

THOUGHTS OF ETHERNAL WISDOM

Chosen Thoughts of spiritual Teachers of the

UNIVERSAL BROTHERHOOD OF LIGHT

Encyclopedia

for

Questions concerning Daily Life

BOOK 67:

***What the Face of a Person
can reveal!***

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!



In order to understand what true religion is, human beings must draw closer to the light, warmth and life of the sun. That is to say, they must seek the wisdom which enlightens them and resolves all problems, the disinterested love which beautifies, encourages and consoles them, and the subtle, spiritual life which renders them active, dynamic and daring, so that they may realize the Kingdom of God and His Justice on earth. And no one can contest this religion: anyone who tries to destroy it destroys himself, because he restricts himself.

When this understanding of a universal religion penetrates every mind, the whole organisation of life will become universal: all separation between human beings will cease to exist, including borders and wars. As they come to know the sun in its sublime expression of light, warmth and life, human beings will draw closer and closer to the Divinity, and they will transform the earth into a garden of Eden where all will live as brothers and sisters. Everyone must accept this universal religion, this brotherhood which the sun teaches us.



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BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

Initiatic science teaches us that in the natural world, religion, science and art are all one. However, they have been separated to such an extent that conflicts between them have been created, and it is human beings who are responsible for this grave error. As long as they are kept separate, our understanding of life will always be incomplete. Science, religion and art form a unity, thanks to which people can blossom fully. Science fulfils a need of the intellect; religion fulfils a need of the heart; and art fulfils the need of the will to express, create and construct. These needs are closely linked, because your thoughts become your feelings and, finally, your actions.

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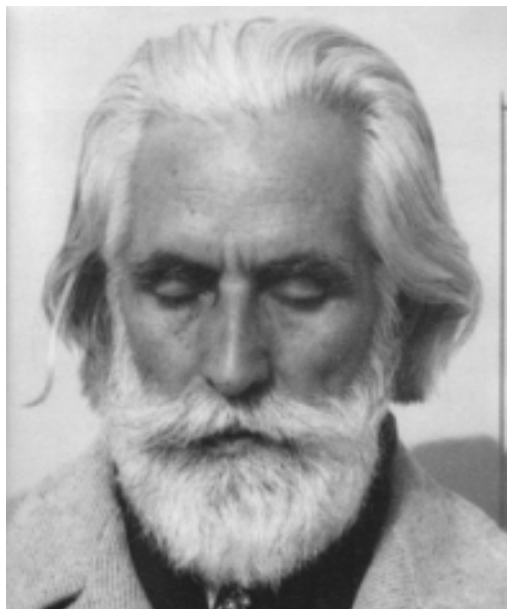
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Encyclopedia Initiatic Science

Book 67: What the Face of a Person can reveal!

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The heart, the intellect, the soul and the spirit of human beings manifest themselves through the face, where each one fulfils a function. **The heart reveals itself in the mouth; the shape of the mouth reveals the nature of the heart, the quality of the feelings. The intellect manifests itself in the nose;** its length, whether it is high up on the face or lower down, whether it is round or pointed, its colour, all reveal specific mental characteristics. **The soul speaks through the eyes;** the strengths and weaknesses of the soul, her light or her darkness are revealed in the expression of the eyes. **The spirit manifests himself through the forehead,** which reflects either the highest qualities – nobleness, strength – or vices, which prevent human beings from manifesting themselves in a divine way.

The five virtues of kindness, justice, love, wisdom and truth are necessary to the harmonious development of man. There is a link between these virtues and the human organism, and true science lies in understanding this link, for a successful inner life depends on this understanding. **Kindness is linked to the legs, justice to the hands, love to the mouth, wisdom to the ears, and truth to the eyes.** Truth belongs to the spirit, love to the soul, wisdom to the mind, kindness to the heart, and justice to the will.

You all have water, gas and electricity meters in your house. An employee comes regularly to read them, and you have to pay according to what you have used. Well, long before these meters existed in our houses, they existed in man himself. **The mouth is a water meter:** water represents your feelings, and your lips register the amount of water you have allowed to flow. **The nose is a gas meter:** it is your nose that indicates the **importance you attach to thought** and shows how you use it. **The eyes are an electricity meter:** it is your eyes that reveal whether the currents passing through your nervous system have been harmonious or chaotic.

People who have learnt to develop their five senses – sight, hearing, smell, taste and touch – and use them properly have a good knowledge of the material reality surrounding them. But this knowledge can also be of service in their relationships with others, for this is, without any doubt, the domain where most mistakes are generally made.

The **eyes can reveal the character of people** we meet, **by observing** their gestures and behavior. **The ear can analyze,** even beyond spoken words, the intonations of a voice, even on the telephone. **Smell warns** us of the kind of persons present in a room. Taste permits us to foretell some dangerous encounters. And when **we shake hands,** we are immediately informed of a **persons character,** for **in a handshake** our whole being is expressed.

So many people regret not seeing more clearly when meeting others! They have overestimated some, underestimated others ... why? Because they are too quick to pass judgement. They pronounce a verdict at first sight, and often according to a personal bias. From now on, you must be in less of a hurry, more careful and attentive, for you know that, although it is difficult to know human beings, the five senses do give you some good clues.

The science of physics studies four vital phenomena: heat, light, magnetism and electricity. And these natural phenomena each have a connection within us. **Heat is connected with the mouth, electricity with the nose, magnetism with the eyes and light with the forehead.** But the mouth (heat) is linked to the eyes (magnetism): it is the heart linked to the soul. **Through our eyes we absorb spiritual nourishment,** just as we absorb physical nourishment through our mouths. And the nose (electricity) is linked to the forehead (light): it is the intellect linked to the spirit. And in the same way that the nose detects smells, the intellect, through wisdom,

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detects what is good and what is bad, what is true and what is false. Whereas the spirit, the forehead, perceives the realities of the divine world.

Some embroidery is so magnificent that it is exhibited in museums. But how many who go to admire these works know how to interpret the cloth, needle, thread and the figures in the design? The cloth is the feminine principle, the matter on which the needle works. The needle is the will, the masculine principle, which guides the thread, which is thought. With threads that may be precious or ordinary, colourful or dull, strong or brittle, the needle works on the cloth, creating forms that can be ravishing or mediocre. The cloth can represent many things: our physical body, for example. Led by the will, our thought embroiders, giving rise to images: **the contours of our body, the lines of our face and the expression in our eyes, which tell the entire story of our life.**

A true initiate, a true disciple always looks natural, simple and approachable.

Why would you want to draw attention with superior or inspired looks?

You might say, 'You mean we must not show our spiritual acquisitions? – Yes, you must show them. – And how?' Since you have worked on yourself, since you have called on the spirit to shape you, sculpture you, then **let your body, the features of your face, your posture and gestures speak in your favor.**

And you, stay simple and natural. Why impose yourself artificially? Since you follow a spiritual teaching, understand that your qualities – wisdom, purity, nobleness – will manifest naturally, without the need to adopt poses or make speeches to emphasize them. Simply let your interior work speak for itself; even without your knowing it, it will bear witness to your qualities.

The disciples of an initiatic school have a duty to fulfil: the duty to transform themselves in such a way that they inspire in those they meet the desire to follow their example. How can people fail to see the beauty of this endeavour? May they finally decide to begin a work upon themselves of which they will one day be proud. Pride, in fact, is one of the sentiments least prevalent among human beings today. When we meet people, something in their attitude, in their face, reveals that they are not proud. They might be vain or arrogant, and outwardly they may pretend to be something; but inwardly we sense that they are not as content or sure of themselves as they try to appear. To be proud of yourself because you feel you have accomplished your task, that you have done all you could do, is an extraordinary state of consciousness. There is no greater happiness than to leave this earth with the feeling that you have fulfilled your duty.

BODY LANGUAGE & THEIR MEANING

People do not express themselves through words alone. The movements they make with their faces and bodies are a clear, eloquent and powerful language for those who know how to read them. We can think of them as messages or secret signs we send out ceaselessly to the inhabitants of the visible and invisible worlds, which help us form a connection with these beings.

The spoken word is a language which can be controlled: you can decide to speak or not to speak, and even when you speak, you can hide your true feelings and thoughts. But all those gestures you make unconsciously with your hands or feet, the different positions of your body and the imperceptible movements of the different parts of your face – your forehead, eyes, nose and mouth – are almost uncontrollable. It is through them that you express the truth of your

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being. And depending on whether or not these movements are harmonious, the entities with whom you make contact are either beneficial or harmful to you. So be vigilant and know that the slightest inner movement engages invisible beings, that it is with their collaboration that you create your future.

The Eyes:

Those who are dishonest, unjust, and malicious cannot believe that honest, just and good people exist, because they judge the entire world in relation to themselves. This is why they are always critical and suspicious. And inversely, those who possess great moral qualities hardly notice the faults of those around them, because they see others through the qualities they themselves possess. **We can only see through our own eyes, and it is we who condition our eyes by means of our thoughts and feelings.** If you meet someone who only talks of another's faults, realize they are first talking about himself (or herself), because he (or she) has those very same faults. If we are noble, good, honest and, above all, loving, we would find all these good qualities in others as well.

When you redecorate a room you have to begin by doing the ceiling, then the walls, doors and windows and finally the floor. In the psychic life we follow the same order. We begin by reflecting: symbolically we hang lamps from the ceiling so that light shines from above. Next we feel whether what we intend to do is good and rejoice in the decision to do it. Finally we act. When we act we do not climb about on the walls or ceiling, we stand on the floor. Ceiling, walls and floor correspond to the three realms of thought, feeling and action. Light - knowledge, wisdom and intelligence comes from above. **The realm of feelings corresponds to the walls** (on which we hang paintings, mirrors, curtains and other decorative objects) **and to the doors** and windows through which we communicate with the outside world. Finally the realm of action is the ground on which we stand and move about and work. **The windows have glass windowpanes, which represent the eyes**, and they often have to be washed so that we can see things clearly. There you are! This is a page from the book of living nature, the book in which we can forever learn something new.

With regard to certain people who are particularly disagreeable we sometimes say: 'Oh, what poison!' or 'Here comes the plague!' Whereas with others, it is just the opposite: scarcely have we laid eyes on them than we breathe more freely. The truth is that human beings are true pharmaceutical laboratories, and pharmaceutical laboratories house toxic products as well as remedies.

The one you love, for example, is for you a laboratory which contains the most beneficial substances. As soon as he or she appears, even if you are sick, you get up, **your eyes sparkling, and you are well again.** Yes, the emanations of human beings can contain curative elements or poisons. Science has never considered that matter, and yet it is a reality. By their presence alone, some doctors have such positive effect on their patients that by merely taking their hand they practically restore them to health. They actually emanate curative particles. In the same way, we can all be doctors for one another.

