequently it is not enough the woman only to be a mother, but she has to understand deeply her situation and to use it wisely. /16;47/

Man has thought out the nappies. It is men's invention, fiction. The birds havent got any swathing bands, any nappies, mamals also havent got these. Only man has nappies. To think that the child cant grow without nappies, that something will happen to it if it isn't given a care, that if it isn't wrapped in nappies, its spine will be bent, these are theories. It is possible to be bent, but it can't be bent. The very child has its own nappies. The skin presents the best nappie, it is put in by the nature. There isn't better nappie that the human skin. While this skin is over the human body, you don't be afraid.

When the skin dissapears from the body, then it is very dangerous. There is no use of thousands of nappies without skin./1;52/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

If a mother wants her child to recover its health, it will do, nothing more. I want to say: "this is God's will, because God has put in us the life and nobody can't take it. The life could be taken only when you sin. /1;122/

The mother loves her child, but as it gets ill she also gets ill. Except, that she can't help it, but because of the trouble she also gets ill ... Why? – Because she doesn't love God in it firstly. /29;140/

As the mother and the father are not healthy their children will be ill. If the mother and the father are not clever their children will be the same. As the mother and the father are good, their children will be good. /69;127/

If there is no love and consent between man and the woman in a home their children often get ill. /67;54/

Children, who are born and cared without love, get ill often and they die early. The parents of the child, if they live in love and consent, their children will not get ill. /67;90/

When your children get ill, it is good to rub the bone behind their ears – in the middle, there is a centre of life there. This rubs make the organism elastic, tenacious. Don't permit a man who is unfriendly tuned to you to touch you on this place. /67;267/

The mother with her negative thoughts, troubles, fears, can complicate the condition of her ill child. If it has got ill, when the moon goes to be emptied, or the sun goes to the south hemisphere, it will recover. /68;53/

Each mother, who is bothered about her child, brings in a poison in it with every troubled thought or feeling. /68;241/

When the parents do mistakes the children are not capable to live for a long period. /68;175/

A son, who hates his father, dies earlier than his father. /68;255/

When some child has died, this sometimes shows, that the mother has some mistake, which she should rectify it. If a child has been created with weak feeble organism, it dies, in order to be recreated with a new, healthy organism in another life. It can die second and third time, until it creates a nice house at last, which it will live for long. /68;319/

If a mother says: God, I don't give my child, I love it too much, You don't need it. I want my child to live. I don't give it in no way. – The child will recover. /69;147/

The mother gives a hug to her child, which she has done a idol to her self and she thinks that it will save her. This is self-seeking. She thinks that there is a great spirit hidden in her child. If it isn't so, is she ready to serve it in a proper way? If she isn't ready, the child will go beyond. After that the mother wonders, why God has taken her child. It is quite naturally, she doesn't know how to serve it. /29;187/

The father and the mother also should examine the mind, the heart and the will of their girls and boys. But not to explain everything by the heredity. It still doesn't prove anything. That thing, which we can accept from the nature, we will be capable to give it to the young generation outside. /1;125/

The mother is joyful when the child is near her. The mother is sorrow when the child is away. /63;3/

The reasonable, good son brings happiness for his father and for his mother. /63;18/

In order to go married that means, to give conditions to a soul to develop itself. It descends from God, comes to the earth, and you have to show the way to it. You have to say: Come to me. If it doesn't want to come, it will wait another conditions. /59;246/

When the mother and the father rejuvenate themselves, the children also rejuvenate themselves. The rejuvenating is an eternal process ... That is because, the mother never shouldn't go old. She has to have only one child. And the child should be the first, but not the baby of the family. /29;203/

Every mother, who doesn't bring up herself her children, but leaves them to the others to bring them up, is a cuckoo. /29;308/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

The woman should become a condition to elevate the man, but the man should become a condition for elevation of the woman; the children should become a condition for elevating their parents, but the parents should become a condition for elevating their children. /64;84/
The mother and the father can rejuvenate themselves, if their children love them. /69;263/

5.1 THE CARMA LAW

With its descending to the earth, man begins to deceive himself. He sees, that his mother is not healthy, his father - too, but he imagines, that he could somehow restore his health, to bear everything, what happens in his life. What are the father and the mother, such will be their child. This is inevitable law. /14;184/

Somewhere a woman of the black race is coupled with a man of the white race. If the woman is stronger, then in the first, and in the second, and in the third generation a black child is born; only in the fourth generation a white child will be born. If the man is stronger, white children will be born firstly, and then black ones. /46;101/

Sometimes, if the father is a genius, the son doesn't become such genius.

Fathers are weak to give out their geniusity to the children. Mothers are capable to give more things to their sons, than the fathers. The genius is to be given out along the female line, along the line of the feelings. /68;10/

To be born as a blind it is not accidentally. The father and the mother don't give a birth to man as a blind, but he himself comes blind. The degradation will be redeemed by himself. /67;20/

If the woman gives a birth to an idiot, who is guilty for that - the mother or the nature? When the woman has prepared herself to become a mother, she had to know the conditions, under she has to conceive that child, but not to give a birth to an idiot.

How some children are born genius, with ideal capabilities, but others are born idiots? Consequently there are some reasons. /69;26/

A cripple child is born in a family: its arms and legs are immobilized. The parents are looking for a way to help it. They call for a priests to read prayers, they take it to spa abroad, but nothing helps. Why is the child born crippled – that child is put in great vices. If it was healthy, it will do a thefts, crimes, murders. In order to prevent it from that, the intelligent nature has bound it, in order to soften its heart. However they heal that child with external way, nothing would be achieved. /55;107/

If a child is born a blind and crippled, or uncapable, the nature isn't guilty for that at all. /69;180/

Every unnatural thought, which inserts your mind, every unnatural willing, which inserts your heart, will always give a contradiction in the first, or in the second generation, but it is possible after 25 generations. Every contradiction in the fourth generation, should be eliminated. The nature can leave a contradiction to live at most to the ninth generation. /69;181/

They say for somebody: "He is born weak-minded." It is not true that his mother and father are born weak-minded, he himself is mother and father. There are two theories about that: one says that mothers give their qualities to their children, the others, that the child exists in the invisible world as an intelligent creature and it selects for itself appropriate mother, appropriate surrounding and it will influence its mother on its turn suggesting her good thoughts. The pregnant woman can determine what will her son be depending on what thoughts she is occupied at that time with. /17;20/

5.2 BRINGING UP THE CHILDREN

Bringing up is a proces, which should go together for all – the father, the mother and for the children. When the father and the mother bring up themselves, they will bring up the children. /77;310/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

The salvation comes from the mothers and fathers. That father, who gives at the very beginning the best things to his children, is a priest, patriarch, a bishop and a tsar. That mother, who at the very beginning brings in the soul of her children light and elevated thoughts and ideals, she is a queen. To be a mother and a father, that are sacred positions, which God has determined for the man./77;310/

There are angels on the earth, but they are rare. To several thousand of children still one is an angel, who descends to the Earth with specific mission to lead people. Some of the parents are lost in admiration of the thin eyebrows of their children, of the small mouth, of their small ears etc. Just these signs speak for unproper development, for something spoiled in the character.

Parents can't know frenology nor physiognomy and astrology but if they want to know what talents are put in their children, would they be inclined to the new pedagogy methods, let they see if their children love them.

This is the first condition to bring up the child. If the child loves its parents, then it enters in their position and values all they do for it. This child is awoken for the Divine, it could be brought up. If the Divine isn't yet awoken in the child, it can be trained, but not to be brought up. /77;357/

The mother and the father should say to their son: "My son, you will go in light, which God has given to you! You will manifest the feelings God has given to you! You will act with the will that God has given to you! You have to obey us." /21;37 l. 8/

While the child is small, its mother sings in accompaniment, what does she want from it, and taps it behind. Don't tap your child behind, but touch his head and say "Let the bright Divine thoughts enter your head in, let you bring light to the humankind, to help your weaker brothers."

