

Studies to apply Initiatic Science:

Real Peacework Akademie

Education for a basic understanding for peace & harmony in the world!
- The Weekly Self-Study-Program for 2011 -



1. The Construction of our new Society

2. The new Family:

- * Men are from Mars, women from Venus ... and the children from Heaven!
- * The future Role of our future Parents
- * Partnership - A new understanding of Love & Sexuality
- * The creative Power of a pregnant mother, the importance of the father during that time

3. The new Political Parties - The new Politicians

4. Learning, Education, acquire additional skills & knowledge

- * easier, quicker, more successful & longer lasting than before - it doesn't matter if it is Mathematics,
- * Physics, Chemistry, Languages, etc. - it is a way of learning which guarantees fun AND success to both parties: teachers and pupils or students (even if they are very handicapped in learning!!!)

5. Hospitality Club / Couchsurfing Club – traditional Hospitality discovered anew!

A new, worldwide Community is coming into being: Travelling and staying with till now unknown friends - Travelling, become acquainted with new cultures and people with little money and lowest costs!

6. Living on Light – Dying of Hunger or Dying of Thirst ... Impossible!
Essential, destructive fears disappear!

7. The new Economy

- * New Models of Cooperation between Employer and Employees
- * Ricardo Semler, Management-Buyout, Employee participations, etc.
- * Die GLS-Gemeinschaftsbank - the community bank for lending & give-aways
(The first bank with ethical & ecological principles in their financial policy)
- * Free Energy technologies, Water cars and Earth healing

8. The new Agriculture - Ways out of the Crisis

9. The new Religion - solar & universal

Study-Project:

I shall live my Life Consciously

& with a profound understanding of its laws which govern the world!!

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Translations into other languages – with authors and origin detail – are particularly desired! We then ask you for sending the original manuscript to the following address so that the content and the translation can be checked and kept. Thank you!

*As word or pdf.file to: **Real.Peacework@gmail.com** or as Hardcover (as a CD) to the following address:*

**Christopher Benjamin, mailbox 490.
4021 Linz, Österreich**

www.RealPeacework-Akademie.info/Sofia

Study-Project:

I shall live my Life Consciously

& with a profound understanding of its laws which govern the world!!

Human beings have been seeking an ideal model for society for thousands of years, and if they cannot find it, it is because they don't know where or how to look for it.

To discover it, I need to turn my attention to a place where perfect order reigns, namely, to the sun.

Not to the physical sun, of course, but to the world of harmony, purity and light it symbolizes.

True organization is not just something external.

Good outer organization is necessary, of course, but there is a limit to what it can do; furthermore, it's of no use if the spirit does not animate it.

I shall take me, for example, with my limbs, my organs, and all my systems – respiratory, digestive, circulatory, nervous, and so on...

What extraordinary organization!

But then, how is it that for all that organization I am so weak and vulnerable?

Because it's not enough: a higher, spiritual organization has to enter this physical organization, to give it life and strength.

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 07: Angels & the Tree of Life

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 36: Only Beauty can save the World

eBook 45: How to work for Peace in the World

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Study-Project:

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Objective reality does not really exist: my only reality is what I live and feel.

Let's take the case I have hallucinations: I feel that I am pursued by monsters, I am terrified and I flee screaming.

Physically, visibly, no one is attacking me, but I feel persecuted, and I am suffering.

So when I suffer, you shall try telling me that it is only an illusion ... but my suffering is real!

In the same way, in the middle of the worst material conditions, I can experience illumination and ecstasy.

Once again, how can I be persuaded that it is not real?

I am truly immersed in joy.

The suffering and joy I feel are perhaps the only things I never doubt.

In effect, I can doubt what I see, what I hear, and what I touch, but what I feel, what I live can never be doubted; this is reality.

In this sense, it can be said that I am the master of my reality, because if I decides to bring heaven to live within me, I will achieve it, and whatever the conditions, it is heaven that I will experience

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 09: The hidden capacity of Human beings

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 21: A new Attitude for everyday Life

eBook 55: What is truth

eBook 66: The Importance of the Will

eBook 71: The Power of Desires

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”

out of the book:

„Live in Freedom and experience the plentitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

I shall live my Life Consciously

& with a profound understanding of its laws which govern the world!!

It is true that life presents me with all kinds of temptations, and do I consider it normal to succumb to these temptations?

Do I see it, as it is more or less why I have come to earth?

... to throw myself headlong into everything that attracts me?

But as a disciple of an Initiatic teaching I shall have a different point of view: I shall know that I have not come to earth to seek pleasure, but to carry out a work on myself.

If I succumb I am contrite, because I feel I have weakened and demeaned myself.

In order to avoid these regrets and this suffering, before rushing into some venture or other I shall say to myself: 'In doing this or that I will satisfy my desires, of course, but what will the repercussions be for myself and for those around me?'

And I reflect...

If I fail to pose these questions I am surprised when situations or problems arise which I did not anticipate.

Well, I need not be surprised, because what has happened was predictable.

Consequences are always predictable.

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Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')!*



Study-Project:

I shall live My Life Consciously

& with a profound understanding of its laws which govern the world!!

How my thoughts, feelings and desires create constantly my future without being aware of!

I become master of my destiny, because I become able to understand the language of life, myself and my role in the cosmic whole!



I cannot conceive of spirit without matter, but neither can matter be conceived of without spirit.

In the beginning there was spirit: everything that exists in the universe originates on high in this world of the spirit, and matter is therefore only a progressive condensation of the spirit.

Out of the eBook 62: The different bodies of human beings

*It is very important for me to cultivate this philosophy of the **pre-eminence of the spirit**, because it enables me to stand strong under all conditions.*

Even in my struggles with the difficulties of life – with my health, work, relationships, mishaps, and so on – I shall know I cannot be vanquished, because by means of my spirit, not only can I surmount conditions and circumstances, but I can influence them.

And ... I will not accept the notion that events rule my live.

So, it is up to me to choose, because:

According to the philosophy I embrace – the philosophy of matter or that of spirit – I will either be weak or powerful.



Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

- Introduction -

How often do I hear, 'If God existed, He wouldn't allow so many injustices to be committed.'

If I wish to understand God's patience, I must never lose sight of the **Law of Cause and Effect**, one of the fundamental laws of creation.

There is no cause without effect anywhere in the universe; every act and every element is the consequence of a cause.

It is only the brevity of life that prevents me from having the correct viewpoint and the correct understanding of events; the causes and consequences escape me.

That is why I am so impatient.

Patience is a virtue that is acquired through an awareness of the continuance of life.

As long as I am unable to take a long-term view, I am impatient and draw hasty conclusions, for I see only aberrations and injustice everywhere.

If, on the other hand, I am capable of seeing how the **Law of Cause and Effect** works I will notice that everything is just and everything has meaning.



http://www.realpeacework-akademie.info/linz/D/WS/GedankenGlauben_d.html

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 22: Explanations on Heredity

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 54: The Undesirables



It is true ... I am weak, but the reason I am so weak is that I have come to think of my weakness as natural, as part of who I am.

This is even the favourite theme of moral and religious teachings: my nature is weak and sinful.

In reality, I am not so weak, but I am certainly lazy!

I refuse to take myself in hand and instead give way to all my selfish, aggressive impulses.

Then, of course, I cannot help but see my failures.

... Am I really weak?

No, I am not and I will see that this is so if I make a habit of facing my difficulties.

If I run from them, they become insurmountable, and I then have good reason to cry about my weaknesses.

But if I decide to confront my difficulties, my efforts will seem easier and easier.

When can I call myself a true spiritual disciple?

If I surmount my obstacles and, by means of them, soar higher and further.

In the eBook 67: „**What the face of a human being is able to reveal!**“

Edition: Clear Answers to question concerning Daily Life (eBook-Edition "Thoughts of Eternal Wisdom"!))

<http://www.realpeacework-akademie.info/jena>

I get a (first) impression how all inner processes, incl. thoughts, desires, wishes, convictions ... but also habits, way of life, diet ... of earliest childhood up to this day ... models my face and leaves imprints on it. But this applies also to the whole body: my skin, hands, fingers, my posture,

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I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

- Introduction -

gestures/facial expression, gait, clothes ... it is visually visible for everybody who can read the signs! I am an OPEN BOOK, you are an open book ... whether I want it or not!

Everybody knows it but how rarely it is being used!

... and of course: this applies also to children, teenagers/young adults, old and young people!!!

I can see so much at first sight, preconditioned that I want it and I am able to!



I KNOW THAT I SPEAK EVEN IF MY MOUTH IS CLOSED!

I KNOW THAT MY SOUL AND PERSONAL, INVISIBLE COMPANIONS TALK WITH ME ... but who teaches me the keys – which I have – to understand them?

I KNOW THAT MY HEAVENLY PARENTS, LIFE WOULD LIKE TO GUIDE ME SO THAT I AM HAPPY! ... but who teach me their language?

Till now ... nobody! And if, then only incomplete and without the background, to help me to become master of my life!

That I understand life itself in its quintessence and its basic concepts!

Tell me ... how many have really understood this?

... how many prattle something they just have read somewhere?

How many have really UNDERSTOOD?

The **Real Peacework Academy** developed this first online-Self-Study-Course on a weekly basis. I work with eBooks / 'pdf.school-books' which are on the following internet pages for free.

They could be found here:

www.RealPeacework-Akademie.info/Giseh

www.RealPeacework-Akademie.info/Graz

www.RealPeacework-Akademie.info/Jena

www.RealPeacework-Akademie.info/Sofia



Do I live in turmoil and confusion?

Am I not sure of anything?

Do I feel as if I were thrown into the world, into some sort of mechanism whose workings I don't understand?

Why do I feel this way?

Because no one has ever explained to me that my existence, like that of the entire universe, is governed by laws.

As a result, I am unable to clear the path in front of me so I can safely advance and envision the future with confidence.

I cannot build a good future on a faulty present, because there is no separation between the two.

As long as I haven't learned to set the present on stable foundations – on the knowledge of the laws of nature, which are also the laws of morality – I obviously have everything to fear from the future.

How can I help being afraid when I have no idea where I am going, when nothing is certain?

Only when I know and respect the laws I can face the future with confidence.

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

- Introduction -

eBook 11: The Reasons behind Suffering

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 39: Real Freedom

eBook 40: True Love

eBook 54: The Undesirables

eBook 58: Science & Initiatic Science

eBook 70: The Power of Thought

<http://www.realpeacework-akademie.info/jena>

Real Peacework Academy

'Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Personal introduction to all Christians



Life is characterized by movement, because everything is in motion, everything evolves.

This is why truths that have not yet been accepted from the past will now be clarified and understood, and still many other new truths will be added to them.

This is what Jesus demonstrated when he presented a new moral code, one that was different from that of Moses.

*Several times in the Gospels he repeats: **'It was said ... but I, I say unto you ...'***

For example:

- *'It was said: You shall not kill. But I, I say to you: whoever gets angry with his brother will be liable to judgment ...'*
- *'It was said: You will love your neighbor and you will hate your enemy. But I, I say to you: Love your enemy and pray for those who persecute you ...'*

The morality brought to us by Jesus was not therefore the morality taught by Moses.

And today, why should we not have yet another?

Christians will be deeply shocked, because they do not like the idea of anything coming after Jesus; according to them, there is nothing to add.

*But Jesus said to his disciples: **'I still have many things to say to you, but you cannot bear them now. When the Spirit of Truth comes, he will guide you into all the truth.'** (Jh. 16,12-13)*

Yes, each time it is the spirit of Christ Himself (who is represented with the picture of our solar sun, who works with Archangel Michael to teach us, to help us evolve) who reveals Himself through human beings to add new, higher truths, because everything evolves.

*In addition it is said in the Gospels: **'Beware of false prophets who come to you in sheep's clothing but inwardly are ravenous wolves. You will know them by their fruits.'** (Mt 7,15)*

To interpret these words of Jesus correctly requires true discernment and great breadth of mind.

Otherwise this phrase can too easily be used to brand as false prophets all those who bring new ideas of the advancement of humanity.

In reality, God has never stopped sending His sons to earth.

And if the Church refuses to recognize them, so be it.

That will not stop God, who does not have to take the Church's views into account, from continuing to send us great beings bringing love and light.

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

– Introduction: Special Invitation to all Christians

How sad and narrow-minded it is to think that the great founders of religions who came before and after Jesus have been mere imposters who led humankind astray.

God is love, and because He is love, He has always sent prophets, initiates and great masters who have sacrificed themselves, renouncing the joys of paradise to help His children.

He will send yet more of these great beings, and **we will know them by their fruits.**



... and for becoming able to – I need to be informed ... I need to know about the visible and invisible worlds and influences I am constantly dealing with ... day by day..

This weekly program for self-studies would like to help me to gain that knowledge and wisdom.

=> So I lose the chance saying: "If I had known!"

Therefore the first thing I need to learn and understand is that the universe is governed by principles. These principles can be likened to the numbers 0 to 9, which make up every numerical combination. Principles, like the first ten numbers, are given once and for all, but I can't predict the countless combinations I can produce, as these are infinite.

And that is what I have to learn and accept: the new combinations, the new forms engendered over time by the principles, which, themselves, are eternal.

In every realm, movement is the law of life.

It is therefore a big mistake for religions to want to maintain forms forever.

Only principles are eternal, and forms – even those of a religion – have to evolve.

And here we are:



Explanations which will help me to understand the Bible, the Scriptures, and life itself – even myself who is the greatest mystery!

A self-studies-program which clarifies what Jesus wasn't able to tell his disciples ... and what was only known by St. John, his most beloved disciple.

eBook 15: The Quintessence of Christianity

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

<http://www.realpeacework-akademie.info/jena/>

A last word before I am allowed to start with my studies:

The existence of evil is one of the main subjects of inquiry for philosophers, and for thousands of years the faithful of all religions have begged, '**Lord God, annihilate evil!**'

But the Lord scratches his head, smiles even, saying to himself, 'Poor things! Once you learn to deal with evil, you'll stop begging me.'

But until that day comes, there will still be much praying!

Of course, I should pray, but what I should be asking is,

Lord God!

Teach me how Thou hast created the world and how Thou dost see things, that I may, like Thee, be **above** evil,

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– Introduction: Special Invitation to all Christians

*untouched by it,
but able to use it for the realization of great things.*

(3 times)

If I reason this way I understand that evil has a positive part to play in the universe.

I may say I was taught differently.

Possibly so, but what I was taught was incomplete; it is good and true for children, but the reality is quite different.

The whole of creation is proof that evil is essential to the cosmic economy.



eBook 11: The Reasons behind Suffering

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 48: How to master Habits

eBook 68: Pride and Vanity

Enjoy!

Christopher Benjamin

www.RealPeacework-Akademie.info/Sofia

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– Introduction: Special Invitation to all Christians

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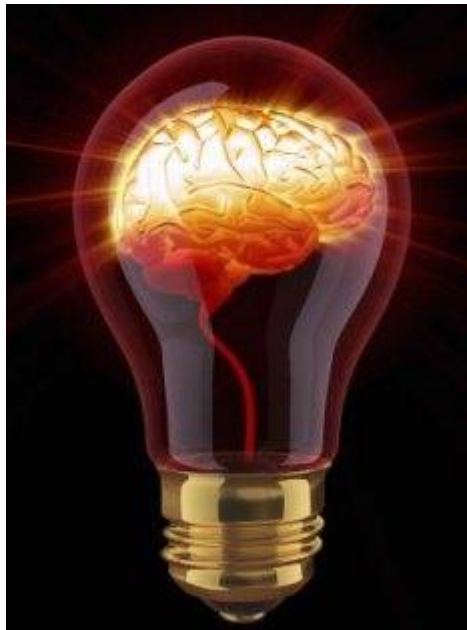
I shall live My Life Consciously

& with a profound understanding of its laws which govern the world!!

How my thoughts, feelings and desires create constantly my future without being aware of!

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Personal introduction to the atheists & rationalists



Even if the word 'God' does not mean much to me, advances in scientific and technological knowledge oblige me to admit that the entire universe is governed by laws.

I can thus comprehend that a Cosmic Intelligence exists which has established these laws, and that these same laws also govern me – my physical life as well as my psychic life.

One of these laws is that everything I experience is recorded within me, in my physical as well as my psychic organism.

Yes, whether they are positive or negative, my thoughts, feelings, desires and actions are recorded in the substance of my being.

Therefore, everything I do that is harmful ultimately manifests in me as a hindrance, a limitation, and everything I do that is good enhances my immense potential to flourish.

This is what I must now come to understand, otherwise neither the Church, nor the Bible, nor will any other sacred book be able to make me wise.

I must discover within myself the reasons to respect divine laws; it is within myself that I must discover the divine plan.

http://www.realpeacework-akademie.info/linz/D/WS/GedankenGlauben_d.html

(German! Please use online Translator!)



Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

– Introduction: Special Invitation to all atheists & rationalists

But what can help me to decode and understand the Mystery of Life?...

According to the proverb:

- "Exactly at the moment when the caterpillar thought the world comes to an end it became a butterfly." or:
- "We are not sheep or lemmings who are chosen to run blind somebody afterwards!" or:
- Living on Light / Living on Prana / Living with 'light & love': "You don't have ANY problem to live without food or drink ... but you HAVE BECOME a problem for others!" (Michael Werner, Berne) or:
- "Life is not a problem which must be solved. No, it is a mystery which wants to be lived!" (Osho)

Yes, and after having no "Secret of Faith", there is a lack of need of an establishment of mediators (which we call clergy and which has so much influence) and who presents God as a very moody and unpredictable reign ...

Is it surprising then watching people behaving in an irresponsible and self-destructive way?

No, because it is the logical consequence!

But nevertheless ... it is always reproached: "God is love!"

But in what and how is this love expressed and how can I understand it?

That I can do whatever I want and that I have all the time of the world that I understand what I do / did wrong and to correct myself without hast!

And ... I have all the time of the world to understand the laws on which creation is based and ruled!

Yes, I am allowed to learn to act and to live according the **Law of Love and Wisdom** in my own time without reprisals ... only facing the consequences of my actions and deeds ... incl. thoughts and feelings ... today, tomorrow and even later (which might be in a different incarnation).

Yes, I am in a school for gods in which I am learning to recognize and to face the consequences – in slow motion – of my thoughts... as Brugh Joy mentioned.

More about all that you find here:

http://www.realpeacework-akademie.info/linz/D/WS/GedankenGlauben_d.html (in German, so use online-Translator for english!)

So I shall know:

Statement 1:

Music is the breathing of the soul.

The soul manifests itself on earth through music.

When I develop subtler powers of perception, my consciousness will be awakened and I will begin to hear this majestic symphony resounding through space, from end to end of the universe.

When this day comes I will understand the profound meaning of life.

Statement 2:

True love is not a feeling but a state of consciousness.

This is worth meditating on if I want to further my evolution.

As long as I do not know love as a state of consciousness I will remain in darkness and I will not understand much about life.

Of all the qualities that will bring me closer to this understanding of love, purity is the most important.

And when I say purity, I mean thoughts and feelings that involve no selfish interest whatsoever.

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

– Introduction: Special Invitation to all atheists & rationalists

The words life, love and purity are linked.

Why?

Because life is based on love and the purer this love is, the richer, brighter and more beautiful life is.

The meaning of life is to love and to be loved.

When I love others with a disinterested love, in other words love that involves no self-interest, I am like a spring to them, a spring that brings life.

And those who love me will bring me a plentiful life.

Statement 3:

Life is nothing other than an uninterrupted exchange between me and the universe.

Cosmic life enters into me, I impregnate this life with my emanations, and then it returns to the source.

This continuous communication between me and the universe is known as nutrition, as respiration, and also as love.

If I do not have this communication, I die.

- For life to exist on the physical plane, exchanges with the earth are vital.
- To be alive on the astral plane - the heart - I must make exchanges with water.
- To have life on the mental plane - the intellect - I must make exchanges with air.
- To live in the soul and spirit, I must make exchanges with heat and light.

The physical body needs nourishment to stay alive, but the heart, the intellect, the soul and the spirit also need their nourishment.

When I ignore this truth, the whole meaning of life is lost.

Statement 4:

The Creator has given me the immense mission of transforming and sublimating all created matter.

Everything I eat, everything I breathe, everything I touch, **I am obliged to improve and embellish.**

This is my task: to ingest matter in such a way that it passes through me transmuted into a divine substance.

My life has no true purpose if I do not understand this fact.

My job is to spiritualize everything, to make everything divine.

If I succeed in doing so, luminous spirits will take notice, granting me their appreciation and patronage, and will stay close at my side, because they see I understand the meaning of life.

When I make efforts to excel, surpassing myself to produce some transcendent creation, I mark matter with the insignia of the spirit.

This is how I fulfil my task as a child of God.

Statement 5:

My children are dreams, thoughts and feelings that I have had in the past, and which I have now clothed in physical form.

I do not know who I was in the past?

Well, I shall look at my children and they will tell me: 'Watch us, we are here to show you what you were really like.'

If I want to know the truth about me... I shall only look at my children.

I say now ... that I am not married and I have no children – but, there again, I am mistaken.

My children can also be my actions, and that is how, each and every day, I bring children into the world.

Jesus said that I can tell a tree by its fruit.

If my fruit is tart, bitter and acidic, it proves that within me, the mother – the heart, and the father – the intellect, are defective.

Action is a child, and this child can only be divine if this inner father and mother have conceived it divinely.

Statement 6:

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

– Introduction: Special Invitation to all atheists & rationalists

Do I have a natural tendency to make appearances merely to gain recognition and respect?

Do I spend my time in receptions and intrigues?

Do I waste my life trying to impress people, without thinking that in a few years all will be forgotten?

What truly gives life meaning is to work with the light and for the light, without worrying about pleasing or displeasing others.

And one day, even if I do not wish it, others will come looking for me to show me their respect and admiration.

When my thought remains linked with the light and with divine love, people I encounter cannot help but find comfort and peace in my presence; they value me and seek my company.

Whereas if I abandon the Lord, I can no longer replenish my inner riches.

Then, when I have become poor and empty, who will want to spend time in my company?

Statement 7:

To the doctor of law who asked: 'Master, which commandment is the greatest of all?'

Jesus responded: 'You shall love the Lord your God with all your heart, and with all your soul, with your entire mind, and with all your strength.'

By 'mind' I am to understand intellect, and by 'strength' I am to understand spirit, for only the spirit in me has true strength.

I must therefore love God with my heart, my intellect, my soul and my spirit, in other words with the four principles which make up my psychic world.

I possess these four principles, but merely by possessing them do I love God as Jesus asks me to?

No, for these same instruments rust if I do not learn to maintain them, to work on them.

This is why I must meditate on the precept of Master Beinsa Douno:

***'Have a heart as pure as crystal,
a mind as luminous as the sun,
a soul as vast as the universe and
a spirit as powerful as God and one with God.'***

The purity of the heart, the light of the intellect, the immensity of the soul and the power of the spirit... it is by working on these virtues that I come to truly love God.

Statement 8:

I owe everything to nature.

She gives me all the elements that form my bodies, all the sustenance necessary to keep me alive water, food, air to breathe, the light and heat of the sun - all the essential materials for my clothes, houses, tools, and so on.

I am proud of my ingenuity, but am I conscious that all the materials used to manufacture my instruments, appliances, and even works of art, are provided by nature?

Nature provides me with everything.

But everything I take from nature is noted.

I have incurred these debts with nature, and I must liquidate them.

But how can I do so?

With a payment called respect, gratitude, love, and the will to study everything written in the great book of nature.

Paying means to give something in exchange and I can do this with all that is good in my heart, my intelligence, my soul and spirit.

I am limited on the physical plane, and nature does not insist that I return all the food, water or air I have taken.

But on the spiritual plane my possibilities are infinite, and it is on that level that I can repay a hundredfold all that nature has given me.

Statement 9:

Several times during my existence, I have to undergo trials which force me to ask myself the only questions of real importance: those concerning the meaning of my life.

And if I am told I will find the answers in religion, I will continue to feel empty and lost.

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

– Introduction: Special Invitation to all atheists & rationalists

But from time to time, I am overwhelmed by suffering I plunge so deeply inside myself that I find the answers right there.

It's not religion that helps me, it's not faith that helps me, and yet I find faith because of what I am experiencing.

For the truth is, God has placed in me all the answers to the questions I ask myself and all the resources I need to confront the trials of life.

Through trial and error, I can eventually find them, and I find them even more surely than in some of the explanations given me by religion.

Statement 10:

Because God wants to know Himself through matter, He has created suns, planets, stones, plants, animals and human beings.

And because I was created in the image of God, me too I want to know myself through matter.

My spirit is immersed in the matter of this body which is a microcosm of the universe, and it is through this body that I seek to know myself.

But I will gain this knowledge only when I have worked to render this matter so subtle and transparent that it will no longer hinder me.

I am here on earth to reach one goal only: to manifest the light and power of the spirit.

This light and this power are always within me and, in exceptional circumstances, I feel them burst forth.

Do I believe they have come to me suddenly, out of the blue?

No, they were already inside me but, at that precise moment, I enabled my spirit to manifest through my matter.

Statement 11:

Heaven has led me to this teaching, so at least I shall try to draw from it some things that are good for my evolution.

Otherwise it is a waste of time, and I will spend my life searching and complaining that I never find meaning in what I do.

I seek meaning to my life, but I seem to do everything possible to avoid finding it.

And how could I find it, when I give priority to the satisfaction of my coarsest instincts?

I should study myself a little, and then I will notice that what motivates me is the desire for pleasure and the need to dominate and to possess.

When I really want to find the meaning of life, I must detach myself, distance myself a little; otherwise I remain bogged down and unable to extricate myself, and then how can I talk about meaning?

Moreover, God has placed the meaning of life in the understanding, respect and love of all the beings and things that He has created.

Statement 12:

*I shall be patient and I shall not lose courage, because **I am a prince (or princess) and a kingdom awaits me.***

'Yes,' I will say, 'but while waiting I am living in poverty, and I am exhausted from work. People do not respect me and even insult me.'

Yes, but this is a temporary situation.

The king, my heavenly Father, has sent me on a short apprenticeship for pedagogical reasons.

In His wisdom and foresight, He says to Himself: 'When this child reigns, (s)he will have immense power over millions of beings, but how is (s)he going to fulfil this task if (s)he has not first developed qualities of patience, goodness, and courage? (S)He will be spiteful, lazy, capricious and a coward, (s)he will imagine that everyone is there to serve him/her and will behave like a tyrant. Therefore, I will not allow him/her to take possession of his/her kingdom until (s)he has proven (s)he will not abuse his/her power and his/her wealth ... not a moment sooner.'

So, I shall work, I shall be full of courage and hope, and one day I will receive a kingdom as my inheritance.

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Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

Thought 1:

My astrological chart merely gives me a few clues about my destiny.

So, even if it presents me many negative aspects, these should not be seen as absolutely predestined.

The truth is, my spirit is above the stars and planets, beyond their influence.

My spirit is free and all-powerful.

Whatever configurations the stars may have drawn for me, beyond the region where destiny is master my spirit reigns, and destiny can do nothing against it.

The only way of escaping destiny is therefore to place myself in the service of the spirit.

I shall not give the excuse that I were 'born under a bad star' so I can remain forever weak, lazy and idle.

It is only granted with this remark: I have karmic debts to pay, but those debts only represent a second in eternity.

I should not allow a single moment to dim the light of the spirit.

Whatever happens, I must remain convinced there is a spark shining within me that nothing and no one can snuff out or even obscure.

eBook 03: The Importance of having an High Ideal

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 43: A Servant of God

eBook 48: How to master Habits

eBook 59: Be a spring

eBook 66: The Importance of the Will

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

Awareness – develop awareness – to be or to become conscious of yourself
<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals
... and that of everyone who is important for me!
www.realpeacework-akademie.info/giseh

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)
=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!
www.realpeacework-akademie.info/sofia

Thought 2:

*I will only master my inner world if I seek to identify with my spirit by placing it at the centre of my life as the sole stable, unchanging and indestructible reality.
Gradually I will sense that I radiate in all directions of space, and a pure, powerful aura will form around me attracting the presence of celestial entities.
Only if I succeed in forming a circle of light around myself I have truly found my place in the world.
For wherever I go, the circle that surrounds me also gives me the very best conditions to create.
In the same way that my physical body is protected by my skin, so my psychic bodies are protected by my aura.
When I leave the centre, it's as if the aura, this spiritual skin, cracks, and the slightest annoyance makes me lose my equilibrium and my peace.
The centre, my spirit, is my only true place.*

eBook 25: The Relationship between Colours & the Aura

To deepen these explanations have an additional look also at this scripture (when you are able to read German)
"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"
out of the book:
„Live in Freedom and experience the plenitude of life!"
http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

*If I direct all my efforts toward material success I cannot demonstrate much generosity.
I will have constantly the feeling I am in constant danger of losing what I possess, for I am at the mercy of events, or of others' ill will, or of rivals who are more enterprising and clever than I am.
It is hardly surprising, then, that I am reluctant to share with others what I am so afraid of losing.
Not only do I refuse to share it, but I do everything in my power to hold onto it, even if I appear egotistical, ruthless or cruel.
If – on the other hand – I have worked to acquire spiritual riches I know that no one can take them away.
I am always ready to share them, for I feel that by allowing others to benefit from me I myself are enriched.*

eBook 03: The Importance of having an High Ideal
eBook 05: The Kingdom of God & His Righteousness
eBook 11: The Reasons behind Suffering

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 31: Life and Death

eBook 41: True Happiness

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 4:

How can I know whether I truly believe in God and truly love Him?

The answer is simple: if I am grateful and remember to thank Him ... which is precisely the opposite of what I generally do.

Do I say I believe in God and do I imagine I love Him, but most of the time I express my faith and love in demands: God must watch over me, protect me and grant me everything I want, and if He fails to do so He'll be in trouble, because I will no longer believe in Him or love Him?

Yes, my faith and love amounts to this: complaints and reproaches.

This is why my faith is precarious and my love so inconstant.

eBook 02: A new Light on Prayer

eBook 39: Real Freedom

eBook 40: True Love

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 45: How to work for Peace in the World

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 61: Obedience

eBook 63: Trust

eBook 64: Honesty

eBook 71: The Power of Desires

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

« The 14 stages of the Crucifixion of Jesu »

Seen, understood and newly interpreted for daily life

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

Thought 5:

Over the course of history, not only has religion brought about all sorts of atrocities, but those who carried them out were convinced they were doing their duty.

Yes, to imprison, massacre and burn 'heretics' and 'infidels' without any consideration for their humanity was to demonstrate their faith.

And some of them were even persuaded that in doing so they were acting out of love for their fellow men: by condemning them to be burned at the stake, they were saving them from the fires of Hell, from eternal damnation.

The aberrations fanaticism can produce in the minds of some are extraordinary!

And God, of course, would reward them!

But did they first ask Him if He condoned the massacre of His creatures?

This is the first question to be asked – even in this epoch – if I claim to be a 'soldier of the faith' and I think of myself as an instrument of the divine will: has God sent me to earth to massacre my fellow creatures in His name?

eBook 01: Means to bring 'Heaven on Earth'; Prenatal Education & Spiritual Electroplating

eBook 36: Only Beauty can save the World

eBook 40: True Love

eBook 42: Why we should accept Reincarnation

eBook 43: A Servant of God

eBook 45: How to work for Peace in the World

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 54: The Undesirables

eBook 68: Pride and Vanity

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

*=> **Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTS!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

« What Humanity should have learned from the Horror of the Holocaust! (in German)

Backgrounds & Aims which certainly determine and influence our current affairs – an Interpretation of the Events in the Light of Initiatic Science »

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

Ageing is generally considered to be an ordeal.

And it is true that for me getting old is a very unpleasant trial, because I have not lived in harmony with divine laws.

But in fact, old age can be the best stage of my life.

If I have nourished an ideal during my youth and adulthood, many things improve during old age: understanding and lucidity, for example.

How can this be explained?

By the fact that my mind and my physical body do not evolve in the same way.

My legs, my eyes and my ears begin to betray me, but the life of my soul and my spirit become increasingly rich and abundant.

It is as if I finally tasted the fruits of my efforts.

So I shall prepare myself: I shall think about living in the right way while I am young, so that later I may taste this abundance of fruits.

eBook 03: The Importance of having an High Ideal

eBook 04: Master & Discipleship

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 45: How to work for Peace in the World

eBook 51: Interpretations of the Gospels

eBook 67: What the face of a human being is able to reveal

eBook 71: The Power of Desires

and:

To deepen these explanations have an additional look also at this scriptures (all in German)

*« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »*

*« **Live in Freedom and experience the plenitude of life!** »*

*« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »*

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

Do I claim that I cannot know the objective worth of people and things?

Yet, there are criteria that can be used.

For example: Someone presents me with a loaf of bread saying: 'It is excellent; it will give I strength.'

I take some, I eat it, and then I am sick: therefore ... the bread is bad.

The proof is there, and I cannot continue to eat it.

Someone else brings me another loaf of bread, and having tasted it, I feel revitalised, which proves that this bread is good.

The same thing applies to every realm.

Someone tells me about a philosophy, saying that it is the best, that I must adopt it ...

Well, I shall verify it first.

If I begin to see more clearly, if I feel more love, zest, and inspiration in my heart, if my will to work and resolve every problem becomes stronger, then I shall accept this philosophy.

Even if a tramp or an outlaw presents it to me ... it is excellent, because I have the proof.

eBook 20: Living a Successful Life

eBook 24: Education – Guidelines for Parents

eBook 30: The different aspects of 'Clairvoyance & Intuition'

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 46: How to surpass Karma & Predestination

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

eBook 51: Interpretations of the Gospels

eBook 55: What is truth

eBook 58: Science & Initiatic Science

eBook 63: Trust

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Thought 8:

Just because I have read a few esoteric books, do I increasingly seem to believe I can take on the role of a spiritual master?

As if it was like being a teacher of geography or maths.

Well no, to become a true master capable of educating disciples, I need to have worked on myself for many years, incarnations even.

It is true ... one day I will be able to have disciples and educate them, but when?

Once I have rid myself of all my weaknesses and have learnt to control myself.

In the meaning I must do all I can to improve myself so that I may have the best possible influence on the people around me and all those I come to meet.

Because whoever I am, there are always people on whom I can have a good influence.

So, before putting myself forward as a spiritual master, I shall try to practise in the situation in which I presently find myself.

Wherever I have a responsibility, I can use it as an opportunity to act beneficially on others through my patience, my self-denial and my generosity.

eBook 04: Master & Discipleship

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 24: Education – Guidelines for Parents

eBook 43: A Servant of God

eBook 44: Becoming a Spiritual Disciple

eBook 45: How to work for Peace in the World

eBook 67: What the face of a human being is able to reveal

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

Thought 9:

The more I unite with the divine Source, the more I attract luminous entities that come to help and support me.

This is how I become strong, radiant, in control of myself and in possession of the powerful keys of self-realization.

If there is anything I should fear, it is to do something that would send these divine craftsmen away from me, for each fault produces dark and sickening emanations that these invisible friends cannot bear.

Only one thing attracts them: the pure and harmonious ambience I created when I have succeeded in placing God at the summit, at the centre of my life, and when I pray and meditate to keep this link with this summit, with this centre.

Gradually my soul opens up to the point of feeling – of even seeing – these celestial workmen run the waters of the river of life over me and illuminate me with their rays.

eBook 02: A new Light on Prayer

eBook 07: Angels & the Tree of Life

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 47: How to work with Talismans

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

and:

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?" out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 10:

When I am unhappy, disappointed or discouraged I shall remember that these are not permanent states, and that happiness is already preparing to visit me.

But in the meantime I shall not passively endure these negative states, but I shall tell myself they can be put to use to work on my inner self.

I could compare these states to the compost or manure I put on my flowerbeds and shrubs to promote growth and make them more beautiful.

And this analogy can also be made between the physical plane and the psychic (mental and emotional) plane.

And if I analyse how my psyche responds to stresses from the outside world or from my inner world, I will discover that I can extract energy from even my most negative states.

What I lack most is the ability to know and understand the subtleties of inner life.

I have inside me a laboratory where I can look for the elements I need to live with the right attitude.

It is impossible to describe these elements theoretically.

I must find them for myself by observing the reactions day-to-day events produce within me.

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

eBook 29: A correct understanding of Good and Evil
eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light
eBook 39: Real Freedom
eBook 41: True Happiness
eBook 63: Trust

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)
<http://www.realpeacework-akademie.info/jena>

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)
=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!
www.realpeacework-akademie.info/sofia

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

1. I lay the scriptures aside for a while,
2. take a break, do a fast for 1, 2 or even 3 weeks,
3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!
... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.
<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

Lesson for KW01:

Why shall I seek to identify with my spirit? ('Blessed are those who identify themselves with the spirit.')

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Lesson for KW02:

I want to be happy? ... Then I shall work!

Thought 1:

All the efforts I make to enhance my physical and material life will not make me much happier if I do not first try to get to know and accept the truths that will improve my inner life.

Whatever I achieve on the outside, I will never be fulfilled, for fulfilment is only found through personal effort: an effort of will, of thought and of the imagination.