People are so fascinated by beauty they always try to get closer to touch it, to grab hold of it, to own it. And this is their mistake, because beauty cannot be owned, no-one has ever been able to take hold of it; as soon as you get close to it, to touch it, it moves away and disappears.

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Beauty is a world reserved exclusively for the eyes. It is not meant for the mouth, nor for the hands. Beauty enjoys being looked at without being touched. This is why we should show great thoughtfulness towards people who are beautiful, because through our attitude it is possible to chase away the celestial entities inhabiting them and, if these move out, we too will suffer because all our inspiration will disappear. Our joy and our happiness depend on the respect we show towards beauty. If you can contemplate beauty every day, you will savor true life.

People who have spent time in the desert or forest know that one of the best protections against wild animals is fire. These creatures have a great fear of fire, sensing in it a formidable power that it is best not to approach. And it is the same with the inner life: those who know how to light the sacred fire within themselves possess the best protection against the 'wild beasts', the dark spirits. These creatures feel this fire emanating from the eyes, the hands and the entire body of a true son or daughter of God, and they flee in fear. The aura is also a manifestation of this fire which protects human beings from evil spirits. This is why you must work on your aura, so as to make it ever more powerful and luminous.

Every day the Book of Nature lies open before your eyes and from it you can learn the wonders of eternal wisdom engraved by the Creator on each stone, on each flower and on each star.

Why is it that you do not understand them? **Why is it that your eyes are not able to see or your ears to hear?** Because you are too busy with useless and even harmful activities that prevent it.

You will say, 'But these activities please us.' Yes, unfortunately, they please you; but everything that pleases you is not automatically good for your evolution. When you decide to sacrifice some unhealthy pleasures, you will release wonderful energies: Your eyes and ears will be open and the Book of Nature will reveal itself to you.

When you are faced with certain problems in life, you say, 'Why can't I understand? Other people understand but not I!' Answer that question yourself, 'It is because I still look for inferior pleasures, which undermine my energy. That is why there is none left for my inner ears and eyes.' There is no other explanation for your inability to understand. You have to release energies so that they may awaken your spiritual centers on higher levels.

There are centers in our heads that make it possible for us to be in contact with the invisible world. These centers, known by various names in different traditions, act like antennae to link us to Heaven. When Jesus said, 'If your eye is pure, all your body will be in the light,' he was alluding to one of these centers. From the physiological point of view, it would be absurd to consider that the entire well-being of the body depended on the state of the eyes; and anyway, Jesus was speaking not of two, but only of one eye. That eye, on which the whole body depends, is the center through which Heaven becomes earthed in our physical matter. **That eye can not only see, but also understand, feel and even act, because the powerful potential of every organ is contained in essence within that eye.**

THE MOUTH:

The masculine principle and the feminine principle are physically present in the bodies of all human beings. **In fact both principles are present in their mouths.** The tongue is the masculine principle and the lips are the feminine principle, and together they have a child:

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speech. That is why the only true power of human beings lies in speech. Indeed, human beings can achieve as much by speech alone as by any other material means. We can build and destroy; we can gather and we can start a war; we can heal and we can make unwell. When the primitive androgyne divided into two, it could be said that, symbolically, woman kept the lips – the feminine principle, and man kept the tongue – the masculine principle. This is why, in order now to retrieve their original power, they seek to unite. Yes, from there stems this age-old impulse that makes men and women seek each other out.

Even if this takes the form of pleasure or diversion, its fundamental purpose is to seek out the unity of the word, the unity of the creative principle, which is both male and female.

THE PROFILE:

When you study a face, both from the front and in profile, you often realize, even without knowing physiognomy, that this face and profile do not match each other. And this is normal, because they reflect two different realities.

- **The face represents what we have inherited** from our father and mother, and from our grandparents also, in other words all the qualities and faults transmitted to us by our heritage.
- **Our profile represents ourselves as individuals.** Our inheritance is a capital which human beings are spending continuously: the more time passes the more our individuality manifests and matches our profiles.

When a face, seen from the front, is coarse, but the profile is noble and expressive, that person will live a mediocre and even depraved life during his childhood and adolescence; but later, as an adult, he or she will begin to gain wisdom and overcome all these inherited negative tendencies. And the converse is also true.

It is of course preferable that both the front and the profile be magnificent. But for the future it is important to know that the profile of a face is much more significant than the full face.

All our thoughts and feelings leave traces on our physical body, for every manifestation in the subtle world ends by becoming a material reality.

The law of materialization is one of the first things initiates teach their disciples, for their awareness of this makes them more prudent, vigilant and self-disciplined.

Each thought and each sentiment, whether true or false, good or bad, marks one's face with an image, a form or a line, which animates it and renders it more expressive and more harmonious ... or the opposite!

This is why those who want to recapture their divine visage keep a close watch on their thoughts and feelings.

Human beings carry their past, their present and their future inscribed upon them.

- **The past is inscribed on their hands** and this is what chiromancy studies;
- **the present is inscribed on their face**, which is what physiognomy studies; and
- **the future is inscribed on their skull**, which is what phrenology studies.

And although these three sciences are quite distinct from each other, they all have certain elements they share with the two others.

- The hands of a man (or a woman) have his past inscribed on them, everything that he has done in his previous incarnations.

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- His face reveals what he is in this incarnation and
- his skull predicts what his future will be, because everything is contained in his head as potential, awaiting to be worked, developed and organized.

So, if you want to know where you stand at the moment, look at your face. To know your past, look at your hands and if you want to know what your future holds, study your skull.

Every form, every physical manifestation has its origin in the invisible world. Every one of our thoughts, feelings and emotions gradually assumes the shape corresponding to its nature, leaving visible marks upon our faces and bodies.

Our thoughts and feelings act first upon our subtlest, invisible vibrations, then on our emanations, then on the colour of our skin, then on our fragrance and finally upon the shape of our bodies. **That is how our present faces and bodies were formed:** By all the inner states through which we have lived **in previous existences.**

The disciple who knows that he is the **sculptor of his own body** works upon it through thoughts and feelings to make of it a temple, harmonious in form and proportion.

The face you have today **was once the face of your soul.** It is the product of all the strengths and weaknesses you have nurtured in the past.

Perhaps you do not like your face, but there is not much you can do about it now. The best thing you can do is to forget about the face that engendered it, that of your soul.

If you work consciously to improve your inner face the people around you may not notice anything, but the angels will notice. And they will bless your efforts.

Of course, your physical face will not change all at once, but with time its resistance will give way under the pressure exerted by that other face, for this other face, the face of the soul is powerful, and in the long run it will impose its features on your physical face. Even now we can sometimes get a glimpse of its beauty, for such light, goodness and majesty can radiate from your soul that it occasionally shines through your physical face. Then others may have a fleeting vision of your spiritual face, the face that is yours in the higher world.

Keep working patiently and one day your two faces will fuse into one.

IS THERE MORE WE CAN SAY ABOUT THE FACE?

Most people adhere to the illusion that if no one is around to watch or judge them, they can do as they please. Operating under this illusion, they feel free to commit all kinds of transgressions and even crimes.

In reality people are never alone. They are constantly being watched by the invisible world which records their thoughts, feelings, plans and actions, and their entire future depends on the quality of what has been recorded. To behave impeccably in the visible world (even scrupulously respectful of pedestrian crosswalks and red lights!) does not prevent you from finding yourself in the midst of problems, suffering and torment, simply because you have transgressed divine laws.

Never forget there is a committee before whom all of us must constantly appear to account for ourselves. The day you truly succeed in conquering certain weaknesses and establishing harmony within yourself, you will receive a diploma. **This diploma will be displayed on your face, on your entire body** and the creatures of the invisible world who notice it will offer you their respect and their help.

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One day someone had asked a question which Master Beinsa Douno/Peter Deunov answered, saying that **the degree of evolution of a being is recognized by the intensity of light that emanates from him.**

I was still very young then and did not possess those criteria, and this answer struck me so much that I made it the basis of my life. During my life, I too found out that beings could be evaluated according to their light.

Of course, **this light** is not visible on the physical plane, but **can be felt in the look in the eye, the expression of the face and the harmony in the gestures.** This light does not depend on intellectual faculties or on education, as it is a manifestation of divine life in man. And man must never tire of searching for this light.

When a tight-rope walker is on the high wire he is forced to stretch out his arms to keep his balance.

Well, this image represents a human being: Human life is a tight rope. First, consider the domain of the heart and intellect. Every day we come up against this problem: How to balance the trays of our psychic scales, adding a little on one side and subtracting a little from the other. Someone who is careless and inattentive introduces an imbalance within himself, which translates into chaotic thoughts and feelings ... and he ends by 'falling'.

In each sphere of life man must see to the balance of both trays of his inner scales. If he always focuses on matter (money, possessions), without ever giving some thought to the spirit, to Heaven, he will also create within himself an imbalance that will be reflected in his **facial appearance** and **even in his health.** You must know this law: For each need that is fulfilled on one plane shows up a void to be filled on the other plane.

Human beings have a physical body, of course, but that is not reason to confine yourself to looking only at their organs, i.e. the stomach, liver, intestines and so on. Where will that lead you? You will no doubt say that the stomach, liver and intestines are of no great interest to you, because it is beauty that you look for in a human being and **you will find this beauty in their face, their eyes, their hands, etc.** Yes, but do not confine yourself to these either. Try to go further, otherwise you are laying yourself open to disappointment, because you are limiting yourself to purely material details.

If you want to feel always inspired, try to take delight in the presence and subtle emanations of all beings around you, with the thought that an invisible divinity is hidden in every one. Over and beyond the physical body of a man and a woman, there is everything that emanates from their soul, from their spirit and that is what is most important.

Stop being surprised and complaining about people's behaviour. Once and for all, come to realize that they are capable of the best and unfortunately also the worst, and decide not to worry about their errors and faults any longer because they stir up too many negative reactions in you. There is a relation between the things with which you concern yourself and the state in which you subsequently feel. If you allow yourself to be so sensitive to the bad things other people do, you will be overwhelmed by feelings of hostility: anger, indignation and so on. Be aware that it is not your feelings that will change anything about people's actions. On the other hand, these feelings will have a completely detrimental effect on your inner self and **one day these negative feelings you will have fostered will come to be reflected in your face.** This is not an intelligent way to live. An intelligent person does not allow their inner state to be determined by the behaviour of others.