Put your hand on your child's head and say: "Let the noble and elevated Divine feelings enter you in."

A mother gives a hug to her child, puts it in her embrace, but with this act she encourages in it the egoism... She does that subconsciously, but one day she sees the result of her love ... The mother is happy that her child is healthy, but she has to penetrate deeply in its soul and to sow there the true seeds. If she doesn't sow in the child's soul, every sowed seed by her falls on the stony earth and becomes dry. /18;54-55/

If the mother doesn't love her child, she won't give it anything. So if the child doesn't love its mother it can't receive anything from her. The mother has to love her child and the child should love its mother. /35;51/

As longer time the mother has brought her child in her arms, as much intelligent that child has become. /9;115/

When the mother gives a hug to her child, she gives it out of her power, also when the child gives a hug to its mother, it in its turn gives to her from its power. /64;109/

How to bring up the rough, undeveloped child to good, right behaviour? What you teach today it will be forgotten tomorrow. This bringing up is a training – nothing more. This what the mother teaches her children, they leave it, don't apply in their life – Why? – Because the things don't put deep roots in the conscious of the child during its bringing up. Its mother should teach the child how to love God. As it loves God, it will be brought itself. What a mother is doing today? She puts herself on the place of God and tells to her child: You should love me, because I gave you a birth, I fed up you and I brought you up. /53;82-83/

If the mother and the father don't bring in the soul of the child the divine image of God, they don't fulfill their destination properly. The children should keep in their soul the divine image of their mother and their father, as deputy of God.

The children of the new people should be distinguished by purity and holiness. As such child comes in one home, it should bring blessing, as to its home, so to its relatives. As it descends from the world of Love, man brings the blessing of the humankind. /20;166-167/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

When the mother cares for and prays for her children, in this way she downloads from the intelligent and elevated world the respective energies for her children. In this respect the parents don't have to bother how their children will spend, but they should pray, to think and to work hard for them. /77;370/

As much they sing to a specific fruit as sweeter it is. The same law is valid for the man. A man, who is breastfed with music and song, has a bright thought and widely opened heart. He is joyful to everything. What he meets in his life, he observes it from its good aspect. Don't keep anybody closely to you. The most reason for the sufferings originate from admitting too close each other. If a mother keeps her child too close to her she will suffer. And the child is not capable to succeed. Then she with her understood love will cripple it ... If all is done according to the will of children you will cripple them. /76;2/

I ask you when a mother of a child suffers? Before giving it a birth, conceive it, enters this child and then come the sufferings. I say: listen, your mother has suffered because of you. Wouldn't you think that these sufferings are little? Nine months she has brought you in her womb. Do you know what is that? If you abuse with this suffering, you know how much you will lose. Mother, who brings her child, brings it with love. Often mothers wonder why their children don't love them and sometimes they become willful. For me that is clear, so much clear as a bright day. It is clear to you too sometimes. There are things which are not clear. The mother, which has brought her child has come to the thought and says to herself: "Why should I have to bring that child?" Then she leaves that thought. But sometimes she comes to the thought that she could live without it, to drive it out of home to go somewhere. Why has she bear the headaches? She again thoughts out that thought. Then says to herself: "Why should I have to bring that child?" It deprives me from the freedom." Many troubles creates this child to the young mother. She is not capable to dance in the circle when she has a child.

The child requires calmness. /58;126-127/

A child which is always unsatisfied, which the mother is not capable to satisfy with anything, this child I don't console. It is pouting, goes angry, but its mother gives it apples – one, second third and still then the child goes smiling. Consequently the question has been for the three apples. /1;294/

If you have some willful child, make an experiment with it and apply the method of love. Love this child and never thought for its negative features. Think that it is a good, sensible and you will see after a certain time that it will correct itself. /77;373/

The mother loves her child, but it trusts to her. In order its belief to be absolutely, the mother should have a Divine Love to it. And vice versa if the child hasn't got absolute trust in its mother, she can't demonstrate to it her Divine Love. /31;66/

We should adapt to children, to begin with that they have a wish. We have to begin with the senses, we have to create work to children, for example planting trees, cleaning the garden, making ditches, cleaning springs, making paths, cleaning the yard and through this work in the meantime, the senses will be developed. When they are developed in the children, this is beneficial for the mind too. /77;375/

The child should study the plants. It should love them. Every school yard should have a garden, to have planted plants. There should be something to be intermediary of the Divine energy: cherries, apples, pears, quinces, nuts etc. The yellow flowers give intelligence, the red ones – life and health. As you encourage the children to plant flowers – yellow, red, white the flowers will encourage them through their beauty. /77;175/

All scents of the flowers don't influence equally to children. Some scents have the other way about influence. Make various tests in this aspect. For example your child is not comfortable. What will you do? Pick a rose, a carnation, a pansy or some other flower and without being noticed by the child put it under its nose one after another these flowers and follow how does each flower influence the child. Remember that flower which makes effect on the child. Put down

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

the name of the flower, put down the day, the hour when you have given it to smell it. Make an experiment and second, third time to ensure yourself in the results. /21;37 I, 22-23/

If some child is feeble, then let its mother make it flower garden and to leave it itself to take care for the flowers, mostly red flowerd, for example red carnations. If the child is very unruly let it grow up white and blue flowers. /69;22/

During the bringing up the children they should be paid attention that the flies as the birds feel the pain just us people. After the children realize that they will say: "Well in the future we won't cause them pain." In this way bring them up. Don't say them that this is a sin that is not a sin. They havent got an experience with the sin. /77;375-176/.

When brings up her child the mother should use as soft so stirm speech. From time to time she should create difficulties to the child, in order to compell it to think through them. As weak would be man's thought it develops the brain centres. However, from love to their children mothers fence them off difficulties and sufferings. They want their children to be healthy, strong, careless, but the nature does not bear that. /77;381/

The thought is a powerful cosmic process, which manifests itself through all forms. There where there an obstacle arises on its way, it destroys the forms. That is because all who don't think i.e. don't give a way to this creative process, are condemned to be destroyed and to degeneration.

That is because the task of mothers and fathers and of the bringing up children at all is to teach children to think. Because life requires a right thought and understanding of the laws, which the very life manifests in. /66;66/

So far I haven't met anyone right method for bringing up children. They say one should give a freedom to child. But where does the freedom sit? First of all the freedom expells each violence, but it expells also each lie and evil. Whom you should give a freedom, he has to expell every lie from himself. /66;160/

If in a home the father, the mother and the children do one small good each every day, this home has future. This is the basis of every bringing up ... In order to bring up the child, the father and the mother shold be a model to imitate and an ideal to it./66;161/

One of the methods for brining up the children is at the evening, when they have a sleep to talk to him in mind to their subconsciousness. /77;384/

You can bring up the most stubborn and self-willed children with music./77;392/

Relating to the organic world the mother and the father paly an important role – they give to their children through their blood the features of their souls. The brining up of the children is determined by the features, that mother puts in the child yet from its most fragile age. Under the word "blood" I presume not the usual blood, but that which remains unchangeable in all cases of life, one and the same, it is not that transitional blood. The noble fetuses, which the mother puts in the blood of her child, are valuable essence, which develops later and scatters fragrances everywhere. After that nothing could be put in and sowed in the man. This is a bringing up but not training. /67;25-26/

If the mother gives up unclean blood to her child it will bear for the whole life the consequences of that blood. /71;11/

You want to become a mother, but you can't manage with your children. What mother are you if your children beat you? Mother is that woman who suggests a veneration and respect to her children. /44-204/

What does the word "pedagogue" mean? The syllable "ped" means child; "ago" – lead. Consequently, the pedagogue leads the child. /44;18-19/

The first rule of the pedagogue is the following: the father should love his son, and the mother should love her daughter. The second rule of the pedagogue: the son should love his father and the daughter should love her mother. This is an exchange of energy. /61;185/

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

A child, as little is it, could be one advanced soul. Many children are cleverer than their teachers. Many children understand the law of the suggestion, the law of transformation of the energies better than the father and the mother. /61;186/

Some people think that the children are fool. No, the child when you teach it knows yet, understands do you tell him the truth or not ... There is no perspicacious creatures than the children. The children see through the wall, as such I know them. /61;188/

You have to have in mind the following rule: you can't apply successfully a method to the others, if you haven't apply it on you.