Besides, I know this – I've experienced it so many times!

I find satisfaction in everything I manage to accomplish, whereas everything I have received without doing anything – even money – doesn't give me the same joy.

Yes, I know this, but I still continue to expect joy to come from outside.

That's why, in spite of all I possess, I still feel poor, dissatisfied and empty.

Therefore, no matter what I possess or what is given to me, I shall never forsake inner work.

Right till the end, I shall not give up on it!

eBook 11: The Reasons behind Suffering

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 32: Magic in everyday life

eBook 41: True Happiness

eBook 55: What is truth

eBook 70: The Power of Thought

eBook 72: The Power of Feelings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

Am I an artist who was greatly admired but was living a debauched and perverted life, with my circle of family and friends wondering how I could express heaven in the way I did when my life was hell?

Didn't I know it either?

Was I unaware that my gifts originated from luminous beings in the invisible world, who had come to manifest within me in the hope of saving me?

Yes, my mysterious talent revealed in me is a sort of bridge which spiritual entities establish between me and heaven.

The entities write, paint, compose, sing and play through me (they inhabit), making enormous sacrifices to lead me out of hell.

If I persevere on my path of destruction, the entities one day end up leaving me.

They do so with sadness, but they have no alternative.

Lesson for KW02:

I want to be happy? ... Then I shall work!

eBook 07: Angels & the Tree of Life
eBook 09: The hidden capacity of Human beings
eBook 10: Being Member of a Family ... and its different Connections with the world
eBook 12: The Cosmic meaning of Marriage
eBook 14: Music and Creation
eBook 18: The Universal Brotherhood of Light
eBook 20: Living a Successful Life
eBook 24: Education – Guidelines for Parents
eBook 25: The Relationship between Colours & the Aura
eBook 27: The Laws which govern the Universe
eBook 68: Pride and Vanity

Thought 3:

*Although I persist in my search for happiness, I do not find it.
Why?
Because I set my sights too low, where I find only its opposite.
Happiness is a state that is extremely subtle, extremely delicate.
It is like a flower, which cannot be exposed to bad weather without wilting.
Cosmic Intelligence has put happiness in a safe place, high in the most elevated regions.
Yes, Cosmic Intelligence has placed its treasures where sound cannot reach them.
To attain these regions, I must wrest myself from the level of my ordinary passions and my great fluctuations and intensify my soul's vibrations.
When I – a spiritual disciple – introduce silence into my soul, I rise to those regions where Cosmic Intelligence has placed happiness.*

eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 27: The Laws which govern the Universe
eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light
eBook 41: True Happiness
eBook 50: Christ, Christians & Christianity
eBook 56: Wars – seen with a wider field

Thought 4:

*First and foremost, a spiritual master teaches me – as his disciple – the science of life.
But I – who has no idea of the value of life – think: 'What is this science? How to live? ... Who cares?
But ... How to predict the future, how to make a talisman, which might protect me and to find out about previous incarnations... this is what is interesting.'
And I waste my time reading books on occultism, or meeting with people who supposedly illuminate me.
In the meantime, I neglect my life until, weak and disappointed, having found nothing I had hoped for.
I begin to understand that I have missed what is essential.
Yes, because nothing can equal or surpass life: not science, philosophy, occult powers or money.
I must therefore protect, purify and illuminate my life, because thanks to it I will obtain true knowledge, true clairvoyance, true riches and true powers.*

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW02:

I want to be happy? ... Then I shall work!

Thought 5:

I have work to do, and I wonder if I can manage it?

At first I hesitate a little, but then I make up my mind, and finally I succeed: I lift this weight ... I move that obstacle.

This proves I am capable of such efforts, and in recognizing my possibilities; I feel my force and my faith grow.

Faith, then, is linked to the assurance I gain through my triumphs.

This law is borne out all the more in the spiritual realm.

From one effort to another, all my untried capabilities come out into the light of day and make themselves known.

But I must be reasonable and begin modestly by accomplishing small things at first.

Do I have been stopped in my evolution because I failed to begin modestly?

eBook 09: The hidden capacity of Human beings

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 32: Magic in everyday life

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"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

Over the centuries Christians have persecuted Jews, claiming that they were responsible for the death of Jesus.

But I shall imagine if Jesus were to return: would he be happy to see what Christianity has become over time?

I hope Christians will forgive me, but the scene Jesus would behold and the sermons he would hear would remind him of what he had condemned in the Pharisees and Sadducees, and once again he would rise in protest against the state of things.

But instead of listening to him, it would now be the Christians who would plot to have him killed.

Yes, the Christians of today would put him to death, or arrange to have him silenced.

eBook 15: The Quintessence of Christianity

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 58: Science & Initiatic Science

eBook 68: Pride and Vanity

Thought 7:

What a difference there is between reptiles and birds, and yet birds are the final evolution for certain reptiles!

How has this evolution occurred?

Perhaps among the reptiles there were several individuals who were more enterprising, more daring, and curious about a freer way of life.

So, eventually they managed to fly and others followed them, whereas the rest, who were lazy, fearful, and without ambition, stayed close to earth.

Lesson for KW02:

I want to be happy? ... Then I shall work!

Well, this is what happens to human beings: throughout history there has always been a minority of human beings who were ready to follow those who led them onto new paths, whereas the others, the majority, were content to stagnate.

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

=> Pornography of any manner needs to be abolished!

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Thought 8:

My life is a succession of encounters, of contacts with objects, places, situations, human beings and other creatures.

Do I want to experience and know?

Why?

Because I think that with this knowledge I will gain something?

But I shall be careful, because very often the reverse is true.

The fly looks at the spider's web with great curiosity.

It wants to know what it is.

It has no idea that in this magnificent web of threads lurks the very cunning creature who spun it, and so the fly ventures in and makes the acquaintance of the spider, once and for all I could say.

The artist who spun this trap is of course delighted, but for the fly it is the end.

Well, life is full of spider's webs and traps like this, waiting for the curious and careless who venture off without anyone to guide or instruct them.

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

and:

Lesson for KW02:

I want to be happy? ... Then I shall work!

*Understand Life and yourself anew:
clear Answers to Questions concerning Daily Life
www.realpeacework-akademie.info/jena*

and:

*Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life
(Movie)
=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural
phenomena etc. ... and how we are led or accompanied through life!
www.realpeacework-akademie.info/sofia*

Thought 9:

*Do I say that I pray but without any result, and that I have a feeling of being in a void?
Would I like to have a very simple but very efficient method?
Here we are: When I pray, I shall start by imagining a multitude of spirits scattered around the whole
world, concentrating on the Creator from where they are, uniting with Him through their thought and
love.
Now I shall imagine that I am joining with these beings so as to pray with them.
In this way my voice is not isolated in the wilderness of life, and I am soliciting heaven together with
thousands of luminous beings.
I will then feel that my prayer has been heard because of the large number, the group; and I will also
benefit from it.
It is because I am alone that I have the feeling my prayer is not reaching its goal.
The secret is to unite with all those that pray, since at every moment, somewhere in the world, there
are some who are praying.*

*eBook 02: A new Light on Prayer
eBook 03: The Importance of having an High Ideal
eBook 05: The Kingdom of God & His Righteousness
eBook 18: The Universal Brotherhood of Light
eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 27: The Laws which govern the Universe
eBook 37: Guidelines for Spiritual Work
eBook 70: The Power of Thought
eBook 71: The Power of Desires
eBook 72: The Power of Feelings*

Thought 10:

*The physical family is one thing, the spiritual family is quite another.
I can belong to a family whose members are not of the same spiritual family as I am and despite the
blood ties, they are not really my relations.
I am not responsible for their actions and they are not responsible for mine.
The Old Testament says that when I have sinned, not only am I punished, but my children and my
grand-children to the fourth generation will be punished too.
But what have these children done to deserve this suffering?
It is me who has sinned, not them, so is this punishment not unjust?
No, because those who pay for my mistakes by inheriting the same vices or the same diseases are
truly of the same family as me.
If they belonged to a different spiritual family then they would not suffer.
There have been criminals who have given birth to saints, so this means children are not always
touched by the crimes their parents commit.
If they are it is because, in the past, they have followed the same path and have thus been attracted to
reincarnate amidst those whom they resemble.
They have therefore been constrained by law to enter this family so that they experience the same
trials previously incurred by me, their parents.*

Lesson for KW02:

I want to be happy? ... Then I shall work!

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 22: Explanations on Heredity

eBook 26: Reflections on Birth

eBook 27: The Laws which govern the Universe

eBook 34: Proper knowledge of Human and Divine Justice

eBook 42: Why we should accept Reincarnation

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 67: What the face of a human being is able to reveal

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> *Women are neither possessions nor desire or sexual objects for so-called man'ly desires!*

=> ***Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.realpeacework-akademie.info/linz/D/WS/GedankenGlauben_d.html

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW02:

I want to be happy? ... Then I shall work!

Lesson for KW02:

I want to be happy? ... Then I shall work!

Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW03:

Work ... and the ,Law of Chance'

Thought 1:

Whatever names dark entities may be called by, their existence is a reality.

They prowl around me, trying to find a way into theme and sometimes succeeding.

Exorcism rituals are performed to drive them out, but these require great knowledge.

A spiritual master also possesses very powerful means for saving me if I have become prey to harmful spirits.

But before he employs these means, he must feel it will be useful, that I won't land straight back in the spirits' clutches, in which case the situation would be far worse.

When he sees that all the conditions are met, he seeks me out, but not on the physical plane, for he must do this work on the astral plane.

So he goes to me while I am asleep, for example, and declares war on the dark entities, not leaving me in peace until they've departed.

I wake up feeling much better, and this allows me to become aware of my mistakes – because if I fall into the clutches of evil spirits it means I have attracted them – and I understand the need to change my way of life.

eBook 04: Master & Discipleship

eBook 11: The Reasons behind Suffering

eBook 16: Purity as the Key to Self-Realization

eBook 18: The Universal Brotherhood of Light

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 29: A correct understanding of Good and Evil

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 44: Becoming a Spiritual Disciple

eBook 48: How to master Habits

eBook 68: Pride and Vanity

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*

Lesson for KW03:

Work ... and the 'Law of Chance'

- *The Spiritual Guidance of Mankind* (Munich, 20. August 1911)
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times* (6 Lectures)
- *Relationships Between the Living and the Dead* (Hamburg, 16.02.1916)
- *The Influence of the Dead on the Life of Man on Earth* (Zürich 03.12.1916)
- *Life Between Death & Rebirth – The active connection between the living & the dead* (16 Lectures)
- *The Work of the Angels In Man's Astral Body* (Zurich 09.10.1918)
- *Past Incarnations of the Peoples of Today* (Stuttgart 06.01.1921)
- *Man in the Past, the present and the Future – The Evolution of Consciousness* (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 2:

The sky is grey... I would very much like to receive the warmth and light of the sun, but it's impossible. I have to wait for the clouds to go away, and while I am waiting do I have the impression the sun has abandoned me?

No, not at all; it's just that I am below the clouds.

I shall take a plane so I can rise above the clouds: nothing can intervene between me and the sun anymore; it's there, and it's shining non-stop.

If I feel abandoned inside, it proves I have come down too far below the clouds, and once I have done that, of course, there's always a screen depriving me of the benefits of the spiritual sun.

Well then, since the feeling of being or not being abandoned depends on me, why not change my state of consciousness?

Why shall I remain in such a low place, where every minute of every day a screen intercepts the light?

Who is preventing me from climbing up to receive the sun's blessings?

eBook 20: *Living a Successful Life*

eBook 21: *A new Attitude for everyday Life*

eBook 27: *The Laws which govern the Universe*

eBook 29: *A correct understanding of Good and Evil*

eBook 33: *Meditation as the Gateway to harmonious living*

eBook 35: *Working with Light*

eBook 37: *Guidelines for Spiritual Work*

Thought 3:

In my relationships with my family and friends, I shall always seek life, the life that will enrich and embellish me and every one else.

To do so I must be neither negligent nor lazy, but I shall agree to do the exercises.

What are these exercises?

Daily life affords me every opportunity to be annoyed by the behaviour of someone or other.

And the slightest annoyance or hurtful word assumes gigantic proportions.

Yet I scarcely notice when people are kind and friendly to me.

I see all gestures of friendship and love as their due and immediately I forget them.

But it is precisely these that I must not forget!

On the contrary, I must enhance everything positive by linking it not only with all the good that has ever come their way from others but also with all the good that exists in the world.

True brotherhood begins when I understand how to enrich my life with the life of all.

eBook 05: *The Kingdom of God & His Righteousness*

eBook 18: *The Universal Brotherhood of Light*

eBook 20: *Living a Successful Life*

eBook 21: *A new Attitude for everyday Life*

eBook 24: *Education – Guidelines for Parents*

eBook 27: *The Laws which govern the Universe*

eBook 32: *Magic in everyday life*

eBook 37: *Guidelines for Spiritual Work*

Lesson for KW03: **Work ... and the 'Law of Chance'**

Thought 4:

Am I turning to clairvoyants, mediums and seers to resolve my problems with health, love and work... or to be exorcized, to be released from spells?

Do I make no effort to become stronger and to extricate myself?

Is it always necessary that others must do it for me?

But even if someone manages to relieve me of my burdens, since I am weak I will quickly let myself be overwhelmed again.

If I intent only on finding someone who will heal, console and reassure me, I will remain ignorant, weak and vulnerable.

Even if the greatest master heals me and protects me, this will only last a short time, because in reality everything depends on me.

I must learn to make use of the light and the keys given me as a spiritual disciple, for it is then that I – my soul and my spirit – go into action, and only then the results are definitive.

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 5:

From morning until evening, and even at times during the night, the new-born baby demands the attention and care of its mother.

But before caring for my infant, as a mother I must first of all – by means of thought – approach God and establish contact with celestial life.

For true maternal love is not limited to watching over the physical well being of the child: to nursing it, dressing it, washing it, putting it to bed, and so on...

No ... I shall put elements of a spiritual nature in everything I do for it.

If I am content to care for my child's ordinary needs alone, I will make an ordinary being of him, because I will have failed to bring him something of the divine presence.

To truly nourish and raise my child well, I must approach God, saying: 'Lord, I come to Thee so that Thou might give me light, love, health and the beauty of heaven for my child.'

In doing so, I will radiate pure and luminous particles in the presence of my infant, which will make an exceptional being of him.

eBook 01: Means to bring 'Heaven on Earth'; Prenatal Education & Spiritual Electroplating

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 32: Magic in everyday life

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 40: True Love

eBook 45: How to work for Peace in the World

eBook 59: Be a spring

eBook 70: The Power of Thought

eBook 71: The Power of Desires

Lesson for KW03: **Work ... and the 'Law of Chance'**

eBook 72: The Power of Feelings

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> *Women are neither possessions nor desire or sexual objects for so-called man'ly desires!*

=> **Pornography of any manner needs to be abolished!**

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 6:

Am I too obsessed by the glories of earth to understand how the glory of God manifests?

In the painting and sculpture of sacred art, Christ and the triangle of the Holy Trinity are always shown surrounded by rays of light, and it is these rays of light that I call 'the glory'.

Glory, therefore, is the luminous, dazzling manifestation of divine life.

God is not a vain and tyrannical monarch who demands that I celebrate His greatness and power.

He has no need for me to sing His praises, for nothing I might say of Him could add anything to Him.

Rather it is me who needs to glorify Him, so that I may enter into His light.

But what does it mean, to glorify God?

It does not mean to repeat that He is powerful and wise.

It is in my efforts to purify my thoughts, my feelings, my desires and my actions that I glorify God.

In doing so I will enter into the light of divine glory and, wherever this light falls, I too will be present.

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 19: The true Task of Art

eBook 20: Living a Successful Life

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eBook 37: Guidelines for Spiritual Work

eBook 67: What the face of a human being is able to reveal

eBook 71: The Power of Desires

and:

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„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

Silence is an expression of peace, harmony, and perfection, and it provides the best conditions for psychic and spiritual activity.

If I love and understand silence I gradually manage to manifest it in everything I do: instead of creating chaos when I move objects, when I talk, walk, or work ... I become more attentive, more delicate, more supple.

Lesson for KW03: **Work ... and the 'Law of Chance'**

All my actions, gestures and attitudes are impregnated with something that seems to come from another world, a world of poetry, music, dance, and inspiration.

eBook 50: Christ, Christians & Christianity

eBook 55: What is truth

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

Thought 8:

Why do I complain that I cannot count on others?

Do I imagine that, wherever I go, whatever I do, people will stay where I have left them and that at any given time I will find them at my disposal and in the same state of mind?

Well no, for me like for them, everything moves, everything changes, everything transforms.

So by all means, I shall meet people, socialize with them, work with them, but I shall not rely on the stability of my relationship, because one day or another I will be forced to see that things are not going quite the way I had thought and hoped.

I will say: 'But what should I do then?'

I shall concern myself with my own development.

I shall concentrate on strengthening myself, enlightening myself, because that is the only sure way to face up to all situations.

If God has given me a few good and faithful friends, that is wonderful.

I shall thank Him for it, but I shall never abandon the living spark within me, thinking I can put all my faith in others, because some day I will suffer.

Therefore ... I shall never forget that change is the law of life.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 9:

Under the pretext that I love my children, do I not want to let them suffer or burn themselves a little in order to learn a lesson?

At the least incident, do I want to fix everything so that my children do not have to bear the consequences of their actions?

Well no, this has nothing to do with love.

And ... this is also not the way the Lord or nature acts.

To love children does not mean to spare them all difficulties at once.

When they are in an unpleasant situation, I must start by letting them manage by themselves and work hard for a little while.

When I see that they begin to realize why and how they put themselves into this situation and that they regret it, then I can intervene.

Since they will have suffered a little, they will make good resolutions and become more careful, more reasonable.

If as an adult – parent, teacher, etc. – I do not act this way I will not only do no good to my children but I will encourage them to take the path of weakness and wickedness.

eBook 24: Education – Guidelines for Parents

Lesson for KW03: **Work ... and the 'Law of Chance'**

eBook 27: The Laws which govern the Universe
eBook 29: A correct understanding of Good and Evil

and:

Awareness – develop awareness – to be or to become conscious of yourself
<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals
... and that of everyone who is important for me!
www.realpeacework-akademie.info/giseh

Thought 10:

There are several forms of vision and they are known by different words depending on the plane to which they apply.

At the highest level is the vision of the spirit, which I call understanding.

This vision does not take a physical or material format and I am often not aware of what I see.

But in reality I do see.

When a higher reality is suddenly revealed to me in the form of an idea it means I have succeeded in projecting beams of light from myself very far and very high up, which allow me to see laws, connections, a structure in the universe.

It is the light of the spirit which illuminates reality and allows me to grasp its highest aspects.

eBook 09: The hidden capacity of Human beings
eBook 16: Purity as the Key to Self-Realization
eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 23: Nutrition for a successful life
eBook 27: The Laws which govern the Universe
eBook 28: A new Understanding of Health
eBook 30: The different aspects of 'Clairvoyance & Intuition'
eBook 32: Magic in everyday life
eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light
eBook 37: Guidelines for Spiritual Work
eBook 62: The different bodies of human beings
eBook 70: The Power of Thought
eBook 71: The Power of Desires
eBook 72: The Power of Feelings

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<http://www.realpeacework-akademie.info/jena>

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www.realpeacework-akademie.info/sofia

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Lesson for KW03:

Work ... and the 'Law of Chance'

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

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*Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!
... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!*

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW03:
Work ... and the ,Law of Chance'

Real Peacework Academy

'Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW04:

Living a Successful Life

Thought 1:

While it is not easy to reach higher states of harmony, peace or joy, it's not the hardest thing to do either; the hardest thing is to know how to preserve them.

Do I allow them to fade ... either through lack of awareness or negligence?

Or ... do I even forget I have experienced them?

I may say that I can't remain still for hours on end with my eyes closed, engaged in keeping the same inner harmony and light.

That's right ... other activities await me, and they're certain to be more prosaic ones.

But while I am dealing with these various tasks, I can certainly see to it that I don't descend to lower levels of consciousness, and I can watch over this spiritual state as if carrying something precious: now and then I'll look to check it is still there, intact and radiant.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom!")

<http://www.realpeacework-akademie.info/jena>

Thought 2:

The cross is one of the simplest geometrical figures: a horizontal line and a vertical line intersect at right angles.

But let's study the two directions:

The horizontal direction is one of spreading and dispersion, like water spreading out over a surface.

In contrast, the vertical direction is one of unification, like fire leaping up into the sky.

There is something about fire's form that recalls the shape of a mountain with its base and summit.

So the horizontal line is that of matter, the vertical line that of spirit.

And these two lines are not separate; they meet, or, to be precise, they 'cross', and this shows not only that the two directions are not incompatible but also that they have something to do together.

The symbol of the cross invites me, therefore, to continue to carry out my work on matter and, at the same time, take the vertical direction, in order to return to the spirit, the source, the summit.

eBook 06: The Two Principles – Masculine and Feminine

eBook 07: Angels & the Tree of Life

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

Lesson for KW04:

Living a Successful Life

eBook 12: The Cosmic meaning of Marriage

eBook 14: Music and Creation

eBook 15: The Quintessence of Christianity

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 37: Guidelines for Spiritual Work

eBook 66: The Importance of the Will

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 3:

At present, the earth is the place where I am to evolve.

It is here that I must live and work in order to attract all the beauty, light and intelligence of heaven.

When I have fulfilled this plan, I will leave the physical world behind and live on the etheric plane where I will also learn to manifest fully.

After this I will rise to the astral plane and then to the mental plane.

But while I am waiting to reach this degree of evolution, which will take millions of years, I must concentrate all my efforts on the earth, so that it will vibrate in harmony with the divine world.

Jesus said: 'Thy will be done, on earth as it is in heaven,' because he knew that in God's plans my evolution – and that of humanity – entails the mastery and spiritualization of the physical plane.

Once matter has been impregnated by spirit, it will become transparent.

Yes, even the trees, even the rocks, even my physical body, everything will become crystalline and radiant.

Our World in a Global Change: The transition from a material reality into a spiritual one

A reinterpretation of the historical events & the current affairs

Here: The birth drifts of a new mankind &

The Introduction to the Knowledge of the Spiritual Reality of our Existence:

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 4:

It is because I am divided within myself that I meet with so many problems and failures.

When the heart, intellect, will, stomach, sex organs and so on all pull in their own direction, my forces are dispersed.

There is a story about an eagle, a fish, a mole and a crayfish who come together to move a heavy load:

- *the mole tries to drag it underground,*
- *the fish tries to move it toward the river,*
- *the eagle tries to lift it into the sky and*
- *the shrimp tries to move it backwards...*

I can guess whether or not the load was moved!

And this is exactly what happens most of the time in me, because nothing is more difficult for me than to unify my various tendencies so that I act in concert.

I may succeed from time to time, but it is rare!

And yet it is this unification of all my faculties that brings me not only success, but real balance, power and peace.

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 11: The Reasons behind Suffering

Lesson for KW04:

Living a Successful Life

eBook 20: Living a Successful Life
eBook 33: Meditation as the Gateway to harmonious living
eBook 37: Guidelines for Spiritual Work
eBook 39: Real Freedom
eBook 41: True Happiness
eBook 56: Wars – seen with a wider field
eBook 67: What the face of a human being is able to reveal
eBook 70: The Power of Thought

Thought 5:

It is true that medical science is making great progress, but this is no excuse for me to live imprudently.

If I fail to educate myself in the science of life, medicine will remain powerless in spite of all its progress.

While it is trying to cure certain diseases, the disorders I continue to produce in my organism by my unreasonable life will cause new ones to appear.

When I puncture a rubber ball, a depression forms in it.

I may try to correct it, but the depression will appear elsewhere.

I can tell that even if medicine has made enormous advances and continues to make even greater ones, this does not give me license to live however I please, without taking certain principles into account.

Nor will any psychologist, psychiatrist or psychoanalyst ever manage to restore balance in me if I believe I can transgress with impunity the laws of the moral and spiritual worlds.

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 09: The hidden capacity of Human beings

eBook 16: Purity as the Key to Self-Realization

eBook 23: Nutrition for a successful life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 56: Wars – seen with a wider field

eBook 57: What is Fasting

eBook 62: The different bodies of human beings

eBook 68: Pride and Vanity

and:

To deepen these explanations have an additional look also at this scriptures:

*« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »*

*« **Live in Freedom and experience the plenitude of life!** »(in German)*

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 6:

Lesson for KW04:

Living a Successful Life

Wherever I go and whatever I touch, I leave traces of myself.

I say of those who are evil that where they have walked, grass will not grow.

Yes, symbolically speaking, this is no exaggeration.

On the contrary, if I think only to enlighten, invigorate, comfort and liberate others, I leave such life-giving and luminous imprints wherever I go that those who come after me suddenly feel regenerated.

Yes, wherever I am, I shall remember to offer my best wishes: 'May all those who come here be touched by goodness and brotherhood... May their lives be transformed. May they become children of God and work for the coming of His Kingdom on earth!'

Whether I am in the city or the country, whether I am walking down a street or a path, I shall bless this road or this path.

I shall ask that all those who pass this way receive life, peace and light, so that they may learn to vibrate in ever greater unison with the divine world.

eBook 21: A new Attitude for everyday Life

eBook 32: Magic in everyday life

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 67: What the face of a human being is able to reveal

Thought 7:

I shall stop searching for proofs of the existence of God where I will never find them.

I shall look for God within myself, and I will realize that He is always there, that He never leaves me.

If I do not feel Him, it is not because He does not exist and is not there, but because I have turned away from Him.

I have not been attentive to His presence, I have not been sensible.

I have committed certain faults, which in turn have clouded my consciousness, and now I have sensations which mislead me about the reality of things.

God is always there: it is me who has momentarily allowed my awareness of His presence to be dulled.

And now, I shall do all I can to recapture this presence.

eBook 02: A new Light on Prayer

eBook 05: The Kingdom of God & His Righteousness

eBook 11: The Reasons behind Suffering

eBook 28: A new Understanding of Health

eBook 29: A correct understanding of Good and Evil

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 49: How to deal with loneliness

eBook 68: Pride and Vanity

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 8:

I shall know that the thoughts that pass through me are not abstractions, they are living entities.

This is why I must always be aware and watch them.

Some are like children who need to be fed, washed and educated; without my knowing, they cling on to me, they take away my strength and exhaust me.

Others go off into the world to steal, plunder and destroy, but since there is a spiritual 'police force', it comes to find me to make me understand that I am responsible for the damage these children have caused.

I am then taken to the invisible law courts and sentenced to pay compensation and interest, and these payments are sorrows, sadness and bitterness.

Lesson for KW04:

Living a Successful Life

So, from now on, I shall work at making angelical, divine children with my thoughts, children who will surround me and bring me only blessings.

Awareness – develop awareness – to be or to become conscious of yourself
<http://www.realpeacework-akademie.info/2012/>

and:

Understand Life and yourself anew:
clear Answers to Questions concerning Daily Life
www.realpeacework-akademie.info/jena

and:

Why our traditional peace efforts fail and the world becomes worse than better!
About the necessity to correct our traditional conception of women
=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!
*=> **Pornography of any manner needs to be abolished!***
You want to know why? Here you learn the FACTs!
www.realpeacework-akademie.info/graz
http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

Our world in the transit: The transition from a material world into a spiritual reality: :
A reinterpretation of the historical events & the current affairs
... and everything gets suddenly a plausible, comprehensible background!
www.realpeacework-akademie.info/sofia

Thought 9:

If I have accumulated a great many material possessions I am never easy in my mind; I am continually in a whirl of activities, worries, etc.
I must always be on the lookout to protect myself from ambitious, dishonest and greedy people who have an eye on my job and my fortune.
And even if I am very vigilant, how can I foresee and remedy everything?
Endless preoccupations weigh me down, materialize me and cut me off from the spiritual regions.
In this way, not only do I waste a lot of time and energy – that I could be using for my own evolution and that of others – but I also miss many occasions to help people thanks to my own spiritual acquisitions!
Whatever tasks I have to fulfil, it is better not to overburden myself, but be content with the essentials for life.
To ask for more is to make life difficult.

eBook 15: The Quintessence of Christianity
eBook 27: The Laws which govern the Universe
eBook 37: Guidelines for Spiritual Work
eBook 41: True Happiness
eBook 50: Christ, Christians & Christianity
eBook 51: Interpretations of the Gospels
eBook 52: Traditions, the Gospels & the Holy Scriptures
eBook 54: The Undesirables
eBook 60: Attitude towards money

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

Lesson for KW04:

Living a Successful Life

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 10:

If I thought to protect my life, to preserve it in the greatest purity, then I would be better able to realize my plans, because enlightened life is the source of all energy.

Unfortunately I do not know this truth and I waste my life.

Do I think, because I am alive, that everything is allowed?

Do I say to myself: 'Well, since I have been given life, let's make the most of it.'?

And I enjoy it so much I become exhausted and unwell?

I should start to live according to a different philosophy.

I should begin to realize that merely my way of thinking already digs into my vital energy reserves, affecting the quintessence of my being.

By using and abusing my life, by allowing myself to break divine laws – and how often also human laws – I am destroying my reserves and I will soon find myself impoverished.

Perhaps not on a material, physical level, but for sure inwardly.

Life is and continues to be the most important thing and if I am not intelligent, not enlightened, I destroy the source of my capabilities, my joys and my inspiration.

eBook 16: Purity as the Key to Self-Realization

eBook 39: Real Freedom

eBook 40: True Love

eBook 41: True Happiness

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 55: What is truth

eBook 56: Wars – seen with a wider field

eBook 61: Obedience

eBook 63: Trust

eBook 64: Honesty

eBook 67: What the face of a human being is able to reveal

eBook 68: Pride and Vanity

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

Lesson for KW04:

Living a Successful Life

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW04:
Living a Successful Life

Lesson for KW04:
Living a Successful Life

Lesson for KW04:
Living a Successful Life

Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about ‘Prenatal Education’ & ‘Spiritual Electroplating!’)*



Lesson for KW05:

True Happiness – A new Attitude for everyday Life

Thought 1:

If I happen to feel lonely and forsaken, it's simply because I have allowed myself to be enclosed in too narrow a circle.

So, I shall alter slightly the orientation or direction of my interests and activities; I will draw currents and entities from the universe that will come and support me and light my way.

I was given a method: I shall widen the circle of my mental activity, and if my focus until now has been just myself or my family – or even if I am a mayor, or a high-ranking civil servant, or a minister or even the prime minister – I shall widen the circle of my preoccupations still further.

Yes, I shall widen it to infinity; I shall embrace the solar system, the whole cosmos.

I will no longer feel so small, miserable, abandoned and neglected, for I will have become an asset to humanity, a true creator.

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 11: The Reasons behind Suffering

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 21: A new Attitude for everyday Life

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 49: How to deal with loneliness

eBook 50: Christ, Christians & Christianity

eBook 70: The Power of Thought

(further Studies with the eBook-Edition “Thoughts of Eternal Wisdom”!)

<http://www.realpeacework-akademie.info/jena>

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

Lesson for KW05:

True Happiness – A new Attitude for everyday Life

Thought 2:

I shall not look outside myself so much any more for my happiness, for most of what I need is within me, in my inner world.

I will even go so far as to say that, in the future, I will be able to condense my inner world and make it appear as matter: I will know how to create what I need on the physical plane and give it form and consistency.

Yes, just as God created the world, I will be able to create my external world.

For the moment, I am at the mercy of the external world; I am subject to it.

I do not have the necessary impulse to remedy the situation, to confront it, and I am overwhelmed.

If something good turns up for me from the outside, I feel some small satisfaction, but if there's nothing I feel poor and deprived.

It's not a grand state of affairs!

I shall prepare myself for a future in which I will be master of myself to such an extent that I will be able to make the outer world reflect my inner world.

Then, my life will be splendid, immense and all-powerful.

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

*=> **Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 3:

Do I claim to be a spiritual disciple and actually I do behave like the greatest materialist?

Whether I am a materialist or a spiritual disciple depends on my level of consciousness.

I am not spiritual disciple because I go to church, I believe in reincarnation and have an interest in the invisible world, nor am I materialist because I am interested in matter.

Whether I am a spiritual disciple or a materialist depends on how I live in relation to spirit and matter.

Religion as I practise it is really only materialism; I have no sense of the spirit's presence.

This is why I am only a so-called spiritual disciple.

I shall take a look at myself instead of criticizing others as materialist.

I would see that by focusing exclusively on the forms and outer expressions of religion I lose its content and meaning.

If I want to be a true spiritual disciple, I must always put the life-giving spirit first.

eBook 02: A new Light on Prayer

eBook 15: The Quintessence of Christianity

Lesson for KW05:

True Happiness – A new Attitude for everyday Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 44: Becoming a Spiritual Disciple

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 60: Attitude towards money

eBook 68: Pride and Vanity

eBook 71: The Power of Desires

Thought 4:

In my ignorance and narrow-mindedness ... do I refuse all exchanges with the feminine principle and in doing so I destroy my equilibrium?

Do I dry up and become a walking cadaver?

Well, this is not true spiritual discipleship!

I may intervene now: 'But many great masters and initiates have not married. Did they look like these fanatics?'

No, the great masters and initiates are very broadminded, and they understand God's creation.

If they live a life of abstinence and chastity, it is because they make such rich and marvellous exchanges on the subtle planes with the feminine principle, the divine Mother, that they have no need to descend so low on the physical plane as to limit and burden themselves.

They eat and drink from springs in regions unknown to me, where all exchanges take place in the greatest light and the greatest purity.

Angels visit them, archangels visit them, and they swim in divine love.

eBook 04: Master & Discipleship

eBook 06: The Two Principles – Masculine and Feminine

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 39: Real Freedom

eBook 67: What the face of a human being is able to reveal

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

Thought 5:

Even though today's technical advances have considerably reduced the use of wood for heating and cooking, I know how to light a fire.

First I put down a little paper, on top of which I place some dry twigs.

And on top of this, I add some larger pieces of wood.

Finally, I strike a match and set fire to the paper.

The paper sets fire to the twigs, and the twigs set fire to the logs.

Let me now consider me with my different bodies: physical, astral, mental and causal.

The flame of the match corresponds to the causal plane, the world of the spirit, which is the source of all phenomena.

The match sets fire to the paper (the mental plane, the intellect), which sets fire to the twigs (the astral plane, the heart) which in turn sets fire to the logs (the physical plane).

Everything begins on high with the spirit, and then, from body to body, the fire finally reaches the physical plane.

Lesson for KW05:

True Happiness – A new Attitude for everyday Life

No true realization is possible on the physical plane unless I began by working with the spirit which, from its place on high, provides the impetus.

eBook 03: The Importance of having an High Ideal

eBook 66: The Importance of the Will

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 6:

It is said in the Book of Genesis: 'In the beginning, God created the heavens and the earth. The earth was without form and void, and darkness was upon the face of the deep; and the Spirit of God was moving over the face of the waters.'

Why does it say 'over face of the waters'?

Because water represents the original cosmic matter which the spirit of God, the primordial fire, penetrated in order to impregnate it.

Contrary to what is generally believed, earth is not the element that best expresses the properties and qualities of matter.

It is water, whose qualities are receptivity, adaptability and malleability.

Water thus symbolizes the raw material which received the fertilizing seeds of the Spirit.

It is the matrix of life.

Life emerged from water, thanks to the principle of fire, by which it was vivified.

By itself, water, or matter, is inert; it is fire that infuses it with life.

eBook 14: Music and Creation

eBook 19: The true Task of Art

eBook 21: A new Attitude for everyday Life

eBook 25: The Relationship between Colours & the Aura

eBook 27: The Laws which govern the Universe

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

and:

Our World in a Global Change: The transition from a material reality into a spiritual one

A reinterpretation of the historical events & the current affairs

Here: The birth drifts of a new mankind &

The Introduction to the Knowledge of the Spiritual Reality of our Existence:

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 7:

I am inhabited by a multitude of entities that have been charged by Cosmic Intelligence to watch over my development.

If, through negligence or unwillingness, I am destroying something in my mind, my heart, or my physical body, some of these entities begin to prick and bite me to make me return to the right path.

These calls to order are what I call suffering, and as suffering is unpleasant, I see it as an enemy.

But, on the contrary, since it is a warning to me, I must consider it to be a friend: it comes only to show me that I have strayed from the good conditions where the path was light and open before me.

I must therefore make the effort to understand its language and say to it: 'May God bless you, I have understood and will repair my mistakes.'

The moment I have understood and decide to correct myself, suffering is given the order to leave me, because it has done its work, it has fulfilled its mission.

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

Lesson for KW05:

True Happiness – A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil
eBook 34: Proper knowledge of Human and Divine Justice
eBook 39: Real Freedom
eBook 41: True Happiness
eBook 54: The Undesirables
eBook 57: What is Fasting
eBook 68: Pride and Vanity

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

« What Humanity should have learned from the Horror of the Holocaust! (in German)

Backgrounds & Aims which certainly determine and influence our current affairs – an Interpretation of the Events in the Light of Initiatic Science »

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 8:

Do I generally miss the point when it comes to the issue of chastity, of continence?

How?