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Every human being has an **inner face** that is different from their **physical face**. This inner face is that of their soul. It has no well-defined or unchanging features by which it can be recognized. It changes constantly, because it is closely linked to the individual's psychic life, their feelings, their thoughts and so at times it is luminous and at other times twisted, sometimes harmonious and other times set. And we must use prayer, meditation, contemplation and higher states of consciousness to model, sculpt, paint, light up this inner face so that its beauty may one day impregnate our physical face.

Everyday events arouse feelings and emotions in us which we must learn to see as material on which we can work. When someone has done you an injustice or offended you, you find it quite normal that you feel upset or cry even. If, on the other hand, you were to shed a tear when faced with true beauty, a work of art or a noble gesture for instance, you would most probably feel some degree of shame. Well, let me tell you that, on the contrary, you should show yourself stoical and impassive in sorrow, but when faced with beauty it is alright to show emotion and sensibility and shed tears. The tears you shed when faced with beauty are like celestial rain that purifies you and waters the flowers of your inner garden. Tears of disappointment and bitterness may bring you some relief for a time, but no more than that. Tears of wonder, however, will regenerate you because they are impregnated with divine powers.

We are at times struck by the faces of those who have had to confront the intrigue and betrayal of those around them and have successfully overcome this ordeal: **their eyes and their expressions manifest the wealth of their inner life**. They have lost almost nothing; or, to use an image from the world of banking, they have lost only the interest, but their capital remains intact.

Yes, observe and compare those who give in completely to their disappointments with those who succeed in overcoming them. What a difference! Those who surrender to discouragement have lost their true wealth, whereas the others, on the contrary, win it back a hundredfold, a thousandfold. They are vivacious and enthusiastic, and they are always ready to get back to work.

Sometimes, while in the mountains, we see on the edge of a precipice a tree whose trunk whose trunk and branches are oddly twisted. This tree has had to withstand bad weather and the struggle is reflected in its trunk and branches. **In the same way, in life we meet people whose faces are tortured and asymmetrical, but what gifts, what talents!**

This proves that they too have had to endure very difficult conditions, which they have overcome. But in order to do so, they have often developed their mind and will to the detriment of certain qualities of the heart, and these efforts, these tensions, have eventually deformed their faces.

Beauty in human beings speaks more of the qualities of their heart than of their intellectual faculties or their will. This is why very beautiful people are often predestined to be victims. Because beauty, **true beauty**, has a much greater affinity with **goodness** than with intelligence, they often lack adequate means to defend themselves against the desires their beauty arouses in others.

Do not say you have no means of knowing if things are right inwardly, because you actually have a criterion by which to measure your inner state and this criterion is light.

When you meditate or you are in a highly spiritual state, you can sometimes feel that everything in you becomes luminous, as if lamps had been lit, as if a sun were shining within. You even feel this light shining through your face, your hands, the whole of your body.

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Why?

- Because as soon as you elevate yourself towards the higher levels of goodness, generosity, gentleness and purity, light generates within you, you feel it, you see it and everything lights up.
- Whereas if you give into lower states of consciousness, you do not even have a look in the mirror, **you physically feel the darkness on your face.**

So, never forget the criterion of light.

When I see someone who has no light in his face I know at once that he is spiritually undernourished. I also know the kind of inner restaurant he eats at.

You will perhaps say that he prays and meditates; that he is honest, charitable, unassuming, and faithful to his wife. All that may be true, but how is it that one does not sense the presence of these virtues you mention? If no light shines from him it means that his inner life is nourished by tainted food. When I meet someone who radiates light, it makes no difference what people say about him, I sense that he is someone with a secret, and I would like to learn his secret, for he is a sun, an upsurging spring!

The lower one descends on the evolutionary scale, the more one sees a variety and diversity of forms, and, as the same time, a far greater similarity among individuals belonging to the same species. Look at all the different trees and their leaves, and see their differing sizes and shapes. Yet the leaves on the same tree all resemble each other. Look at fish and insects, and notice the vast numbers of species, with all their different sub-species. But can you detect the difference between one fly and another of the same type?

Now, compare the faces of several beings who live an intense spiritual life, and notice how different and richly expressive they are. Then take a look at very coarse and primitive people with no inner spiritual life: they all have identical expressions.

On the one hand, there is a greater simplification, on the other, greater variety. The higher one climbs toward Heaven, the more one becomes simple and united with others, so the more finely expressive, vibrant, and alive one becomes. And the further one descends into lower regions, the more the forms differ, but the greater the loss of individual expression.

Learn to look upon men and women with a feeling of sacredness, and **behind their appearance and behind their shape of their body or their face you will discover their soul and their spirit** which are the son and daughter of God. If you can let your attention rest on their soul and their spirit, all God's creatures that you have neglected, abandoned and despised in the past will seem extremely precious. Heaven, which sent them on earth in all kinds of disguises, looks upon them as treasures, as receptacles of Divinity. So, whenever you meet anyone, instead of focusing on their physical appearance, their wealth, their position or their education, look at their soul and their spirit, otherwise you will never come to know their quintessence. Tell yourself that, in the eyes of God who created them, even those who walk around on earth as beggars or tramps are princes and princesses.

It is normal to feel antipathy towards certain people, because human beings are not capable of that universal consciousness which allows harmonious empathy with everything and everybody.

We shall always experience some aversions, be it to a food, to certain objects, faces or behaviour. When we come to earth we take on a body in some family or other, and this body does not vibrate perfectly in harmony with the whole universe and all living creatures.

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But should we allow this state of affairs to influence everything we do?

No. Of course, it is far easier to go along with all that is pleasant. But why not listen to the voice of wisdom that sees things from a different perspective and strongly advises against acting only according to our likes and dislikes.

Why not widen our horizons, seeking what is good not only for ourselves, but for others too? Eventually we must come to grips with this capricious nature of ours which loves this and detests that, instead of being forever at its beck and call. Many people have taken a fall through living only according to personal tastes and tendencies.

Honesty, kindness, generosity, patience, peace, harmony and brotherhood will be the most highly esteemed values of the new life. The person who does not manifest these virtues will be considered useless, even harmful.

*Diplomas will be awarded to those whose behaviour serves to bring peace and harmony, and not to those who, encyclopaedia-like, are merely warehouses of factual information. Strong characters are needed to bring the Kingdom of God to earth, not information services. Anyway, nature alone has the power to award diplomas. If the mere touch of your hand can bring relief to someone who is troubled and distressed, that is proof that Heaven has awarded you a diploma. Do you possess a gift, a talent, or a virtue? It is a diploma granted by God. **True diplomas are not pieces of paper; they permeate your whole being and are imprinted on your face and body.** You may well have gained every diploma that exists on earth, but they would be worthless, and in the eyes of nature you would be useless, unless you also manifest the powerful and luminous emanations of a living diploma.*

*In the dialogue 'The Banquet' Plato recounts the myth of the primitive androgyne. In days long gone by, human creatures are said to have lived on earth who were both male and female: They were spherical in shape and had **two faces**, four arms, four legs, two genital organs, etc. These creatures had exceptional vigour and, conscious of their power, they undertook to attack the gods. Greatly concerned, the latter sought a way to weaken them and it was Zeus who found the answer: They would be cut in two. This was done and that is why, ever since then, these two halves of one divided being roam the world continuously looking for each other to unite and so refind their initial integrity.*

In Plato's myth one detail is particularly significant: In order to weaken these creatures threatening the power of the gods, Zeus decided to split them in half. The conclusion is clear: The power of human beings depends on the possession of both principles. Human beings are akin to gods when they possess both principles – masculine and feminine.

You are very rich, but you do not know it! Let me prove it to you: if I said, 'Give me your hands. I will pay you ten million for them!' you would refuse. 'Give me your eyes. I will give you a hundred million for them!' Again you would refuse. And if I asked for your tongue, your nose or your ears in exchange for fantastic sums of money you would still refuse. Obviously, you who think you are so poor are actually multi-millionaires!

You are like a man who owns great lands and palaces but who is taken for a pauper because he never has any cash on him. You think you are poor because you have no gold pieces or banknotes in your pockets. But it is not these that constitute true wealth.

You do not know how to evaluate what is important for you. For instance you often give away your peace of mind, so that when you want to approach God, you no longer have the right inner expression. Or you lend your intellect to dishonest schemes. But there is a hierarchy of values in nature and you must learn to distinguish what is essential from what is unimportant. In this way you will gain possession of your true wealth.

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

When a student passes his exams, he receives a diploma that opens certain doors for him: he can continue his studies, find a job, and so on. In the same way, when we pass the trials of life successfully, we receive a diploma which gives us greater possibilities, more confidence. But this diploma is not a piece of paper like the university diplomas that can be lost or destroyed. **This is a diploma which the invisible world applies to our face, to our whole body, and it is imprinted so deeply within us that nothing and no one can take it away.** And then, even the spirits of nature, who know how to read this diploma, recognise us. Wherever we go, they see this diploma, and it is a signal to them that they must receive us, protect us, and help us.

Turn your face toward heaven and you will receive light and strength; but turn your back on it and you will lose everything. The law is implacable. And if it is said in the Holy Books that God is just, it is because the authors knew this law.

Attitude is a magic force. What happens to us is only the result of what we have attracted by our attitude, which has the power to trigger beneficial or harmful currents in the universe.

Several times a day, therefore, you must remember to turn toward the divine world, to harmonize with it until you are able to activate your spiritual centres instantly, and rays, sounds and colours burst forth from you.

Your thoughts, feelings and actions will become the reflection of what already exists on high in the heavens, as precious and as beautiful. And the luminous entities who inhabit these regions will recognize themselves in this being who has understood the meaning of his life on earth.

Every fault we commit in our thoughts, feelings or actions drives away spiritual entities from within us, because it creates a disharmony which they cannot bear. Inferior spirits are quite comfortable with it, but the higher spirits leave us.

Lead a disordered life for a few days and you will find that Heaven's workers have abandoned you, and that you cannot regain your peace, your buoyancy, or your inspiration. You must know that your understanding of this truth will determine your future: it is your attitude which repulses or attracts luminous spirits.

It is entirely up to you whether or not the most highly evolved spirits come and dwell in your heart and soul. **At this moment, you will become master of yourself and you will take possession of your true human face.** Your light will shine out into cosmic space, all the way to the stars, transmitting the subtlest vibrations to plants and heavenly bodies. Accept this truth and you will possess the powerful key to fulfilment.

OUR SENSES ... THE TREE OF LIFE & THE ZODIAC

It is said in the Book of Zohar that **the face of the first man was identical to that of the Creator.** Later on, when the spirit of rebellion had awakened in him (a process symbolized by the serpent wrapped around the Tree of Knowledge of Good and Evil), he left Paradise. He descended into the denser regions of matter where he learned about cold, darkness, sickness and death, and his face changed.