If you are talking to a child about obedience, but if you yourself aren't obedient, if you don't obey by yourself, you can't have any result. You are talking to a child for a sober thought, but you yourself haven't got sober thought. If you are developing a theme but you yourself don't understand it, how will you present it? You talk about the Truth, but you yourself don't understand what the Truth is. /61;189/

The children that are born in this epoch are more reasonable, cleverer than those of the past epoch. The children of the future generation will have on their disposal larger reason than the present. The soil where the genius child has been planted is very good. The external and the internal conditions are very good. It is easy to work there. The soil isn't so good for the talented child. But for the ordinary child it is lesser. The talented child may origin from the ordinary children, the genius children origin from the talented. To 10 ordinary children there is a need of one talented. To 10 talented children there is a need of one genius. If there are no genius children among the students the last can't developed themselves in the right way. The genius and talented children will be an impetus for the ordinary children. /77; 139/

Why the mother suffers certain mistakes of her child, but she expect to bring it up? She predicts, that it though having its weaknesses, will become in the future great man, useful to his home, to his homeland. Namely, while predicting that the mother tells to herself: "I will bear all inconveniences for this child and will suffer all its weaknesses." She behaves cleverly.

What does she find in that child? What makes her attached to it. To weigh it – it will be only several kilograms. There is a divine soul in it, which attracts mother's love to such an extent, that she with her long patience is ready to indulge it in everything, she cares for it in all ways./73;80/

There are schools needed where the youth to be brought up on these great laws, how they could become good mothers and fathers, and also builders of the future society. /48;78/

6 THE ROLE OF THE WOMAN AND HER SPIRITUAL DEVELOPMENT

The mother and the father should give a birth to such children, which will offer their assistance to their family as to the whole humankind. There is a need in the world of noble and elevated souls. We also could not call mother that woman who gives a birth to criminals. A woman, who gives a birth to criminals, we call breast feeding woman of evil and crime but not a mother. The woman should be mother, to give a birth to good sons and daughters. The mother should give a birth to elevated souls which are to justify their coming to the earth. Only such women I call mothers. /20;155/

The mothers, who want to have good children, should be penetrated by new ideas. If they stick to the old ideas, it is better for them not to give a birth to a child. /77;310/

At the very beginning, when God created the woman, she has been quite different from the present woman. There is one woman on the earth, who is not as that on the heaven, nor as that in the paradise; she is only an echo of the reflection of the elevated, of the noble woman. In this regard, love is only an external reflection of this woman. However, love manifests itself only there, where the woman is. If the woman is missing the man, then the love also is missing. If people know what thing is the woman, and they put her on her place, the world will be elevated immediately... According to my opinion, the woman is that who saves the world; woman is that

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

person, who keeps the keys of life; a woman is that person who the great and power force of love manifests through, which brings life. Accordingly the saving of the world will come through the woman, but not through the man. Now I wish all of you to become women! This thought, translated in another words means: I wish all peoples souls to be fulfilled with love; I wish all of you to shine, to be a lighten candles, to be happy and joyful, to be ready to do all favours. That means somebody to be mother. In this sense I wish all of you to be mothers. Today under the notion "mother" they presume a woman who gives a birth to a child. No, mother is only that woman, whose children don't die. If the children of certain woman die, she isn't mother. Mother is only the pure woman, the virgin, who, after giving a birth, is again virgin; mother is that virgin, who's children don't die. /5;87/

I say: there is the only one power in the world, which can destroy the war and to introduce the peace. Which is that power? The woman. If all women unite themselves and say: "From today we don't give a birth to criminals anymore." They will put the end of the war. If every mother tells to her son: "If you kill your brother, I will disavow you, your are not my son!", the war will come to its end. So the saving of the world is in the conscious giving up of the woman to give a birth to criminals, as the disavow of the mother her son – murder. In order to achieve that, not only two or three women should realize their task, but all women together should elevate themselves, in order to begin to work for saving of the world. Today I preach to the women. You since your turn, will preach to the rest of the women, because from now on the women will be kept responsible for non-fulfilment of their task./5-125/

Eve, who came out from Adam, at the beginning was an excellent young woman - a virgin. However, after the original sin all women, who were given a birth by her, distorted the world. Eve gave a birth to a son who is a criminal, Cain. Adam wasn't a father to the Cain but to Abel. Cain was given a birth by another father. It is said in the scriptures: "You are sons of the evil". From here it is supposed, that the evil was father of the Cain. It is impossible for the sheep to give a birth to a wolf. If a sheep gives a birth to the wolf, the reason is hidden somewhere deep in life. Abel became a victim to the Cain, to the evil in the world. Is it possible for two brothers given a birth from one and the same mother and father to kill each other? Consequently it is supposed that these brothers were from two fathers: one of them carrier of the darkness, the other – carrier of the light. Today the half of the humankind are Cains, the other half are Abels. If people believe in the old law, which gives a place of the criminals to be given a birth, they always will kill. The new woman, the new Eve should close the way of Cain in order to prevent his birth. Cains haven't right to be given a birth! The world doesn't need criminals. /5;126/

Only free mother can give a birth to good and judicious children. /5;127/

You hurry up. Yet 8000 years as yet people have been doing mistakes and you want when a new teaching is preached, in this way at once, in a week to reform yourself. It is not possible to go that way. It is possible, but for the heroes, but all people are not heroes. There are two ways, this teaching can be realized in. One of them is the way through bringing up in the school, the other one – through the mothers. They should know this great law under which their children will be given a birth in the future. They should know new conditions, as gardeners, farmers examine the conditions they will put the seeds in the earth. /77; 311/

The mother should be predisposed religiously by herself in order to require that from the child... This is a religious mood: to gush love, not only to safe yourself, but to sacrifice yourself for all. In order to be in relation with God, that means to have qualities of God, Who has created the whole world, to realize its existence. The whole plant and animal kingdom, which has been created by God are an impetus of the Holly life, which is going from above downard./77;311-312/

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

EPILOGUE

(NEEDS TO BE CORRECTION-READ!)

Dear reader,

The first edition of this book awoke great interest ... by man and woman.

I got many impressions from readers which I take as an opportunity to add some explanations to this new version:

The most important remark which stuck in my memory is that Beinsa Douno would speak very certain – and in a certain way – mandatory. He would not give room for personal experiments!

This is true and incorrect at the same time.

It is true that he speaks very clear and defining. There is no room for doubts about his words. But remember: he is a teacher who knows what he is talking about, why he says what he says and that he has very deep, clear insight knowledge into the laws and order of creation ... what he would like to pass you in clear, unequivocal words and ... would like you to motivate to think, prove and reflect on it.