That in reality the act of love is not in itself good or bad.

It is simply what I will make it.

If I have not worked on myself to purify, ennoble and enlighten myself, I will, in this act, pass on to my partner illnesses, vices and harmful influences.

True love should improve everything in the being that I love.

It should elevate him/her, strengthen him/her and enlighten him/her.

Whether I then express myself physically is secondary.

I can love someone without ever touching him/her and still poison him/her with this love.

There is only one criterion by which to measure the quality of my love and that is if the person I love is blossoming thanks to my love.

If (s)he is blossoming, I can be happy and thank Heaven for having been able to help him/her and protect him/her.

eBook 01: Means to bring 'Heaven on Earth'; Prenatal Education & Spiritual Electroplating

eBook 03: The Importance of having an High Ideal

Lesson for KW05:

True Happiness – A new Attitude for everyday Life

eBook 05: The Kingdom of God & His Righteousness
eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force
eBook 16: Purity as the Key to Self-Realization
eBook 21: A new Attitude for everyday Life
eBook 27: The Laws which govern the Universe
eBook 29: A correct understanding of Good and Evil
eBook 35: Working with Light
eBook 36: Only Beauty can save the World
eBook 40: True Love
eBook 50: Christ, Christians & Christianity
eBook 67: What the face of a human being is able to reveal

and:

Why our traditional peace efforts fail and the world becomes worse than better!
About the necessity to correct our traditional conception of women
=> *Women are neither possessions nor desire or sexual objects for so-called man'ly desires!*
=> **Pornography of any manner needs to be abolished!**
You want to know why? Here you learn the FACTs!
www.realpeacework-akademie.info/graz
http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 9:

*I am sitting quietly somewhere; my face expresses nothing in particular.
But suddenly an impulse comes from deep down inside: a thought, a feeling of fear, love, anger ... and then everything changes, my features, the expression of my face, the colour of my skin.
How can the physical body suddenly change under the impulse of something so impalpable and subtle as a thought or a feeling?
Just one emotion and I am paralyzed!
Sometimes people even die because of an emotion.
How can an emotion have such power over the physical body?
I see all these phenomena, so why have I never drawn the conclusion that it is the psychic life that commands the physical life?
The physical body always depends on an element above it, which creates or destroys, expands or contracts, which tints, which shapes...*

*Understand Life and yourself anew:
clear Answers to Questions concerning Daily Life
www.realpeacework-akademie.info/jena*

and:

*Our world in the transit: The transition from a material world into a spiritual reality: :
A reinterpretation of the historical events & the current affairs
... and everything gets suddenly a plausible, comprehensible background!
www.realpeacework-akademie.info/sofia
<http://www.amanfangwardaslicht.at/>*

and:

*To deepen these explanations have an additional look also at this scripture (when you are able to read German)
"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"
out of the book:
„Live in Freedom and experience the plenitude of life!"
http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html*

Lesson for KW05:

True Happiness – A new Attitude for everyday Life

Thought 10:

So long as I am young and well do I ever think about the principle of disintegration at work within me which, one day, will gain the upper hand?

Do I tend to think the world belongs to me and the future will always be rosy?

And then – what a surprise – when I see everything on the physical plane beginning to escape me.

In this merciless struggle between the principle of life and the principle of death, do I seek to hold on to life by any means, and this may lead me to all kinds of senseless acts?

Do I throw everything I should have used towards my spiritual work into the battle and I lose everything?

I shall know that I have not come into the world to stay for ever young and in good health.

I have come here as apprentices, to train.

I am wise if I know the lie of the road I am following and endeavour to use everything.

It is true ... in the spiritual world my ascent is continuous, uninterrupted.

But down here, however, whatever I do, my face will become wrinkled, my hair will go grey and my teeth will fall out.

But I must understand that my outer appearance is not important if behind this grey hair and the wrinkles lay the radiance of spiritual life.

eBook 03: The Importance of having an High Ideal

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 31: Life and Death

eBook 37: Guidelines for Spiritual Work

eBook 57: What is Fasting

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

(further Studies with the eBook-Edition “Thoughts of Eternal Wisdom”!)

<http://www.realpeacework-akademie.info/jena>

and:

Health and nutrition ... and the keys for ‘eternal’ youth

www.realpeacework-akademie.info/sofia

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW05:
True Happiness – A new Attitude for everyday Life

Lesson for KW05:
True Happiness – A new Attitude for everyday Life

Lesson for KW05:
True Happiness – A new Attitude for everyday Life

Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW06:

How to master Habits

Thought 1:

Do I sincerely wish to help others to better themselves?

I shall avoid criticizing them or moralizing, and start by bettering myself.

Merely by my example I can show them they are making a mistake or behaving badly.

Yes, by my personal example.

Because, when I work on myself, I am working on others: they notice qualities in me that are lacking in them, and that makes them progress, as they understand the advantages for them in doing as I do.

If I concern myself with the weaknesses and vices of others I become dull and disagreeable, as if the faults I talk about finally rub off on me.

It's awful and I shall feel sorry for me.

So I shall start by making changes for the better in myself, and let other people be.

I shall accept them as they are, I shall be patient, work relentlessly, day and night, to show them just what can be achieved through sincere endeavour.

If they don't yet know, they won't learn it from my words, but they will from my example.

Understand Life and yourself anew:

clear Answers to Questions concerning Daily Life

www.realpeacework-akademie.info/jena

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 2:

Once an evening is not enough to 'examine my conscience', as it is said.

Several times a day, I should ask myself, 'Let's see, how does my heart feel? Is this really love? And are my thoughts on the path of wisdom? Has an element slipped in that will cause me to make a mistake?'

Each time I introduce elements of love and wisdom into my thoughts and feelings, I attain more truth.

So, each time I progress, I take one step forward in my search for truth.

Lesson for KW06:

How to master Habits

These aspects, these steps are infinite in number; this is why I have to find truth and, at the same time, continue to look for it.

How?

By linking myself once and for all to the two irrefutable principles of love and wisdom while, at the same time, discovering each day the most suitable ways to put them into practice.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 40: True Love

eBook 48: How to master Habits

eBook 55: What is truth

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 3:

Depending on my temperament, I feel the need for something: money, glory, pleasures, love, justice, peace and so on.

Am I prepared to move heaven and earth to get what I believe I need?

And there are so many things to ask for!

But how often have I heard me saying: 'I need light. Do you have to have light'?

No, do I not value light very much, and do I fail to see the consequences of being without it?

But the consequences of being without light are actually very serious: all my difficulties and tribulations are caused by a lack of light.

If I am without light I am not likely to find what I am looking for, or, if I find it, I am not likely to keep it.

Do I really imagine that without light I can have love, justice or peace for long?

eBook 04: Master & Discipleship

eBook 05: The Kingdom of God & His Righteousness

eBook 18: The Universal Brotherhood of Light

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 58: Science & Initiatic Science

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 4:

Do I wear talismans with the conviction that I will be helped and protected?

No, I am not!

Even a very powerful talisman is not enough to ensure the help and protection of entities from the invisible world.

I can only count on the power of a talisman if I work spiritually and physically in harmony with what it represents, with its powers and virtues, for it is like a creature which needs to be strengthened and nourished by foods that correspond to it.

Lesson for KW06:

How to master Habits

- *If it has been impregnated with purity, I must live a life of purity.*
- *If it has been impregnated with light, I must maintain the light.*
- *If it has been impregnated with force, I must see to it that this force is fed, and so on.*

Otherwise ... what has been done on the one hand, I destroy on the other.

Neither a talisman nor a cross nor a medal – even if it has been blessed – will protect me if I do not wear it inwardly in the form of divine qualities and virtues.

eBook 16: Purity as the Key to Self-Realization

eBook 20: Living a Successful Life

eBook 23: Nutrition for a successful life

eBook 37: Guidelines for Spiritual Work

eBook 44: Becoming a Spiritual Disciple

eBook 47: How to work with Talismans

eBook 63: Trust

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plentitude of life!“

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 5:

The belief that God sent ‘His only son’ to earth two thousand years ago to demonstrate His love for human beings has perhaps helped some of them to evolve over a period of time.

Now, however, I must abandon such an outrageous belief, because it does not represent a proper understanding of God’s love, which is immense, inexhaustible, and infinite.

God has had many sons and daughters, and he will have many more.

For millions of years He has sent these exceptional beings to earth to enlighten my brothers and sisters, and He will continue to send others.

It has no use for me as a Christian who have forbidden him to send anyone, under any circumstances, after Jesus, or who claim that before the coming of Jesus human beings were deprived of the true light.

As if the salvation of human beings depends on the epoch in which I lived: before Jesus or after Jesus! The Church may well insist on fixing a beginning and an end to the divine revelation, but the Lord himself is not impressed by such decrees.

He is beyond this and takes no notice."

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 27: The Laws which govern the Universe

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 58: Science & Initiatic Science

eBook 68: Pride and Vanity

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

« The 14 stages of the Crucifixion of Jesu »

Seen, understood and newly interpreted for daily life

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

Lesson for KW06:

How to master Habits

Jesus said, 'Be perfect as your heavenly Father is perfect.'

Therefore, whatever my failings, whatever my problems and my suffering, I shall never forget that my real future, my ultimate destiny, is to become like God Himself.

It implies that I am on apprentice here on earth, in a kind of training program ... in a school.

I shall always have and keep this in my mind.

If I forget this I will lack wisdom and light and I am lost in the events and challenges of daily life.

Then ... I shall not be surprised if I am never free of disappointment, sorrow and despair.

And later on, of course, I will be a case for the doctors ... who are also not able to help me.

Do I come to the brink of disaster?

Am I said to be depressed, neurasthenic, neurotic ... there is no end to the scientific labels?

But in fact it is only one illness: my disregard for my true nature, for my divine essence and my final destiny, which is to return to the womb of the Eternal and to receive a heritage I am not able to imagine.

Therefore, I shall hold fast every day to the notion of this luminous future ... I shall be always aware of it!

eBook 04: Master & Discipleship

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 37: Guidelines for Spiritual Work

eBook 42: Why we should accept Reincarnation

eBook 46: How to surpass Karma & Predestination

eBook 51: Interpretations of the Gospels

eBook 62: The different bodies of human beings

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

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"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

Lesson for KW06:

How to master Habits

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!
www.realpeacework-akademie.info/sofia

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> *Women are neither possessions nor desire or sexual objects for so-called man'ly desires!*

=> **Pornography of any manner needs to be abolished!**

You want to know why? Here you learn the FACTS!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

To deepen these explanations have an additional look also at this scriptures (all in German)

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

« **Live in Freedom and experience the plenitude of life!** »

« **What Humanity should have learned from the Horror of the Holocaust!**

Backgrounds & Aims which certainly determine and influence our current affairs – an Interpretation of the Events in the Light of Initiatic Science »

« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

Do I speak without reflection, without weighing my words?

If it is so, I behave like a child who enjoys playing with matches: I light fires everywhere I go.

Then I try to apologise: 'Oh, I did not mean that, I am sorry', but it is too late, because houses are already burning around me....

And this is how, without wishing to, I help the dark forces in their destructive enterprises.

Am I never sufficiently conscious of the damage I do through my speech?

If I had to seek the origin of misunderstandings, disagreements, and conflicts between me and others, I would note that in the majority of cases it is the spoken word: I have uttered some nonsense without any real purpose in mind ... for the pleasure of talking, or to appear interesting ...

From now on, therefore, I shall try to watch what I say.

I shall be always aware about the purpose, consequence and effect on others.

When I have to speak, I shall do it to improve the lives of those who are listening to me, to enlighten their minds, warm their hearts, and especially to direct their will in the service of a sublime ideal.

eBook 03: The Importance of having an High Ideal

eBook 24: Education – Guidelines for Parents

eBook 29: A correct understanding of Good and Evil

eBook 32: Magic in everyday life

eBook 45: How to work for Peace in the World

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 59: Be a spring

eBook 68: Pride and Vanity

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 8:

It is true ... I must continue to believe and love, in spite of everything.

Even if people treat me badly, I shall not lose my faith and love, because then I will truly lose the meaning of life.

Lesson for KW06:

How to master Habits

I shall meditate on this subject by weighing up the arguments for and against on my spiritual scales and I will find that if I stop loving people I let the source that flows within me dry up and I am punishing myself, not them.

Why shall I stop the flow of what should be eternal and inexhaustible within me under the pretext that a minor mishap befell me one particular day?

How many saints, prophets and initiates have been persecuted and ill-treated, but they still continued to love and believe.

So ... do I think as a spiritual disciple I could be worthy of receiving initiation if I go around telling everyone that I can no longer love anyone, no longer have faith in anyone because I have been misled or cheated at times?

Understand Life and yourself anew:

clear Answers to Questions concerning Daily Life

www.realpeacework-akademie.info/jena

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 9:

Eating a lot will not ensure me of better health.

To eat a lot is, on the contrary, very harmful.

More important than the quantity is the quality of my food and, above all, the way I eat.

Even if I somewhat reduce the quantity, if I learn to eat consciously and lovingly, I will be getting more energy from it.

If I, during meals, can free my mind and focus my attention on the food so as to penetrate it with rays of love, I effect a separation of matter and energy: the matter disintegrates while the energy enters my body and becomes available to me.

The same processes are used in a thermonuclear station.

If I really knew how to eat, only a few mouthfuls would suffice; I would get enough energy to move the whole universe.

eBook 23: Nutrition for a successful life

eBook 40: True Love

eBook 57: What is Fasting

eBook 62: The different bodies of human beings

eBook 67: What the face of a human being is able to reveal

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

Thought 10:

If I look carefully at a tree I will see that everything is in its roots.

The trunk, the branches, the flowers, the fruit are merely an expression of the roots, which manifest themselves in beauty, colour, splendour, flavour and scent.

Lesson for KW06:

How to master Habits

The roots themselves are black, ugly, expressionless, but what comes out of them is marvellous and if they should disappear there would be nothing left, no trunk, no branches, no flowers, no fruit.

I am amazed by the wonder of trees ... right?

But did I ever think of the roots, how intelligent and competent these must be to produce such splendour?

The roots are never talked about because they remain in the dark.

But I shall damage them, and that is the end of the tree.

If, however, the roots are healthy, even if the branches are dead, the tree can come to life again.

This is something worth thinking about.

In my body the roots are represented by the solar plexus.

Everything about me stems from the solar plexus.

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Lesson for KW06:
How to master Habits

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Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW07:

Working with Light ... and 'The Truth will make me free!'

Thought 1:

Simplicity is a criterion for truth.

Thus, simplicity is characteristic of the worldview for me as a spiritual disciple: I have learned to condense the infinite multiplicity of events and activities of the physical plane and of the psychic plane, too, down to a few basic principles.

And what are these principles? Geometric figures.

Yes.

I find that surprising?...

But then, why do I think some philosophical traditions have seen God as a geometer?

Plato himself wrote, 'God is a geometer'.

This concept of the Divinity originated with a few great minds, who understood it was possible to summarize the multiplicity of created beings and things and the relationships between them in a few very simple principles.

And what can be simpler than a geometric figure – a circle, for example, or a triangle, a square, a pyramid, a cross...?

Thought 2:

Wherever I am and whatever activities I am engaged in, my primary concern must be to create harmony, because harmony is the basis of creation.

It is harmony between all the elements and all creatures that ensures the cohesion of the universe.

So long as I do not understand the importance of harmony, I will continue to create dissonance and disorder, and then, even if I think I am building something useful and long-lasting, I will only be destroying.

I will say, 'But I've got this ability and that skill...'

It's not enough to be skilled; it wouldn't even be enough if I were a genius.

I must make sure my activity is in harmony with the forces of nature, with the luminous spirits of the invisible world, as well as with human beings.

Thought 3:

The relationship between man and animals is not yet well understood.

Occasionally, for example, I can as a human soul be condemned to live in the body of an animal in order to atone for errors committed in a past life.

Karmic law places me in this situation for a specific length of time, and I work with the soul of the animal without displacing it.

Lesson for KW07:

Working with Light ... and 'The Truth will make me free!'

It can also happen that as a highly evolved being I enter the body of a certain animal voluntarily in order to study the little known realm of the animal kingdom.

But here is yet another aspect: according to its nature and way of life, every animal is predestined to retain the beneficial or harmful fluids circulating in the atmosphere.

This means that I can transfer to animals any of the negative forces tormenting me, and this is what I unconsciously do with my pets.

This is also a way of explaining the Gospel passage in which Jesus rids a man of his demons by ordering them to enter swine.

Thought 4:

When I receive the light of a spiritual teaching, I am given every mean to correct my faults and weaknesses, so I shall not neglect them!

If I had not been given this knowledge, I would be excused for continuing to commit errors.

But I am not excused, for it has been my unimaginable privilege to receive the knowledge I need.

I shall reflect on this, and try to understand how fortunate I am.

God only knows in what conditions, inner misery, constraints and misfortune I would find myself if I had not known this teaching.

I shall continue working to nourish and strengthen the good in myself, and one day I will sense that, no matter what happens, I will never again stray from the right path.

eBook 04: Master & Discipleship

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 37: Guidelines for Spiritual Work

eBook 44: Becoming a Spiritual Disciple

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 58: Science & Initiatic Science

eBook 67: What the face of a human being is able to reveal

eBook 68: Pride and Vanity

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

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"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 5:

As a consequence of today's emphasis on the development of the intellect, have I become critical, intolerant and aggressive?

Yes, this is the characteristic of the intellect: it dissects, it separates, it encourages individualism and confrontation.

This is why, in spite of all the progress achieved thanks to the development of the intellect, I am not happy.

In order to be happy, I must work to develop another principle in myself: the soul.

The soul can flourish only in the fraternal life where, like bees that come together to prepare honey, everyone works to realize the will of God and His Kingdom on earth.

When I have understood the ravages created by the development of the intellect, to the detriment of superior faculties, perhaps I will decide to emphasize brotherly relations.

Lesson for KW07:

Working with Light ... and 'The Truth will make me free!'

In this I will find happiness.

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 62: The different bodies of human beings

eBook 66: The Importance of the Will

Thought 6:

In the realm of politics and economics, unity is almost always a matter of alliances based on selfish interests, somewhat like those of bandits who unite in order to carry out their crimes.

Although this is obviously not unity in the true sense of the word, this is how people think of it – as banding together to pounce on others and to oust or even annihilate them.

When I as a citizen of a nation say 'Let's unite!' and the only goal of this union is to attack the neighbour, I cannot genuinely speak of unity.

True unity is meant to be all-encompassing.

If an organ in the my body establishes unity in itself but fails to work in harmony with the others, it will perhaps feel fine, but the others will suffer, and its unity will thus be compromised.

When I speak of unity, I am referring to a universal, cosmic unity which excludes nothing and no-one.

But this unity must first of all be established within myself: all my cells, all my tendencies must be directed towards God.

My efforts to bring this about will be reflected in all other unities, which will come together to create one universal whole.

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 28: A new Understanding of Health

eBook 43: A Servant of God

eBook 59: Be a spring

and:

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

Heaven judges me only by what I am capable of giving with the means at my disposal.

Don't I meet people in life who are truly deprived: they were born into impoverished families where they have been ill-treated and raised with the worst possible examples; they have poor health and have had little schooling.

And yet, by dint of continuous efforts and unwavering conviction, they have managed to triumph over their circumstances and to achieve what I, far more privileged than them, have not been able to achieve.

Well, this is what heaven looks at when it sends me to earth: what I succeed in doing with the faculties and conditions I am given to work with.

For life is so rich in possibilities that I can always find something to do to improve myself, to enrich myself spiritually.

Thought 8:

Lesson for KW07:

Working with Light ... and 'The Truth will make me free!'

Harmony is the greatest of all possessions, which is why I must seek out harmony through the love of harmony, through the need for harmony, through the desire to merge with the cosmic order created by God.

I will then open the doors to the luminous entities and forces of nature, who will come and set up house within me.

To bring myself into harmony is to open myself up, and in doing so all the beneficial presences are able to penetrate me.

I will say: 'But how do I open myself up?'

Quite simply by loving.

Yes, I shall love ... and in my heart and in my soul all the doors and windows will open ... and all the blessings of Heaven will enter me.

Thought 9:

Only if I understand, first and foremost, that I am a child of the celestial Father and the divine Mother I can become an initiate.

I shall not behave like these so-called philosophers or scientists who find the idea of God outmoded and believe they are being intelligent and showing a free mind by leaving God, in order to live an independent life away from Him.

Do I think, 'To be a child of God, what nonsense! I am an adult.'

Well, no, I am not an adult but a refractory baby.

As a true adult, in the sense of an initiate, I never leave my celestial parents to seek independence; I always want to be nourished, educated and protected by them.

I shall tell me this: It is only babies, ignorant and stupid people who demand independence and freedom far from the Lord.

And then I wonder why I am sick, both physically and psychically.

This is not hard to understand; when I separate from God, I am no longer protected or sustained.

If I have left my divine parents I am haunted by troubles and distress.

So, I shall be like a child and cling to my celestial Father and Mother, and trust them wholeheartedly.

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc.; and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 10:

Jesus said: 'My Father works and I too work with Him.'

And just like Jesus, the initiates and advanced spiritual disciples, who have an acute consciousness, take part in the work of God every day.

And I too can take part in this work.

Do I say now: 'But how? I am so ignorant, so weak; how can I take part in God's work?'

Well, let me be given a method:

First shall find some peace and quiet, and I shall remain still and silent for a long while.

Then I shall begin to elevate myself with my mind, with my thought and I imagine I am slowly leaving my physical body through this opening at the top of my skull.

I shall imagine I am passing through my causal body, my buddhic body and my atmic body and then uniting with the universal Soul, this cosmic principle which fills space, and I am taking part in her work in all the corners of the universe simultaneously.

Lesson for KW07:

Working with Light ... and 'The Truth will make me free!'

Perhaps I will not really know, not fully understand what I am doing at that particular moment, but my spirit will.

eBook 37: Guidelines for Spiritual Work

eBook 43: A Servant of God

eBook 44: Becoming a Spiritual Disciple

eBook 45: How to work for Peace in the World

eBook 50: Christ, Christians & Christianity

eBook 59: Be a spring

eBook 62: The different bodies of human beings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Lesson for KW07:

Working with Light ... and 'The Truth will make me free!'

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Working with Light ... and 'The Truth will make me free!'

Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about ‘Prenatal Education’ & ‘Spiritual Electroplating!’)*



Lesson for KW08:

Rules which are invaluable!

Thought 1:

The universe is governed by principles.

These principles can be likened to the numbers 0 to 9, which make up every numerical combination.

Principles, like the first ten numbers, are given once and for all, but I can't predict the countless combinations I can produce, as these are infinite.

And that is what I have to learn and accept: the new combinations, the new forms engendered over time by the principles, which, themselves, are eternal.

In every realm, movement is the law of life.

It is therefore a big mistake for religions to want to maintain forms forever.

Only principles are eternal, and forms – even those of a religion – have to evolve.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

(further Studies with the eBook-Edition “Thoughts of Eternal Wisdom”!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

If I think only of increasing my bank balance, my social influence and my power over others ... I am, in reality, only limiting myself inwardly.

And even if, at first, I derive great satisfaction from these things, I will be forced at some time or another to limit myself outwardly, too.

As – if I walk the path of spiritual growth – I become free, even if I cannot avoid a certain amount of suffering and limitation.

My suffering resembles that of a mother bringing a baby into the world.

This child is the fruit of a long maturation period, and its arrival often takes place in the midst of pain, but what joy there is when it's finally here!

It is this experience that inspired Christianity to teach that the goal of spiritual life is for me to give birth to the Christ-child within.

Thought 3:

As a spiritual disciple I may marvel at and make use of all the material world has to offer.

But ... I shall never forget, however, that what is essential is found within me, and that the outer world must be placed at the service of my inner world.

Lesson for KW08: Rules which are invaluable!

*Light, truth, peace, the Kingdom of God – all are within me, so this is where I must seek them.
All objects outside me are like the husk of reality, the shadow of reality.
In certain circumstances they can be useful and effective, but they are not absolutely real.
They are only images which can disintegrate and disappear.
If I cling to them I will find matter instead of spirit, illusion instead of truth.*

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”

out of the book:

„Live in Freedom and experience the plenitude of life!”

http://www.realpeacework-akademie.info/linz/DWS/EigeneSchriften_d.html

Thought 4:

To be in good health, I must first become aware that my physical body is like a battlefield on which the forces of life and death confront each other.

If I live a disordered, chaotic life I feed the forces of disintegration in my organism which work to destroy me.

If, on the other hand, I embrace the light, if I rectify its philosophy and decide to work in harmony with divine law, I support the guardians of my organism, and the forces of destruction are neutralized.

This is how I either strengthen or weaken these forces.

So I must keep watch over myself and become more sensible, since it is by my way of life that I establish within me the conditions for health or illness.

eBook 07: Angels & the Tree of Life

eBook 16: Purity as the Key to Self-Realization

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 28: A new Understanding of Health

eBook 31: Life and Death

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 56: Wars – seen with a wider field

eBook 57: What is Fasting

and:

Health and nutrition ... and the keys for ‘eternal’ youth

www.realpeacework-akademie.info/sofia

Thought 5:

Do I insist on remaining gullible, no matter how many deceptions I have experienced?

I realize I have been deceived, but do I seem to forget and once again allow myself to be taken in?

Why?

Apparently my experience has taught me nothing: it is as if there were no continuity in my psychic life, as if my lessons had no bearing on the future.

After each unhappy adventure, I wail and cry, swearing I will never again be fooled.

But since these situations never present themselves in the same way, I am not on my guard: I believe it will be different the next time that at last I will find what I am after, and I am taken in once again.

Or ... am I like this that having been deceived only once, I decide never to trust anyone again, which is no better!

So ... what can I say?

Only this: that no matter who I am or what my degree of inner evolution, it is my task to use my experiences to instruct and perfect myself.

Lesson for KW08: Rules which are invaluable!

eBook 03: The Importance of having an High Ideal
eBook 04: Master & Discipleship
eBook 11: The Reasons behind Suffering
eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 23: Nutrition for a successful life
eBook 29: A correct understanding of Good and Evil
eBook 34: Proper knowledge of Human and Divine Justice
eBook 39: Real Freedom
eBook 41: True Happiness
eBook 48: How to master Habits
eBook 61: Obedience

Thought 6:

*In order to work with fire, I must also understand air, because air and fire are complementary: air is always moving and tempers fire; it has a regulating influence on it.
These relationships between fire and air are also found in my psychic life.
I am a traveller journeying through space and, in order to fulfil my destiny, I need fire and air, or heat and cold.
I have fire within me: I come into the world carrying my stove and its fuel inside me, so that I can heat myself from within.
Because it is cold outside and the journey is long, I must keep my inner fire burning.
As for the cold, it comes from without: it is air which enables me to adjust the temperature.
It can be said that fire is love and air is wisdom.
Love is within me, whereas wisdom is outside me so that I can study it, contemplate it, and use it to regulate my inner fire.*

eBook 26: Reflections on Birth
eBook 28: A new Understanding of Health
eBook 35: Working with Light
eBook 38: Suicide: Reasons & Consequences
eBook 42: Why we should accept Reincarnation
eBook 48: How to master Habits
eBook 51: Interpretations of the Gospels
eBook 67: What the face of a human being is able to reveal

and:

*To deepen these explanations have an additional look also at this scriptures:
« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »
http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html
« **Live in Freedom and experience the plenitude of life!** »(in German)
« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »
(in German)
http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html*

Thought 7:

*Nothing is more poetic than the beginning of a love affair.
A man and a woman meet, they smile at each other, exchange a few words, and they are in heaven, inspired and creative.
But as soon as this love becomes physical, their feelings of wonder become blurred.
How often have I noticed this!
Yes, I have noticed it, but did I draw any lesson from it?
Do I do any effort to protect my love by remaining in the subtle regions for as long as possible?
Through curiosity and greed, do I want to descend and explore the terrain ... and even what is subterranean?
Then, of course, it is no longer the same.*

Lesson for KW08: Rules which are invaluable!

*It is normal that I do not appreciate the other person as much as I did before ...
I have seen him/her too often in situations which were not so aesthetic.
Why do I not try to live as long as possible in the world of beauty, poetry, and light?*

eBook 06: The Two Principles – Masculine and Feminine
eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force
eBook 21: A new Attitude for everyday Life
eBook 32: Magic in everyday life
eBook 35: Working with Light
eBook 36: Only Beauty can save the World
eBook 40: True Love
eBook 41: True Happiness
eBook 45: How to work for Peace in the World
eBook 48: How to master Habits
eBook 54: The Undesirables

and:

*Why our traditional peace efforts fail and the world becomes worse than better!
About the necessity to correct our traditional conception of women
=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!
=> **Pornography of any manner needs to be abolished!**
You want to know why? Here you learn the FACTS!
www.realpeacework-akademie.info/graz
http://www.dailymotion.com/frivolite007/video/x4sqe1_unbornchildren14_lifestyle*

Thought 8:

*In life on earth as it is today no reasonable person would deny that money is useful.
But it is only in the material plane that money is of any use.
In the psychic plane, in the spiritual plane, I can do nothing with money.
There it is light I need, light which is fluid gold.
If I love the light, if I know how to attract it, I already possess gold in the spiritual plane.
The richer I am with such gold, the better I am able to go to the celestial shops to 'buy' what I cannot find in any other shop, i.e. wisdom, love, truth, infinity and eternity.
This is why as a spiritual disciple I endeavour to accumulate as much gold as possible in the spiritual plane in order to enrich myself with qualities and virtues and subsequently make others benefit from me.
Earning money is of no great significance to me, but with my light, I continue to attract the gifts of Heaven and distribute them to the people around me.*

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 18: The Universal Brotherhood of Light
eBook 35: Working with Light
eBook 37: Guidelines for Spiritual Work
eBook 40: True Love
eBook 50: Christ, Christians & Christianity
eBook 51: Interpretations of the Gospels
eBook 55: What is truth
eBook 67: What the face of a human being is able to reveal

Thought 9:

*I obtain results on the spiritual plane only if I possess the qualities and virtues necessary to sustain my work, since nothing, no object, no exterior help can replace the work that I can do.
But have I understood this?
Yes, am I resorting to talismans?
Do I buy a few charms in a store and think that I only have to wear them or place them at home somewhere in order to be protected and obtain some powers?*

Lesson for KW08: Rules which are invaluable!

What a mistake!

Even if I possess a talisman that has been prepared for me by a great magus, if I want it to continue to be effective and powerful, it must be me who nourish it with my thoughts, feelings and pure life.

Otherwise, after a while it will lose its energies and die.

No talisman can last eternally; its life depends on my qualities and on the work I decide to do with its help.

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 44: Becoming a Spiritual Disciple

eBook 47: How to work with Talismans

eBook 48: How to master Habits

Thought 10:

Do I worry about the future?

Do I worry about accidents, illness, poverty ... in fact I feel totally exposed and unsafe?

But why shall I poison my life by imagining all kinds of misfortune?

I should understand that such an attitude solves nothing; on the contrary.

It is true I never know what the future holds, but the best way to avoid the misfortune I dread is by trying to live reasonably in the present.

This is how I build my future.

I cannot build myself a good future with a bad present, because there is continuity between the two.

If my present is dark, I shall not be misled into thinking my future will be luminous.

It would be like wanting to build a marble palace on clay foundations.

The whole thing would collapse.

So even if I have had a bad day, I shall try to wipe away its negative effects and before going off to sleep I make sure I have the best thoughts and make the best resolutions for the next day.

Then these thoughts will, like bees, clean up and repair everything during the night.

This is what I should concern myself with, and stop worrying about the future.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 32: Magic in everyday life

eBook 35: Working with Light

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

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www.realpeacework-akademie.info/sofia

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW08: Rules which are invaluable!

Lesson for KW08: Rules which are invaluable!

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Lesson for KW09:

What does it mean 'Being a child'!

Thought 1:

It's so touching to see the efforts young children make when they're learning to walk! They stagger, fall over, pick themselves up, fall over once more, but they always get up again...

Whereas, when elderly people fall over, they have to wait to be helped to their feet, and when they've been helped up, they may have to be taken to hospital.

What lesson can I draw from these two examples?

Children and elderly people are symbolic of the two attitudes I can adopt in the way I lead my life.

Have I decided to work on improving myself and now I give up the first time I fail, saying, 'That's it, I won't try a second time.'

Well, do I have the character, soul, thoughts and feelings of an old person?

Do I know that I will not enter the Kingdom of God, for the Kingdom of God is for children?

Jesus said so: 'Unless you... become like children, you will never enter the Kingdom of heaven.'

It's worth making the effort thousands of times if necessary and, however much I fall, it's worth picking myself up again to carry on walking.

eBook 05: The Kingdom of God & His Righteousness

eBook 11: The Reasons behind Suffering

eBook 18: The Universal Brotherhood of Light

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 37: Guidelines for Spiritual Work

eBook 66: The Importance of the Will

eBook 68: Pride and Vanity

eBook 71: The Power of Desires

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Lesson for KW09: What does it mean 'Being a child'!

Thought 2:

Why am I so helpless when faced with life events?

Because I am careless and thoughtless?

I believe I'll be the strongest, and then I am a victim!

Am I like those who would believe they can fight winter or prevent it from coming?

One day I would be forced to admit that winter is more powerful than I am.

I have to live through it, and what will happen if I've made no provision for it?

So ... I shall never forget that winter will come, and I shall tell myself, 'I'm going to stock up with wood, coal and clothes, in other words with wisdom and love, and when I have these winter will be welcome!'

This way, both winter and myself will be happy.

So that is the best attitude to have: I shall not fight against the trials fate deals me, but show how far-sighted I am, and strengthen myself with wisdom and love, so I can face my difficulties with lucidity and courage.

eBook 11: The Reasons behind Suffering

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 38: Suicide: Reasons & Consequences

eBook 39: Real Freedom

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www.realpeacework-akademie.info/sofia

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

Lesson for KW09: What does it mean 'Being a child'!

However important my affairs or activities may be, I shall never forget that what is essential for my future is my work with thought.

Thanks to this, every day I will move closer and closer to the ideal I aspire to.

Every day, through my prayers and meditations, I will add another element to the edifice: a brick, a slab of concrete, a little cement, a plank, a nail...

What happiness to feel I am doing something that I am advancing!

Besides, I cannot be sure to feel as happy when I see my building completed.

Yes, I may feel as if something is missing when it is finished!

It is true I find happiness when I achieve something, but much more so in the work, in activity, in hope, in the thought that there is always something more to discover and accomplish.

eBook 21: A new Attitude for everyday Life

eBook 32: Magic in everyday life

eBook 37: Guidelines for Spiritual Work

Thought 4:

By behaving according to my likes and dislikes, I do nothing but feed the conflicts around me and flounder in the lower layers of the astral plane.

I shall not believe that my reactions of like and dislike are based on my intuition about others.

No, the origin of these attractions and repulsions is physical, biological, and in no way spiritual.

People have certain elements in the structure of their physical body or face which have either an affinity for elements in my own biological structure or an aversion to them.

This is why I feel attracted or repelled by others.

And if I take the trouble to reflect and to study the matter, I may very well discover serious flaws in people I like a great deal and, conversely, great qualities in certain people I dislike.

eBook 58: Science & Initiatic Science

eBook 67: What the face of a human being is able to reveal

eBook 68: Pride and Vanity

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

Thought 5:

Do I wonder about the 'miraculous' cures which sometimes take place at Lourdes?

Lesson for KW09: What does it mean 'Being a child'!

Obviously, faith plays a very important part in these healings, but it is also true that in this atmosphere of fervour, in the midst of an entire crowd singing and praying, I can be stirred inwardly and transported very high, all the way to the causal plane, which is the higher mental plane.

It is this which produces the miracle: I am wrested from my ordinary state of consciousness and projected all the way to the summit.

When I reach this summit, powerful currents of pure energy are activated throughout my entire being, which descend all the way to the physical plane and restore me to health.

eBook 02: A new Light on Prayer

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 32: Magic in everyday life

eBook 37: Guidelines for Spiritual Work

eBook 46: How to surpass Karma & Predestination

eBook 53: Faith

eBook 62: The different bodies of human beings

eBook 63: Trust

eBook 70: The Power of Thought

Thought 6:

It is reasonable to treat physical illnesses with physical remedies, but that is not sufficient.

When I become ill, it is, more often than not, the result of certain errors I have made in the realms of thought and feeling; and as long as I do not improve these realms, I cannot be completely healed.

Therefore, the solution is to use all the resources medicine has to offer and at the same time I shall address the emotional and mental aspects of the problem in order to eliminate the cause.

That I take medicines and undergo treatments is fine, but I must accompany these treatments with work on the psyche, because with time thoughts and feelings eventually affect matter and take part in its transformation.

This is true medicine!

I shall take medicines if necessary, but I shall also add to them the power of my thought and the strength of my love, and they will be more effective.

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Lesson for KW09: What does it mean 'Being a child'!