Now that he is no longer the faithful image of God, he has lost his power. The spirits of nature no longer obey him and instead take pleasure in tormenting him. But he must strive to find this primordial face again and, when he does, all the spirits of the universe will submit to him once more.

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Until then he will continue to resemble the prodigal son of the Gospel parable who, having left his father's house to travel the world, ends wretchedly as a swineherd. But this prodigal son finally concludes that he should return to his Father's house.

And one day you too will finally understand that you must return to the Source – to the light, love and life of the heavenly Father – in order to recover your true face.

In certain churches, painters have represented angels with a head and two wings, and many Christians imagine that they will one day live in this form in Paradise. Yes, a head and nothing else, because the liver, the stomach, the intestines, and especially the sexual organs are not, in their opinion, sufficiently noble to enter Paradise with them! Well, they are mistaken: man enters Paradise whole and intact, and if you only knew in what splendor, what beauty, what purity... just as God created him in the beginning. He has lungs, a brain, ears, and eyes, but in another form, or rather in another quintessence, because forms do not exist in these regions, only currents and energies. Everything in him is organized and functions as if he had a stomach, arms, and legs. Nothing is missing, everything is there, even the genital organs, but **in the form of faculties, virtues, and forces, because the organs of our physical body are, in fact, the expression of divine virtues.** And if you could see this human being, the light and colours endlessly streaming from him, you would never tire of contemplating him.

The Seraphim are the angels of Kether, the first Sephirah. They are therefore the first creatures to receive emanations from the divine source.

They exist immersed in an ocean of turbulent, primordial matter, drinking at the source of light and love, their only nourishment. **They are nourished by contemplating God**, which is why they are represented with eyes all over their bodies. The Seraphim are the most perfect manifestation of love because true love is contemplation.

The **twelve constellations of the zodiac** are the twelve doors of our universe, and these same twelve doors are found in our physical body. Yes, for our eyes, ears, mouth and nostrils, as well as other orifices lower down, are also doors. And just as the doors of the zodiac serve as passageways for cosmic influences, so **the doors of our body permit the passage of forces and spirits.** Those who have carried out a real work of purification in themselves make contact through the doors of the body with the subtle, luminous elements present in space.

This is why, according to initiatic tradition, an angel stands guard at each door. An angel is pure energy, energy which not only attracts beneficial influences but transforms the negative currents which attempt to infiltrate us. Angels watch over the doors of all who have worked to make their entire being a tabernacle of the living God.

COSMIC MAN – & HIS COUNTERPART IN EACH PART OF THE BODY

One must not interpret the creation of the first man revealed in the sacred books as the creation of human beings as they are today. The Cabbalah clarifies this subject for us. The Cabbalah calls this first man Adam Kadmon, meaning, primordial man. Adam Kadmon is the first being created by God, **the cosmic man whose body has been formed with constellations and worlds.** And God is still beyond this created universe.

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In the Cabbalah, the universe symbolized by the Tree of Life is formed by the Sephiroth Kether, Chokmah, Binah, Chesed, Geburah, Tiphareth, Netzach, Hod, Yesod and Malkuth. It is this tree of Life, the Sephirotic Tree that represents the body of Adam. Kether is his head. **Chokmah is his right eye and the right side of his face. Binah is his left eye and the left side of his face,** Chesed, the right arm, Geburah, the left arm, Tiphareth, the heart and solar plexus, Netzach, the right leg, Hod the left leg, Yesod, the genital organs and Malkuth, the feet. Adam Kadmon is the cosmic archetype of which we are a cell, a reflection.

Initiatic science tells us that **the ideal human being, the perfect human being,** the human being as Cosmic Intelligence has created him in his workshops, is like the sun. This means that everything which emanates from him is of the same quintessence as the light of the sun, but in an etheric state. Therefore, the closer a human being comes to perfection, the more his emanations resemble light. Like light, they are propagated throughout space, and those who have developed their sensitivity receive them and benefit from them. If man practices taking the sun as his model, **this same force, this same solar energy will actually emanate from his brain, his eyes, his mouth, his hands, and his entire body.** And like the light, it will extend its blessings not only to other human beings, but to animals, plants, and stones - to the whole of nature.

In creating men's hands cosmic intelligence wrote into them their whole future. It is by means of their hands that men have obtained all that they have today. They could have achieved nothing without them. At the moment, of course, men do things with their hands only on the physical plane. They know nothing about all the other things they could do on other planes.

Cosmic intelligence created the hand of man as a living being with a brain, a nervous system and a stomach. It is all there in the hand, and the hand is linked to the whole cosmos, for every part of the cosmos is reflected in a part of our body.

Just as the whole universe is reflected in our body, so is our whole body reflected in our hands.

WHERE DOES LIFE COME FROM?

All life depends on God, the cosmic Source. When the Source flows, birds sing, flowers bloom, and the sun and stars shine. The Source sustains and nourishes all creatures, and it is thanks to it that human beings exist, think and love. You must inscribe this truth not only in your notebook, but also on the pages of your inner book. The cabbalists said: **'Inscribe the name of God on your door, your roof, your body, your face, your hands, in your soul and everywhere.'** For we are alive only if we know how to stay linked to the divine Source.

IS THERE MORE TO SAY ABOUT INFLUENCES EVEN IF WE ARE NOT ABLE TO SEE THEM?

The skin, the ears, the eyes and the nose are all organs that allow us to come into contact with the physical world; if one of these is impaired, we are not able to do our work properly. And what is true for the physical plane is also true on the spiritual plane. If we have not managed to develop the organs we need to make contact with the spiritual world, we have no means of getting to know it.

And this is the case for most human beings; they have not yet developed those necessary organs and that is why they are content to say: 'If I don't feel it, it doesn't exist.' This, despite the fact that regular **scientific devices have made clear for a long time that there are innumerable sound and light vibrations both within, and beyond, our capacity to perceive them.**

People's perceptions are therefore limited, but their reasoning is even more limited.

The time has come, therefore, for them at least **to recognize their limitations**: because to deny the existence of what cannot be heard with their physical ears, or seen with their eyes, can only retard their evolution.

Because they have developed no spiritual faculties giving them insight into the invisible world, most people have based their **philosophy** solely on the **perceptions of the five senses**, which frequently leads them to the wrong conclusions. For instance, they refuse to accept that psychic problems are caused by the harmful entities that inhabit human beings. They have not seen these entities in their scientific instruments and they therefore believe they do not exist.

But since **viruses and bacteria are invisible to the naked eye but become visible under the microscope**, why not accept that other creatures exist which microscopes are as yet unable to detect, because they are not sophisticated enough? In any case the ravages they cause are as visible as the ravages caused by viruses and that is an undeniable fact.

Science will no doubt one day be able to develop **instruments capable of detecting the presence of these harmful spirits**, but in the meantime it would be best to accept they exist and more importantly to learn to protect yourself against them by leading a life inspired by wisdom, love and purity.

Human beings have organs allowing them to grasp the realities of the invisible world and throughout time there have been people who have developed these organs. But because of their subtle nature it has never been possible to describe them, to represent them in the same way as the organs of the physical body. This is why every spiritual tradition has described them differently and called them different names, such as the pineal gland, the third eye, the chakras. But this is not important. **What is important is knowing we all possess these subtle centres and they are as real as the organs of our physical body.** And if these centres are no longer in working order in most people, it is because they have become too focused on the material, they have become **too materialistic**.

Interest in psychic faculties is growing nowadays, all too often, however, the methods used are not the best and some concentration and visualisation exercises are even dangerous. Not to mention the use of drugs, based on recipes borrowed from the American Indians and the shamans of Siberia.

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Leave those methods to the people who have inherited them through thousands of years of tradition. They are not meant for us. You should work with the methods of wisdom and love, and try each day to triumph over your weaknesses. This is how you will activate all these **subtle centres** within you and they will put you in contact with the **spiritual world**.

A man lies stretched out on the floor: you can see him, you can even touch him, but he is obviously dead. He is there, but lacking something invisible: that something which enabled him to walk, talk, love and think, has gone. You can offer him all the food or treasure in the world, putting it beside him, coaxing him: 'Have a good time with all this, my friend!' but it won't do any good, because nothing can persuade him to budge.

How, then, can people question the existence of an invisible world? The body before us – the visible world – is nothing if it is not animated and sustained by the invisible world. **We must always seek the invisible beyond the visible.**

If the world exists for us, if we can see the sky and sun, it is only because of this invisible principle within which allows us to discover all we see by means of these **visible instruments – our eyes**. Were it not for the existence of that **invisible principle**, our physical eyes would be useless, and we would see nothing. **The visible world is only the outer covering of the invisible world, and without this invisible element we would know nothing of all that exists around and about us.**

A man is sitting quietly somewhere, his face expresses nothing in particular. But suddenly an impulse comes from deep down inside: a thought, a feeling of fear, love, anger ... and then everything changes, his features, the expression of his face, the color of his skin.

How can the physical body suddenly change under the impulse of something so impalpable and subtle as a thought or a feeling? Just one emotion and we are paralyzed! Sometimes people die because of an emotion.

How can an emotion have such power over the physical body?

Everyone sees all these phenomena, so why have they never drawn the conclusion that **it is the psychic life that commands the physical life?**

The physical body always depends on an element above it, which creates or destroys, expands or contracts, which tints, which shapes...

Try to cultivate this consciousness of the divine life which penetrates all things and you will sense many subtle, luminous beings around you. These beings manifest every time you experience moments of great spiritual intensity. **Certain mystical emotions, certain qualities of silence, certain vibrations in the atmosphere of a room in which you have just been praying and meditating ... all these are manifestations of angelic beings.**

You say that you cannot see them. But can you see your thoughts, your feelings or your life? No, but you do not doubt their existence; their manifestations are proof enough.

What we see is never more than the shell, the outward appearance of things. The essence is always invisible.

So you may not see the angels, but **you will sense their presence and this sensation of their presence is something you cannot doubt.**

This is what life is: vibrations and currents that circulate throughout space.

Any attempt to prove the existence of God through argument is a fruitless undertaking. By means of reasoning, we can argue certain points to prove His existence but, by using the same methods, we can also prove His non-existence! The more we try to prove the existence of God,

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

the more we risk introducing doubt in others. If people are not ready to accept what you tell them, it is no good. They must open their own minds; it is not you who can do it for them.