Think by example of this statement about the number of children in a family: He says: *"Two children are enough!"* Why? No explanation ... This one supplies O.Z.A. Hanish, a contemporary of Beinsa Douno in a detailed way in his book *"The planned Child"* ... with the note when also more are "permitted" or appropriate. But even Beinsa Douno gives restrictions when there are exceptions.

This means therefore for you: You shall not simply assume everything without contradiction!

The master's task is to enlighten you and to bring you the light of the eternal truth. *"Only the truth makes you free!"* and *"knowledge is power!"* ... it is already said so for more than 2000 years!

He let you therefore the choice what to do with his uncovering and leaves the only decision to **YOU AFTER** he informed you: is this correct or wrong (for you?)... in the educational point of view???

If you look for a solid base to uplift your life over the circumstances, to live self-realized and to take your destiny, your lot as well as that of your descendants, your society, your people and nation into your own hand ... then prove and believe his words. ... because here you get the foundation you looked for on which you can build without experimenting or searching!

Or:

If you don't want this This is neither a problem ... for him because he leaves it up to you what you want to do with this knowledge! But the excuse is taken away from you, that you didn't know!!!

The spiritual teacher gives extremely clear, exact statements, unequivocal, clear instructions and explanations about the woman, birth, love, the fathering (of a child) about pregnancy, the task of man and woman, father and mother, the base of a partnership, which both – man and woman – should certainly know ... and which is needed if the situation of the woman, in society, the entire world, should improve in the future ... and this is part 1 of the book "... *Source of Love and Life*". If you accept his guidelines and ideas as a woman ... your life will change in which

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

you experience your environment, men newly and in return who will give you a completely new approach.

As I said already, it is about legitimacies, about laws which you should know so that you can live free and successful, with less disappointments.

And for the women, who are the birth givers, the mothers of our children, the new generation on our earth, it is specially important to be enlightened and to know ... that the key (in the real meaning of the word) lies WITHIN them ... for a new mankind who will live and strive according to their divine desires, wishes, ideals and their new conception of themselves ...

The woman, the mother is the key for the transformation of this world into a better one ... even if it still will take at least two or three generations. (O.Z.A. Hanish even says that it could be accomplished within ONE generation!) But the decisive point is that no further souls with the old thinking stencils, the old egoistic, partly criminal trends could incarnate on earth ... when the nascent mothers and – therefore the nascent fathers too – desire it. These "dinosaurs", souls with egoistic, criminal trends, will die out and no more replaced through further off-spring!!! This is the decisive point!

Beinsa Douno's words are revelations – for man and woman - for a new world in which love and real happiness, justice and peace have a real chance to determine and rule over the life of all people, in which every person may and can live according to their higher aspirations.

And what will be the consequence living according to this life-orientation???

That our youth, the young people, our new generation gets out of this "zero-buck-mentality" (which you can watch everywhere in western society) and finds a better basis on which they can build up their life and their desire to live! They formulate and find a new conception of themselves in which they may take their seat in society and which they can influence positively.

The "*Kingdom of the Heavens*" (as it is already called in the *Old Testamony*) becomes reality!

Is this now reality or spinning mill???

Are there scientific confirmations expressed to the subject '*Prenatal Education*' & '*Spiritual Electroplating*' or in other words: "*Holistic Preparation for Parenthood*" to the explanations which you can read here?

During the last 20 years science has confirmed more and more knowledge, laws and facts which are known in the field of initiatic science.

In the appendix of this book as well as on the CD **LETSCREATEHEAVENONEARTH** you get indications to other documents, to other authors, other teachings and other sources, where you can check the degree of truth of this book. Use this chance which our parents and ancestors lacked. Use this knowledge to improve your own life and that of your neighbors around you and redesign (y)our future:

- Dream! Dream this dream which will be realized through your children and grandchildren – it doesn't matter whether you are a man or a woman!
- Dream, if you have lost faith in the good of man. Dream this dream once more ... and let it become realized through your children and grandchildren, the children of the 3rd and 4th generation!
- Dream when you desire peace and justice, prosperity and honest, happy and loving people which you want to meet all over the world ... without border or journey restrictions!
- Dream this dream ... and lets it become true through your children and grandchildren, through all new children on earth. Dream it, intensively and without interruption and become conscious of the enormous power of your thoughts, feelings and desires onto your neighbor – through the Morphogenetic field in which every person – as well as you – is embed on earth!

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

Dream and support this dream by watching the video of Bradley Boatman Production, California: **"A GIFT FOR THE UNBORN CHILDREN,"** in which you get explained and described in an easy and clear manner the reality and consequences of thoughts, wishes and desires ... of dreams ... on human cells, quite particularly of the nascent mother – and therefore also on the future child – as I already said: **scientifically proven!** You find there well-known scientists, doctors, specialists to this topic speaking such as Dr. Michael Odent (France), Dr. David Chamberlain Ph. D. (USA), Dr. David Wasdel BSc. B.D. (England), Daniel Fritz (USA), Steven Raymond R.N. (USA), Dr. Serge Wesel (Belgium), Dr. Christina Vittorini (Italy) and Dr. David Rhea (USA). Further specialists in this field are Dr. Francois Schmitt, Dr. Claude Imbert, Dr. Rüdiger Dahlke, Deepak Chopra, Marie-Andree Bertin – still to mention some – about who you can find information and partly publications to the topic.

I wish us that this document will become a kind of *personal Life-Bible* which will accompany men and women all their life and passed on to their children and grandchildren.

May our future parents understand their chance of having a positive and fundamental effect to the future of this earth and change our society.

If you, if they understand this reality and if they try to realize this knowledge, then this double volume will have accomplished its task and mankind as a whole will go towards a better future.

May people recognize and use their chances!

In this meaning: Have fun in studying this volume.

Christopher Benjamin

P.S. And there is something else I would like to add for a better understanding:

Beinsa Douno does various remarks which are well-known by spiritual disciples of initiatic science and therefore ... are accepted without contradiction ... while others have problems of acceptance.

If you should belong to the latter ones, I would like to recommend to study our eBook-edition *"Encyclopedia of Initiatic Science"* on our CD **LETSCREATEHEAVENONEARTH** in the folder *"Books for a new World"* *"Thoughts of Eternal Wisdom"* and prove what you read through observations in your daily life. Decide then if you can accept these thoughts or ideas of the master or ... if you should better reject them.

By doing so you give yourself another chance to profit more greatly from the submitted document for your further life ... also independently of its age and the cultural area of its origin.

I wish you a lot of success and the fulfillment of your life wishes!

Love,

Christopher Benjamin

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!*

OUT OF THE GENERAL CLASS:

„BEING A WOMAN IN THE 3RD MILLENNIUM BC“

WOMEN!

PLEASE, START

TEACHING US!

BOOK 3:

PRENATAL DUTY

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*



Dr. O.Z.A. Ha'nish

Founder of the international and interdenominational
Mazdaznan-Movement

First Printing, Chicago, 1904.

Second Printing, India, 1942.

Third Printing, 1953.

New Age Publishing Co.
1542 Glendale Boulevard
Los Angeles 26, Calif.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

FOREWORD

With pleasure we present this little booklet, "Pre-Natal Duty," as the result of a demand from many friends.

There is no question of such great importance as that one. There is no other medium than that of parenthood, of which the Infinite can make use in presenting Nature's highest manifestation – the human being. Since this very great honour and responsibility is given to woman, along with her chosen one, it is befitting that she shall prepare herself in every possible way for the greatest of life's callings.

Could the youth, of both sexes, be taught these worth while and most noble teachings, the human race in one generation could be redeemed from a sad state of ignorance and suffering, to a position of dignity, happiness and success.