Thought 7:

*Jesus came to tell human beings that God is their Father.
But instead of reflecting and looking into myself to find traces of that divine filiation,
do I limit myself to a superficial, childish interpretation of Jesus' words ... given by the
priests of the church??
God is my Father?
But, this is extraordinary!
If my Father is all-powerful and overflowing with love, I can ask everything of Him!
So I behave like a spoiled, capricious, demanding child, convinced that God will
always be understanding and indulgent, whatever I do.
I will approach Him, covered with mud, and will only have to say: 'Dear God, I have
been wading in the swamps, but I believe in Thee. Forgive me, for I know that Thou
are kind and merciful', and God will enfold me in His embrace?
No, a few words and pious sentiments are not enough.
God will send me away, telling me to first clean myself up.*

*eBook 03: The Importance of having an High Ideal
eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force
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eBook 15: The Quintessence of Christianity
eBook 16: Purity as the Key to Self-Realization
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eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light
eBook 37: Guidelines for Spiritual Work
eBook 39: Real Freedom
eBook 40: True Love
eBook 43: A Servant of God
eBook 48: How to master Habits
eBook 57: What is Fasting
eBook 59: Be a spring
eBook 67: What the face of a human being is able to reveal*

and:

*Health and nutrition ... and the keys for 'eternal' youth
www.realpeacework-akademie.info/sofia*

Thought 8:

*Let me consider the human body for a moment: It could be compared to a building,
the framework being the skeletal system, which in nature corresponds to the mineral
world and which, similarly acts as material support.
The muscles are attached to the bones, in the same way that vegetation is attached
to the soil.*

Lesson for KW09: What does it mean 'Being a child'!

The circulatory system with its arteries and veins, corresponds to the rivers, waterways and lakes, because water is the earth's blood that feeds all the vegetation.

The respiratory system corresponds to the air.

And finally the nervous system corresponds to the sun, upon which the proper functioning of the entire organism is based.

It is not the skeletal system that controls, but the nervous system, which is the most subtle and most sophisticated.

From this I can draw the philosophical conclusion that it is not matter but the spirit that I should consider the most important.

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc.; and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plenitude of life!“

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 9:

I shall always remember that inner force, balance, peace and happiness all depend on love.

I must feel that love is always there within my reach, that is in me and that I have, therefore, no reason to believe I am weak, poor and lonely.

If I have this feeling of loneliness, it proves that I am not free from the physical plane.

As soon as I enter onto the subtle planes, especially the regions of the soul and spirit, I cannot feel lonely; the universal Soul and Spirit are always there close to me, within me and I can communicate with them at any time.

Whereas with a man or a woman – even the best – can I be sure that, one day or another, they feel not have other commitments and be forced to leave me?

And so, even if I have found the most wonderful person on earth, I shall not fix my mind on him or her.

I shall be grateful to Heaven for having met such a being, but I shall know that I will experience true love only when I manage to find it in the regions of the soul and the spirit.

eBook 05: The Kingdom of God & His Righteousness

Lesson for KW09: What does it mean 'Being a child'!

eBook 06: The Two Principles – Masculine and Feminine

eBook 35: Working with Light

eBook 40: True Love

eBook 41: True Happiness

eBook 49: How to deal with loneliness

eBook 62: The different bodies of human beings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 10:

I shall never hold money in my head as an ideal I want to achieve, otherwise it will give me bad advice and I will lose my way.

Obsessed by money I will stop seeing people's qualities and I will no longer be as thoughtful, generous or forgiving.

Obviously it is no good to be totally indifferent to money either.

If I believe that in order to be a spiritual disciple I must live a life free of any material concern I actually become a burden to society, I become a parasite.

As long as I remain on earth and things are organised as they are, I need money.

Perhaps in the future society might be able to do away with money and replace it with love.

Yes, love is the best currency of all.

But mankind has not yet reached the stage of accepting this currency and since money will be with me for some time to come, I must learn to adopt the right attitude towards it so that I never become entrapped by it.

eBook 60: Attitude towards money

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

Lesson for KW09: What does it mean 'Being a child'!

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW09: What does it mean 'Being a child'!

Lesson for KW09: What does it mean 'Being a child'!

Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')!*



Lesson for KW10:

My Conception for being a child of God.

Thought 1:

*The intellect is the faculty that enables me to know matter and, thereby, also to affect it.
That is why I apply myself to cultivating the intellect and why I am so educated, capable and clever.
That's fine, but the further I travel along that path, the more ways I acquire of controlling others, of dominating and enslaving them.*

I only have to have a look at the way I behave.

Why is this so?

Because the teaching I receive as a child or a student in schools and universities does not address my heart or my soul, much less my spirit.

It addresses only my intellect, and I use this learning in the service of my lower nature, which then manifests as selfishness, ambition and jealousy.

None of the knowledge I receive enables me to work on mastering my lower nature.

I am given weapons without being given the ideal of self-improvement, so of course I use them to satisfy my grossest appetites.

Learning, Education, acquire additional skills & knowledge

** easier, quicker, more successful & longer lasting than before - it doesn't matter if it is Mathematics,*

** Physics, Chemistry, Languages, etc. - it is a way of learning which guaranties fun AND success to both parties: teachers and pupils or students (even if they are very handicapped in learning!!!)!*

www.realpeacework-akademie.info/sofia/German/D-Webseiten/NWO_Schule_d.html

and:

The new Economy

** New Models of Cooperation between Employer and Employees*

** Ricardo Semler, Management-Buyout, Employee participations, etc.*

** Die GLS-Gemeinschaftsbank - the community bank for lending & give-aways*

(The first bank with ethical & ecological principles in their financial policy)

** Free Energy technologies, Water cars and Earth healing*

www.realpeacework-akademie.info/sofia/Englisch/E-pages/NWO_overview_e.html

and:

The Construction of our new Society

www.realpeacework-akademie.info/sofia/Englisch/E-pages/NWO_TheNewSociety_e.html

Thought 2:

Lesson for KW10: **My Conception for being a child of God.**

'My Father in heaven...'

By teaching humans to think of God as their Father, Jesus changed the image they had of him. He led them out of a world governed exclusively by justice, into one of love, goodness and forgiveness.

They were no longer the servants of an inflexible, implacable master but the children of a loving, merciful Father.

This change in the way people saw the relationship between themselves and the Lord brought with it another even deeper change, also mentioned in the Gospels but not yet fully understood.

It seems to me that it remained totally neglected.

This change in perspective concerns my nature as a human being.

If God is my Father, I am of the same nature as Him.

I'll never see a father and his child be of a different nature.

And if I am of the same nature as God, I can identify with Him.

This is why Jesus also said, 'Be perfect, therefore, as your heavenly Father is perfect.'

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 15: The Quintessence of Christianity

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 37: Guidelines for Spiritual Work

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 58: Science & Initiatic Science

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 3:

How should I react when a gesture, a word or a glance triggers agitation, anger or some other negative state in me?

Shall I – first of all – stop for a moment?

Yes, because, if I allow my instinctive reactions free rein, I risk doing more harm than was done to me.

Anger is the irruption of a brute force, which is not necessarily a bad thing.

It can be quite the opposite even, but only if I know how to master it and direct it.

And how shall I do it?

By taking a deep breath and making a few harmonious, rhythmical movements with my legs, my arms or my head.

Even if I am bound hand and foot, just one free finger is all I need to regain equilibrium, peace and harmony within myself.

I can also imagine that I am writing magical words in the air in letters of light: peace, wisdom, love, beauty...

These very simple methods produce great results, but I must remain sufficiently lucid and in control of myself to think of using them.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 32: Magic in everyday life

eBook 39: Real Freedom

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 66: The Importance of the Will

Thought 4:

Lesson for KW10:

My Conception for being a child of God.

My face bears the traces of every thought, every feeling, for every manifestation in the subtle world eventually finds expression in the material world.

This law of materialization is one of the first truths I am taught as a spiritual disciple, so that I become as aware as possible of this reality.

I become therefore increasingly prudent and vigilant and gain mastery over all my inner activities.

Every thought, right or wrong, and every emotion, positive or negative, projects onto my face an image, a form or simply a line which renders the face either vibrant, expressive and harmonious ... or the opposite.

And with time these forms become fixed.

This is why as a spiritual disciple I am eager to rediscover my divine countenance.

Therefore I keep watch over my thoughts and feelings.

eBook 27: The Laws which govern the Universe

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 43: A Servant of God

eBook 44: Becoming a Spiritual Disciple

eBook 67: What the face of a human being is able to reveal

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 5:

All human beings are made of the same divine quintessence.

The only difference between them is that some have learned to work on this quintessence and to develop it, while others leave it dormant.

This quintessence is referred to me as the image of God.

If I compare myself to Jesus, the distance between me is obviously immense.

But why would he have said if I am not of the same quintessence as he: 'The one who believes in me will also do the works that I do and, in fact, will do greater works than these.'

To be able to do what Jesus did, I must share the same nature.

Lead cannot do what gold can do, because it is not of the same nature.

So, as for me, it can be said that I contain within me an atom of gold, but it is completely surrounded by an entire gangue of base materials.

My work as a spiritual disciple is to transform these worthless materials into gold, which is the true meaning of alchemy.

eBook 03: The Importance of having an High Ideal

eBook 04: Master & Discipleship

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 09: The hidden capacity of Human beings

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 19: The true Task of Art

eBook 20: Living a Successful Life

eBook 25: The Relationship between Colours & the Aura

eBook 27: The Laws which govern the Universe

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 67: What the face of a human being is able to reveal

Thought 6:

Before taking action, I shall try to study the situation carefully.

I shall weigh the pros and cons and even ask for advice, until everything is very clear to me.

If I rush with blind faith into things I can only be lead to failure.

Lesson for KW10:

My Conception for being a child of God.

If I do not want to see the reality around me and if I refuse to take into account all aspects of a situation, I will meet with disaster.

Determination is one thing and obstinacy is another.

How many of my undertakings have failed despite the absolute confidence of me and the people involved?

Did I – we – lack experience?

Did I – we – not study sufficiently the various aspects of the situation?

Did I imagine that to be motivated with the best intentions and to be completely confident it was enough to guarantee success, and that heaven would take care of the rest?

No, that is not enough.

But once I have thought it through and I see things clearly, I shall not hesitate for one moment, so that I am able not only to act appropriately but to persevere whatever the difficulties.

eBook 20: Living a Successful Life

eBook 24: Education – Guidelines for Parents

eBook 29: A correct understanding of Good and Evil

eBook 33: Meditation as the Gateway to harmonious living

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 45: How to work for Peace in the World

Thought 7:

No other failing gives rise to so much disappointment and misfortune as my stubborn defence of certain beliefs and points of view without testing their validity.

Do I persist in thinking I am right, even when all sorts of events in my daily life prove the opposite?

How can I put up with such contradictions?

It is the events of life, not my own imagination, tastes, or preferences that should show me if whether or not my view of things is correct.

I am given all the criteria I need to see this clearly.

... and the most important of all of them is this one: before reaching a decision on any matter whatsoever, I shall try to identify what it is in myself that urges me to take one direction rather than another.

Are my motives honest and disinterested?

If not, I shall watch out, because I am exposing myself to great disillusionment.

eBook 11: The Reasons behind Suffering

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 29: A correct understanding of Good and Evil

eBook 33: Meditation as the Gateway to harmonious living

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 54: The Undesirables

eBook 68: Pride and Vanity

and:

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www.realpeacework-akademie.info/sofia

and:

"Spiritual Influences on Human beings"

- The Influence of spiritual Beings upon man (11 Lectures)

Lesson for KW10:

My Conception for being a child of God.

- *The Spiritual Guidance of Mankind* (Munich, 20. August 1911)
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times* (6 Lectures)
- *Relationships Between the Living and the Dead* (Hamburg, 16.02.1916)
- *The Influence of the Dead on the Life of Man on Earth* (Zürich 03.12.1916)
- *Life Between Death & Rebirth – The active connection between the living & the dead* (16 Lectures)
- *The Work of the Angels In Man's Astral Body* (Zurich 09.10.1918)
- *Past Incarnations of the Peoples of Today* (Stuttgart 06.01.1921)
- *Man in the Past, the present and the Future – The Evolution of Consciousness* (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 8:

Watching me, do I realize that I set little store by self-control?

Do I feel irritated, do I fly off the handle, do I fall to pieces at the slightest thing?

Am I not only not in any way embarrassed about my behaviour, but I find it even quite natural?

Do, I say, I am expressing how I feel, I am showing myself as I am, and therefore I can be proud of it?

But no, there is nothing to be proud of.

I only should be proud if I have learnt self-control, because I become king of my realm – i.e. myself – and as a result all the treasures and powers of this realm are at my disposal.

I then not only become rich and powerful, but I am also able to do a great deal of good for my fellow human beings, who, upon contact with me, will also feel appeased and strengthened.

And even the Intelligences that inhabit the universe come to assist me, because since I am capable of self-control, they feel they can deposit their treasures within me and they will not be wasted or lost.

eBook 03: *The Importance of having an High Ideal*

eBook 04: *Master & Discipleship*

eBook 05: *The Kingdom of God & His Righteousness*

eBook 17: *The Sun & the Sunrise-Meditation; working with the Divine Image*

eBook 18: *The Universal Brotherhood of Light*

eBook 20: *Living a Successful Life*

eBook 24: *Education – Guidelines for Parents*

eBook 27: *The Laws which govern the Universe*

eBook 34: *Proper knowledge of Human and Divine Justice*

eBook 35: *Working with Light*

eBook 36: *Only Beauty can save the World*

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eBook 43: *A Servant of God*

eBook 50: *Christ, Christians & Christianity*

eBook 51: *Interpretations of the Gospels*

eBook 59: *Be a spring*

eBook 67: *What the face of a human being is able to reveal*

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”

out of the book:

„Live in Freedom and experience the plenitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 9:

Because it has a synthetic view of reality, intuition is true intelligence.

Lesson for KW10: **My Conception for being a child of God.**

It does not need to do research or calculations, its understanding is instantaneous; it penetrates everything with a single glance – the objective and subjective worlds, the exterior and interior – and transmits its findings directly to me.

Intuition is both a sensation and a comprehension; I feel things at the same time as I understand them. It is a superior intelligence that contains life as a first essential element.

And when everyone else hesitates and doubts, if I possess this intelligence and believe in it, I understand immediately.

If I – thanks to my intuition – begin to explore reality as it is – with both aspects, objective and subjective, exterior and interior – I am amazed to discover the simplicity of all things.

eBook 16: Purity as the Key to Self-Realization

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 30: The different aspects of 'Clairvoyance & Intuition'

eBook 32: Magic in everyday life

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 55: What is truth

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 10:

Is it very difficult for me in general and as a spiritual disciple in particular to have an objective opinion of myself?

Am I frightened by the immensity of Initiatic Science, by the distance separating me from my goal?

Do I feel miserable, whilst in fact I am much evolved?

Do I have made sound progress along the road of my inner development?

This is really not very good for me.

I shall imagine another situation:

I am completely stupid and short-sighted; I believe myself to be a great initiate, genius or even divinity. But since nothing in my life justifies this good opinion I have of myself, I go and consult a so-called medium or clairvoyant who tells me all kinds of fantastic stories about my reincarnations – because after all it is in their own interest to cheat people otherwise they would attract no clients.

Indeed they are fantastic stories, full of celebrities and glorious history and saints and prophets.

But what good does it do me, if every day reality proves to me that I am nothing at all?

One of the greatest hindrances to evolution is to delude myself about my past incarnations.

If I really want to progress, evolve, I shall not waste my time with clairvoyants, but study and work so that I may come to know myself.

I can't truly evolve if I have assessed myself correctly.

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

and:

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"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

Lesson for KW10: **My Conception for being a child of God.**

„Live in Freedom and experience the plentitude of life!“
http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

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- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
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*Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!
... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!*

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.
<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW10:
My Conception for being a child of God.

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Lesson for KW10:
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Lesson for KW12:

Likes and dislikes – true spiritual work

Thought 1:

Children are more spontaneously drawn to things that will hurt them or make them ill than to those that will be good for them.

And am I as a so-called spiritual disciple like that too?

I'll decide, under the influence of some book, to embark on dangerous practices: hypnosis, spiritualism, delving into reincarnation?...

If I want to have experiences of that sort and remain safe from danger, I need to be under the guidance of very high entities, and these entities only agree to guide me if I have done an inner work of purification and self-mastery.

They will not bother with me – this first foolhardy or greedy person – who comes along wanting to venture into the invisible world to satisfy my curiosity or my desires.

Or do I – having read or heard something about the Kundalini force Indian yogis learn to awaken – immediately decide to awaken the force myself, without realizing all the preliminary work required?

But what will I do with it then?

I'll just get burnt.

Yes, indeed, as being ignorant or unaware, psychic adventures are always risky, very risky.

So I shall not be in a hurry, I shall begin by purifying myself and achieving mastery, I shall study hard, and one day all these experiences will become possible for me.

eBook 04: Master & Discipleship

eBook 16: Purity as the Key to Self-Realization

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 44: Becoming a Spiritual Disciple

eBook 68: Pride and Vanity

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

My ability to be happy at other people's good fortune is the criterion for how evolved I am.

For, I must admit, it's usually difficult to be thrilled about other people's successes and happiness, especially if they succeed where I have failed.

On the other hand, when I see them unhappy, it arouses kind thoughts and feelings, pity, compassion and the need to comfort them and help them.

Yes, when others have accidents or serious illnesses and I can no longer arouse envy in them.

I naturally become more kind and understanding, without even having to try.

Lesson for KW12:

Likes and dislikes – true spiritual work

So I must study my reactions to other people's success and happiness.

The day I am able to be sincerely pleased for them will be the proof that I have succeeded in detaching myself from the astral and mental planes – my egocentric feelings and thoughts – and have been able to rise to the causal and buddhic planes where wisdom and love reign, which alone are capable of giving me true joy.

eBook 18: The Universal Brotherhood of Light

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 33: Meditation as the Gateway to harmonious living

eBook 39: Real Freedom

eBook 40: True Love

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 62: The different bodies of human beings

Thought 3:

As with everything in nature, my physical body has a double, known as the etheric double, which penetrates it and extends beyond it.

This means that each limb of my body has its double.

My arm, for example, is penetrated by an etheric double which extends beyond the contours of my fingers.

And if I have learned as a musician, a violinist, for example, by way of my imagination to introduce my etheric arm into my instrument so that it impregnates the wood and the strings, the instrument vibrates differently.

As a musician I can produce sounds beyond the physical sounds, which sensitive people are able to perceive.

The same law exists for the voice: when as an artist I sing or speak, I can change the vibrations not only in the hall but in the physical bodies of the audience, because of the work I have done consciously or unconsciously on my etheric body.

And with everything I emanate through my etheric body, I too can animate places and creatures.

eBook 14: Music and Creation

eBook 19: The true Task of Art

eBook 21: A new Attitude for everyday Life

eBook 25: The Relationship between Colours & the Aura

eBook 32: Magic in everyday life

eBook 37: Guidelines for Spiritual Work

eBook 58: Science & Initiatic Science

eBook 62: The different bodies of human beings

Thought 4:

Religious teachings necessarily put the emphasis on faith.

And it is true that in the beginning this is necessary, for what I need most is to believe in a creative Principle, in a power that infinitely surpasses me, whether it be called 'God' or another name.

By asking me to believe, religion encourages me to take a certain course; it invites me to direct my sights towards a higher world.

Even if I cannot immediately adjust my actions to the moral law that ensues from my faith in God, my growing consciousness of the existence of a supreme Being at least stimulates my efforts to rise to Him.

For God extends invisible threads to me, and it is out of faith that I grasp these threads without fear of their breaking and make the necessary efforts to elevate myself.

eBook 53: Faith

eBook 63: Trust

Lesson for KW12:

Likes and dislikes – true spiritual work

eBook 66: The Importance of the Will

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 5:

How can I resist the temptations of pleasure?

Pleasure is not a reliable guide, and when I allow myself to be governed by it, the results are most often unpleasant.

Feasting in a restaurant is pleasurable, but after I have eaten, I must pay, which is not so pleasant.

And it is the same in life: in one way or another, everything has its price.

On the astral and mental planes as well as the physical plane, there are markets, stores and shop windows where everything is displayed so I can help myself.

But once I have done so, I must pay.

And it is precisely on this question of cost that I must reflect.

I shall show prudence and say to myself: 'This isn't worth it. It will be too expensive, and the pleasure is fleeting. Soon there won't be a trace of it, and it will take me years to pay my debts.'

eBook 03: The Importance of having an High Ideal

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 34: Proper knowledge of Human and Divine Justice

eBook 41: True Happiness

eBook 54: The Undesirables

Thought 6:

Hope is not a vague wish for an easier and pleasanter life, but a wisdom which knows how to use the past and the present in order to project itself into the future and influence it.

Hope is the ability to live a magnificent reality that does not yet exist.

So it could be said that it is a foretaste of perfection.

Yes, thanks to hope, I eat, drink and nourish myself with a happiness that I do not yet have, but which is the true reality.

For true reality exists not on the physical plane but in the divine world.

That I am an heir to heaven and earth is my true reality.

Because I am still too young and inexperienced, I cannot yet take possession of my inheritance, but it is there waiting for me.

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

and:

Lesson for KW12:

Likes and dislikes – true spiritual work

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”

out of the book:

„Live in Freedom and experience the plenitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

Prayer must not be considered solely as a silent outpouring from the heart or soul.

In order to be truly effective, prayer must be expressed in the three worlds: mental, astral, and physical.

Why?

Because to pray does not mean to ask for anything and everything according to the impulses of the moment.

First of all, thought, light, must have its say.

Yes, it is this that must tell me if a request should be formulated.

Then, in the same way that light is accompanied by heat, thought must be accompanied by a powerful feeling to reinforce it and keep it alive.

Finally, in order to touch the physical realm, the word is necessary, because the resonance of its vibrations touches matter.

Without words, which provide a kind of flesh, thought and feeling remain inoperative, and I must gather materials from the physical world in order to manifest themselves.

Through words, therefore, I create the best conditions for realisation, because I supply the spirits of the invisible world with the physical elements that they themselves do not possess.

I show them that I know the laws, and I also facilitate their work.

eBook 02: A new Light on Prayer

eBook 04: Master & Discipleship

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 37: Guidelines for Spiritual Work

eBook 46: How to surpass Karma & Predestination

eBook 61: Obedience

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 8:

Even if I need to take an urgent decision, I shall not hurry.

I shall try first to use my thought to elevate myself to the summit, from where I will have a clear view of the situation.

And in order to prepare myself to face up to any situation, whenever I have a few moments to myself, I shall draw inwards and imagine I am climbing to the summit.

When the time then comes to take decisions, the path will immediately be clear and I will act correctly.

It is because I do not bother to do this that I see myself so often confused.

I act, without thinking properly, on impulse, and of course I hit my head.

Lesson for KW12:

Likes and dislikes – true spiritual work

If I then go off in a different direction – but because I have not thought things through here either – I hit my head again.

This is why my head is covered in bruises, bumps and dents.

It is time I took more seriously the advice of the sages who say to me: 'Draw inwards, meditate ...'

This is how I will be able to lift myself to the spiritual summit, from where I will be able to grasp the many aspects of reality and so better be able to work and express myself.

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 48: How to master Habits

eBook 68: Pride and Vanity

Thought 9:

The Creator has left me free, and it is my responsibility to understand the direction I must follow in order to be truly fulfilled.

I will say, 'But why? Wouldn't it be better if God imposed Himself on me and dictated my behaviour?'

No, it is me who must make some efforts to understand where my interests lie and become conscious of the reason for choosing such and such a direction or making one choice rather than another.

I have to be truly convinced.

What would I gain if I were pushed against my will to follow the path of the good and light?

Not much, I would constantly have to start everything over again.

That is why the Creator and celestial spirits leave me free; it is me who must understand and feel which path is the best for me.

eBook 03: The Importance of having an High Ideal

eBook 07: Angels & the Tree of Life

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

eBook 20: Living a Successful Life

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 42: Why we should accept Reincarnation

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 53: Faith

eBook 54: The Undesirables

eBook 61: Obedience

eBook 63: Trust

eBook 66: The Importance of the Will

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

Lesson for KW12:

Likes and dislikes – true spiritual work

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 10:

I have organs allowing me to grasp the realities of the invisible world and throughout time there have been people who have developed these organs.

But because of their subtle nature it has never been possible to describe them, to represent them in the same way as the organs of the physical body.

This is why every spiritual tradition has described them differently and called them different names, such as the pineal gland, the third eye, the chakras.

But this is not important.

What is important is knowing I possess these subtle centres and they are as real as the organs of my physical body.

And if these centres are no longer in working order in me, it is because I have become too focused on the material, I have become too materialistic.

Interest in psychic faculties is growing nowadays, all too often, however, the methods used are not the best and some concentration and visualisation exercises are even dangerous.

Not to mention the use of drugs, based on recipes borrowed from the American Indians and the shamans of Siberia.

I shall leave those methods to the people who have inherited them through thousands of years of tradition.

They are not meant for me.

I should work with the methods of wisdom and love, and I shall try each day to triumph over my weaknesses.

This is how I will activate all these subtle centres within me and they will put me in contact with the spiritual world.

Lesson for KW12:

Likes and dislikes – true spiritual work

eBook 04: Master & Discipleship

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 09: The hidden capacity of Human beings

eBook 16: Purity as the Key to Self-Realization

eBook 23: Nutrition for a successful life

eBook 25: The Relationship between Colours & the Aura

eBook 28: A new Understanding of Health

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 62: The different bodies of human beings

eBook 67: What the face of a human being is able to reveal

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

1. I lay the scriptures aside for a while,
2. take a break, do a fast for 1, 2 or even 3 weeks,
3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW12:
Likes and dislikes – true spiritual work

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Likes and dislikes – true spiritual work

Lesson for KW12:
Likes and dislikes – true spiritual work

Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')!*



Lesson for KW13:

The Construction of our new Society – How to master Habits

Thought 1:

*Of the four elements, fire is surely the one that exerts the greatest power of fascination over me.
When I see dancing flames, I instinctively hold my hands out to them as if I feel there is something I can capture.*

Why?

I may say, it's nature that impels me to act this way.

Yes, of course, but there is a deeper reason for this impulse.

I have centres at the ends of my fingers that are very sensitive on account of the great many sense cells they contain.

It has even been observed that my sensitivity can be measured, among other things, by the small mound at the tips of my fingers.

So when I stretch out my hands to the fire, the sensitive centres in my fingertips are activated: they sense heat, as well as other subtle elements, and transmit them to my body.

So, not only is my body warmed but my solar plexus is influenced for the good.

eBook 58: Science & Initiatic Science

eBook 62: The different bodies of human beings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

Fear is not often mentioned as one of my weaknesses, yet it is a great enemy of my inner progress.

It is very often fear that is behind cowardice, avarice and wickedness.

Do I claim to fear nothing, but what do I mean by that?

In reality, if I knew how to analyse myself better, I would notice I am afraid of at least one thing or one person.

It's impossible to even count the different forms of fear: They are infinite in number, from the fear of accidents, illness and death to the fear of public opinion, lack of money or being deceived by my wife or husband, and so on.

Fear accompanies me throughout my life and obscures my inner sky.

So I must be ready to face it at every moment.

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

Lesson for KW13:

The Construction of our new Society – How to master Habits

eBook 28: A new Understanding of Health
eBook 29: A correct understanding of Good and Evil
eBook 31: Life and Death
eBook 32: Magic in everyday life
eBook 34: Proper knowledge of Human and Divine Justice
eBook 35: Working with Light
eBook 38: Suicide: Reasons & Consequences
eBook 39: Real Freedom

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plenitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

Because I do not know how to regard the other person, I am inclined to see only the crudest and coarsest physical or psychic traits in the other.

So do I take delight in caricaturing my fellow humans?

Do I do it either verbally or in my writings, drawings or performances, enchanting the public, who laugh and applaud?

Ok ... I think it is agreeable that from time to time I can tease a little, in a kindly way, but do I do it not just occasionally, or a little, or kindly?

My need to portray humans as uglier, more stupid and more ridiculous than they really are ... is it a pernicious habit?

What right do I have to debase the image of God?

Is this any way to treat my brothers and sisters?

Why don't I realize that I am connected to them, and that by degrading them I degrade something in myself as well?

eBook 18: The Universal Brotherhood of Light

eBook 45: How to work for Peace in the World

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 54: The Undesirables

eBook 56: Wars – seen with a wider field

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

*=> **Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 4:

real.peacework@gmail.com * www.RealPeacework-Akademie.info/Sofia

Lesson for KW13:

The Construction of our new Society – How to master Habits

Yes, indeed ... the amount of energy criminals expend is impressive!
It seems as if their schemes keep them endlessly awake and on their feet.
They are tireless, while me who is honest, who has no impulse to steal, kill or avenge myself ... I have so much less energy; I live in peace and quiet, quite satisfied with myself.
Well, is there any reason to be so satisfied?
To start a family and establish a career, to be sociable, friendly and charitable is something, of course, but does it also represent a great ideal?
No!
There are so many other things to do in life, and I must understand that I have not yet begun my true work.
This is why I need an Initiatic teaching which will reveal activities to me which I have never imagined. I will then feel obliged to outdo myself, to surpass myself, and I too will become tireless.

eBook 03: The Importance of having an High Ideal
eBook 05: The Kingdom of God & His Righteousness
eBook 13: Holidays
eBook 14: Music and Creation
eBook 18: The Universal Brotherhood of Light
eBook 19: The true Task of Art
eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 36: Only Beauty can save the World
eBook 41: True Happiness
eBook 45: How to work for Peace in the World
eBook 46: How to surpass Karma & Predestination
eBook 47: How to work with Talismans
eBook 48: How to master Habits
eBook 58: Science & Initiatic Science
eBook 59: Be a spring
eBook 68: Pride and Vanity

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 5:

Do I imagine regularly that alone the spirit is immortal?
Therefore, only if I identify myself with the spirit I know that I am immortal.
I am conscious of myself as a free and luminous being, separate from my body.
I travel in space, I can come and go.
I sense that my body is only a garment, and sometimes a garment that is worn out.
How can I understand the mysteries of the universe if I identify with my shell?
As a motorist do I identify myself with the car I drive?
Do I say: 'I am my car'?
No, because I know it is only something that transports me.
And as a rider do I identify myself with my horse?
When Jesus said: **'My Father and I am one'**, and he was identifying with his father, but not with just any father.
'My Father' refers to the eternal, all-powerful Being, the cosmic Spirit.
Why shall I not imitate Jesus, then, and identify with the heavenly Father, with the Spirit?

Lesson for KW13:

The Construction of our new Society – How to master Habits

eBook 09: The hidden capacity of Human beings

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 15: The Quintessence of Christianity

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 51: Interpretations of the Gospels

eBook 53: Faith

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

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out of the book:

„Live in Freedom and experience the plenitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

I am capable of great things, but only if I begin with the small things; and the greater my ambition, the more modestly I must begin.

If I am successful I sense my consciousness expands, and it is this expansion of consciousness that matters.

On the other hand, setting my sights too high I can only lead to failure, and this failure diminishes something within me and undermines my confidence.

So, when I engage in the spiritual life, I shall not begin by saying: ‘In several months, or a few years, I will live in divine light because I will have overcome all my baser instincts.’

This is not possible, because these are tendencies which I have nurtured over many incarnations and, if I begin full of illusions, I will quickly become discouraged, for I will meet only with failure.

eBook 04: Master & Discipleship

eBook 09: The hidden capacity of Human beings

eBook 11: The Reasons behind Suffering

eBook 37: Guidelines for Spiritual Work

eBook 38: Suicide: Reasons & Consequences

eBook 42: Why we should accept Reincarnation

eBook 44: Becoming a Spiritual Disciple

Lesson for KW13:

The Construction of our new Society – How to master Habits

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 56: Wars – seen with a wider field

eBook 61: Obedience

eBook 63: Trust

eBook 64: Honesty

eBook 66: The Importance of the Will

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Thought 7:

In society it is possible to succeed by dishonest means; it is enough to shout the loudest, be cunning, and eliminate others.

In the spiritual world I can be successful only through real work on myself, with constant and sincere efforts.

It is only when I have mastered my instincts, my desires, and all my lower tendencies that I can succeed with others that I can act as an authority for them and command the forces of nature as well.

In any case, I must have no illusions about those material successes gained through intrigue or violence, because they do not last.

In fact, Cosmic Intelligence has established a law according to which I can receive only what I deserve, and this is a universal law.

The spirits of the invisible world, the forces of nature who know what I do, who know what I am worthy and capable of, arrange it so that sooner or later I have exactly what I deserve.

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 34: Proper knowledge of Human and Divine Justice

eBook 42: Why we should accept Reincarnation

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 61: Obedience

eBook 68: Pride and Vanity

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

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out of the book:

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http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 8:

To understand the behaviour of human beings and myself it is important not to forget that we carry in our subconscious a distant animal past, which reveals itself in cunning, brutality, cruelty, voracity, sensuality and so on.

Therefore, whatever human being I meet, whoever they are, even the most civilized, I shall always be aware they carry the baggage of the animal kingdom with them ... as I do.

And this animal nature is powerful; it has had thousands of years to strengthen and intensify because it has lived in very difficult conditions.

I shall just look at all the difficulties animals have to contend with to survive, find food, find shelter and retain it.

Lesson for KW13:

The Construction of our new Society – How to master Habits

After having lived in such conditions, how can I now expect my instinctive nature to be gentle, good and lenient?

But what I should also realize is that I can work on my psychic and spiritual qualities, so that I come to stand up to these instinctive tendencies.

That is the issue I have to resolve.

eBook 42: Why we should accept Reincarnation

eBook 45: How to work for Peace in the World

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 66: The Importance of the Will

eBook 67: What the face of a human being is able to reveal

eBook 71: The Power of Desires

and:

The Construction of our new Society

www.realpeacework-akademie.info/sofia/Englisch/E-pages/NWO_TheNewSociety_e.html

Thought 9:

The goal of an Initiatic school is to teach me how to return to my Father's home, to this "shelter of the Most High" mentioned in Psalm 91: **"My refuge and my fortress, my God, in whom I trust."**

For it is in this fortress that I will be safe; the forces of evil will no longer be able to reach me.

But it seems I do everything to stray from this secret place where I am under the protection of God.

I want to live my own life, to turn away from the Lord and transgress His laws?

Well, then ... this proves that I still have a lot of suffering to endure.

That is why I refuse to enter the divine light, which could protect me.

Yes, if I have this tendency to wander constantly and to disobey, it is simply because it is my fate to suffer.

Whereas if I have already suffered a lot and learned my lesson I do everything I can to go back to my celestial Father and Mother.

To deepen these explanations have an additional look also at this scriptures:

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

« **Live in Freedom and experience the plenitude of life!** » (in German)

« **What Humanity should have learned from the Horror of the Holocaust!**

Backgrounds & Aims which certainly determine and influence our current affairs – an Interpretation of the Events in the Light of Initiatic Science » (in German)

« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living » (in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 10:

True poetry is the expression of the divine word, which is music, colour, form and scent all in one.

This is why it is so powerful.

Do I claim music to be more powerful than poetry, because it has an immediate effect on its audience?

Yes, but the language of music is not as clear and therefore not as educational as that of poetry because it is only made up of sounds, whereas a poem is made up of words which not only convey a melody, a rhythm, an intonation, but also colours, forms and an architecture and, most importantly of all, it conveys a meaning.

Music stirs the emotions, stimulate the will, but it does not give a clear direction.

I can listen to music all my life and remain as uncertain and ignorant as always.

Whereas when I read or listen to the work of a truly inspired poet, I discover a meaning through the words and I can then walk in the light.

eBook 14: Music and Creation

Lesson for KW13:

The Construction of our new Society – How to master Habits

eBook 19: *The true Task of Art*

eBook 24: *Education – Guidelines for Parents*

eBook 25: *The Relationship between Colours & the Aura*

eBook 32: *Magic in everyday life*

eBook 35: *Working with Light*

eBook 36: *Only Beauty can save the World*

eBook 43: *A Servant of God*

eBook 45: *How to work for Peace in the World*

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW13:

The Construction of our new Society – How to master Habits

Lesson for KW13:

The Construction of our new Society – How to master Habits

Lesson for KW13:

The Construction of our new Society – How to master Habits

Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

Thought 1:

The existence of evil is one of the main subjects of inquiry for philosophers, and for thousands of years the faithful of all religions have begged, 'Lord God, annihilate evil!'

But the Lord scratches his head, smiles even, saying to himself, 'Poor things! Once you learn to deal with evil, you'll stop begging me.'

But until that day comes, there will still be much praying!

Of course, I should pray, but what I should be asking is, 'Lord God, show me how Thou created the world, how Thou see things ... Give me the insight, the wisdom to understand how I, like Thee, can be above evil. Teach me how to place it in the service of good, so that I may achieve great things.'

If I reason this way I understand that evil has a positive part to play in the universe.

I may say I was taught differently.

Possibly so, but what I was taught was incomplete; it is good and true for children, but the reality is quite different.

The whole of creation is proof that evil is essential to the cosmic economy.