You will say: **'Oh, but if someone were to perform miracles before all these non-believers, they would have to believe all the great truths that religion and the sacred books teach us.'** Do you really think so? At the most, they would be impressed for a few moments, as if though they were in the presence of a conjuring trick, and then they would forget. Attempts to prove the existence of God are a waste of time.

There is really only one thing to do: lead human beings to that level of consciousness where the question of God's existence is no longer even asked.

Jesus said: 'I am the light of the world.'

The light of our world is the sun, Christ is more than the sun.

Beyond the visible light of the physical sun exists another light which is the true light of the sun, the spirit of the sun.

It is to this light that Jesus referred and with which he identified himself. And just as material light allows us to see the objects on the physical plane with our physical eyes, the inner light, the light of Christ, allows us to see the divine world.

We must learn to know this light, learn how to live with it, to live within it. Every day we must work to seize its infinitesimal particles and condense them within us, until we are able to project beams of this light on to the objects and beings of the invisible world, who will then appear to us in their sublime reality.

APPENDIX: BOOKS

Publisher Love(+)Wisdom(=)Truth

(all Adobe-Files)

(available cost-free under www.Encyclopedia-InitiaticScience.info)

THOUGHTS OF ETERNAL WISDOM

- A correct understanding of Good and Evil (F)
 - A new Attitude for everyday Life
 - A new Light on Prayer
 - A new Understanding of Health
 - A Servant of God
 - Angels & the Tree of Life (F)
 - Becoming a Spiritual Disciple (F)
 - Being Member of a Family ... *and its different Connections with the world* (F)
 - Christ, Christians & Christianity (F)
 - Education – *Guidelines for Parents* (F)
 - Explanations on Heredity (F)
 - Guidelines for Spiritual Work
 - How to master Habits (F)
 - How to surpass Karma & Predestination (F)
 - How to work with Talismans
 - Interpretations of the Gospel
 - Life and Death
 - Living a Successful Life
 - Magic in everyday life
 - Master & Discipleship (F)
 - Meditation as the Gateway to harmonious living
 - Means to bring 'Heaven on Earth'; *Prenatal Education & Spiritual Electroplating* (F)
 - Music and Creation
 - Nutrition for a successful life
 - Only Beauty can save the World
 - Proper knowledge of Human and Divine Justice
 - Purity as the Key to Self-Realisation
 - Real Freedom (F)
 - Reflections on Birth (F)
 - The Cosmic meaning of Marriage (F)
 - The different aspects of 'Clairvoyance & Intuition' (F)
 - The Importance of having an High Ideal
 - The Kingdom of God & His Righteousness
 - The Laws which govern the Universe
 - The Power of Thought
 - The Quintessence of Christianity
 - The Reasons behind Suffering
 - The Relationship between Colours & the Aura
 - The Sublime Origin and Goal of Sexuality and the Sexual Force
 - The Sun & the Sunrise-Meditation; *working with the Divine Image*
 - The true Task of Art (F)
 - The Universal Brotherhood of Light
 - The Two Principles – Masculine and Feminine
 - Traditions, the Gospels & the Holy Scriptures
 - True Happiness (F)
 - True Love (F)
 - Working with Light
- (F) = also in French available; (D) = also in German available

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 - *Hope for the World: Spiritual Galvanoplasty* (Book 1984)
- Denise Tiran:
 - Natural Remedies for morning sickness and other Pregnancy Problems* (Book 2001)
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 - Complementary Therapies for Pregnancy and Childbirth* (Book 1995)
- Carista Luminaire Rosen, Ph. D.: *Parenting begins before conception* (Book)
- David Chamberlain *Babies remember Birth* (Book)
- Thomas Verny, Pamela Weintraub:
 - *Life before Birth*
 - *Pre-Parenting, nurturing your child from conception, questions medicals* (Book 2001)
- Ina May Gaskin: *Spiritual Midwifery* (Book 1990)
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- Jean Liedloff: *The Continuum Concept, in search of happiness lost* (Book 1985)
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- Susan S. Weed: *Wise Woman Herbal for the Childbearing Year* (Book 1986)

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Edition Prosveta

OMRAAM MIKHAËL AÏVANHOV

(available in every good bookshop)

- COMPLETE WORKS -

THE SECOND BIRTH

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| 2. 'Ask, and it Shall be Given to You. Seek, and You Shall Find. Knock, and it Shall be Opened to You.' | 7. The Master of the Universal White Brotherhood - Peter Deunov |
| 3. Truth is Hidden in the Eyes | 8. The Living Chain of the Universal White Brotherhood. |
| 4. Wisdom is Hidden in the Ears | |
| 5. Love is Hidden in the Mouth | |

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

Summary

To be born a second time is to be born to a new life, the life of the Kingdom of God, the life of the great Universal White Brotherhood.

Two thousand years ago, in Palestine, Jesus gave us the key to all spiritual work, when he said, Unless a man be born of water and the Spirit, he cannot enter into the Kingdom of God. Today, the Master Omaam Mikhaël Aïvanhov interprets these words for our benefit. The water Jesus speaks of is Love; the Spirit, fire, is Wisdom, and Love and Wisdom unite to give birth to Truth which is the new life. In his commentary, the Master Omaam Mikhaël Aïvanhov shows how these three virtues of Love, Wisdom and Truth, correspond to man's psychic structure composed of heart, mind and will. Explaining that our physical bodies mirror our psychic being, he shows how Cosmic Intelligence has inscribed the secret of love in our mouths, that of wisdom in our ears and that of truth in our eyes.

This volume, which is the first of a series, sets out the essential foundations of Omaam Mikhaël Aïvanhov's Teaching and reveals the vast scope of his thought in which Holy Scripture, esoteric symbolism and the sciences of man and of nature meet and complete each other in one all-embracing synthesis.

SPIRITUAL ALCHEMY

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| 4. The Unjust Steward | 10. Spiritual Galvanoplasty |
| 5. Lay Up for Yourselves Treasures | 11. The Mother's Role During Gestation |
| 6. The Miracle of the Loaves and Fishes | |

Summary

True Alchemy does not consist in the spectacular transmutation of base metals into gold, but in the spiritual transmutation of man's own matter. Grains of sand are transformed into pearls; summer sees twisted, blackened vine-stocks burst into leaf and bow beneath the weight of their grapes; caterpillars are metamorphosed into butterflies; galvanoplasty transforms a drab piece of base metal into a golden ornament... All these different ways of transforming things are familiar to us but we have never studied them sufficiently closely to realize that they contain the secret of our own inner metamorphosis. If a tree, for instance, is capable of transforming the raw mineral nutrients it draws from the soil into the sugarsap which enables it to produce flowers and fruits, why should man not do likewise ? Why should we not be capable of transforming the raw juices of our instincts and passions so that they produce a rich harvest of flowers and fruit, in the form of vitality in our physical bodies, love and joy in our hearts and understanding and wisdom in our minds ?

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Summary

Human beings come and go, work and play, and busy themselves with all kinds of things, never realizing that their life is growing dim and dirty because they do nothing to protect it. They think that the life they have received is theirs to dispose of, and that they have a right to use it for pleasure or become rich, learned or renowned, as they please. So they draw on their reserves without restraint until, one day, they find themselves utterly spent and obliged to abandon all their activities. It is completely senseless to behave like that for, once we have wasted our supply of life, we have no other resources to fall back on.

The Sages have always said that the only thing that is essential is life itself, and that we must protect, purify and sanctify it and eliminate whatever may hinder or prevent it from developing. And, if we do so, life will give us everything else: health, strength, power, intelligence and beauty - everything ! The highest form of magic, the highest form of White Magic is to lead a pure, luminous life."

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BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

Summary

'Meditate on harmony, love it, long for it so as to introduce it into your every gesture, every look, every word. Let the word "harmony" impregnate you; keep it within you as a kind of pitch pipe, and when you are feeling worried or upset, take it out and listen to it and do nothing until your whole being is in tune with it once more. In the morning, when you wake, remember to begin your day by tuning yourself to the world of universal harmony... When you enter a house let your first thought be: "May peace and harmony reign in this house".

THE MYSTERIES OF YESOD The bases of spiritual life

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Purity and Speech
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Part III. Realization - The Spring
Fasting - Washing - The Real Baptism
The Angels of the Four Elements.

Summary

Yesod, the ninth Sephirah on the cabbalistic Tree of Life, is the symbol of a pure life. Taking purity as the basis of his spiritual teaching (Yesod means 'base' in Hebrew), Omraam Mikhaël Aïvanhiov renews in our times the sense and significance of the ancient Initiations enriched by his own innumerable discoveries. He has personally practised and experimented at length with the rules and exercises he proposes for our use ; their purpose is to liberate man and awaken in every fibre of his being the vital, harmonious forces of Divine life.

THE SPLENDOUR OF TIPHARETH

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14. The Sun Has the Solution to the Problem of Love - Telesma
15. The Sun is in the Image and Likeness of God - 'In Spirit and in Truth'
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19. The Sun Teaches Unity - The Power of Penetration
20. The Sun Teaches by Example - The Sun, Heart of our Universe
21. Three Kinds of Fire
22. Making Everything Converge Towards One Goal.

Summary

When we focus our attention on the sun, the centre of our universe, we draw closer to our own centre, our higher self, the sun within; we melt into it and begin to resemble it more and more.

But to focus our attention on the sun also means to learn to mobilize all our, thoughts, desires, and energies, and put them to work in the service of the highest ideal. He who works to unify the chaotic multitude of inner forces that constantly threaten to tear him apart, and launch them in the pursuit of one, luminous, beneficial goal, becomes a powerful focal point, capable of radiating in every direction. Believe me, a human being who masters the tendencies of his lower nature can benefit the whole of mankind. He becomes as radiant as the sun. His freedom is such that his consciousness embraces the whole human race as he pours out the superabundance of light and love that dwell within him.

The world needs more and more human beings capable of dedicating themselves to this work with the sun, for only love and light are capable of transforming humanity.

THE KEY to the Problems of Existence

Table of contents

1. The Personality
2. Jhana-yoga

3. Giving and Taking
4. Evil is Limited, Good is Limitless

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

5. Eternal Happiness
6. Fermentation
7. Which Life ?
8. The Image of the Tree - The Individuality Must Consume The Personality
9. Working on the Personality
10. The Personality Keeps You from Reflecting the Sun
11. Identify with the Individuality
12. The True Meaning of Sacrifice

13. The Balance Restored
14. Render Therefore Unto Caesar
15. The New Philosophy
16. The Personality Devoured by The Individuality
17. Call On Your Allies
18. The Further Down, The Less Space
19. Your Inner Animals
20. But Which Nature ?
21. Sexual Sublimation
22. Toward Universal Brotherhood.