Oh, Youth! Reveal your innate nobility and know your great possibilities and, furthermore, your immeasurable responsibility. For He who is the Creator of All requires your beautiful and enlightened understanding to produce that which is to be veritably in His Own LIKENESS.

Mrs. Clarence Gasque,
Plenipotentiary of the
Mazdaznan Movement

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

CHAPTER ONE

THE MOTHER of Buddha, Prince of India, afterwards the noted reformer, was an advanced thinker at a time when women held neither social nor religious position, but were regarded as being on a level with the brute creation.

Although not allowed to express an idea or a single opinion, custom could not keep this woman from thinking. She saw her people oppressed, bowed down, in bondage, and her soul went out to them in deepest longing and sympathy. Day and night she pondered her high and noble thoughts until every heart-throb beat in unison with her one desire.

Ignorant of the law of pre-natal influence, which

now is beginning to be recognized universally, she yet lived to see her son Buddha exemplify her highest ideals. As this remarkable child grew in stature and wisdom day by day, she recognized in him the identical thought which she had cherished before his birth.

Buddha's father and the members of his court, being unable to account for the position taken by the royal heir, speedily sought to change his views, but Buddha had no desire to be a ruler over his people; his only wish was to teach them how to help themselves, a help which was then, and ever will be, the only kind worth giving or receiving.

The subject of pre-natal influence is one of vital importance, and yet it is little understood. If mothers and fathers could but know their power to educate the unborn child, how different would be the human race. Our children would not then be compelled to struggle through life, groping in the dark, committing one mistake after the other, *feeling* their slow way from animalhood to divinity.

Every child coming into this world has the heaven born right to be free, but the bondage of suffering seems to increase as time goes on, on account of the ignorance of the mother during the all-important period.

When woman rises to her true position in life, educated to an understanding of the all-powerful natural law, her power will be recognized by all, for she pre-eminently holds the key to the position of life.

Two women received this education, and they brought forth the most wonderfully developed children the world has ever known – John the Baptist and Jesus of Nazareth. In Oriental history we read of Mary and Elizabeth as wandering to the mountain home of their illustrious teacher to learn of the new dispensation and become the instruments for the lives of the two who played so important a part in the history of the world. That these women were ideal mothers there is no doubt. They were chosen for this divine purpose on account of their purity of thought and spiritual training, appreciating the law of heredity, that the mother alone has the power to impart to the unborn child the thought she wishes to be manifested in that child, a law that has been recognized in part only throughout the ages.

Do we not see sickly mothers bring forth delicate and sickly children? Do we not also see children who have been marked by the mother's strong emotions, such as fright, surprise, disgust? Does it not, therefore, appear reasonable that if a mother can unconsciously impart conditions to her child which bring pain and sorrow to her heart, she will, when enlightened, gladly impress the thought of health, happiness and goodness, which will bring joy to herself and to the one to be born of her?

Fathers need not think that the law pertaining to mothers relieves them of responsibility. On the contrary, it doubles their responsibility, as the mental condition of the mother depends almost entirely upon her husband's treatment of her during the period of gestation. It is man's duty at

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

this special time to provide his wife with all the needs and comforts of life which lie within his power, and to show towards her the most tender, considerate care. He should seek to develop his noblest qualities of mind and heart, since the impression he makes upon the mother during this critical period will, through the mother, make its lasting imprint upon the child. Nothing so saddens and depresses a woman as the neglect and indifference of her husband at such a time as this.

If the mother has not the strength of character to impress her strong thoughts, the child is born under ordinary conditions, and drifts with the masses, open to all the world's suggestions, and powerless to withstand their control.

Mothers in the lower walks of life bring forth children without any thought, just as do the animals. As soon as their children are old enough, they are put to work, without having been taught anything by their parents – who really are not to blame, as they cannot be expected to teach their children what they did not learn themselves – thus the poor, little, dwarfed minds have to pass through life's struggle, one generation ending in exactly the place where the previous one started. This inherited condition can be changed only by educating the mothers to an understanding of the natural pre-natal law.

It cannot be denied that children born of a mother of advanced years are usually brighter and more talented than children born of younger mothers, and this fact is due to the knowledge gained by the mother's experience.

When mothers learn that they have the power to create not only the body, but the mind and soul, that they can make their offspring what they wish them to be, they will no longer bring forth children in ignorance.

Several years ago the city of Boston was startled at the murder of a little girl by a boy of fifteen. At the trial, the mother of this youth testified that during her pregnancy she took delight in watching her husband, who was a butcher, slaughter animals. In consequence, her boy had from his youngest years shown signs of this same barbarity. Today, somewhere in a prison, this man is serving a life sentence for a crime for which his mother is accountable. This is only one case out of thousands where people are being punished, are serving sentences of imprisonment, are even being executed, for crimes for which mothers and fathers are responsible. Thus, is literally verified the old prediction that the sins of the fathers shall be visited upon the children unto the third and fourth generation.

A New York mother, whose absorbing ambition was to be an actress, attended plays and operas unremittingly during the period of her pregnancy, with the result that at an early age her boy personated the female characters whom his mother had wished to emulate. At three years of age this child would dress himself in his mother's skirts and sing and dance, keeping perfect time with the music, while every movement and gesture was of such grace and beauty that all thought that he had acted on the stage. The mother, however, asserted that this was wholly on account of her constant attendance at the theatre and her passion for the stage before her child was born.

Had this boy personated male characters as well as female this illustration would not be so convincing, but he resented even being called a boy. Hosts of girls have wished that they had been born boys, but this instance appears to be the only one on record where a boy wished to be a girl.

We have often seen effeminate boys and coarse, masculine girls. This unnatural condition is caused by the mother's strong desire for the opposite sex of her child. It is too late to change the sex after conception has taken place, but sex may be determined at the time of conception, if parents will inform themselves and pay attention to those things which are more important to the welfare of the race than are any other subjects in the world.

Stock raisers devote a great deal of time to the breeding of stock, having learned that they can improve upon animals and greatly increase their value, but how seldom has it occurred to them

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

that they can improve upon human beings? Do they fear to usurp God's plans? When you enter their homes you find inferior children, for the parents have ignored the object-lessons in nature. It is self-evident that if one can improve upon the development of the animal and the vegetable world, he can also improve upon the human.

These important matters must rest with the mother, for the thought she entertains during her critical period decided the momentous result.

A young married woman was spending a summer in the country with her relations a few months prior to the birth of her first child. Unfortunately, she was in a very angry and unhappy mood at her prospective motherhood. She became hysterical, and was so generally disagreeable that all her friends shunned her. When her baby girl was born the child behaved in the same way, crying and fretting continually, and the mother could get no rest day or night. Two years later this mother came to spend the summer with the same relations. She again was pregnant, but her disposition was completely changed. She had seen the unhappy effect of her mood upon her firstborn, and she was determined to develop the opposite conditions in the second. From the time of her conception she absolutely refused to recognize anything but harmony. She cultivated the "*true, the good and the beautiful.*" She would not allow a suggestion of ill-temper to come to her, but she held always in thought the ideal picture of what she desired her child to be; hence, when the second little stranger was ushered into this visible existence, he was the personification of goodness and beauty.

It may be said: "*This is all very well, but we know mothers who have brought forth children with dispositions just the opposite of those the mothers were manifesting at the time of conception and birth.*"

The reply is that only the *deep* impressions can be imparted to the child. Our passing, fleeting thoughts do not mean much to us; it is only the deep-seated, the concentrated thoughts, that are manifested or made visible. "*As a man thinketh in his heart so is he.*"

CHAPTER TWO

It is related that the mother of Napoleon – a poor peasant, whose life had been one of constant and rebellious toil and poverty – had many times been heard to say that if she ever had children they should not pass through the hardships and poverty which had made her life so burdensome. Intuitively she felt that the mother could control the conditions and environments of her child. Though not knowing the law, she still practiced it unconsciously, with its certain result. She did not know why her child was so eminent; had she known the law, how different might have been the greatness of that son whose life came to so sad an ending after so mighty a career. How that mother might have impressed lessons of kindness, generosity, and love for humanity! How she might have consecrated the world's greatest example of daring ambition!

