

THE UNIVERSAL MASTER

Beinsa Douno – Peter Deunov
(1864-1944)

*Every soul seeking the Truth will see my face.
I am an open door to the Unknown.*

Beinsa Douno - Peter Deunov

After you go through a hundred million solar systems, you will come to me and then we will experience together the deepest Mystery of Life.

Beinsa Douno

Love gives birth to Good. Good brings Life, Light and Freedom to our souls.

Beinsa Douno

Good thoughts, feelings and wishes represent rays of Light: they give food to Life and also to the soul that is coming to the Earth.

Good deeds represent rays and colors of Light: they provide the Living bread for the soul so that it can know The One Who gave birth to it.

Beinsa Douno

The Universal Master Beinsa Douno – Peter Deunov lived in Bulgaria during the late 19th and the early 20th centuries and gave a new teaching containing the basic ideas of the Aquarius age.

He came to the Earth in the transitional period to a new cosmic cycle to prepare the spiritual awakening of humanity. He made the planet ready for the new impulse of Light and collective consciousness of humans - for the advent of the culture of Love.

Starting his activities with only three disciples, Beinsa Douno gradually established a society, which represented a mini-model of entire humanity. In this society he laid the base of a new life on the principles of Love, Wisdom, Truth, Righteousness and Virtue. The meaning of his secular name Peter Deunov is "a foundation stone".

The spiritual teaching provided by him is a union of three components: the Word (almost 4,000 talks and lectures), the *Music* (150 songs and melodies) and the *PanEuRhythmy* (a sacred dance in 3 parts: "28 Exercises", "Solar Rays" and "Pentagram").

THE WORD

The Word came through Beinsa Douno as a gentle wind heralding the cosmic spring on the Earth and the blossoming of human souls. It was almost entirely given orally in a period of 50 years. The Word consists of approximately 4,000 talks and lectures recorded in short hand, then decoded and published. Thanks to the disciples the Divine Teaching was preserved and passed on to future generations.

The published lectures are classified in several series:

- Sunday lectures – held to the general public (1914- 1944)
- Lectures held in the Spiritual School (1922-1944) – to the General Class and to the Youth class of disciples
- Council lectures
- Lectures presented at the gatherings in the Rila Mountain

- Morning Word (1930-1944)
- Additional talks There are a few papers, articles and books written personally by Peter Deunov - Beinsa Douno:
 - “*Science and Education*” - published in 1896
 - “*Hio-Eli-Meli-Mesail*” - published in 1898
 - 3 spiritual messages written by the Master in 1899: - “*The Ten Testimonials of the Lord*” - “*God’s Promise*” - “*An Appeal to the Bulgarian nation*”
 - Notes and prayers recorded in the Master’s notebook from March 30, 1899 to October 16, 1900
 - “*Heads and Faces*”, 5 phrenological articles - published in the Rodina Magazine in 1901
 - “*The Testament of the Color Rays of Light*“, a sacred book received in deep meditation - published in a special edition in 1912
 - “*In the Kingdom of Living Nature*“, a book of 11 articles - published in 1933
 - “*Letters to the First Disciples*“, personal correspondence of Peter Deunov

The Word also contains prayers and formulas given by the Master, directions and methods for spiritual work, practices for self-education and guidelines for daily life.

The lectures delivered in the course of 50 years convey the living spirit, the transforming power and the healing effect of the Word. They were held on different occasions: at the councils of the spiritual society founded in Veliko Tarnovo, at the meetings of the followers in Sofia, at the gatherings in the Rila Mountain. Some talks were communicated in the Spiritual Center, which was gradually established in Sofia, named *Izgrevev* (meaning *sunrise* in Bulgarian). The lectures vary in form and length, in structure and content, depending on the circumstances of delivery. Their beauty is hidden in this unique unity of simplicity and profundity, of diversity and wholeness.

The meaning of the spiritual name Beinsa Douno in Sanskrit “*The One who advances Good through the Word*” is revealed in each lecture. Some lectures are highly inspired and consistent, so they contain spiritual formulas shining brightly as gems of Wisdom.

The lectures held in the Rila Mountain – the oldest esoteric school on Earth according to Beinsa Douno deliver the elevated atmosphere of Living Nature and the attentive guidance of the Master:

My children protect the freedom of your souls! My children preserve the power of your spirits! My children sustain the light of your minds! My children maintain the goodness of your hearts!

The lectures bring the essence of the Teaching of a Conscious Life and the keys to its application in daily terms. In every lecture the simplest and the highest, the smallest and the greatest merge together to reveal fundamental principles, spiritual laws and elevated ideas, which make this Word powerful and everliving.

May the Beauty of Love, the Purity of Wisdom and the Light of Truth abide in you! Abide in Love, Wisdom and Truth so that they will abide in you! They represent the new life, which God is sending to the world.

The Spirit of God requires mercy, not sacrifice.

Beinsa Douno

BIOGRAPHIC INFORMATION

**MASTER BEINSA DOUNO – PETER DEUNOV
(1864 – 1944)**

I have passed through all mysteries of Life and now I am existing in the Spirit of Truth.