Summary

This book shows us that our 'personality', that inner force of which we are all aware and which so often leads us astray, can be a precious ally rather than an enemy. Instead of waging a losing battle against our lower nature, we can learn to control and use it to elevate ourselves. In doing so we gradually discover the existence of a higher psychic power within us, our 'individuality', which is above all contingencies and conflicts and is capable of using them to create inner harmony and true fraternal bonds.

COSMIC MORAL LAWS

Table of contents

1. 'As You Sow, So Shall You Reap'
2. The Importance of Choice - Work not Pleasure
3. Creative Activity as a Means of Evolution
4. Justice
5. The Law of Affinity : Peace
6. The Law of Affinity : True Religion
7. The Laws of Nature and Moral Law
8. Reincarnation
9. Don't Stop Half-Way
10. Know How to Use Your Energies
11. How to Distil the Quintessence
12. The Moral Law Exemplified in a Spring

13. Why Look for Models in the World Above
14. Man Creates in the Invisible World by Means of his Thoughts and Feelings
15. We must not Sever the Link Between the World Below and the World Above
16. If You Are Light You Will Seek the Company of Light
17. Duplicates - New Recordings
18. Morality Comes into its Own in the World Above
19. Example ist the Best Teacher
20. Turn the Other Cheek.

Summary

True morality is everywhere manifest in Nature, the extension of the natural laws that govern our psychic life. When human beings break these laws they pay by suffer-ing or illness. The reader will no doubt be surprised to learn that true morality is not a limitation; on the contrary it confers tremendous freedom and increases our power of action. If we obeyed these laws both in our own lives and in our dealings with others, the result would be the ideal society.

A NEW EARTH Methods, exercises, formulas, prayers

Table of contents

1. Prayers
2. A Daily Programme
3. Nutrition
4. Actions
5. Overcoming the Evil Within
6. Methods of Purification
7. Human Relations
8. Man's Relations with Nature
9. The Sun and the Stars

10. Mental Work
11. Spiritual Galvanoplasty
12. The Solar Plexus
13. The Hara Centre
14. Methods for Working with Light
15. The Aura
16. The Body of Glory
17. Formulas and Prayers.

Summary

A great many people today feel the need for some practical methods that will help them to grow spiritually. A New Earth responds to that need. It contains a number of simple, effective, spiritual exercises taken from the thousands of lectures given by the Master Omraam Mikhaël Aïvanhov over a period of nearly fifty years. Some concern our everyday life: nutrition, breathing, hygiene, purification, and our relationships with nature and other human beings. Others touch on questions that are more directly spiritual: meditation and prayer, the development of our psychic centres, or chakras, the aura, the body of glory, and so on. All these methods grow out of that immense body of knowledge known as initiatic science, the principal goal of which is the advent of the 'new heaven and the new earth' announced in scripture.

LOVE AND SEXUALITY

Table of contents

1. The Masculine and Feminine Principles
- The Love of God, the Love of Others, Self Love

2. Taking the Bull by the Horns - The Caduceus of Mercury

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

3. The Serpent -Isis Unveiled
4. The Power of the Dragon
5. Spirit and Matter - The Sexual Organs
6. Manifestations of the Masculine and Feminine Principles
7. Jealousy
8. The Twelve Doors of Man
9. From Yesod to Kether : The Path of Sexual Sublimation
10. The Spiritual Screen
11. Nourishment and Love
12. Woman's Role in the New Culture
13. The Initiatic Meaning of Nudity
14. Exchanges and Relationships
15. Wealth and Poverty

Summary

This book could change your life. It provides the key to your evolution as a human being, as a child of God. This book explains that by simply gratifying your sensual nature, you feed only your lower self - which is limited in consciousness and which can never bring true joy or fulfillment. It shows the sacred purpose of the creative force within, and tells you how to make it become a dynamic source of life and energy which nourishes your higher self, bringing joy, rapture and self-perfection. This new way of living will create a Golden Age in which all humanity will exist as one-using its love to create a world of unparalleled splendour and beauty.

LOVE AND SEXUALITY

Table of contents

1. A Question of Attitude
2. True Marriage
3. The Sun is the Source of Love
4. The Goal of Love is Light
5. The Manifestations of the Masculine and Feminine Principles
6. Master or Mistress ?
7. Vestal Virgins ; the New Eve
8. Materialism, Idealism and Sexuality - 'On Earth as in Heaven'
9. Heart and Mind ; the Universal White Brotherhood
10. Seek the Soul and the Spirit
11. Restoring Love to its Pristine Purity
12. Love Transforms Matter
13. Love and Identification
14. The Task of a Disciple

Summary

There are several possible attitudes towards love. You can eat it, you can drink it, and you can breathe it, but you can also live in it. Those who eat love remain on the physical plane and are never fully satisfied because they are content with pleasures of a lower order. The pleasures of those who drink love are less crude, but they are still confined to the delights and satisfactions of the astral plane. The philosophers, writers and artists who have managed to reach the mental plane are those who breathe love; love is the constant source of their inspiration. Only those who live in love, in the subtle, etheric dimension of love, truly possess it. For them it is light in the mind and warmth in the heart and they can pour out that light and warmth on those around them. Those who live in this love possess all fulness."

KNOW THYSELF: JNANA YOGA

Table of contents

1. 'Know Thyself'
2. The Synoptic Table
3. Spirit and Matter
4. The Soul
5. Sacrifice

Summary

Know thyself was the maxim inscribed on the pediment of the temple at Delphi. What is this 'self' that we have to know? Is it a question of knowing our own vices and virtues, our strengths and weaknesses? No: to know oneself is to know the different bodies (the physical, etheric, mental, causal, buddhic and atmic bodies) of which we are formed and what each of these bodies needs. If the initiates of old insisted so much on the necessity of self-knowledge it was

16. To Love is the Work of the Disciple
17. Love in the Universe
18. A Wider Concept of Marriage I
19. The Twin-Soul
20. Everything Depends on Your Point of View
21. A Wider Concept of Marriage II and III
22. Analysis and Synthesis
23. Like the Sun, Love Brings Order to Life
24. Mother Love
25. The Meaning of Renunciation
26. The Bonds of Love
27. Youth and the Problem of Love - The New Currents
- Marriage - Why Self-Control - The Need for a Guide
- Give Your Love to God First.

15. Open Yourself to Others and They Will Love You
16. Tantra-Yoga
17. Emptiness and Fullness : the Holy Grail
18. Love is Everywhere
19. Look for Love at its Source
20. Know How to Use Your Powers of Love
21. A Broader Concept of Marriage, Part IV
22. It Rises from Earth and Descends from Heaven
23. The Secret of Happiness is in an Expanded Consciousness
24. 'Whatever you Bind on Earth'
25. Love God so as to Love Your Neighbour Better
26. Live Lovingly
27. Our Only Weapons: Love and Light
28. Never Stop Loving
29. Towards a Broader Concept of the Family.

6. Food for the Soul and the Spirit
7. Consciousness
8. The Higher Self
9. Truth
10. Freedom.

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

because this knowledge opens up tremendous possibilities for growth, progress and success. As long as man is ignorant of the needs of his higher self, he will continue to surfeit his physical body while his soul and spirit suffocate and die of hunger and thirst."

KNOW THYSELF: JNANA YOGA

Table of contents

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|--|-----------------------|
| 1. Beauty | 7. Prayer |
| 2. Spiritual Work | 8. Love |
| 3. The Power of Thought | 9. The Will |
| 4. Knowledge: Heart and Mind | 10. Art and Music |
| 5. The Causal Plane | 11. Physical Gestures |
| 6. Concentration, Meditation, Contemplation and Identification | 12. Respiration. |

Summary

Know thyself! All science and all wisdom lies in knowing oneself, in finding oneself, in the fusion of one's lower self with one's higher self. The symbol of the initiate who has succeeded in finding himself is the serpent with its tail in its mouth. A serpent forms a straight or wavy line, and a line is limited. But the serpent with its tail in its mouth forms a circle and a circle represents the infinite, the limitless, the eternal. He who succeeds in becoming a circle enters a world without limitations where the 'above' and the 'below' are no longer separated, because all the powers and all the riches and virtues of the true, higher self have been infused into the lower self. The higher and the lower become one and man becomes a divinity.

A NEW DAWN: Society and Politics in the Light of Initiatic Science (I)

Table of contents

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|--------------------------------------|--|
| 1. The Age of Aquarius | 5. True Economics |
| 2. The Dawn of Universal Brotherhood | 6. Wealth |
| 3. Youth and Revolution | 7. Aristocracy and Democracy |
| 4. Communism and Capitalism | 8. Politics in the Light of Initiatic Science. |

Summary

Man was built by Cosmic Intelligence in such a way that he can fulfil himself and attain his full stature only by maintaining ties with a higher world from which he receives light and strength. When human beings rely exclusively on their own limited intellect they deprive themselves of true understanding, and it is this lack that is the cause of all their disastrous mistakes. When men are motivated only by a lust for material possessions and power and act in total disregard for the plans of Cosmic Intelligence, they stir up layers of the physical and psychic atmosphere and arouse formidable forces whose fury is turned against them. The Age of Aquarius will soon be upon us and the tremendous upheavals accompanying it will oblige human beings to understand the reality of the invisible world and the laws that govern it. But the beauty, splendour and harmony of the new life that will emerge from these upheavals will be beyond anything imagined by man. All those who have been secretly working for the coming of the Kingdom of God throughout the world will join forces and work together, and the bastions of ignorance, materialism and despotism will crumble and collapse. This I tell you. And it will be: nothing can prevent the coming of the new era, the new Golden Age."

NEW DAWN: Society and Politics in the Light of Initiatic Science (II)

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|----------------------------|---|
| 1. Forms and Principles | 4. The Cosmic Body |
| 2. The Religion of Christ | 5. The Kingdom of God and His Righteousness |
| 3. The Idea of a Pan-World | 6. The New Jerusalem. |

Summary

Man as conceived by Cosmic Intelligence is such that if he is to be fulfilled, he must connect himself with the light and power of the Higher World. If not, if he puts all his trust in his own limited faculties, he will be unable to see ahead and in his blindness he will make drastic errors in all domains. If he puts his faith in technology, trade and material development, sooner or later he will fail, for if his action is based on the desire to control the world regardless of the plan and purpose of Cosmic Intelligence it will stir up the psychic and physical layers of the atmosphere, and hostile forces will turn against him in their fury. The Age of Aquarius is now coming in and it will cause great upheavals and cataclysms all over the world, after which those who survive will have a better understanding of the Laws. The splendour and harmonious beauty of the new life that is in store for mankind surpasses the imagination. People who have been secretly working for the Kingdom of God will find each other and combine their new-found extraordinary powers to bring down the fortresses of ignorance, materialism and despotism. I tell you this now, and it will be as I say, for nothing can prevent the coming of the new era, the Golden Age.