During the first six months of gestation the mother may impart to her child the mental and the spiritual propensities ; during the last three months she may impress upon him what she desires him to be physically.

The mother must recognize not the personal, but the universal law of love, truth, wisdom and power, and these qualities will be shown in the child. She must rid herself of the desire for either one sex or the other, for should she hold to that desire she will impress upon her child the nature of her preference, too often resulting in the masculine girl or the effeminate boy.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

The Greeks for a long period were physically the nearly perfect race in the world, and simply because they paid special attention to the development of the physical. It was the mother's uppermost desire to bring forth fine physical forms, and she had them constantly before her as models. The houses of the Greeks were filled with the most glorious marble statues that gifted sculptors could create; thus these people became a race of godlike appearance.

To impart physical beauty the mother should hold in thought an ideal form and face, or she should dwell upon a beautiful picture or work of art.

As a lady entered the dining room of a friend whom she was visiting, her eyes fell upon a beautiful golden haired child whom she had never seen, and she remarked: "This is your little daughter? What a perfect likeness of her that is in the room where I slept last night!"

The mother replied: "It is not a portrait of the child, but it would be strange if she did not resemble it. I occupied that room before my child was born, and that picture was before my eyes constantly. I loved it and I wished that my child might look like it."

If mothers but knew the divine law there would be only beautiful children, which is both laudable and right. There is nothing so gratifying to one's self and to others as physical attractiveness united with a lofty personality, for although "handsome is that handsome does," the balance of power is always on the side of beauty and grace.

To endow the child with superior mental power, or with a talent for music, art, poetry, mathematics or oratory, the mother should concentrate her thoughts on those subjects. If she wishes to increase any faculty in her child, she has the power to do so by dwelling on those things which she wishes to be manifested in him and by seeking the companionship of people who possess those desired qualities.

An Italian woman, who had been a mother for many years, greatly admired the young son of a woman friend. This boy, when a mere child, had been forced to assume the support of his widowed mother, and his devotion to her amounted to adoration. The Italian woman had sons of her own, but she never had seen such devotion as this young son bestowed upon his mother.

At an early age the boy was sent on a long cruise on the Mediterranean, leaving his mother with her trusted friend. Upon his return, after two years, he found an addition to his friend's family – a baby boy only a few months old. As this boy grew there was a striking resemblance to the young officer. At eight years of age the likeness was so strong that everyone supposed the two were brothers. Even the mannerisms of the boy were like those of the officer. The truth was, the mother's admiration for the young man had been so intense that she unconsciously impressed it upon her child, whose devotion to her excelled that of her other children.

A girl of humble parentage, but possessed of a desire for wealth and position, married a rich young man who was a habitual drunkard. When a baby boy was born to this ill-mated pair, they at once recognized in their child the condition which the father had previously manifested. As the child grew older, the intensity of this condition increased. Today, though only fifteen years of age, this boy has the appearance of a man in a state of beastly intoxication. A babbling idiot, he never has been able to walk straight or to hold up his head.

Think of the years of suffering which this poor mother has been forced to endure, although unconsciously guilty of imparting such a condition to her child; for who can doubt that the impressions made upon her by her husband were transmitted to her unborn babe?

Thus we see that the natural law acts when put into operation, whether the seed be sown consciously or unconsciously, and – that it brings forth its harvest after its kind. If women would but understand the responsibility of motherhood, and that they must account in a great measure for the evils of intemperance and the physical passions that are being perpetuated in the world today, they surely would endeavour to eradicate these conditions instead of perpetuating them, as in their ignorance they are doing.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

The apostle Paul said: "*The evil which I would not, that I do.*" This today is the case with the poor, suffering humanity. Instead of producing the condition which they desire, they bring about the contrary state.

Fathers cannot impart directly mental attributes to their children, but they can impart disease, scrofula, consumption, and the virus of impurity. Children there are who inherit all the good and noble qualities of their fathers – qualities which the mothers do not possess – and are the images of their fathers, but this resemblance is the result of the mother's admiration and love of those qualities which she sees in her husband. Seeing his face and form constantly before her, she unconsciously transmits their likeness to her child – for what mother would not desire to have her child look like the father, who is her ideal? But the mother transmits also her husband's evil qualities to her unborn babe – intemperance, abuse, ill-temper – through, her fear and disgust of the father.

The child manifests the personal appearance of the father as well as of the mother, but it is imparted – to the child by the mother during pregnancy.

The devotion of the Catholics to their religion is proverbial throughout the world. This is especially true of the mothers of the church. So strong is the faith within them that without any volition of their own they impart prenatally to their offspring their organic religious life, and for this reason one seldom hears of a Catholic departing from his mother's influence received before his birth. The father may be what is called a "*good Catholic,*" yet he exercises but a passive influence compared with that of the mother. She would give her life, if necessary, to save her child to the church, which to her means eternal salvation.

The observing traveller abroad is struck with the Madonna-like faces of the children which he repeatedly sees among the peasantry. The mother's adoration of the virgin and the saints, through her imagination, and on canvas, produces these likenesses.

Nothing is higher, greater and nobler than motherhood when woman understands how to impart the physical, the mental, and the spiritual to the one who is to be born to her. It is her duty, and it is within her power, to impart to her child a strong, healthy physical body. No one need expect a manifestation of the mental and the spiritual in their perfection through an imperfect, poorly constructed body, any more than he may expect exquisite harmony from an instrument that is out of tune, though played by a master hand.

Knowing that the mother gives to her child the mental nature, it is her duty to avail herself of all the advantages and privileges that lie within her reach. To those that bemoan their lack of opportunities in this respect it is comforting to know that the highest forms of knowledge are not found between the covers of books. Lofty, noble thoughts, helpful and inspiring utterances, are education in its highest form, and she who lives them never can be called ignorant.

But the spiritual – who can weigh the importance of the God-given maternal instincts? The spiritual is the understanding of omnipotent and omnipresent Love, which is within each living soul, and the recognition of this divine principle, or power within, will always cause the heart-throbs of the unborn babe to vibrate in unison with the celestial tones.

In order that through the mother the highest types of humanity may be embodied, she must be absolutely true to herself. Honesty and goodness must begin at home, where all true reform begins. It must begin with the individual herself, and her desire must be to bring forth the highest type of the human race.

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

CHAPTER THREE

The advocacy of large families has been made prominent by the suggestions of various leaders that premiums should be given to parents boasting of a numerous progeny. The thrill of disgust which swept over the country at this suggestion indicates how little they understood womanhood. Did they look at us from a political standpoint, seeing only that numbers make soldiers and voters?

If the heads of our nations had offered a premium for the *best* families, for physical and mental perfection, for talent, intelligence and goodness of heart, they would have offered a divine incentive to the people, but the low estimate of the human race, put into practice, would precipitate any nation into a semi-barbarous state.

To bring forth the perfect type of the human race, the father and mother must be in perfect harmony, and together they must realize their high vocation. Marriages for convenience, for money, for political reasons, are infamous in motive, and can result only disastrously to the offspring.

It is generally conceded that certain families of the world are degenerating, and the reason is not far to seek. Where marriages are made by others and for various reasons, the offspring of these loveless marriages are weak and enervated, physically and mentally. Mutual, intelligent love brings forth the highest types of intelligent offspring.