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 06: The Two Principles – Masculine and Feminine

eBook 07: Angels & the Tree of Life

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 38: Suicide: Reasons & Consequences

eBook 39: Real Freedom

eBook 54: The Undesirables

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and:

*Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life
(Movie)*

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 2:

How disappointing it is for me as a young artist who has been idolized by the crowds to see myself quickly forgotten and replaced by others!

But however much I torment myself and complain of life's unfairness, that's how it is: the public is pitiless and looks for novelty, and if I am applauded one minute I become quickly replaced by new people, and those by other new people – unless I know the secret of how to renew the life inside me.

If I know how to radiate new life each day, life that is love, light and purity, no one will ever want to replace me, even if I live to be 300 years!

The sun cannot be replaced; all kinds of things and people are replaced, but no one as yet has ever managed to replace the sun.

As a husband I replace my wife and as a wife I replace my husband for all sorts of reasons.

But the real reason is that I need to replace all of these husbands and wives because they have allowed their life to stagnate.

I do not want to replace people who radiate life, for life is what I need most.

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 21: A new Attitude for everyday Life

eBook 28: A new Understanding of Health

eBook 29: A correct understanding of Good and Evil

eBook 32: Magic in everyday life

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 50: Christ, Christians & Christianity

eBook 67: What the face of a human being is able to reveal

and:

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

Health and nutrition ... and the keys for 'eternal' youth
www.realpeacework-akademie.info/sofia

Thought 3:

Do I simply relent as a mother when my child cries and in the end I give him what he asks for, even if it is unreasonable?

Do I ever consider that this child will be so used to having people give in to him that as an adult he will prove to be fickle, violent and unscrupulous?

It is true ... as a mother I shall be always full of kindness.

I shall not get angry or hit my children, but when necessary I must appear uncompromising, in precisely the same way that nature remains implacable in the face of my suffering.

If a child puts his finger into the fire or ice, the laws of heat and cold do not change on his account.

Nature is an impassive witness to the child's experience, which is why he learns to respect her.

As a mother I represent nature for my child, and, if I do not represent her correctly, the child will not know there are boundaries he must not cross, and he will be lost.

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 40: True Love

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 66: The Importance of the Will

eBook 68: Pride and Vanity

and:

To deepen these explanations have an additional look also at this scriptures:

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

« **Live in Freedom and experience the plentitude of life!** »(in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 4:

There are analogies between the life of animals and my psychic life.

Let's take the mole as an example: it lives underground, far from the light, and in order to move about it has to dig long tunnels in the earth, which are sometimes destroyed by the farmer's plough.

This dark and limited life undoubtedly suits it, because it is a mole and cannot imagine living otherwise.

The life of the fish is freer than that of the mole: the space it moves in is vaster and lighter.

But the life of the bird is even freer: all space belongs to it, and it sings and rejoices in the light of the sun.

The mole (earth), the fish (water) and the bird (air) are symbolic here.

Each corresponds to a level of consciousness that determines its destiny.

eBook 03: The Importance of having an High Ideal

eBook 07: Angels & the Tree of Life

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 09: The hidden capacity of Human beings

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 63: Trust

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

eBook 64: Honesty

eBook 66: The Importance of the Will

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”

out of the book:

„Live in Freedom and experience the plentitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 5:

Would I like to correct certain weaknesses in myself and master some of my instinctive tendencies?

I will succeed in doing so only if I develop the love of a high ideal.

What is a high ideal?

It is an aspiration to beauty, to that spiritual beauty made up of purity, light and harmony.

In contemplating this beauty, I naturally and spontaneously disengage from all that is unhealthy, dark and chaotic.

This love of beauty protects me, like a garment which I don't want to soil.

When I wear clothes that are new or special to me, I avoid activities in which I might be torn or stained.

Instinctively I pay attention to my gestures and to where I sit.

Well, there I am: if I decide to cultivate in myself a taste for the world of beauty, and the desire to come closer to it, I will sense, little by little, that a kind of subtle garment is being woven around me that I will want to protect.

In doing so, I will be protected.

eBook 03: The Importance of having an High Ideal

eBook 16: Purity as the Key to Self-Realization

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 35: Working with Light

eBook 48: How to master Habits

eBook 66: The Importance of the Will

eBook 71: The Power of Desires

and:

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): “What would be life without having a High Ideal?”

out of the book:

„Live in Freedom and experience the plentitude of life!”

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

Even if the word ‘God’ does not mean much to me, advances in scientific and technological knowledge oblige me to admit that the entire universe is governed by laws.

I can thus comprehend that a Cosmic Intelligence exists which has established these laws, and that these same laws also govern me – my physical life as well as my psychic life.

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

One of these laws is that everything I experience is recorded within me, in my physical as well as my psychic organism.

Yes, whether they are positive or negative, my thoughts, feelings, desires and actions are recorded in the substance of my being.

Therefore, everything I do that is harmful ultimately manifests in me as a hindrance, a limitation, and everything I do that is good enhances my immense potential to flourish.

This is what I must now come to understand, otherwise neither the Church, nor the Bible, nor will any other sacred book be able to make me wise.

I must discover within myself the reasons to respect divine laws; it is within myself that I must discover the divine plan.

eBook 27: The Laws which govern the Universe

eBook 34: Proper knowledge of Human and Divine Justice

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

*=> **Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 7:

I shall try to get rid of this bad habit that consists in protecting the memory of all that has made me suffer: I carry this memory around with me, scrutinise it, and mull it over ...

It is dangerous to return to negative events in this way.

Once and for all I should draw useful conclusions from them for the future and never return to them.

Why do I still aggravate and prolong the ills I have suffered?

Instead, I shall try to remember the most luminous moments of my life; reflect on how, and thanks to whom, they came about.

I shall bring them often to mind, exactly as I play the music I love, and I will re-live the same sensations of purity, freedom, and light.

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

eBook 20: *Living a Successful Life*
eBook 21: *A new Attitude for everyday Life*
eBook 32: *Magic in everyday life*
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eBook 48: *How to master Habits*
eBook 49: *How to deal with loneliness*
eBook 59: *Be a spring*
eBook 72: *The Power of Feelings*

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): *„Promise that you will never forget me – NEVER!’*
out of the book:

„Live in Freedom and experience the plentitude of life!’

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 8:

Do I join forces to serve great ideas like the Kingdom of God and His Righteousness?

Yes? No?

Do I waste instead my energy in defending all kinds of causes of lesser importance (crumbling monuments, old customs, a certain breed of dog, etc), which in fact I then soon abandon for another and another ...

Maybe I say now: ‘But joining forces to help people who are victims of a disaster or persecution is doing something and at least I see results. Whereas the Kingdom of God is a utopia and will never be realized.’

Well, why does this concern me?

Jesus said: ‘... strive first for the Kingdom of God and His Righteousness ...’ and what is my concern is that I must work for its realization, because this is the only ideal worth devoting my life to.

What is certain, however, is that if I do nothing, in the belief that all efforts in this direction are useless, then of course the Kingdom of God will never be realized.

eBook 02: *A new Light on Prayer*
eBook 03: *The Importance of having an High Ideal*
eBook 05: *The Kingdom of God & His Righteousness*
eBook 07: *Angels & the Tree of Life*
eBook 15: *The Quintessence of Christianity*
eBook 16: *Purity as the Key to Self-Realization*
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and:

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“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”

out of the book:

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http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

Thought 9:

I shall learn to satisfy in all beings I meet only their divine nature: their soul and spirit.

I shall not serve their ambitions, their selfish desires ...

Do I say now, 'Yes, but if I have to think only of satisfying their generous and altruistic tendencies, I will have problems with everyone, husband, wife, children, friends ... They will be furious!'

I shall let them be furious and encourage only their divine side..

Jesus said, 'Follow me and let the dead bury their own dead.'

If I interpret these words in a broad sense, I will make interesting discoveries.

Why are there so many problems between men and women?

It is because they 'follow the dead'.

Yes, my lower nature is to be classified with the dead and if I always try to satisfy this nature and its whims, I too will end by dying.

Jesus was not talking of the dead in the cemeteries; they are where they are supposed to be – besides, their souls are still alive.

The dead that Jesus was talking about are people who have no spiritual life; it is they who are the real dead and I must not give in to their demands.

eBook 11: The Reasons behind Suffering

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 48: How to master Habits

eBook 49: How to deal with loneliness

eBook 54: The Undesirables

eBook 68: Pride and Vanity

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

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Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

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- The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

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- The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)
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- Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 10:

If I could look into the hearts of men and women, what would I find?

Would it make me laugh ... or cry?

Probably I would not believe what people desire most in life!

Would I become confronted with everything that can satisfy their selfishness, their vanity, their sensuality, their need to own, to possess and to dominate?

And me, what do I desire most in life?

I shall look at what I truly desire and I will be astounded by the pettiness of my ideal.

Do I come to an Initiatic school in the hope that all my problems will disappear as if by magic and that I will become rich and famous?

Well, I shall be aware that with such a mistaken belief I will only increase my problems.

If my main desire is to train myself, to practise, to make an effort, to improve myself, I will never be disappointed with life.

I will always find the best opportunities to continue my progress in all situations in life.

eBook 03: The Importance of having an High Ideal

eBook 04: Master & Discipleship

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 40: True Love

eBook 41: True Happiness

eBook 48: How to master Habits

eBook 67: What the face of a human being is able to reveal

eBook 71: The Power of Desires

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

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"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

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... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!*

*Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.
<http://www.amanfangwardaslicht.at/> (soon also in English!)*

Lesson for KW14:

Christ, Christians & Christianity and the Importance of having an High Ideal

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(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

Thought 1:

*Throughout the universe I see the two powers of life and death in action.
But in reality, the only true power is life, for nothing exists outside of life.
Death is contained within life; it is merely a shift to another plane, a change of form, of clothing, time
away to fulfil a new mission, an alteration in my state of consciousness.
When life is transformed, it does not mean it has ended.
Life and death work hand in hand for evolution.
Death is only an illusion.
I have been through what I call death so many times!
And there I am, alive again...
Never-ending life, unbounded life, is all there is.*

eBook 06: The Two Principles – Masculine and Feminine

eBook 21: A new Attitude for everyday Life

eBook 26: Reflections on Birth

eBook 27: The Laws which govern the Universe

eBook 31: Life and Death

eBook 42: Why we should accept Reincarnation

eBook 46: How to surpass Karma & Predestination

eBook 56: Wars – seen with a wider field

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

(further Studies with the eBook-Edition “Thoughts of Eternal Wisdom”!)

<http://www.realpeacework-akademie.info/jena>

and:

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“HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its
continuation?”*

out of the book:

„Live in Freedom and experience the plenitude of life!“

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

Thought 2:

If I do not place heaven at the centre of my life I live a life of anarchy.

I might say, 'But I'm not an anarchist, in fact I'm against anarchy, and besides I'm not bothered about heaven, I don't believe in it.'

This is perhaps intellectually true, but deep down I live in anarchy, for what really matters to me?

Perhaps I might say it's the good of the community, the brotherhood of humankind, for nowadays everyone claims to think altruistically about the whole world.

But let's see how I go about it.

Have I really mobilized my thoughts, feelings and energies in this direction?

If I am honest, I will be forced to admit I am driven in all directions; I go wherever I think I can find pleasure, satisfy my ambition or get more money or honours.

Well, that is true anarchy: inner anarchy.

It's the state I live in until I have learnt to mobilize and coordinate all my energies and place them at the service of a divine ideal.

eBook 03: The Importance of having an High Ideal

eBook 28: A new Understanding of Health

eBook 38: Suicide: Reasons & Consequences

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 51: Interpretations of the Gospels

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

and:

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

=> **Pornography of any manner needs to be abolished!**

You want to know why? Here you learn the FACTS!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 3:

If I feel no need to link myself to the divine world, I deprive myself of something precious.

Of course, if I am intelligent, determined, enterprising and in good health I can have, for a certain time, the impression I am not losing any of my faculties.

But, as I am not being fed by currents from above, something in me gradually begins to decompose.

My door is then wide open to undesirable entities which will eat away at my heart and mind like worms gnawing on wood.

If I am not in contact with the light I am not fed by currents of new energy.

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

If I am ignorant I take temporary situations and draw conclusions from them: 'I shall link myself with the divine world? But why? I know such and such a person who doesn't believe in God or the devil and yet is very successful.'

Yes, but I shall have to look further and know how the laws work: years from now, in one way or another, 'such and such a person' is very often psychically bankrupt.

eBook 03: The Importance of having an High Ideal

eBook 11: The Reasons behind Suffering

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 38: Suicide: Reasons & Consequences

eBook 41: True Happiness

eBook 54: The Undesirables

eBook 68: Pride and Vanity

and:

"Spiritual Influences on Human beings"

- The Influence of spiritual Beings upon man (11 Lectures)
- The Spiritual Guidance of Mankind (Munich, 20. August 1911)
- Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)
- Relationships Between the Living and the Dead (Hamburg, 16.02.1916)
- The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)
- Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)
- The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)
- Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)
- Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 4:

To the doctor of law who asked: 'Master, which commandment is the greatest of all?'

Jesus responded: **'You shall love the Lord your God with all your heart, and with all your soul, with your entire mind, and with all your strength.'**

By 'mind' I am to understand intellect, and by 'strength' I am to understand spirit, for only the spirit in me has true strength.

I must therefore love God with my heart, my intellect, my soul and my spirit, in other words with the four principles which make up my psychic world.

I possess these four principles, but merely by possessing them do I love God as Jesus asks me to?

No, for these same instruments rust if I do not learn to maintain them, to work on them.

This is why I must meditate on the precept of Master Beinsa Douno:

**'Have a heart as pure as crystal,
a mind as luminous as the sun,
a soul as vast as the universe and
a spirit as powerful as God and one with God.'**

The purity of the heart, the light of the intellect, the immensity of the soul and the power of the spirit... it is by working on these virtues that I come to truly love God.

eBook 02: A new Light on Prayer

eBook 15: The Quintessence of Christianity

eBook 24: Education – Guidelines for Parents

eBook 33: Meditation as the Gateway to harmonious living

eBook 37: Guidelines for Spiritual Work

eBook 40: True Love

eBook 43: A Servant of God

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

and:

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Thought 5:

Am I as a mother aware of all the possibilities the spoken word affords me in the education of my children?

Even when a child is too young to understand what is said to him, as his mother I can begin talking to him, and even when he is sleeping.

I don't need to wait until he is old enough to understand.

I should make a habit of speaking to my child with a great deal of love and conviction.

I should tell him what I hope he will become in the future.

Since the word is an active force, entities that have heard and recorded everything set to work in the subconscious of this little child.

They activate processes in his mind, in his heart and in all the cells and organs of his body.

They gather the elements that later on will enable him to manifest the gifts and qualities I wished for him.

Once I know this, I can use the spoken word to give something good to all beings I wish to help, even if the others are unaware of it.

eBook 02: A new Light on Prayer

eBook 27: The Laws which govern the Universe

eBook 32: Magic in everyday life

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 37: Guidelines for Spiritual Work

eBook 40: True Love

eBook 43: A Servant of God

eBook 46: How to surpass Karma & Predestination

eBook 58: Science & Initiatic Science

eBook 62: The different bodies of human beings

eBook 63: Trust

eBook 72: The Power of Feelings

and:

The new Family:

** Men are from Mars, women from Venus ... and the children from Heaven!*

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

- * The future Role of our future Parents
 - * Partnership - A new understanding of Love & Sexuality
 - * The creative Power of a pregnant mother, the importance of the father during that time
- www.realpeacework-akademie.info/sofia/Englisch/E-pages/NWO_Family_e.html

Thought 6:

*I may become a victim of grave injustices on the part of human beings.
If I am really not guilty, inwardly I shall do everything I can to resist this incoming feeling that would like to take possession of me.
I shall never give anyone the possibility of destroying me.
What does it matter to me what these people think if they are so blind?
It is sufficient for me to listen to the inner tribunal of my conscience, the Divinity that lives within me.
I shall be concerned above all with being clear about myself, and always conduct myself with honesty and disinterestedness.
Then, I shall tell myself that who I am, my dignity and my honour, do not depend on what others think of me.
My divine nature upholds me, and this should be sufficient for me to continue walking with my head held high.*

eBook 05: The Kingdom of God & His Righteousness
eBook 07: Angels & the Tree of Life
eBook 34: Proper knowledge of Human and Divine Justice
eBook 58: Science & Initiatic Science

and:

*Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)
=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!*
www.realpeacework-akademie.info/sofia

and:

*Our world in the transit: The transition from a material world into a spiritual reality: :
A reinterpretation of the historical events & the current affairs
... and everything gets suddenly a plausible, comprehensible background!*
www.realpeacework-akademie.info/sofia
<http://www.amanfangwardaslicht.at/>

and:

*To deepen these explanations have an additional look also at this scripture (when you are able to read German)
“Is it true that this World is only a dream? ... or would its reality better be described as a
“HOLOGRAM” or “Interactive Videogame” where you determine with each action or decision its continuation?”
out of the book:
„Live in Freedom and experience the plenitude of life!”
http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html*

Thought 7:

*Just because I have gained a victory over my lower nature, it does not mean that my triumph is definitive.
The situation can be compared to a country which has forced the enemy into retreat: it cannot be sure that they will not renew their attacks.
While the conqueror is resting on his laurels, the defeated country is planning its revenge.*

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

The same thing applies to my lower nature: even if I have managed on occasion to conquer a few of its manifestations, victory is never fully guaranteed; from one moment to the next, it can rebel and lash out... and I am defeated.

So, what should I do?

I shall beg my divine nature, the Christ principle, to come and dwell within me.

Instead of always being like a conqueror who is never sure of victory, I will have a powerful ally on whom I can count.

And if I am weary at times, a bit sleepy, this ally will hold the lower nature in check.

eBook 39: Real Freedom

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 53: Faith

eBook 63: Trust

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plenitude of life!“

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 8:

Even if I am the most disadvantaged, deprived of creatures, I have no right to think that my life is lost.

My intellect, my heart, my physical body may be in a sorry state, but I must realize that there is always something I can do.

And what might this be?

Even simply concentrating on the qualities I would like to have.

I shall work relentlessly at forming a picture in my mind of how I would ideally like to be.

I will have results in the next incarnation and even in this one something will change in me because of the efforts I am making.

No wish, no desire, be it good or bad, remains without results.

The moment I have a wish, it is realized in the invisible world.

It takes a long time for it to be realized in the physical plane, but as I wait, the very beauty of this wish begins to reflect on me and impregnate the whole of my being.

eBook 03: The Importance of having an High Ideal

eBook 09: The hidden capacity of Human beings

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 37: Guidelines for Spiritual Work

eBook 39: Real Freedom

eBook 46: How to surpass Karma & Predestination

eBook 55: What is truth

eBook 66: The Importance of the Will

eBook 67: What the face of a human being is able to reveal

eBook 70: The Power of Thought

eBook 71: The Power of Desires

Thought 9:

When I eat, I should masticate food for a while so that the salivary glands have time to do their work, for saliva contains various chemical substances that participate in digestion.

Their action can be compared to a kind of preparation that makes the assimilation of food easier.

So, if I masticate food until it liquefies, only a small amount of waste is left over, and I benefit from a lot of energy, even by eating very little.

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

The same laws govern respiration, that is why, when I breathe, I shall make an effort to absorb air slowly and deeply, since it has to go down to the base of my lungs in order to expand them.

And after inhaling, I have to retain it as if I were chewing it.

The lungs could be said to masticate air, just as the mouth masticates food.

The air I inhale is like a 'mouthful' of food filled with energy and, in order to digest it well, I must exhale very slowly.

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

and:

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

Thought 10:

There are times when everything seems easy.

I breathe freely and I feel life is smiling at me.

Then there are times when nothing seems right.

I am depressed and irritable.

Well, there is a simple explanation for this.

When the spirit descends towards matter, his fiancée, he brings her his life, his strength and his light, and matter, receiving these vibrations, come to life and renews herself.

But as soon as the spirit moves away and goes on his travels, his fiancée is alone again and weak.

Let's take the following example: If I repeatedly move a magnet towards the coil of a dynamo and move it away again, this movement produces an induction generating a current in the wire of the coil and this current can subsequently be converted.

And this also happens within me, because the spirit enters and leaves alternately.

When he enters, the current flows through my being and I feel enlightened and strengthened.

When he leaves, the current is cut, and I reach a state where I feel indecisive, lost and with no enthusiasm for life.

But I shall not be down-hearted, because the spirit will return and the Kingdom of God will return with him.

So long as the coming and going of the spirit alternates he cannot leave me for ever.

One day he will return and in the meantime I must continue my work so that I may welcome him with new possibilities.

eBook 05: The Kingdom of God & His Righteousness

eBook 06: The Two Principles – Masculine and Feminine

eBook 07: Angels & the Tree of Life

eBook 12: The Cosmic meaning of Marriage

eBook 14: Music and Creation

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 25: The Relationship between Colours & the Aura

eBook 28: A new Understanding of Health

eBook 41: True Happiness

eBook 67: What the face of a human being is able to reveal

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

Lesson for KW15:

The Importance of having a High Ideal – What does it really mean (for me)!

Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

Thought 1:

As a thief slipping through a crowd, looking for something to steal, I am almost a clairvoyant.

I sense, as if with antennae, which people are watchful, awake, and which are half-asleep.

The clue for me is light, for a watchful person radiates a kind of brightness, and so it won't be that person I attack as a thief.

I'm on the lookout for those who are dozing with their eyes open, and I seize their purse or their bag without them even noticing, so immersed are they in a kind of inner murkiness.

In the same way, harmful entities from the invisible world will not attack me if they sense light in me, for they know they will be spotted and warded off.

So, I shall be careful; if I wish to be safe from all kinds of thieves, I shall always keep a light shining within me.

eBook 18: *The Universal Brotherhood of Light*

eBook 24: *Education – Guidelines for Parents*

eBook 25: *The Relationship between Colours & the Aura*

eBook 35: *Working with Light*

eBook 54: *The Undesirables*

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom!")

<http://www.realpeacework-akademie.info/jena>

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

Thought 2:

Everything I experience in my inner life is fraught with consequences.

Why?

Because the nature of each thought, feeling and desire is to attract corresponding matter from space.

Thus, good thoughts, good feelings and good desires that are supported by a firm will attract particles of pure, eternal, incorruptible matter.

If I work each day to attract this matter, it will enter me and find a home in me, and at the same time it will chase away all the old dull, sickly particles, until my physical, etheric, astral and mental body are completely renewed.

And as each particle of matter is linked to a corresponding force, the purer the matter the more it vibrates and attracts forces that correspond to its nature.

So, when I replace the ageing particles in my organism with new, purer particles, I attract currents and forces from the heavenly regions.

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 07: Angels & the Tree of Life

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 19: The true Task of Art

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 25: The Relationship between Colours & the Aura

eBook 27: The Laws which govern the Universe

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 37: Guidelines for Spiritual Work

eBook 62: The different bodies of human beings

and:

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

Why are you so happy to meet with me each day?

Because you see the magnificent future that awaits me, and you want to help me create that future.

I see no hint of it yet, but you see it.

If you saw me solely as I am today, would you be able to put up with me?

I'm not that sure you would.

As for me, if I cannot bear you, this is also because I do not know how to see you as you will be in the future.

As for you ... you are always amazed by me, because it is not my present you see here before you but my future.

But if you were to focus on my thoughts and feelings, on my preoccupations, my wishes and my needs, you might well want to take your hat and go to the ends of the earth.

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

Yes, but fortunately you also see my long-term future and how I will succeed one day in merging with my divine nature.

That is your secret for being so patient, tolerant and loving with me.

eBook 04: Master & Discipleship

eBook 05: The Kingdom of God & His Righteousness

eBook 18: The Universal Brotherhood of Light

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 36: Only Beauty can save the World

eBook 40: True Love

eBook 41: True Happiness

eBook 42: Why we should accept Reincarnation

eBook 43: A Servant of God

eBook 44: Becoming a Spiritual Disciple

eBook 45: How to work for Peace in the World

Thought 4:

I have had nightmares and I have noticed that most often they are abruptly interrupted because I awaken with a start.

Relieved to find myself completely safe in my physical body, I say: 'Fortunately this was only a dream!'

But why do I awaken with a start like this?

Because subconsciously I know that to defend myself from the hostile beings or forces of the astral plane, I must re-enter my physical body which is like a fortress where I can take shelter.

While asleep, I am always at the mercy of these 'enemies' of the astral plane, but by leaving this region and re-entering my physical body which is dense, solid, I escape them.

eBook 07: Angels & the Tree of Life

eBook 24: Education – Guidelines for Parents

eBook 51: Interpretations of the Gospels

eBook 54: The Undesirables

eBook 56: Wars – seen with a wider field

eBook 62: The different bodies of human beings

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

and:

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 5:

Do I have a natural tendency to make appearances merely to gain recognition and respect?

Do I spend my time in receptions and intrigues?

Do I waste my life trying to impress people, without thinking that in a few years all will be forgotten?

What truly gives life meaning is to work with the light and for the light, without worrying about pleasing or displeasing others.

And one day, even if I do not wish it, others will come looking for me to show me their respect and admiration.

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

When my thought remains linked with the light and with divine love, people I encounter cannot help but find comfort and peace in my presence; they value me and seek my company.

Whereas if I abandon the Lord, I can no longer replenish my inner riches.

Then, when I have become poor and empty, who will want to spend time in my company?

eBook 03: The Importance of having an High Ideal

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 59: Be a spring

eBook 67: What the face of a human being is able to reveal

and:

To deepen these explanations have an additional look also at this scriptures:

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »
(in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

Whatever my circumstances, I shall always remember to analyze myself so that I know what I am doing, and especially how I am doing it.

For example, every day I am obliged to do certain tasks that are more or less interesting or pleasant.

But, pleasant and interesting or not, they have to be done.

So, I shall observe carefully how I set about doing a job I do not like very much: do I sigh, do I grumble, and do I go at it without conviction or love?

Didn't I realize that my attitude makes the work even more difficult; and then, not only do the efforts I am required to make bring me nothing inwardly, but they destroy me?

Whereas if I learn to consider things in another way, if I decide I am going to use this boring work as a chance to train myself and to make progress, I will change my state of consciousness and the task will seem less hard.

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 61: Obedience

eBook 68: Pride and Vanity

Thought 7:

Do I have a particular conception of happiness that reflects my temperament?

Am I happy in reflection or am I happy in being carefree and entertained?

Do I need family life or do I prefer solitude and celibacy?

Am I inclined to help my neighbour, to support and care for him or do I want to dominate or destroy him?

In fact, this search for happiness is a search for God.

A search that is more or less wise, more or less enlightened, but still a search for God, because behind this idea that I have of happiness God is hiding ...

It is He who has given me this aspiration to happiness, so that I may finally find it, in Him.

And even if, while waiting, I seek it in all the dark places, in the sewers, the swamps, and the cemeteries, one day I will understand that I must search for it in the higher regions, in the form of purity and light.

There, yes, I will find it, and I will be truly happy.

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

eBook 17: *The Sun & the Sunrise-Meditation; working with the Divine Image*

eBook 35: *Working with Light*

eBook 41: *True Happiness*

eBook 49: *How to deal with loneliness*

Thought 8:

I am not always rewarded for the good I do, this is true, but that should not be a reason to become discouraged, and what most important is that I find the right attitude.

Let's say I have done somebody good, by giving him/her material help for instance.

Then, one day, I find that (s)he did not deserve my help, and I go and tell the whole world how ungrateful (s)he were after all I had done for him/her and that if I had known ...

But why say all these things?

If I go and complain to everyone, regretting my good deeds, I destroy the merit of what I did.

It had already been recorded up above that I should be rewarded and now, by going round telling everyone that I have been let down, cheated, I erase the good I had done.

Even if the people for whom I did good show themselves ungrateful, I shall turn a blind eye and forgive them.

This is how I grow.

And anyway, what I have lost here will be given back to me a hundred times over later.

Whatever people do to me, I shall not try to settle my scores.

I shall wait for Heaven to pronounce itself in my favour; it is bound to happen one day.

eBook 11: *The Reasons behind Suffering*

eBook 20: *Living a Successful Life*

eBook 21: *A new Attitude for everyday Life*

eBook 29: *A correct understanding of Good and Evil*

eBook 34: *Proper knowledge of Human and Divine Justice*

eBook 48: *How to master Habits*

eBook 68: *Pride and Vanity*

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Thought 9:

Do I want to show that I am intelligent?

Well, this is simple.

I will demonstrate that I am intelligent if I can overcome the inconveniences of a collective life, and ... if I succeed in restoring peace wherever I go by showing love, patience and goodness.

I shall start by giving up criticism, and this will already show that I have won extraordinary self-control.

I will be happy to have succeeded in establishing harmony within me and around me.

I must understand that human relationships are very complex.

My sympathies and antipathies are generally determined by my nature, which is a legacy from past incarnations; so how can I be sure of the exactness of my opinions? ...

So it is better to refrain from judging others.

Whatever they do, it is their business, and they will eventually have to answer for their attitude.

The important thing for me is to have relationships with my fellow men that enable me to progress, evolve and be useful and beneficial to them.

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

To deepen these explanations have an additional look also at this scriptures:

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »
(in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 10:

Once – as a spiritual disciple – I found myself in a very unhappy state and I went to see my spiritual teacher and began to complain bitterly saying Heaven treated me unjustly.

By the end of the conversation I had become so aggressive and conceited that my tutor, seeing me needed to be taught a lesson, asked Heaven to add to my burden.

Some time later I returned and of course I continued my recriminations and my spiritual guide again asked Heaven to send me more trials.

Three times, four times I returned to voice my complaints and my anger, and things were only getting worse.

But my spiritual guide watched how my state evolved.

Until at last, one day, nearly completely quashed by my troubles, I began to think.

I began to realize that perhaps I was the one to have made mistakes and I should change.

So I went back to my master, but this time I proved more humble and wise.

When I had left, my spiritual guide asked Heaven to ease my burden.

I came back delighted, saying I felt much better and I thanked Heaven for having relieved and soothed me.

Once more my spiritual guide spoke to the Lord in my favour.

And because I increasingly showed myself to be grateful and reasonable, Heaven decided to relive me of all my burdens.

So if I want Heaven to lift my burdens from me then I shall learn to accept the trials and learn to show gratitude.

eBook 02: A new Light on Prayer

eBook 04: Master & Discipleship

eBook 05: The Kingdom of God & His Righteousness

eBook 07: Angels & the Tree of Life

eBook 11: The Reasons behind Suffering

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 67: What the face of a human being is able to reveal

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc.; and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

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Lesson for KW16:

Awareness & inner light – Important attitudes for becoming able to know real Happiness

Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW17:

Responsibility and Common Sense!

Thought 1:

The Father, the Son and the Holy Spirit make up what Christians call the Holy Trinity.

So there is no mention of a feminine principle.

This can't help but make me wonder.

When I hear 'the Father, the Son...' – terms that bring the family to mind – how can I not be surprised that the third member of the family is the Holy Spirit?

And what kind of family has no mother?

The Cabbalists are right when they teach that God has a spouse, the Shekhinah.

Christians should start thinking about this and accept the existence of this cosmic principle, the feminine part of the creative Principle.

The Being known as God, represented by Christianity as a masculine force, is in fact masculine and feminine.

For creation to take place, there has to be polarization, that is, the presence of both a masculine and a feminine principle.

In order to manifest, God has to be masculine and feminine at the same time.

That is what was taught in the Orphic initiations: 'God is male and female.'

eBook 06: The Two Principles – Masculine and Feminine

eBook 07: Angels & the Tree of Life

eBook 12: The Cosmic meaning of Marriage

eBook 14: Music and Creation

eBook 15: The Quintessence of Christianity

eBook 27: The Laws which govern the Universe

eBook 50: Christ, Christians & Christianity

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

Several times during my existence, I have to undergo trials which force me to ask myself the only questions of real importance: those concerning the meaning of my life.

And if I am told I will find the answers in religion, I will continue to feel empty and lost.

But from time to time, I am overwhelmed by suffering I plunge so deeply inside myself that I find the answers right there.

It's not religion that helps me, it's not faith that helps me, and yet I find faith because of what I am experiencing.

Lesson for KW17:

Responsibility and Common Sense!

*For the truth is, God has placed in me all the answers to the questions I ask myself and all the resources I need to confront the trials of life.
Through trial and error, I can eventually find them, and I find them even more surely than in some of the explanations given me by religion.*

eBook 38: Suicide: Reasons & Consequences
eBook 41: True Happiness
eBook 42: Why we should accept Reincarnation
eBook 43: A Servant of God
eBook 49: How to deal with loneliness
eBook 52: Traditions, the Gospels & the Holy Scriptures
eBook 53: Faith
eBook 55: What is truth
eBook 62: The different bodies of human beings
eBook 63: Trust

and:

Awareness – develop awareness – to be or to become conscious of yourself
<http://www.realpeacework-akademie.info/2012/>

and:

*Self-Realisation which includes knowing my personal Life-Goals
... and that of everyone who is important for me!*
www.realpeacework-akademie.info/giseh

and:

*Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)
=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!*
www.realpeacework-akademie.info/sofia

and:

*Our world in the transit: The transition from a material world into a spiritual reality: :
A reinterpretation of the historical events & the current affairs
... and everything gets suddenly a plausible, comprehensible background!*
www.realpeacework-akademie.info/sofia
<http://www.amanfangwardaslicht.at/>

Thought 3:

*Young people have been given to understand that they have total freedom to live their sexual life as they see fit.
But should I be happy to see them sad, wounded and spent after their premature experiences have cost them their feathers?
Did anyone warn them that repeatedly engaging in all these volcanic eruptions would not be without consequences, that they would burn their most precious quintessence?
I am not condemning either sexual relations nor pleasure.
It can all be magnificent and constructive, provided I understand that sexual energy is a force to be treated with caution.
As with petrol, if I am ignorant and foolhardy I get burnt.
I burn my quintessence, whereas if I know how to use this energy I can fly into space.
Yes, it is petrol that best illustrates the question of sexual energy.*

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force
eBook 09: The hidden capacity of Human beings

Lesson for KW17:

Responsibility and Common Sense!

eBook 16: Purity as the Key to Self-Realization
eBook 21: A new Attitude for everyday Life
eBook 35: Working with Light
eBook 39: Real Freedom
eBook 54: The Undesirables
eBook 62: The different bodies of human beings
eBook 71: The Power of Desires
eBook 72: The Power of Feelings

and:

Why our traditional peace efforts fail and the world becomes worse than better!
About the necessity to correct our traditional conception of women
=> *Women are neither possessions nor desire or sexual objects for so-called man'ly desires!*
=> **Pornography of any manner needs to be abolished!**
You want to know why? Here you learn the FACTs!
www.realpeacework-akademie.info/graz
http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 4:

It is written in the book of Zohar: 'Seven lights there are in the Most High, and it is there that the Ancient of Ancients lives, the Mysterious of the Mysterious, the Hidden of the Hidden: Ain Soph.'
These seven lights are the seven spirits that stand before the throne of God:

- *the spirit of life, of love: the red light;*
- *the spirit of holiness: the orange light;*
- *the spirit of wisdom: the yellow light;*
- *the spirit of eternity: the green light;*
- *the spirit of truth: the blue light;*
- *the spirit of force: the indigo light; and*
- *the spirit of divine love, of sacrifice: the violet light.*

These are the seven spirits of the divine virtues.

This science of light and colour was the science of the ancient hierophants, and it is also the science of the Christ.

The world was created by means of light, and if I learn to work with light, I can become a creator too. Even if one day all sciences were to disappear, the science of light and of the colours which are its properties would endure.

eBook 04: Master & Discipleship
eBook 18: The Universal Brotherhood of Light
eBook 25: The Relationship between Colours & the Aura
eBook 27: The Laws which govern the Universe
eBook 35: Working with Light
eBook 37: Guidelines for Spiritual Work
eBook 50: Christ, Christians & Christianity
eBook 58: Science & Initiatic Science
eBook 62: The different bodies of human beings

Thought 5:

Synthesis and analysis are two approaches to knowledge.

In a general sense, science has chosen the method of analysis, which separates, cuts and dissects. Of course, it is necessary from time to time to concentrate on a certain point of detail, but synthesis is the only method which is truly useful and productive, because synthesis alone brings about life.

When I analyze, I limit myself, I shrink, and I contract.

Yes, and I can even say that analysis leads to death, while synthesis tends towards life.

As proof, I shall consider how a mother forms her infant.

She assembles billions of elements, and the child is the living synthesis who breathes, moves, eats and speaks.

Lesson for KW17:

Responsibility and Common Sense!