ON THE ART OF TEACHING from the Initiatic Point of View (III)

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BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

1. Spiritual Work
2. On Responsibility
3. On Building the New Life
4. On the Living Knowledge

5. On Perfection
6. On the Reality of the Invisible World
7. On Participation in the Work of the Universal White Brotherhood.

SUMMARY

Parents and teachers have every material means at their disposal for the proper education of children, but they still lack the means of regenerating humanity. This is what the Teaching of the Universal White Brotherhood brings us: the means parents need to bring healthy, gifted children into the world, the means educators need to turn them into men and women ready to work for the good of society. But these methods can only be applied by adults who have already changed their patterns of behaviour in such a way as to be living examples for their young charges.

LIFE AND WORK IN AN INITIATIC SCHOOL

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| 1. The International Day of the Sun | 5. The Spirit of the Teaching |
| 2. The Bonfin | 6. Matter and Light |
| 3. Training for the Divine | 7. Purity and Light |
| 4. Hrani-Yoga and Surya-Yoga | 8. The Meaning of Initiation. |

Summary

We are here between the four walls of this room at the Bonfin, but we are also in the town of Fréjus. Fréjus is in the Var; the Var is in France; France is in Europe, and Europe is one of the continents on earth. The earth belongs to the family of planets in the solar system; the solar system belongs to a galaxy, and that galaxy is a tiny part of the whole cosmos. Yes, the prodigious truth is that we are here in this room and, at the same time, in the cosmos. What conclusion - if any - can we draw from this? The conclusion that, as cosmic beings, we must not eternally confine ourselves to our own petty interests. We must open our eyes and remind ourselves that we have cosmic work to do. What is the use of belonging to the Universal White Brotherhood if we do not work for broader, more far-reaching goals? For the welfare of the whole world? Henceforth, try to change your mental habits, to adopt a broader point of view; try to become more aware of being part of the cosmos, of being linked to the whole universe; try to see that this means that the things you do as well as the way you do them must change."

THE FRUITS OF THE TREE OF LIFE THE CABBALISTIC TRADITION

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| 1. How to Approach the Study of the Cabbalah | Logos |
| 2. The Number Ten and the Ten Sephiroth | II. The Universal Language of the Logos |
| 3. Structure and Symbols of the Tree of Life | III. The Power of the Logos |
| 4. The Tetragrammaton and the Seventy-Two Planetary Spirits | 12. The Esoteric Church of Saint John |
| 5. The Creation of the World and the Theory of Emanation | 13 Binah, the Realm of Stability |
| 6. The Fall and Redemption of Man | 14. The Human Spirit is Above Fate |
| 7. The Four Elements | 15. Death and the Life Beyond |
| 8. Evening Vigils Round the Fire | 16. Human and Cosmic Respiration |
| I. The Power of Fire | 17. The Cardinal Feasts |
| II. Fire and the Sun | 18. The Moon and its Influence on Man |
| III. The Fire of Sacrifice | 19. The Glorified Souls |
| 9. Water and Fire | 20. The Land of the Living |
| 10. A Bowl of Water | 21. A Magic Wand |
| 11. The Living Logos | 22. Nature Spirits |
| I. The Alphabet and the Twenty-Two Elements of the | 23. Objects are Receptacles of Life |
| | 24. The Holy Grail |
| | 25. Building the Inner Sanctuary. |

Summary

The Sephirotic Tree, the Tree of Life of the Cabbalah, is an image of the universe, inhabited by God and impregnated with His quintessence. It represents the divine life which circulates throughout the whole of creation. Here is a system which prevents you from becoming dispersed in your spiritual activities. If you work for years on this Tree, if you study it, if you taste its fruit, you will create stability within yourself and harmony in the cosmos."

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

- EDITION IZVOR -

P0201AN : Toward a Solar Civilization

Table of contents

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| 1. The Sun, Initiator of Civilization | 6. Man is Made in the Image of the Sun |
| 2. Surya Yoga | 7. The Spirits of the Seven Lights |
| 3. Seeking the Centre | 8. The Sun as our Model |
| 4. The Sun our Provider | 9. The True Solar Religion. |
| 5. The Solar Plexus | |

Summary

Although we may know about heliocentricity from the point of view of astronomy, we are still far from having exhausted all its possibilities in the biological, psychological, cultural and spiritual spheres. The sun exists within each one of us and, if allowed to, can manifest its presence by awakening our consciousness to a global view of human problems.

P0202AN : Man, Master of his Destiny

Table of contents

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| 1. The Law of Cause and Effect | 5. The Law of Correspondences |
| 2. You will Separate the Subtle from the Gross | 6. Natural and Moral Law |
| 3. Evolution and Creation | 7. Nature's Records |
| 4. Two Justices: Human and Divine | 8. Reincarnation |

Summary

Why is one born in a particular country and a particular family? Why is one healthy, rich, illustrious and powerful, or on the contrary poor, handicapped and miserable? Even those who think they are entirely free must put up with their fate because of their ignorance of the laws which govern the invisible world. The reply to these questions not only helps the disciple to unravel the tangled threads of his life, it also gives him the tools he must have in order to become master of his own destiny.

P0203AN : Education Begins Before Birth

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| 1. The First Priority: Educating Parents | 7. Never Let Your Children be Idle |
| 2. Education Begins before Birth | 8. Prepare Your Children for Adult Life |
| 3. A Blueprint for the Future of Mankind | 9. Protect Your Children's Sense of Wonder |
| 4. Don't Neglect Your Children | 10. Love without Weakness |
| 5. A New Understanding of a Mother's Love | 11. Education versus Instruction |
| 6. The Magic Word | |

Summary

Is it possible for education to begin before birth? Yes. Because true education is primarily subconscious. A child is not a little animal which you can start training as soon as it is old enough. A mother can have a beneficial influence on her child in the womb through the harmony of her thoughts, acts and feelings. And this pre-natal influence must be faithfully continued once the baby is born, for, as all parents should realize, a tiny baby is highly sensitive to its environment. Ultimately, it is by example that parents and pedagogues should accomplish their educational mission

P0204AN : The Yoga of Nutrition

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| 1. Eating: An Act which Concerns the Whole Man | 7. Fasting: I – Means of Purification. II - Another Form of Nutrition |
| 2. Hrani-Yoga | 8. Communion |
| 3. Food: A Love-Letter from God | 9. The Meaning of the Blessing |
| 4. Choosing Your Food | 10. The Spirit Transforms Matter |
| 5. Vegetarianism | 11. The Law of Symbiosis. |
| 6. The Ethics of Eating | |

Summary

This is not a dietary book. Omraam Mikhaël Aïvanhov teaches that our attitude towards our food and the way we eat is far more important than what, or how much we eat. He replaces our ordinary ideas of everyday eating with the true mystical significance of nutrition. In this way we can learn to extract from our physical food all the subtle elements necessary for true health and fulfilment.

P0205AN : Sexual Force or the Winged Dragon

Table of contents

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

1. The Winged Dragon
2. Love and Sexuality
3. The Sexual Force is Essential for Life on Earth
4. Pleasure: / I - Do not Seek Pleasure for it Will Impoverish You
4. Pleasure: / II - Replace Pleasure with Work
5. The Dangers of Tantric Yoga

6. Love without Waiting to be Loved
7. Love is Everywhere in the Universe
8. Spiritual Love is a Higher Way of Feeding Ourselves
9. A High Ideal Transforms Sexual Energy
10. Open Your Love to a Higher Path

Summary

The dragon is not pure fiction: it is the symbol of our instinctive, primitive forces and is common to all mythologies as well as to early Christian iconography. The great challenge of the spiritual life is to conquer, tame and use those forces to reach the highest summits of the spirit.

P0206AN : A Philosophy of Universality

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1. What is a Sect?
2. No Church is Eternal
3. The Spirit Behind the Form
4. The Advent of the Church of St. John
5. The Foundations of a Universal Religion

6. The Great Universal White Brotherhood
7. For a Universal Notion of the Family
8. Brotherhood, a Higher State of Consciousness
9. The Annual Conventions at the Bonfin
10. The Universal Dimension of All Our Activities

Summary

It is not enough to create associations dedicated to universality. As long as each one of the members has not devoted his or her life to universality, these organizations are powerless. Universal consciousness is the fruit of patient learning and practice, for which Omraam Mikhaël Aïvanhov gives us the basic elements in this book

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P0207AN : What is a Spiritual Master ?

Table of contents

1. How to Recognize a True Spiritual Master
2. The Necessity for a Spiritual Master
3. The Sorcerer's Apprentice
4. The Exotic Should not be Confused with Spirituality
5. Learn How to Balance the Material and Spiritual Worlds
6. A Master is a Mirror Reflecting the Truth

7. A Master is There Only to Give Light
8. The Disciple and His Master
9. The Universal Dimension of a Master
10. The Magical Presence of a Master
11. Identification
12. 'Except Ye Become as Little Children...'

Summary

It is not enough to create associations dedicated to universality. As long as each one of the members has not devoted his or her life to universality, these organizations are powerless. Universal consciousness is the fruit of patient learning and practice, for which Omraam Mikhaël Aïvanhov gives us the basic elements in this book

P0208AN : The Eggregor of the Dove or the Reign of Peace

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1. Towards a Better Understanding of Peace
2. The Advantages of Unity amongst Nations
3. Aristocracy and Democracy
4. About Money
5. The Distribution of Wealth

6. Communism and Capitalism
7. Towards a New Understanding of Economics
8. What Every Politician Should Know
9. The Kingdom of God

Summary

Everyone agrees that peace is essential. And yet they continually feed the fires of conflict within their own hearts and in society, in politics and economics. As long as we do not master our own disordered thoughts and feelings, we cannot hope to create durable peace around us. When peace reigns within us then, and then only, can we truly contribute to peace in the world.

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

P0209AN : Christmas and Easter in the Initiatic Tradition

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| 1. The Feast of the Nativity | 4. 'Except Ye Die Ye Shall not Live' |
| 2. The Second Birth | 5. The Resurrection and the Last Judgment |
| 3. Birth on the Different Planes of Being | 6. The Body of Glory |

Summary

The fact that the Feasts of Christmas and Easter coincide with the winter solstice and the spring equinox is evidence of their cosmic significance. So we learn that the human being, who is part of the universe, participates intimately in the natural process of gestation and blossoming. These two feasts are two different ways of celebrating the regeneration of men and women and their birth into the spiritual world.