Woman has a right to decide when she shall become a mother. The husband has no right to force motherhood upon her. She always has been too sacrificing in this regard, and in consequence she has been abused and imposed upon.

Woman alone is creative; the father possesses the life-force, but it is the mother's thought that nourishes it through the period of gestation, and, as we have seen, the result of a human life depends upon the condition of her mind during that period. If motherhood has been forced upon her, and the child is not welcome, and is only the result of animal passion, the effect will be disastrous. This unhappy condition will exist during the child's life, and in after years the oppression may become so intense as to end in insanity or suicide.

Fathers should control their passions. They have a moral sense and a spiritual nature given to them for that very purpose. The time is coming when woman will recognize her highest rights in this regard, and will decide for herself the things that men have decided for her in the past. Let man learn lessons from the animals. The female is the one that decides when she is to bring forth her young, and after conception has taken place, cohabitation ceases until she is ready to conceive again. The animal nature, which is instinct, has a strong desire for propagation simply because it is on the animal plane, but man, who has evolved into the human form, the intellectual, and the spiritual, should control his animal propensities.

When outraged nature hurls at offending man the epithets "*animal*," "*brute*," "*beast*," a base slander is perpetrated against all animal creation, which is above the abuse of a divinely given instinct. It was a clever cartoonist who represented a cow as contemplating a drunken man lying in the gutter, and bellowing, as she tossed her horns contemptuously : "*And you call this thing a beast!*" The artist comprehended the situation in its true light, and would that all might do likewise!

Woman, of the highest type, physically, mentally and spiritually, is constantly creating through the divine within her; therefore she has not always the desire to bring forth the physical, and she should not allow it to be forced upon her. Husbands are not wholly to blame in this regard. They have been born and educated to indulge in their gross passions. It remains for women to

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

educate them into their higher spiritual nature, where man and woman must be agreed, in perfect harmony, and above all, in perfect love.

During the period of pregnancy the mother should abstain from all animal food, as it produces an animal condition in the unborn child. She should subsist on cereals, olive oil and fresh fruits. Cereals, being brain food, build the cellular tissues, while animal food lacks this building power and develops and stimulates the animal nature, preparing it for those excesses which in after years work such sad havoc with life and character.

The mother should continue the vegetable and fruit diet throughout the rearing of the child, as it will produce brightness, mental strength and activity, thus affording the child a better chance in life among his fellow men.

If vegetable food and fruit were to be provided for the entire family, the effect would speedily be seen in husband and children. Their spirits would be calmer, their dispositions more equable, kind and tolerant, and their passions would be more easily controlled.

A physician was once called to prescribe for the excessive irritability of the children of one of his patients. The mother complained that she could not control even her tiny three-year-old, and that each child showed a nervousness of temperament that made her fear a grave cause.

"What do you feed them? Meat, I'll be bound," bluntly said the physician.

"Why – yes – a little meat now and then. Well – perhaps a good deal. They want it, and it keeps up their strength, you know."

"Strength nothing! Take every scrap of meat away from them and give them mush and milk, bread, apples and grapes, and in six months, instead of having a set of little cats and dogs around you in the shape of children, you will have three of the sweetest cherubs that ever the Lord made."

The mother followed the prescription, with the result predicted. Wrangling and strife gradually ceased, and the children became tractable, sweet tempered and agreeable to all.

Sickly parents have no right to propagate the race and perpetuate impotence and misery. What more pitiful sight is there than earth's halting procession of weaklings who have come into the world deprived of their natural birthright of health, vigor and happiness? The parents realize too late the enormity of their sin thus defrauding the innocent and condemning them to a life of depression, loneliness and suffering.

The Orientals, knowing that the mother is the one who transmits her mental condition to the child, believe that it is necessary for her to be pure in thought and motive. The world, however, is growing more and more to recognize the same standard of morality for man and woman. Man is equally responsible, and it is as imperative for him to be moral and pure in thought and deed as it is for woman, on account of the reflected influence which he casts.

What are we of today doing for our children? After their birth we clothe them in the daintiest fabrics and surround them with the tenderest care. Our ambition confers upon them every advantage which modern education affords; music, art and oratory contribute to their general culture, and foreign travel completes the prescribed curriculum.

But when all is done, what are the best things which we have to show for our years of anxiety and endeavour? Alas, too often only mutilated, dwarfed characters and disappointed lives! This sad result is simply because we have neglected the most important education of all – the education of the mother, who alone can be the teacher during the period of gestation.

Important as are the various branches of education and culture, they sink into absolute insignificance when compared with pre-natal education and culture, upon which depend the sum total of prosperity and happiness of the human race.

How many a broken-hearted mother is weeping and praying for a beloved son or daughter who has strayed from the path of virtue and honesty in which she has sought to direct them during their childhood. She sees her idols shattered, and she goes to her grave perchance in sorrow and disappointment, whereas had she known that education must take place before birth, she

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

could have given to her children those virtues which she subsequently. endeavored, but failed, to impart.

If woman ignores the natural law, it matters not how fervently she may desire her child to become her highest ideal – she may advise him, educate him, and pray for him – but she will be disappointed in her loftiest aspirations. The education must be prenatal. A mother can impart to her child all the qualities which she wishes him to possess, and he will not depart from them when he comes to maturity, for they will be a part of his very being and as natural as the breath which he draws.

The preservation of the race in its highest form must come through the mothers of the future. No system will ever change the ignorance of the masses; the education of the mothers is the only means by which the world can be emancipated, and this work must be individual.

CHAPTER FOUR

The subject of Pre-natal Duty, although but little considered by the ordinary mind, seems at a first glance quite a study. Still it becomes greatly simplified when we awaken to the fact that it pertains to the occurrences of everyday life calculated to promote the perpetuation of race and racial tendencies. Let us drop the ideas of ancestral suggestions and verify, by deeds, the noble, lofty ideas of our soul, so often fancied, but so little expressed at moments of opportunity. If the beautiful ideas entertained as to a noble race may not be applicable as to our own self, it is our duty to at least import these ideas upon the generation to come, *and at a time* when it is our opportunity to do so.

Gird thyself with the armour of faith in thine ability, O woman, and bid him who is to be the father of thine own child, to pay thee due respect in the hour of unity that the aspirations of thine own heart and the nobility of thy protector's mind may be realized in the one who shall stand proof before thine eyes as to thy thought and actions.

"A diseased mother may bring forth a strong and healthy child, when her mind is being concentrated in that direction and conditions are made suitable, by following a better regime of living and a more rigid method in the application of change of breath and diet.

"Nature is ever ready to respond to the will, but can exercise its response only in accordance with the circumstances made.

"Thought is the only factor we deal with in manifestation, and, as thought is limitless, it requires on our part, to understand its use or misuse by directing or harmonizing its vibrations with the desire expressed in our heart, always determining to secure the best results. Controlling our ideas then as they are being set into vibration by thought, we would soon learn that nature is very simple in all its operations; all it necessitates on our part is attention and proper direction and application.

"Everything in nature abounds in sex-expression and everything from the molecular to the cellular is dual in itself, whether it be air or water, mineral or plant.

"The expansion of one sex or the other, male or female, is due to the strongest inclination entertained at the time of conception.

"There is not anything in this universe, however infinitely small, that does not contain the dual sense of sex individualized. It then follows that the male seed contains dual sex expression, as well as the female seed entertains the dual sex manifestation. As the controlling power is the

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

directing one and the only one that wins, it is but natural to conclude that in the determination of sex, the thought controlled and directed would be the greatest factor we come to deal with.