Later, when the hour of analysis strikes, each particle of its body departs to rejoin the region from which it came: earth, water, air, fire, just as the characters are returned to the typographer's drawers. In the same way, if I relentlessly analyze and dismantle things and living beings I march towards death, towards spiritual death.

eBook 20: *Living a Successful Life*
eBook 21: *A new Attitude for everyday Life*
eBook 26: *Reflections on Birth*
eBook 31: *Life and Death*

The New-World-Order - State leadership according to highest principles!
www.realpeacework-akademie.info/sofia

Thought 6:

*Even if I reap only indifference or ingratitude, I shall never stop loving and doing good because the love within me is a spring and – if I decide to stop it flowing - it is me who will be the first to dry up. Of course, no-one then will be able to take advantage of me or deceive me, but the water of my spiritual spring will no longer flow, and I will lose my life force.
Yes, for when I allow my spring to run dry, the divine world closes off and I become empty and poor. It is sometimes useful, from an educational point of view, to close off to someone in order to teach him a necessary lesson, but it is very harmful to close off to human beings in general. Whether people deserve it or not, I shall allow the spring of love in me to flow. I may say, 'Yes, but if they do not deserve my love, this is not just!' I shall not be so concerned with what is and is not just: I shall practise the injustice of love, or else I will become a desert!*

eBook 17: *The Sun & the Sunrise-Meditation; working with the Divine Image*
eBook 20: *Living a Successful Life*
eBook 21: *A new Attitude for everyday Life*
eBook 24: *Education – Guidelines for Parents*
eBook 27: *The Laws which govern the Universe*
eBook 34: *Proper knowledge of Human and Divine Justice*
eBook 40: *True Love*
eBook 59: *Be a spring*

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

In all religions, the supreme God is seen as the unique source of life.

It is He who gives life, and He who withdraws it.

He is the Master of life, because He is life.

What do I know about life?

I can do no more than enumerate its many manifestations and say that in it all things are possible, that it contains all gifts – but as for life itself, it is still a mystery.

As for God, so for life: all my attempts to grasp its secrets are destined to fail.

While playing sorcerers' apprentices, as a biologist I have had some success in my tinkering, and this may delude me for a moment into thinking that I have grasped those secrets.

But I am soon obliged to acknowledge my failure, for life belongs to God alone.

God gives life, but He does not reveal the secret of His creation, for it is His secret alone: He is life.

Lesson for KW17: **Responsibility and Common Sense!**

eBook 07: Angels & the Tree of Life
eBook 15: The Quintessence of Christianity
eBook 16: Purity as the Key to Self-Realization
eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 35: Working with Light

Thought 8:

The subject of evil is beyond my comprehension, and this is why it cannot be resolved with reasoning. In fact, evil does not really exist and is only dreadful for the weak, if I have not prepared myself to put it to use.

As being a child of God, a student of Initiatic Science or spiritual disciple, the evil of which religion has talked so much without understanding it, is a precious, rich material that can be worked and used to achieve and realize fantastic things.

Because initiates are very strong and very pure, they dare to take on evil by entering deep into the dark depths of their being.

And thanks to this boldness, they are able to bring back treasures, like the pearl-fishers who dive to the bottom of the ocean to bring back oysters and who escape the sharks and algae.

But not everyone should seek such experiences.

Only very few beings on earth can afford to descend into the depth of their nature to bring back a material they will be able to sublimate.

And this is the reason of becoming a spiritual disciple: to learn how to use evil to do good!

*Lord God!
Teach me how Thou hast created the world and
how Thou dost see things,
that I may, like Thee, be above evil,
untouched by it,
but able to use it for the realization of great things.*
(3 times)

eBook 06: The Two Principles – Masculine and Feminine
eBook 14: Music and Creation
eBook 26: Reflections on Birth
eBook 27: The Laws which govern the Universe
eBook 29: A correct understanding of Good and Evil
eBook 31: Life and Death
eBook 37: Guidelines for Spiritual Work
eBook 55: What is truth
eBook 56: Wars – seen with a wider field

To deepen these explanations have an additional look also at this scriptures:

« What Humanity should have learned from the Horror of the Holocaust!

Backgrounds & Aims which certainly determine and influence our current affairs – an Interpretation of the Events in the Light of Initiatic Science » (in German)

« The 14 stages of the Crucifixion of Jesu – Seen, understood & newly interpreted for daily living »
(in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 9:

Am I so enslaved by my instinctive nature that nobody, no spiritual master, no initiate can change me? Will I tell him, 'I understand very well what you're saying, I agree with you, it's marvellous, I would like to change but I can't, I can't help it.'

Do I also admit, 'If I don't smoke, drink, chase women or steal a little, I'm unhappy.'?

Am I even unhappier after, of course, but this is another matter?

It is therefore out of the question to transform me ... for now ... but it is important to show me that the spiritual life other people lead makes sense.

This will remain a distant ideal for me a long time, but I must at least know about it.

Lesson for KW17:

Responsibility and Common Sense!

If Christ appeared in person, I would undoubtedly fall on my knees to glorify him, but would I remain what I am, unable to transform myself for the moment ... or not?

Yes, even if my cat sweetly meows beside me, it is no use preaching vegetarianism to it.

It will remain a cat and will always look for mice.

But it is never useless to show some of the 'cats' I meet in life that there are better things to do than chase mice.

One day I will understand, but when? ...

eBook 03: The Importance of having an High Ideal

eBook 18: The Universal Brotherhood of Light

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 31: Life and Death

eBook 32: Magic in everyday life

eBook 37: Guidelines for Spiritual Work

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eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 62: The different bodies of human beings

eBook 67: What the face of a human being is able to reveal

eBook 71: The Power of Desires

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„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 10:

As I wake up in the morning I shall remember to check my inner mailbox to see what messages have been left there overnight.

Because as I sleep my soul emerges from the body and leaves for the invisible world where she travels around, studies and works.

This allows her to see and to learn many things and when she returns all this knowledge is imprinted on my brain.

And when I wake up, I remember having had certain experiences, having been given certain warnings or advice showing me the way to live the new day.

Do I wonder: 'But why does this never happen to me? I never remember anything.'

This is because my brain is not yet sufficiently organised to receive the imprints, the images, the memories the soul brings back from her travels in the invisible world.

And I can prepare my brain by living a harmonious life.

I will then gradually begin to know and understand what my soul has experienced as I sleep.

eBook 16: Purity as the Key to Self-Realization

eBook 23: Nutrition for a successful life

eBook 33: Meditation as the Gateway to harmonious living

eBook 37: Guidelines for Spiritual Work

eBook 60: Attitude towards money

Lesson for KW17: **Responsibility and Common Sense!**

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)
<http://www.realpeacework-akademie.info/jena>

and:

Health and nutrition ... and the keys for 'eternal' youth
www.realpeacework-akademie.info/sofia

and:

Awareness – develop awareness – to be or to become conscious of yourself
<http://www.realpeacework-akademie.info/2012/>

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)
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Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!
... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.
<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW17:
Responsibility and Common Sense!

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Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

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(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

Thought 1:

Am I ready to fight, even die, for freedom?

But as soon as I am free, my only thought is to bind myself hand and foot, to chain myself up.

Yes, sadly, that's how it is.

It's as if freedom weighed heavy on me, and I don't know what to do with it.

What can I do when I am free?

Do I get bored, so to keep myself amused I land myself in impossible situations, and it's goodbye freedom?

As long as I do not have true light, my freedom will induce me to do utterly foolish things.

How often have I seen this?!

Freedom, which is the best thing there is, can under certain circumstances become the worst.

Then it would be better if I actually were tied up a bit.

Of course, I should seek to be free, but only in order to elevate myself, to strengthen and enlighten myself, and to spread goodness around me.

That is true freedom.

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 53: Faith

eBook 55: What is truth

eBook 59: Be a spring

eBook 60: Attitude towards money

eBook 63: Trust

eBook 64: Honesty

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

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"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 2:

Master Beinsa Douno used to say,

*'If someone climbs onto your back, be patient;
if they hurl swarms of flies and mosquitoes at you,
you must also be patient.
But if they place their hands over your eyes as you start off on your path,
you must not accept it.'*

What does this mean?

In my daily life, I must strive to carry the burdens others place on my back, and I must also be patient if they complicate my life and treat me unfairly.

The only thing I must not accept is if they prevent me from seeing the right path and following it.

I should not be patient with those who, through their words or behaviour, try to destroy the temple of God within me, to extinguish my light and cut my ties with the Creator.

I should resist such people with all my force.

Awareness – develop awareness – to be or to become conscious of yourself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

and:

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=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 3:

I want to meditate?

But how can I succeed in doing so when my egotistical, malicious and vindictive thoughts have caused my astral and mental bodies to become so opaque that I can no longer communicate with the realities and beings of the spiritual world?

I shall begin by ridding myself of my prosaic preoccupations, my worries, grudges, annoyances and burdensome memories.

Otherwise, no matter how long I stay there, eyes closed, waiting for the mechanism to be triggered that will allow my soul to leap into the light, nothing will happen.

In such circumstances it is pointless even to try to meditate: I will achieve nothing, for my inner workings are clogged and will not function.

And this will be the case until I understand that this inner work of detachment, of divestiture, is what is essential in life.

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 19: The true Task of Art

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 25: The Relationship between Colours & the Aura

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 62: The different bodies of human beings

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

eBook 70: The Power of Thought

Thought 4:

If I wish to receive the light, force and spiritual riches of heaven, I must send a request to the Lord:

*'My God, until now I have wanted to be independent,
but I realize that this has left me lifeless, weak and impoverished.
Now I no longer desire this independence:
send me the Spirit of Truth to guide me, to teach me,
to distinguish true from false and to avoid danger.
Inscribe my name in Thy great Book, for I want to become Thy servant.'*

*The Cabbalah calls the Spirit of Truth **Rouah ha-Emeth**.*

To enter into relationship with it, I shall concentrate every day on blue light.

I shall imagine its rays surrounding me; I shall feel them penetrate me and pass through me.

Gradually I will experience an extraordinary sense of peace, for peace is also related to the colour blue.

In the midst of this profound peace, my passions subside, I abandon the prejudices that have led me astray, and everything looks clearer to me.

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 07: Angels & the Tree of Life

eBook 18: The Universal Brotherhood of Light

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 43: A Servant of God

eBook 45: How to work for Peace in the World

eBook 46: How to surpass Karma & Predestination

eBook 55: What is truth

eBook 66: The Importance of the Will

"Spiritual Influences on Human beings"

- The Influence of spiritual Beings upon man (11 Lectures)
- The Spiritual Guidance of Mankind (Munich, 20. August 1911)
- Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)
- Relationships Between the Living and the Dead (Hamburg, 16.02.1916)
- The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)
- Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)
- The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)
- Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)
- Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 5:

In everything I undertake, and especially in my spiritual work, I shall strive above all to remain constant in my direction, because it is indecision that destroys me: forever questioning which way to go, and once a direction is taken, wondering if it is the right one or whether I should turn back.

I shall begin by carefully reflecting, and once I sense I have found the right path, I shall make every effort to hold firm to it, no matter what happens.

I will of course take a few falls on my way, because I am still weak, but I shall not become discouraged, because heaven will send me help too.

Even if my windows become dirty, I shall tell myself that tomorrow the rain will come wash them and make them transparent again.

My entire life of as a spiritual disciple is like this.

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

I fall, I get up ... I get dirty, I wash myself off.

But I must maintain my courage, knowing that heaven is always there to support me in my striving.

eBook 03: The Importance of having an High Ideal

eBook 04: Master & Discipleship

eBook 18: The Universal Brotherhood of Light

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 37: Guidelines for Spiritual Work

eBook 39: Real Freedom

eBook 43: A Servant of God

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 63: Trust

eBook 66: The Importance of the Will

eBook 71: The Power of Desires

and:

To deepen these explanations have an additional look also at this scriptures:

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

« **Live in Freedom and experience the plenitude of life!** » (in German)

« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »
(in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

Have I discovered the right, inner attitude that enables me to surmount my difficulties?

Or do I give me erudite commentary on the Law of Karma, with references to all the books of India and to complicated Sanskrit terminology?...

*Do I tell me that the **Law of Karma** is the **Law of Cause and Effect**, the **Law of Justice**?*

Do I tell me that a particular action leads to particular consequences for an individual's future, and so on?

But as soon as I am afflicted with misfortune, do I rebel?

Do I study; do I practise a spiritual discipline?

Do I work for good, so how is it that God has not protected me yet?

Do I have suddenly forgotten that the earth is a school through which I must pass?

I am probably more educated than others ... but I still have much to learn.

eBook 04: Master & Discipleship

eBook 16: Purity as the Key to Self-Realization

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 34: Proper knowledge of Human and Divine Justice

eBook 44: Becoming a Spiritual Disciple

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 58: Science & Initiatic Science

eBook 68: Pride and Vanity

Thought 7:

The lack of understanding that prevails between men of science and men of faith comes from the fact that the former base their convictions on visible, objective reality, whereas the latter base theirs on an invisible, subjective reality.

But both points of view are incomplete, because each has a tendency to give priority to one aspect to the detriment of the other.

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

The universe is an entity that I can grasp from the outside by means of science, and from the inside by means of religion, because I myself am a unity capable of living in both the objective and the subjective worlds, in both the exterior and interior worlds.

Instead of opposing each other, science and religion should complete each other.

In any case, it is not science that opposes religion or vice versa, it is scientists and people of religion who oppose each other, because their knowledge is incomplete ... but this part they overvalue!

eBook 06: The Two Principles – Masculine and Feminine

eBook 12: The Cosmic meaning of Marriage

eBook 14: Music and Creation

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 31: Life and Death

eBook 42: Why we should accept Reincarnation

eBook 55: What is truth

eBook 58: Science & Initiatic Science

eBook 70: The Power of Thought

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 8:

Through my thoughts and feelings I have the ability to act on my behaviour and conversely, with my behaviour I can act on my psychic life.

Let's suppose that I had been forced to live for some time in an atmosphere full of noise, disorder and futility and I did not have the time or the inclination to meditate, pray or gather my thoughts.

The effect of these conditions has furthered the manifestations of my ordinary tendencies and it became reflected on my entire behaviour.

So ... I must then reverse the situation, saying: 'With willpower, with certain gestures, with certain acts, I shall call upon the light and love that will then once again flow within me and I shall find inspiration again.'

And as I do so, I will gradually feel the same good inner states I had in the past, the same fulfilment return.

eBook 45: How to work for Peace in the World

eBook 48: How to master Habits

eBook 59: Be a spring

eBook 66: The Importance of the Will

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 9:

My vocal cords are a musical instrument unlike any other, for all that I experience in life and all the thoughts and emotions of my mind and heart are reflected in them.

This is why – if I want to cultivate my voice and ensure that its beauty endures – I shall not only take care of my health, I also must watch over the quality of my inner life.

My voice as a singer – if I live a pure, well-balanced and harmonious life – becomes stronger and increases in volume, flexibility and subtlety ... and it obeys me more and more perfectly.

Instead of serving only my personal whims and passions, instead of seeking only pleasure or financial gain, I shall pursue a high ideal, for in this way I ally myself with the spiritual entities who can help and guide me and show me ever better ways of improving and refining my voice.

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

eBook 03: The Importance of having an High Ideal
eBook 07: Angels & the Tree of Life
eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force
eBook 14: Music and Creation
eBook 16: Purity as the Key to Self-Realization
eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 19: The true Task of Art
eBook 21: A new Attitude for everyday Life
eBook 23: Nutrition for a successful life
eBook 27: The Laws which govern the Universe
eBook 28: A new Understanding of Health
eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)
<http://www.realpeacework-akademie.info/jena>

Thought 10:

It is not possible to say precisely where I as a human being end and where the part of being a Deity starts.

These two parts of being man are so closely connected, inextricably interwoven that they cannot be accurately delimited.

And this Deity nature lives also in all other human beings, in initiates as well as in the most ordinary of beings.

The only difference between me and them lies in our consciousness.

If I do not grasp this fact, or sense that the Deity lives within me, I prevent the divine presence from manifesting itself.

So if I feel deprived of the divine presence it is because I can not receive it, because I do not accept it. God lives in me (as well as in every single man) and He seeks to reveal Himself within me in all His plenty, His beauty, His power, His light and His love.

But it is up to me first to become conscious of His presence so that I allow Him to manifest Himself.

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

Lesson for KW18:

Living True Freedom – Having a new Attitude for Everyday Life

Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW19:

Live in Freedom and experience the plenitude of life!

Thought 1:

The story goes that three yogis who were seeking perfection had gone to meditate in the forest.

A man who was passing by, finding the first yogi in his path, hit him.

The yogi stood up and hit him back twice!

Perfection was still a long way off for that one, and we're not told whether he returned to his meditation.

Continuing on his way, the man met the second yogi and hit him too.

This yogi got up to hit him back but suddenly checked himself and sat down again.

He, at least, had learned mastery over himself!

As for the third yogi, he received the blow without even noticing and continued to meditate peacefully.

The lesson is easy to draw:

- *The first yogi still belonged to the category of ordinary human beings who say they're retaliating because it's only fair but, unfortunately, get carried away to the point of being unfair themselves.*
- *The second was one of those people who have learned to control themselves, because they have reflected on the consequences of their actions; they tell themselves, 'It's not worth it, it'll only create more confusion.'*
- *As for the third one, he was already so advanced that he didn't even feel the blow.*

eBook 33: Meditation as the Gateway to harmonious living

eBook 34: Proper knowledge of Human and Divine Justice

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 37: Guidelines for Spiritual Work

eBook 39: Real Freedom

eBook 40: True Love

eBook 41: True Happiness

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

I can try to heal physical illnesses through psychic means: through thought, prayer and so on, but that will take a long time, even in the best cases.

And besides, there is often no time to wait for a cure, and then I have to use material means: medication and operations.

However, in the long term, the only means that are permanently effective are spiritual ones.

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

If I learn how to organize my life from the point of view of the soul and spirit, it will take me years, but in the long run I will succeed in establishing order and harmony, even on the physical plane.

All material phenomena have their origin above, and the physical body obeys; it shapes and fashions itself according to the directives it receives from my thoughts and feelings and even my soul and spirit.

As I am living on the physical plane, I cannot neglect the means of the physical plane; but at the same time I must give priority to the spirit, to thought, in the knowledge that doing so I will one day bring about great transformations, even on the physical plane.

eBook 03: The Importance of having an High Ideal

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 28: A new Understanding of Health

eBook 33: Meditation as the Gateway to harmonious living

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 57: What is Fasting

eBook 59: Be a spring

eBook 66: The Importance of the Will

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

and:

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

To deepen these explanations have an additional look also at this scriptures:

*« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »*

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

*« **Live in Freedom and experience the plenitude of life!** » (in German)*

*« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living » (in German)*

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

If I am never to lose hope or courage, I must know in advance that, whatever I do, I will meet with difficulties.

Even if I have wonderful plans in mind, I shall not start out full of illusions, for the first time there is any difficulty I will lose my equilibrium and I collapse.

Yes, I must never forget that in life I am always obliged to pass through difficult periods, even extremely difficult ones.

That is how it is on earth: I am necessarily subjected to the alternations of day and night, heat and cold, joy and pain, spring and winter.

I have to accept this and I shall learn to work with both.

And in addition I shall make no mistake, when I have successfully triumphed over certain tests ... others will come along.

But strengthened by my previous experiences, I will be victorious every time.

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 24: Education – Guidelines for Parents
eBook 27: The Laws which govern the Universe
eBook 29: A correct understanding of Good and Evil
eBook 34: Proper knowledge of Human and Divine Justice

Thought 4:

It is a mistake to think that spirit and matter are in opposition, for matter is a condensation of spirit. And on this matter which came from it, spirit works to bring forth innumerable forms of life. Spirit and matter are two aspects of God Himself. Matter is as sacred and holy as spirit because it is the daughter of spirit. When it is said in Genesis that God created Adam and Eve, it is a way of expressing that He created spirit and matter. He created Adam (spirit), and from Adam's rib He fashioned Eve (matter). For me as a spiritual disciple with an Initiatic teaching I am in contact with true knowledge: matter could not have appeared out of nothing. It originated in spirit, it emanated from spirit, and it is the result of the work of God, the creator Himself.

eBook 15: The Quintessence of Christianity
eBook 50: Christ, Christians & Christianity
eBook 51: Interpretations of the Gospels
eBook 58: Science & Initiatic Science
eBook 66: The Importance of the Will
eBook 70: The Power of Thought
eBook 71: The Power of Desires
eBook 72: The Power of Feelings

and:

*Our world in the transit: The transition from a material world into a spiritual reality: :
A reinterpretation of the historical events & the current affairs
... and everything gets suddenly a plausible, comprehensible background!
www.realpeacework-akademie.info/sofia
<http://www.amanfangwardaslicht.at/>*

Thought 5:

*Am I waiting for the love of a man or a woman?
It may come their way, but if it is sensuality that dominates in this love, it will not last.
Why?
Because the Creator has not granted long life to sentiments inspired by instincts.
If I am counting on these, I must expect disappointments and know I am going to suffer.
But when this happens, I shall remember that it is my inferior self who is suffering.
My higher Self is applauding, hoping this experience will serve as a lesson to me and will teach me to count only on the manifestations of my divine nature.*

eBook 11: The Reasons behind Suffering
eBook 16: Purity as the Key to Self-Realization
eBook 21: A new Attitude for everyday Life
eBook 29: A correct understanding of Good and Evil
eBook 40: True Love
eBook 54: The Undesirables

and:

"Spiritual Influences on Human beings"

- The Influence of spiritual Beings upon man (11 Lectures)

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

- *The Spiritual Guidance of Mankind* (Munich, 20. August 1911)
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times* (6 Lectures)
- *Relationships Between the Living and the Dead* (Hamburg, 16.02.1916)
- *The Influence of the Dead on the Life of Man on Earth* (Zürich 03.12.1916)
- *Life Between Death & Rebirth – The active connection between the living & the dead* (16 Lectures)
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- *Man in the Past, the present and the Future – The Evolution of Consciousness* (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> *Women are neither possessions nor desire or sexual objects for so-called man'ly desires!*

=> ***Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 6:

I have come from the womb of the Eternal, and inscribed within me are the 'samples' of true wisdom, true love, true beauty, true justice, and so on.

But as I have not learned to seek out these celestial imprints within myself and to bring them to life, they remain buried under layers and layers of mistaken opinions, faulty perspectives and depraved desires.

With no reference points to guide them, why is it so surprising that I endlessly go astray?

It is up to me to descend into the depths of my being to find this clarity I so rarely glimpse.

By means of reflection, prayer and meditation, by means of a life discipline, I can travel through all the opaque layers and rediscover this light which alone can illuminate my choices.

eBook 04: *Master & Discipleship*

eBook 16: *Purity as the Key to Self-Realization*

eBook 17: *The Sun & the Sunrise-Meditation; working with the Divine Image*

eBook 44: *Becoming a Spiritual Disciple*

eBook 58: *Science & Initiatic Science*

eBook 66: *The Importance of the Will*

eBook 67: *What the face of a human being is able to reveal*

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plenitude of life!“

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 7:

Do I have won a few victories over laziness, anger, jealousy, sensuality, and so forth?...

If I say to myself: 'Oh! I have triumphed over temptation, how strong I am!' I shall know that at this moment, in fact, my lower nature is preparing traps so subtle that I will undoubtedly fall into them.

I do not yet know the tricks of the lower nature, do I?

It is when I am the most confident that it takes the upper hand and succeeds in surprising me the most.

I must remain humble, and I shall not delude myself about the few small results that I have obtained.

As a true disciple of Initiatic Science I shall realise that the feeling of having carried off a victory exposes me to every danger, and I shall say to myself instead: 'Who knows what is waiting for me now? I must not be triumphant, it is too soon!'

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

And not only do I remain vigilant, but I beg God to send me His aid.

eBook 04: Master & Discipleship

eBook 18: The Universal Brotherhood of Light

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 35: Working with Light

eBook 48: How to master Habits

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- Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 8:

I shall stop being surprised and complaining about people's behaviour.

Once and for all, I shall come to realize that they are capable of the best and unfortunately also the worst, and I shall decide not to worry about their errors and faults any longer because I stir up too many negative reactions in me.

There is a relation between the things with which I concern myself and the state in which I subsequently feel.

If I allow myself to be so sensitive to the bad things other people do, I will be overwhelmed by feelings of hostility: anger, indignation and so on.

I shall be aware that it is not my feelings that will change anything about people's actions.

On the other hand, these feelings will have a completely detrimental effect on my inner self and one day these negative feelings I will have fostered will come to be reflected in my face.

This is not an intelligent way to live.

As an intelligent person I shall not allow my inner state to be determined by the behaviour of others.

eBook 58: Science & Initiatic Science

eBook 59: Be a spring

eBook 62: The different bodies of human beings

eBook 67: What the face of a human being is able to reveal

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Thought 9:

In order to receive beneficial influences, I have to open up.

Heaven has poured out all its blessings in abundance, but do I not receive them because my view of life is so limited that I have severed the bond with the divine world?

And now, I complain, 'Oh, nobody hears me, nobody comes to help me, I'm alone, abandoned, God doesn't exist!'

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

Well, this is incredible: I put myself into deplorable situations, and then I draw conclusions about the existence of God!

Only that!

But if I made some small effort to open myself to Heaven and unite with divine entities, I would discover that these entities have always been there to support and enlighten me, and that if I have not received their help or light, it is because I was closed to them.

If I limit myself I hurt myself.

So I should open up, broaden my views.

I will then be captivated by wonder and I will feel the blessings of the divine presence everywhere – above me, around me and within me.

eBook 07: Angels & the Tree of Life

eBook 11: The Reasons behind Suffering

eBook 18: The Universal Brotherhood of Light

eBook 23: Nutrition for a successful life

eBook 24: Education – Guidelines for Parents

eBook 49: How to deal with loneliness

eBook 50: Christ, Christians & Christianity

eBook 63: Trust

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 10:

For years I have been trying to improve myself, to transform myself, but without success.

This is because I am not using the right methods.

There are many good methods, but for today I shall restrict myself to explaining just one.

I shall turn to Heaven and say:

'All right, I understand, there is nothing I can do about my lower nature.

It is stubborn and tough and I shall never be able to change it.

Oh celestial entities, it's true that after so many wasted years I have finally understood, I shall never gain anything from it. My lower nature is limited, blind and wicked.

So send me the purest and most perfect creatures to replace it, so that these creatures may set up home within me, so they may guide me, teach me and take charge of my entire life, so that I in turn may realize Thy plans, even despite myself.'

This is one of the best prayers in the world.

And if I say this prayer with sincerity then I cannot fail to improve myself, transform myself.

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 07: Angels & the Tree of Life

eBook 09: The hidden capacity of Human beings

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 15: The Quintessence of Christianity

eBook 18: The Universal Brotherhood of Light

eBook 32: Magic in everyday life

eBook 37: Guidelines for Spiritual Work

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 71: The Power of Desires

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

and:

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

Lesson for KW19:

Live in Freedom and experience the plenitude of life!

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Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW20:

Remarkable ... I shall have a closer look at it!

Thought 1:

Roots, trunk and branches are all that's left of a tree in winter, when the spring flowers and leaves and the summer fruits have fallen.

It is the densest parts, then, that survive and remain permanently, all year long, while the subtler, more delicate elements only appear periodically.

Yes, another year comes, and with it new leaves, flowers and fruit.

If I didn't know the laws that govern nature, I might worry at the sight of all those black, naked trees.

But these laws are known to me, and I await the coming spring to witness the rebirth of plant life.

I'll give an analogy: what do the tree's flowers, leaves and fruit correspond to in my life?

To the flashes of inspiration that visit me from time to time, as my soul and spirit manifest themselves.

Inspiration comes and goes, and when it leaves me I must not become discouraged.

Since my soul and my spirit have already produced flowers and fruit, they will flower and bring forth fruit again.

All I have to do is work and prepare the conditions for these flowers and fruits to be ever more beautiful, fragrant and sweet-tasting.

Thought 2:

I don't become an educator by following courses or reading books on education.

I can only become an educator if I was born an educator: then, merely by my presence, the looks I give and my emanations, I have a beneficial effect on the children.

There have been people throughout history who were born with this love and these moral qualities; they influenced children through their natural authority and worked wonders with them.

Children are sensitive; they can tell from miles away whether I am a master or not.

Animals, too.

I shall take the horse, for instance: if its rider is a coward, the horse senses it, then up it goes, and the rider's on the ground! Otherwise, it's submissive.

Children also have this natural intuition.

Actually, true education is none other than initiation.

A true educator is an initiate.

Through their example, self-denial, patience and sacrifice, great initiates have slowly educated humanity, showing it new paths.

Thought 3:

The cross is a symbol which has its origins in nature itself.

It is the cross that enables me to find my bearings in space.

The four cardinal points – north-south and east-west – form a cross which gives structure to space.

Lesson for KW20:

Remarkable ... I shall have a closer look at it!

I find this cross in astrology, in the two perpendicular axes of the ascendant-descendant and midheaven-zenith, which divide the circle of the zodiac.

This is the cross of destiny, which I must learn to carry if I want to gain immortality.

The vertical line represents the masculine principle and the horizontal line the feminine principle – the two principles which are the basis of all creation.

The masculine principle is associated with fire, which rises, and the feminine principle with water, which spreads.

And the cross is also a tree which teaches me how to climb from earth to heaven.

I find this in the sephirothic Tree, in the cabbalists' Tree of Life.

eBook 07: Angels & the Tree of Life

eBook 27: The Laws which govern the Universe

eBook 51: Interpretations of the Gospels

eBook 52: Traditions, the Gospels & the Holy Scriptures

eBook 58: Science & Initiatic Science

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 4:

I must now reconsider and question all the successes I am so proud of as a scientist.

Is true progress a matter of sending spacecraft to other planets?

And to do what, after all?

To exploit resources and introduce the same disorder I have created on earth?

Why shall I go and disturb the entire universe now?

There is nothing wrong with wanting to explore the cosmos, but not before I have understood and resolved certain things here on earth.

Do I have no respect?

Do I think I am free to go anywhere without concern for the upheavals I cause?

But one day I will pay dearly for this violence.

As long as I have as a scientist no other goal but to give me and people the means to assault nature, to dig it up and exploit it, with no consideration whatsoever for the damage I / they do, I have no right to be proud of the so-called progress I bring about for civilization.

Thought 5:

It is true that life presents me with all kinds of temptations, and do I consider it normal to succumb to these temptations?

Do I see it, as it is more or less why I have come to earth?

... to throw myself headlong into everything that attracts me?

But as a disciple of an Initiatic teaching I shall have a different point of view: I know I have not come to earth to seek pleasure, but to carry out a work on myself.

If I succumb I am contrite, because I feel I have weakened and demeaned myself.

In order to avoid these regrets and this suffering, before rushing into some venture or other I shall say to myself: 'In doing this or that I will satisfy my desires, of course, but what will the repercussions be for myself and for those around me?'

And I reflect...

If I fail to pose these questions I am surprised when situations or problems arise which I did not anticipate.

Well, I need not be surprised, because what has happened was predictable.

Consequences are always predictable.

Thought 6:

I possess a soul and a spirit, and this soul and spirit have needs.

If I am unconscious of these needs, it is because I have stifled them by leading a life without ideals.

But these needs are there, and sometimes they manifest in me but I do not understand their language.

Lesson for KW20:

Remarkable ... I shall have a closer look at it!

All these dangerous experiments – like drugs for example – that today tempt me, are expressions of something I am lacking, a call of the soul hungry for the infinite and demanding to be nourished.

For what is left for the soul in a society in which all belief in a divine world has been destroyed and in which political rivalries and economic and social success are held up as ideals?

Since I deprive the soul of the spiritual foods it needs to be able to soar into space, it looks for these elements in the material realm, in substances such as tobacco, alcohol and drugs.

Yes, when the soul is not given the nourishment it needs, it seeks to satisfy itself by means of material foods.

However it is these foods which destroy me.

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 7:

In order to solve certain problems, it is sometimes useful to forget them for a while and go far away on a retreat for a few hours or a few days.

I will say: 'But if I try to escape our problems, I will never find the solution!'

This is exactly where I am mistaken.

It is not because I am obsessed with my worries that I will manage to get rid of them; quite the contrary, it is often the best way to keep them.

So I shall try to put my problems aside for a moment; find the conditions which will allow me to do great inner work, to rise by means of thought high into the world of light, and there I will find solutions.

It is often said that night brings counsel.

Yes, because during sleep I forget everything, and a work goes on in the subconscious that then allows me to see more clearly.

So, from time to time, shall I not be able to do the same thing consciously?

Thought 8:

Do I not know what I should be doing when I have a spiritual guide?

Because of the books I have read or the stories I have been told, I set about looking for a master?

And once I think I have found one, shall I start asking myself irrelevant questions like: 'Is my master the reincarnation of Jesus, of St. John, of Buddha? Is he Melchizedek?'

Well, I shall know that all this is waste of time and it would be far better if – as a spiritual disciple – I thought about what be most useful for my master and for myself.

And the most useful thing I can do is to learn to work with love and light.

And in addition – as a true spiritual disciple – I should not ask myself whether my master is greater or less great than any other.

This is not what will make me evolve.

That what will help my evolution is my work and my faithfulness to my master.

eBook 04: Master & Discipleship

eBook 20: Living a Successful Life

eBook 37: Guidelines for Spiritual Work

eBook 44: Becoming a Spiritual Disciple

Thought 9:

Lesson for KW20:

Remarkable ... I shall have a closer look at it!

Now that there is an effort to offer everyone an education, I am forced to admit that this education very often leads to confusion and rebellion.

How is it that knowledge or intellectual developments – which are nonetheless good things – are at the origin of so many confrontations and misfortunes?

In reality, it is not knowledge which is the cause, but the nature of that knowledge.

To educate me is to open my eyes and the first thing my eyes see are social inequalities and injustice: I am poor and weak, and other people are rich and powerful.

So, of course, what is awakened in me is rebellion and a desire for vengeance.

Do I want all kinds of things I had not thought about before because I was not even aware of their existence?

... and since I have no idea of how to obtain them, I set about it the most direct way, through violence?

Do I say, 'But then should I be kept in ignorance and darkness?'

Not at all!

But I shall simply reflect on the nature of the knowledge that is given to me.

And ... whether I be already educated or ignorant, I shall be presented with knowledge that will develop the aspirations of the soul and spirit.

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

=> **Pornography of any manner needs to be abolished!**

You want to know why? Here you learn the FACTS!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 10:

Radiation, emanation, vibration: these three words are connected with the will, the intellect and the heart.

The will is linked to vibration, the intellect to radiation and the heart to emanation.

The will vibrates – right and left, up and down, in front and behind.

The intellect radiates and it moves in a straight line.

The emanations of the heart follow a curved line.

Vibrations mark the beginning of an action.

With radiation exploration begins, light is projected to make progress easier and to make discoveries.

And emanation represents expansion, the gift: particles go out to envelope beings and things with their warmth.

In vibrations there is a movement, there is sound.

In radiation there is light, there are colours.

In emanation there is scent.

In vibration there is also strength, in radiation wisdom and in emanation love.

This is why, on the basis of the nature of my emanations, you can determine my love; on the basis of the intensity of my radiations you can determine my wisdom and on the basis of the power of my vibrations you can determine my strength.

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

Lesson for KW20:

Remarkable ... I shall have a closer look at it!

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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Lesson for KW21:

Awareness & Self-Realisation & Responsibility

Thought 1:

In this day and age, the world is teeming with specialists.

Of course, specialization is useful and necessary, but before specializing it is preferable to have a view of the whole.

If I begin by exploring a small parcel of terrain, I will reason and classify things wrongly, because I won't know anything about the whole to which it belongs.

Whereas ... if I've gained an overview, I can allow myself to focus in on a particular spot without the risk of making a mistake.

Life is too short to make a detailed study of every domain, so the method used by the initiates of first considering the whole, although it does not yield such precise knowledge, does at least give an overall impression that's true to reality.

And if I later decide to concentrate on a particular subject, I acquire a much deeper knowledge of it than a specialist, who has no notion of the whole.

The knowledge I have of the whole, of oneness, sheds light for me on any tiny particle that's been isolated from the whole: I am able to know precisely where it belongs.

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 55: What is truth

eBook 58: Science & Initiatic Science

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

Do I work for an ideal, am I selfless and generous?

Of course I risk being abused by other people or shown a lack of gratitude.

So the time comes when I feel tempted to say to myself, 'I'm an idiot, I'm so stupid, I should have realized beforehand that life is a jungle. To get success and respect I can't have too many scruples. Oh, how stupid I've been! But that's all over. From now on I'll act like everyone else.'

Well, that's the worst kind of reasoning there is.

It's painful to lose my illusions... I know that as well as anyone!

But why shall I lose my ideal along with me or, in other words, why shall I lose the only thing that can give my life real meaning?

Whenever I am disappointed with human beings, from now on, I shall cry for a bit if I can't help it, but I shall never think I was wrong to follow the divine path of kindness, generosity and sacrifice: I shall keep going!

Lesson for KW21:

Awareness & Self-Realisation & Responsibility

eBook 03: The Importance of having an High Ideal
eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 37: Guidelines for Spiritual Work
eBook 41: True Happiness
eBook 45: How to work for Peace in the World
eBook 59: Be a spring

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?"
out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

I will ever be able to prevent loss, accidents or tragedies from happening, but I can find ways of facing them so that they are not too hard to endure.

Winter is a difficult period, but if I have insulated my house and prepared what I need to keep warm I will overcome these difficulties.

The same is true for my inner life.

My life is bound to be turned upside down by certain events, certain conditions or situations.

But I live in such a chaotic world that I am always vulnerable to shocks.