Beinsa Douno

1864 – Peter Konstantinov Deunov was born on the 11th of July (29th of June by the Julian calendar – the Day of St Peter) in the village of Nikolaevka, near the Black Sea in the district of Varna. He was the third child in the family of Konstantin A. Deunovski (an Orthodox priest and a teacher) and Dobra Georgieva (her father Atanas Georgiev was a National Revival functionary and a mayor of Nikolaevka).

1872 – Peter Deunov entered the Elementary school in Nikolaevka.

1876-1881 – He studied and obtained his secondary degree in the male school in Varna.

1886 – Peter Deunov graduated from the American Theological School in Svishtov.

1887-1888 – He was a teacher in the village of Hotantsa, Ruse district.

1888-1892 – Peter Deunov went to the USA, where he graduated from the Drew Methodist Seminary in Madison, New Jersey.

1893 – He was conferred a degree in Theology at the University of Boston with the graduation thesis *“The Migration of the German tribes and their Conversion to Christianity”*.

1894 – He also took a course in Medicine at the University of Boston.

1895-1900 – Peter Deunov returned to Bulgaria, but refused to become a Methodist preacher or an Orthodox priest in Varna. He lived alone in seclusion and meditation, in prayer and profound inner work. During this period He received His Initiation and Mission of a Spiritual Master.

1896 – He published the book *“Science and Education”*, in which he analyzed the human path in the world drama and the coming of a new culture.

1897 – 33 years old, Peter Deunov founded in Varna a Society for Spiritual Elevation of the Bulgarian nation and published his mystic booklet *“Hio-Eli-Meli-Mesail”*. This was a turning point in his life – the beginning of his activities as a spiritual leader.

1898 – In Varna, before the members of the Charitable Society *Maika* (*Maika* means *mother* in Bulgarian). Peter Deunov delivered a message for the social and spiritual recognition of the Bulgarians – *“An Appeal to the Bulgarian nation”*.

1899 – He wrote *“The Ten Testimonials of the Lord”* and *“God’s Promise”*.

1900 – The Master summoned His first three disciples: Penyo Kirov, Todor Stoimenov and Dr Georgi Mirkovich to a meeting in Varna in July. It was the First Spiritual Council.

1900-1942 – Annual councils were held, initially called meetings of the *“Chain”* – spiritual assemblies attended only by people personally invited by the Master. They were usually held in the summer in different locations throughout Bulgaria: in Varna (1900-1908), in Veliko Tarnovo (1909-1925), in Sofia (1926-1941), in the Rila and Vitosha Mountains.

1901-1912 – The Master traveled through the country. He gave lectures, carried out phrenological researches and studied the fundamental characteristics of the Bulgarian nation.

1901 – He published 5 phrenological articles titled *“Heads and Faces”* in the *Rodina* Magazine (*Rodina* means *motherland* in Bulgarian).

1906 – Peter Deunov settled in Sofia, the capital of Bulgaria, at 66, Opalchenska Street, where He began to deliver weekly Sunday lectures open to the general public.

1912 – The Master created the sacred book *“The Testament of the Color Rays of Light”* in the village of Arbanasi, close to the old Bulgarian capital Veliko Tarnovo.

1914 – He began to give regular Sunday lectures to the general public in Sofia. These lectures were recorded in shorthand by his stenographer disciples. Later they were decoded, edited and published in the series of lectures *“Power and Life”*, which presented the fundamental principles of the New Teaching.

1917-1932 – Beinsa Douno lectured a special spiritual course for married women in Sofia.

1917-1918 – During the First World War he was interned in Varna for a certain period of time. According to the government of that time his lectures *“demoralized”* the Bulgarian soldiers. The followers of the New Teaching increased after the war and reached approximately 40,000 people in the first 30 years of the 20th century.

1922, 24 February – A Spiritual School was opened in Sofia with two classes: a General Class and a Special Youth Class of disciples. The Master delivered his lectures before the two classes twice a week in the course of 22 years (1922 -1944).

1927 – The *Izgrev* Spiritual center was gradually established in Sofia and Beinsa Douno moved to live there with many of his disciples (*Izgrev* means *sunrise* in Bulgarian).

1929 – The first summer tent camp was carried out at the Seven lakes in the Rila Mountain. It became a tradition for the followers from the country and abroad. Nowadays it takes place every year in August as a spiritual school with thousands of participants.

1930-1944 – The Master held Sunday early morning lectures – a new line in his spiritual work, the so-called Morning word.

1933-1934 – He gave the first “28 exercises” of the *PanEuRhythmy (Universal Cosmic Rhythm)*. Later he added the two parts “Solar Rays” and “Pentagram”. The *PanEuRhythmy* was finally completed in 1942.

1944 – Beinsa Douno with a group of disciples spent the hardest months during the Second World War (11 January 1944 – 19 October 1944) in the village of Marchaevo, near Sofia, in the house of Temelko Gyorev. This house was preserved – nowadays it functions as a museum.

1944, 27 December – The Master ended His earthly path in Sofia. By the ordinance of a special permission he was laid to rest in the *Izgrev* district. His sacred place has turned into a beautiful garden, which is daily open for free visitation. Beinsa Douno – Peter Deunov left an invaluable spiritual heritage in his numerous talks and lectures, prayers, formulas and songs, gymnastic and breathing exercises, spiritual methods and practices for group work, self-development and conscious living.

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We will appreciate any assistance, especially in editing, publishing and distributing these translations.

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