'For the period of six weeks man and woman are to abstain from all foods and drinks of a stimulative or irritative nature previous to the time of participation. Live upon grains, nuts and fruits, using vegetables sparingly; the sex of the child must be decided upon during the six weeks of abstinence; entertain the thought strongly during marital relation.

"To endow the child with great mental powers and special faculties, thought should be concentrated upon the particular subject or subjects during the embrace."

The foregoing paragraphs under quotation we have copied from "*Inner Studies*," written by Dr. Hanish, the Mazdaznan philosopher, and I wish to call the attention of my readers to the fact that of all the studies in the lines of mental and spiritual thought as well as in matters of a physical nature the studies under the direction of the doctor have been of inestimable value.

The "*Inner Studies*" sums up the food question for mothers as follows: "*To have good and plenty of nourishment for the child, eat the best of wheat preparations procurable, and use one cupful of whole wheat soaked over night and then boiled for four to seven hours over slow fire; also use rolled sun-cooked wheat in small quantities every day, plenty of fresh fruit, very little vegetables. Use barley gruels and grain drinks. Avoid fermented breads, canned goods and cakes. Use raisin syrup and prunes occasionally.*

"It remains now with the prospective mother to elaborate upon those particular subjects and further the development of the child's brain activity by living a very simple life during the first three months of gestation, subsisting principally upon wheat preparations of a varied nature, eating almonds and nuts in general quite freely and plenty of fruit.

"During the second period of three months, from the fourth to the sixth, inclusive, she should add to her diet preparations containing rye in small quantities, using fruit of a sweet nature largely.

"The last three months should be indulged in foods of a more oily consistency, using barley, corn and oats in small quantities additional to the wheat. Vegetables of an eliminating nature, like raw cabbage, celery, beets, plenty of spinach, some lettuce and carrots should be used quite freely."

Dr. Hanish further advises in his lectures that for weeks previous to the deliverance mothers should beware of starchy, fattening foods, to keep their weight medium or a trifle below, to move about freely, but not ride, dance or go through vigorous exercises; to keep their bowels in perfect condition, and, where of a constipative nature, to eat vegetables or fruit that will keep the bowels open. The child will not be heavy, although strongly and solidly built, consequently the deliverance will be easy and painless, and there will be no risk as to the quick recovery of the mother.

In the severing of the cord it should be remembered that it neither be cut too short nor left too long, as in either case the digestive organism will be impaired thereby to a degree. The foreskin of a male child is to be drawn back as far as possible without delay and such process to be continued for some time while the child receives its daily bath. A female child must be manipulated along the groins, from rectum up to the hips. In all such cases where the foreskin of the male organ will not withdraw readily, that circumcision be resorted to without delay, and advises parents to take their boys to an operator at once where organic disturbances of a sex nature are noticeable, saving much anxiety to parents and sufferings to the child.

As we think, compare the objects of our immediate surroundings, we are impelled to reflect upon subjects determining our conditions for good and evil.

Is it not a singular mental phenomenon that though man has learned that the perfection of the animal can only be accomplished through the functional activities of the animal organism, he has not perceived that the same law holds in regard to the more complex activities and higher qualities and powers of his own kind? That man must complete himself is the mightiest truth of

BEINSA DOUNO / MARYBARTEAU: WOMEN! PLEASE, START TEACHING US!

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

human existence. Intelligent motherhood co-operating with the universal law that moves on toward the completion of all forms of life, is the *creative agency* to accomplish the completion of human being and its manifold power and possibilities. What a desecration of the capacities and powers of human soul as illustrated in the grand and noble lives of a Washington and Lincoln, and in thousands of great and grand heroic lives unsung and unrecorded, that as progenitors of their own type of being they sink to the level of the brute creation! No human being is great or grand as a physical organism merely, though that be ever so beautiful and perfect. Man and woman are great, grand or beautiful in proportion to their capacities of mind and soul and their wise, beneficent exercise.

As a race producer, woman is invested by nature with the capacities and powers to give potency and direction to the threefold nature of man. The prenatal culture of the child includes physical perfection, and mental and moral endowment. Of all lines of education and art, none equals or compares with the far-reaching results of pre-natal direction and culture by a wise motherhood. *The supreme artist is the intelligent consecrated mother.* We cannot become a civilization worthy the name, we cannot become a truly free and enlightened people, until all our systems and institutions, social, educational and economical, are an environment calculated to promote the highest use and purpose of intelligent parenthood, the production of the best developed humanity. It is *quality*, not quantity, that should be the aim of individual parenthood and of *all* social forces.

When woman understands the powers she possesses, and controls herself in order to transmit the power of self-control to her child, the dominion of appetite and passion will no longer master her children. When she is no longer mastered by unruly, selfish passion as a wife, and enters upon her creative office from the deep soul impulse of untrammelled love, her boundless love and aspiration will bring into existence children ready for the kingdom of heaven.

Our educational systems are woefully deficient in not providing for youth any instruction that may help them in assuming the mightiest responsibility of life – parenthood.

Woman has through the centuries been compelled to bring offspring into existence to be made the victims of wholesale murder in the slaughter of war. It has been prophesied that in some future force would rule the world. This prediction is based upon faith in the might of armies and powers that represent force and savagery. Could the mothers of *our* country recognize and understand the power with themselves and enter upon their creative work in the spirit of that perfect love which is the prerogative of motherhood, human brotherhood and fraternity would become a far mightier force and protection for our country's welfare than all the armies and battleships can ever become.

The greatest conquering power in the universe is *Love*. The mightiest agency to produce in human beings this power is *motherhood*. Mother love will some day rule the world. The battleship and bullet will be no more.

Awake, O woman, and recognize your glorious mission, to produce sons and daughters who will create a social state of harmony, peace and goodwill and fraternal love, that will actualize the now perfunctory prayer, "*Thy kingdom come, Thy will be done on earth as it is in heaven.*"

BEINSA DOUNO / MARYBARTEAU: **WOMEN! PLEASE, START TEACHING US!**

*The creative Power within women to renew mankind
... and what it really means Being a Woman!'*

APPENDIX: BOOKS

– BIBLIOGRAPHY –

Prenatal Education, Spiritual Electroplating

- Bradley Boatman: *A Gift for the Unborn Children* (Vidéo)
- Geoffrey Hodson : *The Miracle of Birth* (Brochure 1929)
- Peter Deunov *The Woman, Source of Love and Life* (Brochure)
- Omraam Mikhael Aivanhov
 - *Education Begins Before Birth* (Book 1984)
 - *Hope for the World: Spiritual Galvanoplasty* (Book 1984)
- Denise Tiran:
 - Natural Remedies for morning sickness and other Pregnancy Problems* (Book 2001)
- Denise Tiran, Sue Mack
 - Complementary Therapies for Pregnancy and Childbirth* (Book 1995)
- Carista Luminaire Rosen, Ph. D.: *Parenting begins before conception* (Book)
- David Chamberlain *Babies remember Birth* (Book)
- Thomas Verny, Pamela Weintraub:
 - *Life before Birth*
 - *Pre-Parenting, nurturing your child from conception, questions medicals* (Book 2001)
- Chopra, Simon, Abrams (Book 2005)
 - *Magical Beginnings, enchanted lives, A Holistic Guide to Pregnancy and Childbirth*
- Ina May Gaskin: *Spiritual Midwifery* (Book 1990)
- Frédéric Leboyer *Birth without Violence*
- Jean Liedloff: *The Continuum Concept, in search of happiness lost* (Book 1985)
- Aviva Jill Romm: *The Natural Pregnancy Book* (Book 2003)
- Susan S. Weed: *Wise Woman Herbal for the Childbearing Year* (Book 1986)

* * *