So it is not a question of changing the world – that would be impossible – but of transforming myself, of enlightening and fortifying my inner being.

The transformation of the world is God's affair, and He does not expect this of me.

What He asks is that I work on myself, so that I am never brought low.

To deepen these explanations have an additional look also at this scriptures:

« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

« **Live in Freedom and experience the plentitude of life!** » (in German)

« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »
(in German)

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 4:

'I am Thee' – how do I succeed in realizing this formula which the Hindu yogis repeat?

Here is an exercise I can do.

I shall imagine myself leaving my body and rising towards heaven...

As I rise, I expand into infinite space and merge with the universal Soul.

Even if I seem to disappear and I am no longer conscious of myself, I shall not be concerned, for at the same time that I dissolve in space, the divine spirit descends in me.

It makes its home in me so it can work, and it speaks, acts and manifests through me.

I will say: 'But what will become of me if I am no longer myself?'

In reality, I will always be myself.

I will not lose my identity; I will simply have found my true Self.

Awareness – develop awareness – to be or to become conscious of myself

<http://www.realpeacework-akademie.info/2012/>

and:

Self-Realisation which includes knowing my personal Life-Goals

... and that of everyone who is important for me!

www.realpeacework-akademie.info/giseh

Lesson for KW21:

Awareness & Self-Realisation & Responsibility

Thought 5:

*In my relationships with others, it is very essential that I am clear-sighted – first and foremost – about the matter of the two natures, superior and inferior, which constitute the human being.
When I meet someone, I shall not imagine I am truly informed about him simply because I have learned what his social position or profession is.
Nor will I know much more when I find out whether he is married or has children.
These details provide me with no guarantees where his morality and future conduct are concerned.
The sole preoccupation of the inferior nature is to find situations where it can most easily manifest its need to dominate, assuage its cravings and satisfy its ambitions.
It is just as likely to find these conditions in the life of a bishop, a minister, a businessman, a worker...
Whatever my place in society, if I have not worked to master my inferior nature I can only conduct myself in ways that are harmful to others.*

eBook 04: Master & Discipleship
eBook 15: The Quintessence of Christianity
eBook 16: Purity as the Key to Self-Realization
eBook 29: A correct understanding of Good and Evil
eBook 40: True Love
eBook 44: Becoming a Spiritual Disciple
eBook 45: How to work for Peace in the World
eBook 54: The Undesirables
eBook 56: Wars – seen with a wider field
eBook 61: Obedience
eBook 68: Pride and Vanity

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

„Live in Freedom and experience the plenitude of life!“

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 6:

*In the West, we have witnessed for centuries the endless battles between religion and science.
For a long time religion was powerful enough to carry off the victory.
Then, little by little, the situation was reversed: as science gradually advanced, it gained the upper hand and took revenge by ridiculing religion, which was forced to beat a retreat.
But just as religion could not prevent scientific development, science, no matter how great its progress, could not replace or destroy religion.
There is a connection between these two domains, and each must work to enhance and enlighten the other.
If I try to separate them or pit them against each other I am mistaken.
God would not have established two incompatible realities in the universe He created, or in the human being He created in His image.
I shall therefore discover the laws that govern both the material world and the spiritual world ... the ties which connect them.*

eBook 27: The Laws which govern the Universe
eBook 35: Working with Light
eBook 51: Interpretations of the Gospels
eBook 52: Traditions, the Gospels & the Holy Scriptures
eBook 55: What is truth
eBook 58: Science & Initiatic Science

Thought 7:

*There are children who have never known their parents, who do not even know who they are, but they never doubt that they had parents.
In fact, many spend my lives looking for the slightest clue to my existence.*

Lesson for KW21:

Awareness & Self-Realisation & Responsibility

The truth is that my parents are within me, in all that I have bequeathed to me as physical and psychic traits.

Therefore, whether I am physically present or not, what is essential is always present there within.

Yes, children always have my parents within me.

Biologists and psychologists study children to see how the laws of physical and psychic heredity apply to me.

This is important, but it is not enough.

Who will now study my divine heritage, all those divine seeds received from my heavenly Father and Mother, which I must develop until I resemble me?

eBook 07: Angels & the Tree of Life

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 09: The hidden capacity of Human beings

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 15: The Quintessence of Christianity

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 22: Explanations on Heredity

eBook 28: A new Understanding of Health

eBook 42: Why we should accept Reincarnation

eBook 51: Interpretations of the Gospels

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Thought 8:

By creating me in His image, the Creator has inscribed in my soul an impression of Himself.

And this impression is the cause of the feeling of want and dissatisfaction I will continue to have, until the day I succeed in uniting with Him.

So long as I have not achieved this fusion, I will continue looking, I will have experiences – some happy, some not – I will believe every time that I will finally be able to achieve what I want, but I will always be disappointed.

But this disappointment is in fact not so bad, because it is this that pushes my soul ever forward, looking, searching all the time, in order to come closer to the Beloved, the Cosmic Spirit and unite with it.

Awareness – develop awareness – to be or to become conscious of myself

<http://www.realpeacework-akademie.info/2012/>

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 9:

The day I decide to place God, the Master of the Universe, at the head of my life, angels and archangels will follow Him to keep Him company, and for me it will be the beginning of a true transformation.

But for this to happen, I must first speak to the Lord saying:

Lesson for KW21:

Awareness & Self-Realisation & Responsibility

***'Lord, I want to do Thy will, not mine.
Come and dwell within me,
I have prepared a place for Thee,'***

and I shall continue to work in that direction.

In the end, when the Lord feels that conditions are right for Him, He will come and with Him will come angels which will dwell in every part of my being.

Do I realize this?

Just one change at the head and everything is transformed; it cannot be otherwise.

If the Lord decides to dwell somewhere, do I expect Him to come alone or be surrounded by devils?

No, He is accompanied by a host of luminous and beautiful entities that come to sing in His presence.

eBook 03: The Importance of having an High Ideal

eBook 07: Angels & the Tree of Life

eBook 18: The Universal Brotherhood of Light

eBook 19: The true Task of Art

eBook 24: Education – Guidelines for Parents

eBook 25: The Relationship between Colours & the Aura

eBook 27: The Laws which govern the Universe

eBook 36: Only Beauty can save the World

eBook 40: True Love

eBook 41: True Happiness

eBook 67: What the face of a human being is able to reveal

Thought 10:

As a doctor I should understand that merely healing the sick is not sufficient.

I should also put a few truths in my patients' heads at the same time.

People shall ask me as a doctor this question: 'Have you made these people better, haven't you? But did they also subsequently change their lifestyle? Are they not going to continue their ridiculous ways and become ill again?'

And do I have to answer: 'Well yes, unfortunately this is true.'

So it is clear that before agreeing to cure people, as a doctor I should enlighten my patients in order to prevent them from falling prey to the same excesses and victim of the same imbalances.

As a doctor I should simply refuse to look after people who did not first promise me to improve their lifestyle.

Since I would not ask to be paid I would ask them at least to pay the Lord by improving themselves.

And if they refused to make this promise I would send them elsewhere.

Of course, if someone has just been rescued from the water or is suffocating, that is not the time to extract promises from them.

They have to be saved.

But I want all doctors to understand it is not sufficient to cure people 'for the time being', they should also enlighten them so they may find permanent good health again.

eBook 21: A new Attitude for everyday Life

eBook 23: Nutrition for a successful life

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 33: Meditation as the Gateway to harmonious living

eBook 35: Working with Light

eBook 48: How to master Habits

eBook 54: The Undesirables

eBook 62: The different bodies of human beings

eBook 70: The Power of Thought

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Health and nutrition ... and the keys for 'eternal' youth

Lesson for KW21:

Awareness & Self-Realisation & Responsibility

www.realpeacework-akademie.info/sofia

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www.realpeacework-akademie.info/sofia

and:

Living on Light – Dying of Hunger or Dying of Thirst ... Impossible!

Essential, destructive fears disappear!

www.realpeacework-akademie.info/sofia/Englisch/E-pages/NWO_LivingOnLight_e.html

<http://www.amanfangwardaslicht.at/> (soon also in English!)

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Lesson for KW22:

Multi-Dimensional – Living with the spiritual realities

Thought 1:

There is always a way to escape my inner discomfort: I can go to another level.

Let's take an example.

I am feeling upset and discouraged, it feels as if everyone and everything that happens is against me.

And then I fall asleep.

When I wake up a few moments later, I feel as if something has changed.

What happened?

As I went to sleep, I went to another level.

I escaped, and the 'enemies' pursuing me weren't able to follow me.

There is always a place where I can take refuge, and I would be spared much suffering if I knew how to go to another level.

I shall think about it.

Instead of sinking into negative states as if I were quicksand, I shall react immediately.

As soon as I feel sad or discouraged, I shall try to go to a place where I can elude these feelings.

If the torments are in my mind, I shall go into my heart.

If I am being hounded in both heart and mind, I shall rise up to the soul.

If I am even being pursued in my soul, I shall take refuge in my spirit.

Nothing can reach me there.

eBook 06: The Two Principles – Masculine and Feminine

eBook 07: Angels & the Tree of Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 35: Working with Light

eBook 39: Real Freedom

eBook 54: The Undesirables

eBook 62: The different bodies of human beings

eBook 70: The Power of Thought

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Thought 2:

Once I have reached a higher degree of evolution, on returning to earth, I make a solemn promise before heavenly entities to accomplish a mission.

I promise to develop the faculties and virtues I already possess in order to help and enlighten humans.

Whatever form this promise takes, it can be summarized as follows: I promise to place my qualities and my spiritual and material potential at the service of others.

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

I may now say, 'But don't all souls that come to earth have a mission to fulfil? Do some incarnate without a particular purpose?'

I have to understand that all human beings are sons and daughters of God, and this imposes certain obligations on them, but not all souls have achieved the same degree of evolution.

Am I still weak and inexperienced?

Then I come down to learn and perfect myself.

For the moment, that is my only true mission, and that is already a great deal.

eBook 22: Explanations on Heredity

eBook 42: Why we should accept Reincarnation

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 66: The Importance of the Will

eBook 67: What the face of a human being is able to reveal

Thought 3:

All my life I have been repeatedly telling everyone as a Christian that God is Love ... but have I really understood this truth?

To say that God is Love is to be aware that He has given everything to all beings without exception.

I suffer, I am unhappy, and I pray that God will come to my aid?

I think I need His help right here, right now, and that He is obliged to give it to me?

Well, I am mistaken.

God doesn't have to do anything for me now, because He has already done everything.

When He created me He foresaw everything and gave me everything.

So I shall not ask for anything else.

As a true son or daughter of God I shall not ask for anything.

I shall know that I already have everything.

It is ridiculous to demand hands to work with, feet to walk with and eyes to see with, when I already have these on the spiritual plane, just as I do on the physical plane.

I must simply pray for the light, and it will tell me how best to use them.

*'Have a heart as pure as crystal,
a mind as luminous as the sun,
a soul as vast as the universe
and a spirit as powerful as God and one with God.'*

eBook 02: A new Light on Prayer

eBook 04: Master & Discipleship

eBook 05: The Kingdom of God & His Righteousness

eBook 07: Angels & the Tree of Life

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 09: The hidden capacity of Human beings

eBook 11: The Reasons behind Suffering

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 19: The true Task of Art

eBook 35: Working with Light

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 4:

To the extent that the psyche exerts an influence on the physical, faith can intervene in the healing of illnesses.

An act of faith alone is not enough, however, but shall be accompanied by a genuine work of thought. And even this applies only to certain disorders such as headaches or stomach aches, liver attacks or insomnia, since these disorders often have psychological causes such as anger, anxiety, sadness or shock.

In general, however, a physical illness must be treated by physical means.

Likewise, an illness of the psyche must be treated by psychological means.

Prescribing medicines to me if I suffer psychological disorders may have some effect, but it is only palliative and brings about no deep-seated changes.

The physical world and the psychic world each has its own laws which I must know and respect if I am to obtain lasting results.

eBook 23: Nutrition for a successful life

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 54: The Undesirables

eBook 56: Wars – seen with a wider field

eBook 57: What is Fasting

eBook 58: Science & Initiatic Science

eBook 61: Obedience

eBook 62: The different bodies of human beings

eBook 63: Trust

eBook 67: What the face of a human being is able to reveal

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

"Spiritual Influences on Human beings"

- The Influence of spiritual Beings upon man (11 Lectures)
- Relationships Between the Living and the Dead (Hamburg, 16.02.1916)
- The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)
- Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)
- The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

Thought 5:

Just as precious stones never lose their value, nothing can diminish the value of the qualities and virtues I possess within myself.

From the moment I begin working to develop them, no matter what happens, in spite of my mistakes, failures, disappointment and suffering, I shall be preoccupied with nothing else.

The slightest doubt reveals my ignorance of my true values.

I want to see results?...

But don't I already have these results, since I know that everything good is eternal?

Do I say: 'Oh, that is beyond me.'

Yes, I understand, but even if I cannot grasp everything today, it does not matter: I will succeed later, in a year, in ten years, in twenty years, or in another incarnation.

Inevitably, I will one day understand all these truths.

If I abandon them on the pretext that they are beyond me, I will obviously succeed at nothing.

In order to understand one day, I must at least begin working today.

eBook 04: Master & Discipleship

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 66: The Importance of the Will

eBook 68: Pride and Vanity

Awareness – develop awareness – to be or to become conscious of myself

<http://www.realpeacework-akademie.info/2012/>

Thought 6:

Life and death are so closely connected that there is always something in life that must die in order for something else to live.

If I like it or not, it is impossible to escape this dilemma.

I can already observe this in the realm of health.

Am I sick and have I been advised by my doctor to stop smoking or drinking alcohol?

Do I feel that if I follow this advice, I would no longer be able to live?

Yes, because there are two conflicting ideas of life here: that of the instinctive life and that of the life of reason.

If I live one thing, I must renounce the other.

If I – on the pretext of living more intensely or more agreeably – fail to respect the laws of the physical life, I become ill and die.

So I must decide which form of life I prefer, because I cannot live everything at the same time.

eBook 06: The Two Principles – Masculine and Feminine

eBook 12: The Cosmic meaning of Marriage

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 27: The Laws which govern the Universe

eBook 29: A correct understanding of Good and Evil

eBook 31: Life and Death

eBook 39: Real Freedom

eBook 64: Honesty

eBook 66: The Importance of the Will

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

Thought 7:

*The feeling of loneliness is one of the most terrible forms of suffering that I can experience.
I need to find someone with whom I can share my thoughts, feelings, and aspirations, someone with whom I can exchange harmoniously every day.
This ideal being is obviously very difficult to find, and many books have explained the anguish and suffering experienced by the failure to discover what some have called the twin soul!
But, in reality, my soul can only be filled definitively and completely by God.
If I wish to conquer solitude and to feel that I am not alone every day, that I am surrounded by beings who love and understand me, and that I am filled with a great presence of joy and light, I must unite with God.
But I must unite with God in His manifested form, which means to unite with His wisdom, His love, and His truth.
If I place love in my heart, wisdom in my head, and truth in my will, solitude no longer exists.*

*May Divine Love invigorate my soul for the good of mankind!
May Divine Wisdom enlighten and illuminate my mind
May Truth liberate my spirit from all earthly limitation
so that I may do God's Will
and the Kingdom of God come as soon as possible on Earth!
(3 times)*

eBook 03: The Importance of having an High Ideal
eBook 05: The Kingdom of God & His Righteousness
eBook 11: The Reasons behind Suffering
eBook 12: The Cosmic meaning of Marriage
eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 18: The Universal Brotherhood of Light
eBook 49: How to deal with loneliness
eBook 50: Christ, Christians & Christianity
eBook 59: Be a spring
eBook 72: The Power of Feelings

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

and:

*The New-World-Order - State leadership according to highest principles!
www.realpeacework-akademie.info/sofia*

Thought 8:

*As a selfish person I can't be happy, because everything in my heart and in my soul is shrunk down.
To be happy I must expand, until I embrace the entire world ... and only love allows me to expand.
If I have a lot of love I expand, I dilate, I embrace the universe, I vibrate with the universe and so everything opens up to me.
I encounter no more obstacles and happiness never leaves me again.
Love is the precondition for happiness, not science, not even philosophy.
Science and philosophy may – at best – pave the way, guide me, enlighten me, but they cannot make me happy.*

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

And Solomon had understood this when he said: 'For in much wisdom is much vexation and those who increase knowledge increase sorrow.'

If I know a great deal am I not so happy?

But if I carry a lot of love in my heart I am happy, even if I do not know much.

eBook 35: Working with Light

eBook 36: Only Beauty can save the World

eBook 40: True Love

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 45: How to work for Peace in the World

eBook 50: Christ, Christians & Christianity

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

=> **Pornography of any manner needs to be abolished!**

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 9:

Do I have a high ideal and often I become discouraged because I feel I cannot achieve it?

It is too difficult?

Do I not feel I am equal to the situation?

So ... do I end by telling myself, 'It is not worth continuing, it is silly of me to insist. I have wasted years of my life nourishing an unattainable ideal. It is too ridiculous. All those around me have succeeded and live quietly contented with their lot; I am the only one waiting for the realization of impossible dreams.

From now on, that's enough! I give up!

Well, I shall know that I will be cutting my link with Heaven, and that is really stupid.

In spite of my failings and inadequacies ... why shall I give up my ideal?

Why shall I become discouraged in this way without knowing that, if I had persevered, I would have reached my goal!

eBook 03: The Importance of having an High Ideal

eBook 09: The hidden capacity of Human beings

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 46: How to surpass Karma & Predestination

eBook 53: Faith

eBook 63: Trust

eBook 64: Honesty

eBook 66: The Importance of the Will

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

and:

Understand the language of Life, our Soul, our spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 10:

I shall never lose sight of the truth that power is founded on unity, on harmony.

I shall think of this family I want to create with all human beings, despite the differences in character, degree of evolution, race, religion, social class, occupation and so on.

I shall set all these details aside, because they are only of secondary importance and they do not play any part in spiritual life.

I shall strengthen in my heart the belief that despite everything that could separate me from others, I am their brother or sister ...

We are coming together to share the same work of prayer, meditation and song, with the aim of awakening every consciousness all over the world.

From that moment on our group, our collective, our fraternity or our brotherhood represent a positive strength, a beneficial power.

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 10: Being Member of a Family ... and its different Connections with the world

eBook 18: The Universal Brotherhood of Light

eBook 45: How to work for Peace in the World

eBook 70: The Power of Thought

eBook 71: The Power of Desires

eBook 72: The Power of Feelings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

Lesson for KW22:

Living with spiritual realities ... being multi-dimensional

Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating')*



Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

Thought 1:

Do I feel I have the right to deceive others, to treat them inconsiderately or use them for my own ambitions or interests, without thinking that they too are beings worthy of consideration and respect?

Do I not take other people into account, so it should be no surprise to me when these people, who have felt put down and belittled for too long, eventually retaliate?

Do I wonder, 'Why do people avoid me? Why don't people like me?' without realizing I have done everything to make it happen?

Do I look at others or address them with coldness and contempt; do I keep the truth from them or tell them downright lies?

But yet – amazingly indeed – do I see myself as lovable?...

So, it's up to me to take a good look at myself and become aware there is a 'Law of Justice' that has to be taken into account in my own interest.

If I behave honestly and with integrity and respect, others will give me their trust, which is to my own advantage.

eBook 15: The Quintessence of Christianity

eBook 21: A new Attitude for everyday Life

eBook 24: Education – Guidelines for Parents

eBook 27: The Laws which govern the Universe

eBook 34: Proper knowledge of Human and Divine Justice

eBook 40: True Love

eBook 41: True Happiness

eBook 48: How to master Habits

eBook 68: Pride and Vanity

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

and:

Awareness – develop awareness – to be or to become conscious of myself

<http://www.realpeacework-akademie.info/2012/>

Thought 2:

God distributes His love everywhere in the universe and in His creatures.

But in order to truly benefit from it I have to learn how to attract it; I have to find the right attitude.

Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

It involves a great transformation in my spiritual state and demands that I become more and more sensitive to the subtle side of things.

As soon as I learn to nourish myself with God's love, I transform everything in my life.

I am no longer dependent on circumstances; I feel free, rich and fulfilled.

Whether others love me or not, I soar above everything, because this love is part of me and imbues the whole substance of my being.

I will say this is hard to understand.

Yes, of course it's hard, but it will be easy once I attempt to communicate with this subtle, living, profound reality, with the only thing that can fulfil me: the love of God.

eBook 02: A new Light on Prayer

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 23: Nutrition for a successful life

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 39: Real Freedom

eBook 41: True Happiness

eBook 43: A Servant of God

eBook 67: What the face of a human being is able to reveal

To deepen these explanations have an additional look also at this scriptures:

*« **Life, Health & Peace** – 12 means with which I positively change my life and that of my community! »*

http://www.realpeacework-akademie.info/linz/E/WS/EigeneSchriften_d.html

*« **Live in Freedom and experience the plentitude of life!** »(in German)*

*« **The 14 stages of the Crucifixion of Jesu** – Seen, understood & newly interpreted for daily living »
(in German)*

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 3:

Principles, laws and facts: the structure of the universe is summarized in these three words.

Facts exist in incalculable number, and they are governed by a lesser number of laws.

These laws are themselves governed by a few principles, which are really but one: God Himself.

The world of facts is the world of multiplicity, of dispersion, while the divine world is the world of unity.

Here I have a key of great simplicity which can give me the solution to all problems: If I complain of feeling as if I live in darkness and chaos, it is quite simply because I have no knowledge of these three worlds, of their structure or how they function.

As long as I remain focused on the physical world, on facts and events, I will never manage to see clearly and master my situation.

In order to have a clear vision of things, and even to act correctly, I must rise by way of thought to the region of principles where the spirit and light of God reign.

eBook 11: The Reasons behind Suffering

eBook 27: The Laws which govern the Universe

eBook 51: Interpretations of the Gospels

eBook 55: What is truth

eBook 61: Obedience

eBook 70: The Power of Thought

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 4:

Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

*Concentrating on the image of the summit is a spiritual practice unsurpassed by any other.
It is at the summit that the source of all good is found, and by concentrating on this highest point, I am always obliged to advance and cross new thresholds.
I shall ask for nothing other than to attain this summit – God – and I will receive light, love, beauty, health and wealth.
Because of the opaque matter that envelops me, I may not experience great changes immediately.
But as I make these efforts, the path opens before me, a bridge to heavenly regions is restored, and one day I will only have to concentrate a few minutes on these regions and I will experience plenitude at once.*

eBook 02: A new Light on Prayer
eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force
eBook 09: The hidden capacity of Human beings
eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light
eBook 43: A Servant of God

Thought 5:

*What good is it to preach neighbourly love if no one explains what it is I am to love in others?
When I see how so many people conduct themselves in everyday life, I cannot love them; it is useless even to try.
Here is someone who is egotistical, mean and obnoxious, and I am told I have to love him.
It is impossible!
Not only is it impossible for me to love this monster, but in trying to do so I will detest him all the more.
To succeed in loving him, I must learn to project myself beyond appearances.
I must concentrate on the divine spark which lives within him and which one day will be able to manifest itself.
But I can only see the Divinity in others insofar as I have brought it to life within myself.*

eBook 15: The Quintessence of Christianity
eBook 21: A new Attitude for everyday Life
eBook 37: Guidelines for Spiritual Work
eBook 40: True Love
eBook 41: True Happiness
eBook 51: Interpretations of the Gospels

Thought 6:

*I have to move a great block of stone and, since it is subject to the earth's gravity, it is heavy.
But if I could move it far enough from the earth to escape its attraction, it would become light and would even float.
Let me now apply this physical law to the world of the psyche: If I knew how to transport my burdens beyond the limits of the earth's gravity, not only would they cease to weigh me down, but they would lift me like a balloon, and I would rise higher and ever higher.
And when a master asks me to free myself, what does he mean?
That I must liberate myself from all my mundane, prosaic activities in order to take up other responsibilities, divine responsibilities that will elevate me.*

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image
eBook 33: Meditation as the Gateway to harmonious living
eBook 35: Working with Light
eBook 36: Only Beauty can save the World
eBook 37: Guidelines for Spiritual Work
eBook 44: Becoming a Spiritual Disciple
eBook 45: How to work for Peace in the World
eBook 59: Be a spring

Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

eBook 61: Obedience

Thought 7:

*When I invite someone to stay with me for a few days, I prepare a room for him, don't I?
I do not just say: 'Come, come', without knowing where I am going to put him, do I?
All the more so if my guest is someone important.
Before extending my invitation, I think about how I am going to welcome him.
I shall imagine, for instance, that I am expecting a prince to come and stay: am I going to let him go through a dirty, untidy house?
Well, please forgive me saying this ... but do I treat God as a believer in ways I would not dare to treat even my neighbours?
Do I not prepare a place for the Creator within myself, a sacred place?
Do I invite Him to a pigsty, to a dung heap?
But why am I later astonished when it is not God who comes to visit me, but devils?*

eBook 16: Purity as the Key to Self-Realization
eBook 23: Nutrition for a successful life
eBook 27: The Laws which govern the Universe
eBook 28: A new Understanding of Health
eBook 29: A correct understanding of Good and Evil
eBook 35: Working with Light
eBook 36: Only Beauty can save the World
eBook 48: How to master Habits
eBook 54: The Undesirables
eBook 57: What is Fasting
eBook 67: What the face of a human being is able to reveal

and:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 8:

*How much time do I actually spend with the outside world?
A few minutes, a few hours? ...
And how much of my time is spent with just myself?
... Day and night, my whole existence.
This shows that my inner life is extremely important.
I must therefore see to it that abundance, riches and order are within me rather than on the outside.
But the outside world is filled with objects, products, devices, structures, weapons of all kinds, whereas on the inside, I live increasingly in disorder, weakness, poverty and emptiness.
It is time I began to build on the inside all I am busy building on the outside.
It is within that I should have riches, beauty and strength, because what I have achieved in this way, nothing or no-one will be able to take away.*

eBook 03: The Importance of having an High Ideal

Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

eBook 04: Master & Discipleship
eBook 05: The Kingdom of God & His Righteousness
eBook 35: Working with Light
eBook 36: Only Beauty can save the World
eBook 37: Guidelines for Spiritual Work
eBook 41: True Happiness
eBook 67: What the face of a human being is able to reveal

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 9:

As true spiritual disciple I dedicate my life to Heaven saying, 'From now on I will work for the Kingdom of God. I will abandon all these futile occupations, all these passing pleasures that bring me nothing.' By doing this, I release within myself spiritual energies that were paralyzed and enslaved by ordinary, everyday habits and they can at last bear fruit.

I shall look at a tree: When it is invaded by insects and caterpillars, it cannot bear fruit and I must rid it of its parasites with insecticides.

In the same way, if I give in to laziness and the basest pleasures I attract parasites, dark entities of the astral world that come to nourish themselves through me.

They invade my body, will, heart and intellect; they suck up the sap that should nourish my higher self.

Yes, this is true: I shelter within myself other beings that drain me of all my energy.

To get rid of these parasites, I must dedicate my whole being, all my activities to Heaven and it is then that I will bear only succulent fruits.

eBook 11: The Reasons behind Suffering
eBook 16: Purity as the Key to Self-Realization
eBook 25: The Relationship between Colours & the Aura
eBook 29: A correct understanding of Good and Evil
eBook 39: Real Freedom
eBook 48: How to master Habits
eBook 54: The Undesirables
eBook 56: Wars – seen with a wider field
eBook 67: What the face of a human being is able to reveal
eBook 68: Pride and Vanity

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A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

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Thought 10:

Spiritual exercises are nothing by themselves.

They only become truly effective and beneficial if they are done in the light of a teaching which gives me as disciple knowledge about the invisible world, the different beings that inhabit this world, the laws governing it and the forces circulating in it.

And what is even more important is that I should learn how I am built as a human being.

Par example: which organs and spiritual centres within me allow me to communicate with the luminous regions of space?

But this is still not sufficient.

Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

Once I have this knowledge, I must decide to change the way I live my life and to give up activities in contradiction with the aims of Initiatic Science.

This is what is most important.

When I begin to take this into account I will not restrict myself merely to an intellectual understanding of spirituality, but I will have true understanding, which invades my entire body, to the very last cell, and each exercise will then be effective and beneficial for me.

eBook 04: Master & Discipleship

eBook 15: The Quintessence of Christianity

eBook 19: The true Task of Art

eBook 25: The Relationship between Colours & the Aura

eBook 27: The Laws which govern the Universe

eBook 28: A new Understanding of Health

eBook 37: Guidelines for Spiritual Work

eBook 44: Becoming a Spiritual Disciple

eBook 58: Science & Initiatic Science

eBook 66: The Importance of the Will

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

Awareness – develop awareness – to be or to become conscious of myself

<http://www.realpeacework-akademie.info/2012/>

and:

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW23:

Principles, Laws and Facts: The Structure of the Universe is summarized in these three words.

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Real Peacework Academy

„Peace & Harmony in the World through Peace & Harmony with myself!“

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about ‘Prenatal Education’ & ‘Spiritual Electroplating!’)*



Lesson for KW24:

“Is it true that this World is only a dream? ... or would its reality better be described as a “HOLOGRAM” where you determine with each action or decision its continuation?”

Thought 1:

Human beings have been seeking an ideal model for society for thousands of years, and if they cannot find it, it is because they don't know where or how to look for it.

To discover it, I need to turn my attention to a place where perfect order reigns, namely, to the sun.

Not to the physical sun, of course, but to the world of harmony, purity and light it symbolizes.

True organization is not just something external.

Good outer organization is necessary, of course, but there is a limit to what it can do; furthermore, it's of no use if the spirit does not animate it.

I shall take me, for example, with my limbs, my organs, and all my systems – respiratory, digestive, circulatory, nervous, and so on...

What extraordinary organization!

But then, how is it that for all that organization I am so weak and vulnerable?

Because it's not enough: a higher, spiritual organization has to enter this physical organization, to give it life and strength.

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 07: Angels & the Tree of Life

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 36: Only Beauty can save the World

eBook 45: How to work for Peace in the World

(further Studies with the eBook-Edition “Thoughts of Eternal Wisdom”!)

<http://www.realpeacework-akademie.info/jena>

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Thought 2:

The Creator gave me a will, so that I would make it the instrument of my higher nature and place it at the service of a high ideal.

I must begin by understanding some essential truths.

When I have understood an essential truth, I shall use my will to put it into practice, in the knowledge that this is the only real way to understand it.

Lesson for KW24:

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It's easy to spout truths; anyone can read the works of certain sages and repeat parrot fashion what I find there.

By doing this, I may even win the respect of those people who are so blind they can't see how weak and feeble I am inside.

But fooling the blind isn't much of an achievement!

In any case, there are others who cannot be fooled: the luminous entities of the invisible world.

And what's more, it's precisely these entities whose esteem I need to gain, and I will gain it by applying the truths revealed by initiates.

These truths are weapons; I will never find better ones to help me triumph over life's difficulties, but I need an arm to make use of them; in other words, I need the will to put them into practice.

eBook 24: Education – Guidelines for Parents

eBook 37: Guidelines for Spiritual Work

eBook 42: Why we should accept Reincarnation

eBook 55: What is truth

eBook 58: Science & Initiatic Science

eBook 66: The Importance of the Will

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

*=> **Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

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http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

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out of the book:

„Live in Freedom and experience the plentitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 2:

Do I want people to be pleased to see me and to spend time with me?

Instead of inflicting my sorrows, worries and ill-humour on others, I shall think how I can bring them joy.

If I contaminate the atmosphere with my complaints and recriminations I am shunned by others, and, what is worse, I poison my own life.

Sadness is a black smoke that invades the soul and eventually casts its shadow over the entire face.

In the end, it even disturbs the proper functioning of the organism and clouds the intelligence.

I will say that good humour and cheerfulness are often a question of temperament, which is difficult to change.

This is true, but, by means of thought, by means of love and will-power, I can succeed in doing so.

In order to bring happiness to others, I must first of all fill my own heart with love.

I shall call on love with all my strength, and not only will I be happy, but the happiness I give will return to me magnified.

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 35: Working with Light

eBook 48: How to master Habits

eBook 59: Be a spring

eBook 68: Pride and Vanity

Lesson for KW24:

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" where you determine with each action or decision its continuation?"

Thought 2:

When I have a spiritual ideal but feel I cannot live up to it, I must tell myself in no uncertain terms that this is no reason to abandon my ideal.

If my search is sincere, no matter what my difficulties, I must never give up and aim for something easier or more agreeable.

If at some point I need to relax my efforts, at least I shall keep the right direction in sight.

I shall in addition don't allow this temporary fatigue or weakness to be an excuse for changing course.

My fatigue is forgivable, and when I am tired I should rest, but without abandoning my path.

It is not necessary to take a different route in order to rest.

Nothing is more dangerous than abandoning my ideal on the pretext that I cannot always live up to it.

eBook 03: The Importance of having an High Ideal

eBook 20: Living a Successful Life

eBook 27: The Laws which govern the Universe

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out of the book:

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http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 2:

To Nicodemus, the Israelite doctor who came one night to question Jesus, he responded: 'Very truly, I tell you, no one can enter the Kingdom of God without being born of water and Spirit.'

This verse corresponds to a verse in the beginning of Genesis: 'And the spirit of God moved upon the face of the waters.'

In both of these, it is the phenomenon of birth which is evoked: the birth of the universe and the spiritual birth of the human being.

In both I find the same elements: fire (spirit) and water (matter).

Just as the universe was born of fire and water, I also must be born of fire and water in order to enter into this higher state of consciousness called the Kingdom of God, because transposed onto the spiritual plane, fire represents wisdom and water represents love.

eBook 05: The Kingdom of God & His Righteousness

eBook 06: The Two Principles – Masculine and Feminine

eBook 15: The Quintessence of Christianity

eBook 16: Purity as the Key to Self-Realization

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 27: The Laws which govern the Universe

eBook 51: Interpretations of the Gospels

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Thought 2:

Jesus said, 'My Father is still working, and I am also working.'

But who, even among the initiates, can pronounce such words?

Who even knows what this work is?

Am I only able to say, 'I do odd jobs...I struggle...I rack my brains...I make some miserable attempts.'?

But work is something completely different.

Lesson for KW24:

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" where you determine with each action or decision its continuation?"

After two thousand years, have the Christians yet fathomed the depths of the phrase 'My Father is still working, and I too am working.'?

No! It has remained ineffective and empty of meaning.

Have I ever wondered what this work of God is, how He works, and in what way Jesus is associated with this work?

The work of Christ is to purify everything, to harmonize and illuminate everything, and to orient everything toward the divine Source, so that the water of this Source can in return flow and bring to life the earth and all its creatures.

Only if I have managed to rise as far as the divine Spirit in order to imbue myself with its quintessence and then to distribute its benefits to all creatures, I have earned the right to say 'I am working.'

eBook 01: Means to bring 'Heaven on Earth'; Prenatal Education & Spiritual Electroplating

eBook 02: A new Light on Prayer

eBook 03: The Importance of having an High Ideal

eBook 15: The Quintessence of Christianity

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 45: How to work for Peace in the World

eBook 50: Christ, Christians & Christianity

eBook 67: What the face of a human being is able to reveal

eBook 71: The Power of Desires

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 2:

Objective reality does not really exist: my only reality is what I live and feel.

Let's take the case I have hallucinations: I feel that I am pursued by monsters, I am terrified and I flee screaming.

Physically, visibly, no one is attacking me, but I feel persecuted, and I am suffering.

So when I suffer, you shall try telling me that it is only an illusion ... but my suffering is real!

In the same way, in the middle of the worst material conditions, I can experience illumination and ecstasy.

Once again, how can I be persuaded that it is not real?

I am truly immersed in joy.

The suffering and joy I feel are perhaps the only things I never doubt.

In effect, I can doubt what I see, what I hear, and what I touch, but what I feel, what I live can never be doubted; this is reality.

In this sense, it can be said that I am the master of my reality, because if I decides to bring heaven to live within me, I will achieve it, and whatever the conditions, it is heaven that I will experience

eBook 03: The Importance of having an High Ideal

eBook 05: The Kingdom of God & His Righteousness

eBook 09: The hidden capacity of Human beings

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 18: The Universal Brotherhood of Light

eBook 21: A new Attitude for everyday Life

eBook 55: What is truth

eBook 66: The Importance of the Will

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Thought 2:

Why is it that some people's perception, lucidity and clarity of mind increase with age and even with old-age, and in others they decrease?

Because the first have from very early on acquired the habit of connecting, bonding with Cosmic Intelligence.

They believe in it, they open themselves up to it, they love it, and little by little, it reveals itself to them because it is attracted by this love.

Whereas the others, who do not acknowledge any Intelligence in the universe, close off the path of true understanding.

They are focussed on their sole intelligence, and because this intelligence is limited, it dries up after a while.

If I refuse to acknowledge Cosmic Intelligence, if I repudiate it, I limit my mental faculties.

So I have a choice: the path taken by all the materialist scientists and philosophers, or the path of the initiates, of the great masters who receive revelations every day because they continually draw from the infinite ocean of Cosmic Intelligence.

eBook 39: Real Freedom

eBook 40: True Love

eBook 41: True Happiness

eBook 62: The different bodies of human beings

eBook 63: Trust

eBook 66: The Importance of the Will

eBook 68: Pride and Vanity

To deepen these explanations have an additional look also at this Chapter (when you are able to read German): "What would be life without having a High Ideal?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 2:

A passage from the Zohar, the Book of Splendour, the principal text of the Cabbalah, describes God as a very beautiful and noble head with a beard and long white hair.

The reflection of His white head in a pool of water appears as a scowling black head.

What does this picture teach me?

That what I call evil – the devil – is only a reflection of God, the shadow of God in matter.

That is why, when some religions present the devil as an adversary of God or as an opponent against which God must constantly struggle, they are mistaken.

God does not fight against the devil – that would be to fight Himself.

So, I shall keep in mind the picture to the white head, knowing that its dark reflection cannot really be an enemy since it is not a reality but an illusion, a shadow, which exists, thanks to the light and which, by existing, proves the reality of this light.

So, how do I come out of this region of reflection and illusions?

Lesson for KW24:

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" where you determine with each action or decision its continuation?"

*By rising, through thought, to the white head of God.
When I accept the reality of this unique principle no contradiction subsists.*

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Thought 2:

When I pray I inevitably enter another order of things.

Obviously on the outside I am no different, in that if it is cold I shiver and if I am sick I may well remain sick.

It is in my heart, in my soul that prayer produces major changes.

If I am about to die and I am alone, I am abandoned in my misery.

But through prayer I find joy, peace, light whilst, in the same conditions, if I do not pray I will feel revolt and hatred in my heart.

And this of course has grave consequences for my life up above and even for my next incarnation.

If religion seeks to convince me as a dying person to re-establish contact with God, to entrust myself to Him, it is because sincere prayer said at the last minute, even if I have led a life full of sin, will allow me to enter another state of consciousness and this is what is vital for my salvation.

eBook 02: A new Light on Prayer

eBook 05: The Kingdom of God & His Righteousness

eBook 53: Faith

eBook 63: Trust

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

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Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!

... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

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*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW25:

My different bodies and spiritual centres ... and the repercussions to my awareness of the world

Thought 1:

*I usually associate tears with sadness, but, actually, any emotion can cause tears.
There are tears of sadness, of anger, of rage, of vexation, and there are also tears of joy and wonder.
Poetry, painting or music can bring tears to my eyes, but so can certain kinds of human behaviour, if they are particularly fine and noble.
Inasmuch as tears can relieve me of inner tension, whatever its cause, they are useful.
But of course, tears of joy and wonder are the most beneficial.
So I shall not wipe those away with the back of my hand, but collect them on a clean tissue and preserve them with care, for they hold great power.
Tears of vexation, sadness or anger I can let dry, as all they are a little salt water, but preserve the tears rent from the depths of my soul."*

eBook 14: Music and Creation
eBook 21: A new Attitude for everyday Life
eBook 25: The Relationship between Colours & the Aura
eBook 32: Magic in everyday life
eBook 37: Guidelines for Spiritual Work
eBook 38: Suicide: Reasons & Consequences
eBook 41: True Happiness
eBook 72: The Power of Feelings

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)
<http://www.realpeacework-akademie.info/jena>

Thought 2:

*Success is obviously more pleasant and glorious than failure.
But in fact, whether I am successful or unsuccessful, it isn't easy to find the right inner attitude.
When I am successful, I may believe I'm allowed to do anything, and when I'm not I sometimes collapse.
Well, the only thing to do is to attach little importance to either situation.
What matters most is that I learn to use my faculties to deepen the inner link I have with my heavenly Father.
If other people recognize my faculties and benefit from me, so much the better, but that's another matter and not what should concern me.
My task is to develop myself in a balanced and harmonious way, so that I move closer and closer to the image of the Creator I carry imprinted within myself.*

Lesson for KW25:

My different bodies and spiritual centres ... and the repercussions to my awareness of the world

For, to tell the truth, if I possess intellectual or artistic gifts I am not necessarily any happier for it, if I do not use them to find this divine imprint.

eBook 19: *The true Task of Art*
eBook 20: *Living a Successful Life*
eBook 21: *A new Attitude for everyday Life*
eBook 25: *The Relationship between Colours & the Aura*
eBook 27: *The Laws which govern the Universe*
eBook 28: *A new Understanding of Health*

Thought 3:

*What I call silence in the spiritual life is not a mute, voiceless world.
This is why the sages of the East speak of 'the voice of silence', and this is the voice they strive to hear.
If I know how to listen, true silence has a voice: it is the expression of life, the plenitude of divine life.
The voice of silence is the voice of God, and I can hear it in myself only when I succeed in calming all my inner agitations: my rebellions, fears and lusts...
This voice of God is one with the voice of my higher nature, which can only speak when all my passions have been silenced.*

eBook 14: *Music and Creation*
eBook 16: *Purity as the Key to Self-Realization*
eBook 33: *Meditation as the Gateway to harmonious living*
eBook 35: *Working with Light*
eBook 48: *How to master Habits*
eBook 67: *What the face of a human being is able to reveal*

Thought 4:

*It is quantity that I mostly seek: quantities of food, money and possessions of all kinds.
Even in friendship and love I want quantity.
I must understand, however, that the search for quantity not only disperses me and complicates my life, it also contributes to the development of my lower nature by creating more and more desires and needs.
In this way it hinders my spiritual progress, and over time it leads to stagnation and death.
On the other hand, when I seek quality I evolve, for quality belongs to a superior order of things and has vibrations that are purer, more luminous and more powerful.
If I seek quality I come into contact with wavelengths of greater and greater subtlety, until I reach the most vibrant point there is: the summit, the spirit.
It can be said, therefore, that quantity belongs to matter, and quality to spirit.*

eBook 03: *The Importance of having an High Ideal*
eBook 07: *Angels & the Tree of Life*
eBook 08: *The Sublime Origin and Goal of Sexuality and the Sexual Force*
eBook 17: *The Sun & the Sunrise-Meditation; working with the Divine Image*
eBook 24: *Education – Guidelines for Parents*
eBook 30: *The different aspects of 'Clairvoyance & Intuition'*
eBook 35: *Working with Light*
eBook 37: *Guidelines for Spiritual Work*
eBook 47: *How to work with Talismans*
eBook 62: *The different bodies of human beings*
eBook 71: *The Power of Desires*

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out of the book:

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Thought 5:

The higher desires which manifest in me are the expression of the Divinity.

It is through these higher aspirations as well as my work for the benefit of others that I witness the presence of God.

As my consciousness gradually expands, perceptions of another order come to me.

It is as if another life – the life of this sublime Being – were being infused in me, and I am inhabited more and more fully by His presence.

By intensifying this presence, I gradually merge with it, until one day I resemble the Divinity.

eBook 01: Means to bring 'Heaven on Earth'; Prenatal Education & Spiritual Electroplating

eBook 02: A new Light on Prayer

eBook 05: The Kingdom of God & His Righteousness

eBook 12: The Cosmic meaning of Marriage

eBook 27: The Laws which govern the Universe

eBook 32: Magic in everyday life

eBook 40: True Love

eBook 46: How to surpass Karma & Predestination

eBook 63: Trust

eBook 70: The Power of Thought

eBook 72: The Power of Feelings

Understand the language of Life, my Soul, my spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 6:

Animosity and hatred between me and others arise because face to face with the other person I am never conscious that I am in the presence of a spirit, a spark that is seeking to manifest itself and that, in order to help this spirit, it is worth to be kind, patient and generous.

Given the way I am used to thinking of others and what I see in each person when I meet, it is inevitable (in the worst case) that I end up wanting to kill him or her.

But as a Christian I have, supposedly, placed the love of my neighbour as the foundation of my religion ...

Am I allowed to continue to live in hatred and confrontation with others?

No!

So why do I still continue living and behaving so wrongly?

Precisely because I never see beyond people's lower nature.

If I understood that there was a soul and spirit in them to which I could relate, I would feel obliged to behave differently.

eBook 11: The Reasons behind Suffering

eBook 21: A new Attitude for everyday Life

eBook 29: A correct understanding of Good and Evil

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 54: The Undesirables

eBook 56: Wars – seen with a wider field

Lesson for KW25:

My different bodies and spiritual centres ... and the repercussions to my awareness of the world

eBook 58: Science & Initiatic Science

eBook 67: What the face of a human being is able to reveal

eBook 68: Pride and Vanity

"Spiritual Influences on Human beings"

- The Influence of spiritual Beings upon man (11 Lectures)
- The Spiritual Guidance of Mankind (Munich, 20. August 1911)
- Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)
- Relationships Between the Living and the Dead (Hamburg, 16.02.1916)
- The Influence of the Dead on the Life of Man on Earth (Zürich 03.12.1916)
- Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)
- The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)
- Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)
- Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Thought 7:

To instruct human beings, to help them and bear the weight of their problems is a great responsibility for a spiritual master as well as for me as a spiritual disciple of an Initiatic teaching.

But this responsibility neither crushes him nor me.

If I wish to bring light to the world I meet with such difficulties that I may think I will be crushed, and others might even pity me.

But in fact, I am happy, because I become lighter and lighter.

Why? It has to do with the particular nature of my task.

Instead of overwhelming me, the divine and spiritual nature of my task elevates me.

Thus, everything depends on the type of responsibilities I take on.

All the commitments that I impose upon myself in the name of kindness, love, and light, are neither heavy nor oppressive.

And this is true for every disciple or master of an Initiatic teaching.

eBook 03: The Importance of having an High Ideal

eBook 04: Master & Discipleship

eBook 05: The Kingdom of God & His Righteousness

eBook 18: The Universal Brotherhood of Light

eBook 27: The Laws which govern the Universe

eBook 41: True Happiness

eBook 59: Be a spring

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

To deepen these explanations have an additional look also at this scripture (when you are able to read German)

"Is it true that this World is only a dream? ... or would its reality better be described as a "HOLOGRAM" or "Interactive Videogame" where you determine with each action or decision its continuation?"

out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

Thought 8:

The subtle world begins in me with the etheric body (the double of physical body), the astral body (the body of feelings) and the mental body (the body of thoughts).

Lesson for KW25:

My different bodies and spiritual centres ... and the repercussions to my awareness of the world

But I also carry within me the seeds of spiritual bodies which are the causal body, buddhic body and atmic body.

I have certainly felt the presence of these bodies within me at least once.

Looking at a work of art, a landscape or someone's face, I have shivered; I have felt dilated, carried away with joy: This is a manifestation of the buddhic body that is beginning to vibrate in me.

A spiritual energy has passed through me and it gives me the strength to face all obstacles: This is the atmic body that is managing to work its way through.

I have felt such an illumination that the order of the universe has revealed itself to me, I understand its laws: This is the causal body that is making itself a place in my brain.

If these manifestations occur often, it means that the three bodies – causal, buddhic and atmic – are beginning to take possession of my entire body.

eBook 07: Angels & the Tree of Life

eBook 08: The Sublime Origin and Goal of Sexuality and the Sexual Force

eBook 23: Nutrition for a successful life

eBook 24: Education – Guidelines for Parents

eBook 37: Guidelines for Spiritual Work

eBook 62: The different bodies of human beings

eBook 67: What the face of a human being is able to reveal

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 9:

Every day the Book of Nature lies open before my eyes and from it I can learn the wonders of eternal wisdom engraved by the Creator on each stone, on each flower and on each star.

Why is it that I do not understand them?

Why is it that my eyes are not able to see or my ears to hear?

Because I am too busy with useless and even harmful activities that prevent it.

I may say, 'But these activities please me.'

Yes, unfortunately, they please me ... but everything that pleases me is not automatically good for my evolution.

When I decide to sacrifice some unhealthy pleasures, I will release wonderful energies: My eyes and ears will be open and the Book of Nature will reveal itself to me.

When I am faced with certain problems in life, I shall say, 'Why can't I understand? Other people understand but not me!'

I shall answer that question myself, 'It is because I still look for inferior pleasures, which undermine my energy. That is why there is none left for my inner ears and eyes.'

There is no other explanation for my inability to understand.

I have to release energies so that I may awaken my spiritual centres on higher levels.

eBook 03: The Importance of having an High Ideal

eBook 09: The hidden capacity of Human beings

eBook 16: Purity as the Key to Self-Realization

eBook 20: Living a Successful Life

eBook 23: Nutrition for a successful life

eBook 28: A new Understanding of Health

eBook 37: Guidelines for Spiritual Work

eBook 48: How to master Habits

eBook 57: What is Fasting

eBook 66: The Importance of the Will

eBook 71: The Power of Desires

Health and nutrition ... and the keys for 'eternal' youth

www.realpeacework-akademie.info/sofia

and:

Lesson for KW25:

My different bodies and spiritual centres ... and the repercussions to my awareness of the world

Understand the language of Life, my Soul, my spiritual Companions, the great Director of this life (Movie)

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

and:

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

*=> **Pornography of any manner needs to be abolished!***

You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

and:

The New-World-Order - State leadership according to highest principles!

www.realpeacework-akademie.info/sofia

Thought 10:

Do I as a Christian abandon religion because I think scientific discoveries contradict or dispel the truths of faith?

Well, this proves I have understand nothing, neither about science nor about religion because, quite to the contrary, the discoveries made by science actually emphasize the truths of faith, which are the truths of Initiatic Science.

In reality there is no conflict between science and religion.

They walk together and moreover art walks with them.

The three are linked.

Science is there to give me light, religion to give me warmth and art to give me activity.

And because in me they are held together, they should neither be separated nor should preference be given to one at the detriment of the other.

If God has given me an intellect, a heart and a will it is so that they may work together.

So that the intellect may do its work in the field of science, the heart in the realm of religion and the will in the realm of creation, of art.

eBook 14: Music and Creation

eBook 19: The true Task of Art

eBook 25: The Relationship between Colours & the Aura

eBook 37: Guidelines for Spiritual Work

eBook 55: What is truth

eBook 58: Science & Initiatic Science

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

The Construction of our new Society

www.realpeacework-akademie.info/sofia/Englisch/E-pages/NWO_TheNewSociety_e.html

Perhaps an additional note:

If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

1. I lay the scriptures aside for a while,

Lesson for KW25:

My different bodies and spiritual centres ... and the repercussions to my awareness of the world

2. take a break, do a fast for 1, 2 or even 3 weeks,
3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.

*Then ... yes, then I shall read the writings a second time and I might be very surprised how much I understand them now, how easy it is to catch the meaning and to follow the hidden red line!
... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!*

*Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too
... anyway, I will understand better.*

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW25:

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Real Peacework Academy

,Peace & Harmony in the World through Peace & Harmony with myself!'

=> 1. Step: Know Thyself & Understand life!

*Understand the Language of Life and the Laws which govern the World.
(while using the knowledge about 'Prenatal Education' & 'Spiritual Electroplating!')*



Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

Thought 1:

Jesus said, 'For everyman shall be salted by fire'.

What is the connection between salt and fire?

Fire is a symbol for the spirit, as is salt.

Salt, like fire, burns.

But fire exists in different forms and therefore produces different sorts of burning.

Fire is synonymous with life, but it is also synonymous with suffering and death.

Fire sustains life but also has the power to destroy it, and it destroys it utterly.

The same is true of salt: though it is strongly connected to the origins of life, it also has the power to destroy life.

Salt, like fire, can therefore bring death as it can bring life.

Thus, when Jesus says, 'Everyman shall be salted by fire', it means that I can't escape salt and fire.

But if I have welcomed the spirit in and worked with it I will be salted by the fire of life, whereas if I have rebelled against the spirit I will be salted by the fire of suffering and death.

I can't escape this law.

eBook 15: The Quintessence of Christianity

eBook 20: Living a Successful Life

eBook 21: A new Attitude for everyday Life

eBook 26: Reflections on Birth

eBook 27: The Laws which govern the Universe

eBook 34: Proper knowledge of Human and Divine Justice

eBook 37: Guidelines for Spiritual Work

eBook 51: Interpretations of the Gospels

(further Studies with the eBook-Edition "Thoughts of Eternal Wisdom"!)

<http://www.realpeacework-akademie.info/jena>

*Understand the language of Life, my Soul, my spiritual Companions, the great Director of this life
(Movie)*

=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!

www.realpeacework-akademie.info/sofia

Thought 2:

The seed of a tree that's been placed in the earth contains the tree in potential.

I could tell from it where the roots and stem are, let alone the leaves, flowers and fruit, and yet they will soon all see the light of day.

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

The seed is under the influence of the Archangel Gabriel, who condenses and solidifies elements. It is placed in the ground during the darkest, coldest time of the year, and Gabriel transmits memory to it, in the form of hereditary genes, which maintain its characteristics from one generation to another. He puts all the plant's specific qualities and virtues into the seed and condenses them into this minuscule mass, which contains all that it will potentially become. And he does the same thing with the semen of animals and humans. The specific characteristics of each generation are preserved in its chromosomes. The memory is not lost.

eBook 06: The Two Principles – Masculine and Feminine

eBook 07: Angels & the Tree of Life

eBook 22: Explanations on Heredity

eBook 31: Life and Death

eBook 32: Magic in everyday life

eBook 42: Why we should accept Reincarnation

Why our traditional peace efforts fail and the world becomes worse than better!

About the necessity to correct our traditional conception of women

=> Women are neither possessions nor desire or sexual objects for so-called man'ly desires!

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You want to know why? Here you learn the FACTs!

www.realpeacework-akademie.info/graz

http://www.dailymotion.com/frivolle007/video/x4sqe1_unbornchildren14_lifestyle

Thought 3:

Winter begins as the sun enters the constellation of Capricorn.

Symbolically, Capricorn is linked to the summits, to rocky peaks, but also to deep caverns, to grottos that open into the bowels of the earth.

It is in the belly that a woman carries and forms her child, and it is also in the belly, in the hara centre, that the Christ-child is formed within me.

During the rest of the year, nature is intensely active, but with the approach of winter much of this work stops.

The days grow shorter, the nights longer; it is a time to meditate and gather my thoughts.

As all of nature retreats, it allows me to penetrate the depths of my being and find the conditions for the birth of the divine Child.

Thought 4:

I shall seek the light.

Every day I shall remember to take it into myself as a pure, radiant essence.

Light is a material so subtle that I can neither weigh it nor touch it, but thanks to it I am able to create in the spiritual world.

As an spiritual disciple of an Initiatic teaching light shall be the only true reality.

I shall never stop working with it and concentrating on it in order to establish communications with the divine world.

For the only truly effective means I have of entering into relationship with the divine world is one I myself am able to create by weaving threads of light between that world and myself.

Once these threads are woven, heaven and earth come into contact and make exchanges which bring me plenitude.

eBook 17: The Sun & the Sunrise-Meditation; working with the Divine Image

eBook 19: The true Task of Art

eBook 25: The Relationship between Colours & the Aura

eBook 35: Working with Light

eBook 37: Guidelines for Spiritual Work

eBook 53: Faith

eBook 63: Trust

eBook 64: Honesty

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

eBook 67: What the face of a human being is able to reveal

Awareness – develop awareness – to be or to become conscious of myself
<http://www.realpeacework-akademie.info/2012/>

Thought 5:

Let me study the symbol of the knight and his horse.
The knight represents my spirit, and the horse my physical body.
Therefore ... I am both: horse and knight.
Just as the knight must take care of his horse, I must take care of my body.
To understand the state of my horse – to know whether my problems or weaknesses come from the horse or the knight – requires great discernment.
Am I tired?
I shall ask myself whether this fatigue is physical or psychological...
Have I eaten well, and yet I am still hungry?
But who is hungry, me or my body?
Or, I am not hungry, even though I have eaten nothing and my body is surely in need of nourishment.
Such contradictions can arise in the sexual domain as well: my body has had enough, but I ask for more; or, conversely, I want nothing more, but my body demands it.
Sometimes, in spite of the kicks with my spurs, my horse leads me down paths I do not want to venture.
Or, it is the horse which finds a way to save me, his master, having caught the scent of a danger me, the knight was not aware of.
Yes, this is a vast field for reflection.

Awareness – develop awareness – to be or to become conscious of myself
<http://www.realpeacework-akademie.info/2012/>

and:

Understand the language of Life, my Soul, my spiritual Companions, the great Director of this life
(Movie)
=> Signs, Meaning/Interpretation of Illnesses, Accidents, Daily Life Events, Nature and natural phenomena etc. ... and how we are led or accompanied through life!
www.realpeacework-akademie.info/sofia

Thought 6:

Spring, summer, autumn and winter – each season corresponds to events in my psychic life, and it is winter that symbolizes life's difficulties.
In winter, all the forces in plant life descend and concentrate in the roots where they carry out a great work.
The roots correspond to the subconscious.
In winter, that is in periods of difficulty, suffering or solitude, my forces withdraw inside me, into my subconscious, where they prepare great changes.
To live in winter is certainly difficult, but it is in winter that spring is prepared; soon these forces will be freed, and once again there will be blossoms everywhere and an abundant harvest.
Thus, I must simply be patient and wait for the currents to rise once again into my consciousness and superconsciousness.
But in order to facilitate this process, certain laws must be understood: during this cold period, I must neither complain, rebel, nor become discouraged, but simply light the fire within me, in order to rekindle my heart and the hearts of everyone else.

eBook 04: Master & Discipleship
eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 27: The Laws which govern the Universe
eBook 29: A correct understanding of Good and Evil

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

eBook 32: *Magic in everyday life*

eBook 37: *Guidelines for Spiritual Work*

eBook 53: *Faith*

eBook 63: *Trust*

eBook 70: *The Power of Thought*

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www.realpeacework-akademie.info/sofia

and:

Our world in the transit: The transition from a material world into a spiritual reality: :

A reinterpretation of the historical events & the current affairs

... and everything gets suddenly a plausible, comprehensible background!

www.realpeacework-akademie.info/sofia

<http://www.amanfangwardaslicht.at/>

Thought 7:

Spring, summer, autumn and winter ... as already said I find the four seasons in my life.

- *Spring with its flowers passes very quickly.*
- *Summer is effervescent and inflamed with passion.*
- *In autumn everything calms down. This is the best period, when I – at last master of myself – am capable of bearing fruits.*
- *As for winter, the season of cold and laying bare; it obviously does not seem so pleasant, but everything depends on the way in which I have lived my previous seasons. This is why I can say that winter represents truth.*

In fact, it is interesting to note how the four seasons correspond to the different periods of my life.

- *During childhood (spring), it is life that manifests;*
- *during adolescence (summer), it is love;*
- *during maturity (autumn), it is wisdom;*
- *and finally with old age (winter), it is truth...unfortunately, a sad truth for many, because on leaving the earth, I can no longer delude myself.*

So, here we are: life, love, wisdom, and truth ...

eBook 03: *The Importance of having an High Ideal*

eBook 16: *Purity as the Key to Self-Realization*

eBook 21: *A new Attitude for everyday Life*

eBook 27: *The Laws which govern the Universe*

eBook 28: *A new Understanding of Health*

eBook 39: *Real Freedom*

eBook 41: *True Happiness*

eBook 55: *What is truth*

Thought 8:

Just as animals have to eat to survive, I have to eat too, but I should not content myself with eating like an animal, in other words without consciousness.

Food is not a dead substance, it speaks to me, it passes on its secrets to me, and if I want to receive these secrets I must eat in silence and concentrate on the food I am eating.

Food is sunlight in condensed form, condensed light and condensed sounds.

Indeed, because light is not separate from sound, but I have to pay attention to hear it and I must not have my thoughts elsewhere.

If I have practised hearing it, light speaks, it sings, it is music, it is the divine Word.

In today's noisy world I can hear nothing and that is a great shame.

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

To understand the language of food, I must begin by being silent.

eBook 14: Music and Creation
eBook 21: A new Attitude for everyday Life
eBook 23: Nutrition for a successful life
eBook 24: Education – Guidelines for Parents
eBook 27: The Laws which govern the Universe
eBook 32: Magic in everyday life
eBook 35: Working with Light
eBook 48: How to master Habits
eBook 57: What is Fasting

Health and nutrition ... and the keys for 'eternal' youth
www.realpeacework-akademie.info/sofia

Thought 9:

*Nature is alive and I must respect it.
I will say, 'I don't see how my respect can change anything for nature.'
Even if it changes nothing for nature, I shall do it at least for myself.
If I pay attention to stones, plants, animals, human beings and even the objects surrounding me, my consciousness will develop and broaden, and I will be enriched with all the life that breathes and vibrates around me.
Until I understand this, I shall not be surprised if I am worried, disoriented and feel empty.
To get out of this situation, I shall imagine myself united with the luminous forces and entities of nature and communicating with them.
This uninterrupted daily communication with a multitude of creatures is true life.
But now I might say, 'How do I achieve this?'
Through love ... only through love.
Yes, there is no other means than love.
If I love nature, nature will talk to me, because I too am a part of it.*

eBook 11: The Reasons behind Suffering
eBook 20: Living a Successful Life
eBook 21: A new Attitude for everyday Life
eBook 32: Magic in everyday life
eBook 40: True Love
eBook 41: True Happiness
eBook 49: How to deal with loneliness
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A reinterpretation of the historical events & the current affairs
... and everything gets suddenly a plausible, comprehensible background!
www.realpeacework-akademie.info/sofia
<http://www.amanfangwardaslicht.at/>*

Thought 10:

*However great the successes and victories in my inner life may be, I shall keep my modesty.
And to stay modest I must think it is not me who should be given the credit, but the Lord, who gave me these gifts, these qualities with which I were able to overcome the obstacles in my path.
So, each time I have achieved something, I shall say:
'It is not to me, Lord, it is not to me, but to Thee this glory is due.'
Otherwise I risk falling into the clutches of arrogance and vanity, and that has already happened to others.
So when I am being congratulated, when I am being told I am wonderful, extraordinary, I shall repeat this formula:*

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

'It is not to me, Lord, it is not to me, but to Thee this glory is due.'

Without wanting to, other people can set traps for me.

They keep singing my praises and I end up believing them, and therein lies the danger.

I must work for the Glory of God and if people praise me, then I must transfer this praise to Him.

Only then will Heaven consider me a true servant of God.

And I shall remember that true glory is not my personal glory, but the Glory of God.

eBook 16: Purity as the Key to Self-Realization

eBook 21: A new Attitude for everyday Life

eBook 37: Guidelines for Spiritual Work

eBook 43: A Servant of God

eBook 46: How to surpass Karma & Predestination

eBook 48: How to master Habits

eBook 50: Christ, Christians & Christianity

eBook 51: Interpretations of the Gospels

eBook 54: The Undesirables

eBook 68: Pride and Vanity

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out of the book:

„Live in Freedom and experience the plenitude of life!"

http://www.realpeacework-akademie.info/linz/D/WS/EigeneSchriften_d.html

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If I have difficulties in understanding or associating with the different documents at hand ... there are 3 possibilities to deal with:

- 1. I lay the scriptures aside for a while,*
- 2. take a break, do a fast for 1, 2 or even 3 weeks,*
- 3. switch my diet for a limited period of time and prefer only raw, vegetarian Living-food.*

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... and by doing so I will also notice (or I get the confirmation) how much my diet is influencing my cognitive faculties, etc.!

Ok ... and if I did once the Living-on-Light-process my whole conception of the world will change too ... anyway, I will understand better.

<http://www.amanfangwardaslicht.at/> (soon also in English!)

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

Lesson for KW26:

Magic in everyday life - A new Attitude for everyday Life

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

— Invisible, spiritual influences, with which I am permanently confronted during my whole lifetime



Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

— Invisible, spiritual influences, with which I am permanently confronted during my whole lifetime

Rudolf Steiner-Sculpture:

In the centre there is a Human Being (whom's consciousness and awareness lives in Christ, is one with Christ, therefore cooperating with Christ) and using, mastering the satanic forces which are basically, principally classified in:

- 1. Ariman (under the feet of man and in the cave) who is also named by Saint Francis of Assisi (brother donkey or the work horse [related with the personality]). This gives a note to a materialistic conscience of this entity!*
- 2. Lucifer (the [New-Age-]Spiritualist, the dreamer or fool) who is an entity which could be described as: living his dreams while loosing his identity, his true self. He is out of touch with reality and himself, lack of conscience for responsibility and obligations. But dreams are important for inventions, changes and improvements ... I only have to learn using them properly.*
- 3. Sorat (another cosmic being) who is perfectly described by Marcus Schneider and I do not want to describe further..*

Actually this sculpture signifies me as an adult, a grown up!

I am conscious of the forces I am permanently confronted with during my life and which are trying to master me. But thanks to my connection with Christ, being protected by Archangel Michael and my apprentice in an Initiatic School I use these forces for doing good and to accomplish my work on earth, I am asked for:

To manifest Heaven on Earth – as it is said in the 'Good Prayer'

'... Thy will shall be done on earth as in heaven ...'

Yes, for thousands of years, all kinds of evil creatures have been discharging their destructive forces into the universe, and as these forces have accumulated they have formed a monster traditionally called the Dragon.

Daring, selfless beings have led a constant, thankless struggle against it, but so far no one has succeeded in vanquishing it.

Only the Archangel Michael, who is the spirit of the Sun and one of the most luminous powers of God, is capable of taming this egregor (a psychic entity, formed by the thoughts, wishes and fluidic emanations of a nation, religion or other collectivity.).

Together with his army, he will accomplish what so many souls have been asking of the Creator for centuries.

His intervention was foretold in Revelations and other sacred books.

This is why I shall link myself with Archangel Michael and ask for his protection and the opportunity to work with him and contribute to his victory.

As a child of God, I will be listed among those who have taken part in the Archangel Michael's battle.

And ... I will receive the kiss of the Angel of Fire: This kiss will not burn me ... no it will illuminate me.

Scriptures to deepen that what was previous said:

"Spiritual Influences on Human beings"

- *The Influence of spiritual Beings upon man (11 Lectures)*
- *The Spiritual Guidance of Mankind (Munich, 20. August 1911)*
- *Supersensible Influences in the History of Mankind – with special References to Cult in Ancient Egypt & in later Times (6 Lectures)*
- *Relationships Between the Living and the Dead (Hamburg, 16.02.1916)*
- *The Influence of the Dead on the Life of Man on Earth (Zurich 03.12.1916)*
- *Life Between Death & Rebirth – The active connection between the living & the dead (16 Lectures)*
- *The Work of the Angels In Man's Astral Body (Zurich 09.10.1918)*
- *Past Incarnations of the Peoples of Today (Stuttgart 06.01.1921)*
- *Man in the Past, the present and the Future – The Evolution of Consciousness (3 Lectures)*

http://www.realpeacework-akademie.info/sofia/Englisch/E-pages/ArchangelMichael_e.html

Study-Project:

I shall live my Life Consciously & with a profound understanding of its laws which govern the world!!

— Invisible, spiritual influences, with which I am permanently confronted during my whole lifetime

When am I an adult or ... differently said: A spiritual Master?

I am a grown up as soon as I have succeeded in controlling everything within me, on the physical plane (my body), as well as the astral plane (my heart), and the mental plane (my intellect) as well.

It is because I am capable of exercising this self-mastery that I have been given powers over the forces of nature.

The Gospels recount that when Jesus and his disciples were crossing the Sea of Galilee in a small boat, a strong gale threatened to drown them.

Then 'Jesus rebuked the wind, and said to the sea, "Peace! Be still!" ' According to the Gospels, the disciples said among themselves: 'Who is this, that even the wind and the sea obey him?'

Well precisely, the wind and the sea – which is to say air and water – obey me when I have mastered my thoughts and sentiments.

Okay ... and if I want to acquire mastery over my actions, why shall I begin by keeping watch over my thoughts and feelings?

Because ... it is here that my true power lies.

What takes place on the physical plane does not originate on this plane, but in regions that are much further off and much higher.

This is true for the earth, the forms of which are modelled by the action of sun, air and water.

But it is also true for my actions, which are the consequence of movements arising in much higher realms: in the heart and intellect, and sometimes, but more rarely, in the soul and spirit.

This is why I must give much more importance to the quality of my thoughts and feelings than to my actions. When my thoughts and feelings are inspired by wisdom and love, my actions will bear the seal of wisdom and love as well.

And therefore I shall question the abilities Indian Yogis have acquired over their physical bodies.

It is true ... they have achieved really great power over it: Some of them are able to twist their joints, roll their bellies in every direction, make their veins and arteries stand out, lie on planks spiked with nails, and so on.

But is it really useful to waste so many years obtaining such results?

They have achieved great mastery over their physical bodies, but have they also made equal efforts in the spiritual realm?

Do they know how to control their thoughts and feelings?

Have they practised facing the trials of life with the same endurance?

Of course, even in the spiritual life, certain work on the physical body is important; but is it sufficient to be vegetarian, to do some simple gymnastic exercises, and to lead a pure and balanced life?

No, it is not!

If I am to succeed in mastering my psychic life, it is the study of spiritual laws and their application that counts above all, and to which I must consecrate my time.

Why? Because I am conscious of all the influences I am penetrated and confronted with ... and I will recognize them immediately!

I will recognize the negative as well as the beneficial ones and I have learned to react appropriate to each one of them: For the first one I will ask for luminous help so that I am protected and sheltered, for the second category I will open myself up, so that I am able to receive their gifts!

That should be the result of my work and studies as a spiritual disciple of an Initiatic School!

... and in addition: isn't it said that only in a healthy and powerful body lives a healthy and capable spirit ... through which the soul is also able to express itself?

... so nutrition, Yoga, mediation and lifestyle play a very important part for my daily living ... don't they?

- **Health and nutrition ... and the keys for 'eternal' youth**
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Prayers to Archange Mikhaël:

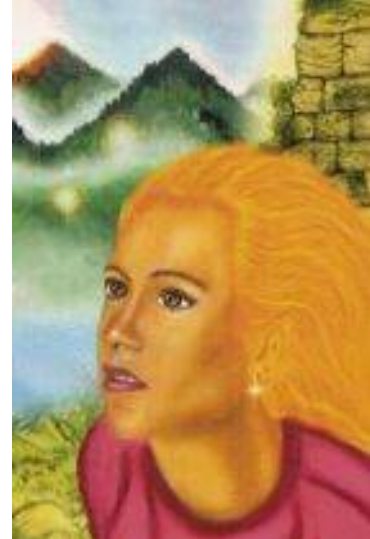
Saint Mikhaël above my head!
Saint Mikhaël under my feet!
Saint Mikhaël to the right!
Saint Mikhaël to the left!
Saint Mikhaël before me!
Saint Mikhaël behind me!
Saint Mikhaël in the total protection of my enveloping Aura!
Archangel Saint Mikhaël!

*I am in the flaming presence of Thy Light
and Thy sword is my sword!*

(3 times)

Archangel Saint Mikhaël! Protect me!
Accept me in your Army to help you bind the dragon!
Thank you! Thank you! Thank you!

(3 times)



Archangel Mikhaël! Legions of Light!
with your Blue Flamed swords
Eliminate all obstacles which surround Mankind, me
and the Universal Brotherhood of Light
Protect me so that I may serve.
I work for my Heavenly Father, I am consecrated,
protect me!

Archangel Mikhaël! Legions of Light!
Thank you for having granted my prayer.

(3 times)

Oh Archangel Mikhaël
With your wings, protect me!
With your sword, defend me!
With your light, enlighten me!
With your love, warm me!
Thank you, thank you, thank you!

(2 times)

With your wings,
protect the Universal Brotherhood of Light!
With your sword,
defend the Universal Brotherhood of Light!
With your light,
enlighten the Universal Brotherhood of Light!
With your love, warm the Universal Brotherhood of Light!
For the Glory of my Heavenly Father!
For the Glory of my Heavenly Father!
For the Glory of my Heavenly Father!

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Archangel Mikhaël!

Set me free forever from egregors nourished by darkness.

May all their influence on me disappear forever!

Thank you, thank you, thank you!

For the Glory of my Heavenly Father!

(3 times)

* * * * *

Archangel Mikhaël!

Regent of the present Epoch

May your Light illumine me each step of the way!

Make me a conscious servant who submits to the Golden Rule!

Use me in the installation of Divine Order on this earth!

May your measure be expressed through me
to eliminate obsolete elements everywhere!

May I bring clarity and illumination
to the new egregor of the Golden Age.

Archangel Mikhaël,

I submit to the Power of your Love and remain your faithful servant.

For the Glory of my Heavenly Father!

For the Glory of my Heavenly Father!

For the Glory of my Heavenly Father!

(3 times)



Through prayer and meditation, I am doing something beneficial that reflects on thousands of people in the world.

I am preparing their hearts and minds to accept the 'New Heaven' – a philosophy of light – and the 'New Earth' – a new, fraternal way of life – which St John speaks of in the book of Revelations.

As a result, when people encounter these ideas they will understand me without a great deal of explanation, because their psychic faculties, their sensitivity and intuition will already have been contacted and awakened.

It is still difficult for me to understand the spiritual life because my sense organs, the subtle centres which would enable me to feel it and live it, are dormant.

In the new life, only a few words will suffice for me and I even will see what is as yet invisible.

It will no longer be possible for me to doubt the realities of the spiritual world and the importance of striving to live them.

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