P0210AN : The Tree of the Knowledge of Good and Evil

Table of contents

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| 1. The Serpent of Genesis | 6. Into the Wilderness to Be Tempted |
| 2. What Good is Evil? | 7. The Undesirables |
| 3. Beyond Good and Evil | 8. Suicide is not the Answer |
| 4. Until the Harvest | 9. The Real Weapons |
| 5. The Philosophy of Unity | 10. The Science of the Initiates, or the Inner Lamps |

Summary

The solution of the question of evil lies in knowing the methods of how to work with it and to use its power. What-ever its origin, evil is an inner and outer reality which con-fronts us daily and which we have to learn to deal with. To attack it head-on is not only useless but dangerous: the odds are too heavily against us. So we have to learn the methods to use in order to gain the upper hand and transform evil into good.

P0211AN : Freedom, the Spirit Triumphant

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| 1. Man's Psychic Structure | 6. True Freedom: a Consecration of Self |
| 2. Mind over Matter | 7. Freedom through Self-Limitation |
| 3. Fate and Freedom | 8. Anarchy and Freedom |
| 4. Freedom through Death | 9. The Notion of Hierarchy |
| 5. Sharing in the Freedom of God | 10. The Synarchy With |

Summary

Freedom has become such an important political stake that we have lost sight of its true significance. It is this significance, the relationship between spirit and matter, that the Master Omraam Mikhaël Aïvanhov attempts to restore. 'Enter into the realm of the spirit which creates, models and fashions and in so doing you will gradually loosen the hold that the exterior world has on you; you will be free!

P0212AN : Light is a Living Spirit

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| 1. Light : Essence of Creation | 6. The Prism : a Symbol of Man |
| 2. The Sun's Rays, their Nature and Activity | 7. Purity Clears the Way for Light |
| 3. Gold is Condensed Sunlight | 8. Living with the Intensity of Light |
| 4. Light Enables us to See and be Seen | 9. The Spiritual Laser. |
| 5. Working with Light | |

Summary

Light is held by tradition to be the living substance of the universe from which God created the world. Recently, thanks to the development of the laser, light has become a formidable instrument for the exploration and transformation of matter. Light offers us an infinite range of possibilities both on the material and the spiritual planes. Here Omraam Mikhaël Aïvanhov invites us to explore the spiritual potential of light, to understand above all that it is the only truly effective means available with which to transform ourselves and the world around us.

P0213AN : Man's Two Natures, Human and Divine

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| 1. Human Nature or Animal Nature? | 7. Perfection Comes with the Higher Self |
| 2. The Lower Self is a Reflection | 8. The Silent Voice of the Higher Self |
| 3. Man's True Identity | 9. Only by Serving the Divine Nature |
| 4. Methods of Escape | 10. Address the Higher Self in Others |
| 5. The Sun Symbolizes the Divine Nature | 11. Man's Return to God, the Victory |
| 6. Put the Personality to Work | |

Summary

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

Man is that ambiguous creature placed by evolution on the borderline between the animal kingdom and the Kingdom of God. His nature is twofold and if he is to continue to evolve it is important that he become aware of his inherent ambivalence. If the Scriptures declare, 'Ye are gods', it is in order to remind men that hidden deep within them lies that sublime essence that they have to learn to manifest. Omraam Mikhaël Aïvanhov gives us the methods we need to manifest ourselves as the gods we really are... and of which we are still unaware.

P0214AN : Hope for the World : Spiritual Galvanoplasty

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| 1. What is Spiritual Galvanoplasty? | 8. The Solar Nature of Sexual Energy |
| 2. Reflections of the Two Principles | 9. Mankind Transformed |
| 3. Marriages Made in Heaven | 10. The Original Experiment and the New One |
| 4. Love Freely Given | 11. Replenish the Earth! |
| 5. Love on the Lower Plane | 12. Woman's place |
| 6. Love on the Higher Plane | 13. The Cosmic Child |
| 7. Love's Goal is Light | |

Summary

There are two fundamental principles in the universe which are reflected in every single manifestation of nature and of life: they are the masculine and feminine principles. The whole of creation is the result of the concerted work of these two principles which are replicas of the two creative principles of the cosmos: the Heavenly Father and the Divine Mother, of which men and women are also the reflection. The two principles must work in conjunction: alone, each one is barren. Spiritual galvanoplasty is an application in the spiritual life of this science of the two principles."

P0215AN : The True Meaning of Christ's Teaching

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| 1. 'Our Father Which Art in Heaven' | 6. 'He That Eateth My Flesh and Drinketh My Blood Hath Eternal Life' |
| 2. 'My Father and I Are One' | 7. 'Father, Forgive Them, For They Know Not What They Do' |
| 3. 'Be Ye Perfect, Even as Your Father Who is in Heaven is Perfect' | 8. 'Unto Him that Smiteth Thee on the One Cheek...' |
| 4. 'Seek Ye First the Kingdom of God and His Justice' | 9. 'Watch and Pray'. |
| 5. 'On Earth as it is in Heaven' | |

Summary

The whole of Christ's teaching is summed up in the prayer he gave us: the Lord's Prayer. Omraam Mikhaël Aïvanhov demonstrates and explains this. Nature, in her own wonderful way, has condensed a tree's entire potential into one tiny seed. Jesus did the same. He took his whole Teaching, and condensed it into a prayer to his Father, in the hope that this seed would take root in our souls, be nurtured by them and grow into its full potential : the massive fruitful tree of Initiatic Science, the true Teaching of Christ.

P0216AN : The Living Book of Nature

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| 1. The Living Book of Nature | 8. Building a House |
| 2. Day and Night | 9. Red and White |
| 3. Spring Water or Stagnant Water | 10. The River of Life |
| 4. Marriage, a Universal Symbol | 11. The New Jerusalem - Perfect Man. I - The Gates. |
| 5. Distilling the Quintessence | II - The Foundations |
| 6. The Power of Fire | 12. Learning to Read and Write. |
| 7. The Naked Truth | |

Summary

'In Initiatic Science, to read means to be able to decipher the subtle and hidden side of objects and creatures, to interpret the symbols and signs placed everywhere by Cosmic Intelligence in the great book of the universe. To write means to leave one's imprint on this great book, to act upon stones, plants, animals and men through the magic force of one's spirit.

P0217AN : New Light on the Gospels

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| 1. 'Men do not Put New Wine into Old Bottles' | 7. The Calming of the Storm |
| 2. 'Except Ye Become as Little Children' | 8. The First Shall Be Last |
| 3. The Unjust Stewart | 9. The Parable of the Five Wise and the Five Foolish Virgins |
| 4. 'Lay up for Yourselves Treasures in Heaven' | 10. 'This is Life Eternal, that they Might Know Thee the Only True God'. |
| 5. The Strait Gate | |
| 6. 'Let Him Which is on the Housetop not Come Down...' | |

Summary

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

Omraam Mikhaël Aïvanhov interprets all these familiar tales, whether real or symbolic, told by the Gospels. He strips them of their restrictive, purely anecdotal character, and reveals their underlying, psychological and spiritual realities. Suddenly it becomes clear that they are always relevant to our own inner lives, where the forces of materialism and spirituality confront and come to terms with each other.

P0218AN : The Symbolic Language of Geometrical Figures

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|--------------------------|---------------------------------|
| 1. Geometrical Symbolism | 5. The Pyramid |
| 2. The Circle | 6. The Cross |
| 3. The Triangle | 7. The Quadrature of the Circle |
| 4. The Pentagram | |

Summary

'Geometrical figures are, as it were, the framework or skeleton of reality but although they are reduced to the bare bones they are by no means dead, for they represent living realities in man and the universe. And this is why, in order to interpret them, we have to breathe the life of the spirit into them: they will mean nothing to us if we are content to study them only as they occur outside ourselves.

P0219AN : Man's Subtle Bodies and Centres

Table of contents

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| 1. Human Evolution and the Development of the Spiritual Organs | 5. Kundalini Force |
| 2. The Aura | 6. The Chakras: The Chakra System |
| 3. The Solar Plexus | I. - The Chakra System |
| 4. The Hara Centre | II. Ajna and Sahasrara. |

Summary

'However much we cultivate and refine our five senses they will always be severely limited in scope for they belong to the physical plane: they will never be capable of exploring any reality above or beyond the physical. In order to experience other, new sensations, we must call into play those other, subtler organs and centres which we all possess.

P0220AN : The Zodiac, Key to Man and to the Universe

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| 1. The Enclosure of the Zodiac | 7. The Leo-Aquarius Axis |
| 2. The Zodiac and the Forming of Man | 8. The Fire and Water Triangles |
| 3. The Planetary Cycle of Hours and Days | 9. The Philosophers' Stone : the Sun, the Moon and Mercury |
| 4. The Cross of Destiny | 10. The Twelve Tribes of Israel and the Twelve Labours of Hercules in Relation to the Zodiac. |
| 5. The Axes of Aries-Libra and Taurus-Scorpio | |
| 6. The Virgo-Pisces Axis | |

Summary

The constellations and planets are the hieroglyphs, the sacred letters which reveal, to those who know how to decipher them, how mankind and the world were created, how they evolve hand in hand and how their inner structure is identical. Every human being who becomes aware of his kinship with the universe begins to feel the need to cultivate his inner life in order to rediscover, within himself, that cosmic plenitude symbolized to perfection by the circle of the zodiac

P0221AN : True Alchemy or the Quest for Perfection

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| 1. Spiritual Alchemy | 7. Grafting |
| 2. The Human Tree | 8. The Use of Energy |
| 3. Character and Temperament | 9. Sacrifice, the Transmutation of Matter |
| 4. Our Heritage from the Animal Kingdom | 10. Vainglory and Divine Glory |
| 5. Fear | 11. Pride and Humility |
| 6. Stereotypes | 12. The Sublimation of Sexual Energy |

Summary

'Don't battle against your weaknesses and vices for it is they who will win: instead, learn to make them work for you. You find it perfectly normal to use natural, physical forces so why be astonished at the idea of using your own primitive forces! Once you know the rules of spiritual alchemy you will be able to transform and use the negative forces that exist in such abundance within you.

P0222AN : Man's Psychic Life : Elements and Structures

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1. Know Thyself
2. The Synoptic Table
3. Several Souls and Several Bodies
4. Heart, Mind, Soul and Spirit
5. The Apprenticeship of the Will
6. Body, Soul and Spirit
7. Outer Knowledge and Inner Knowledge

8. From Intellect to Intelligence
9. True Illumination
10. The Causal Body
11. Consciousness
12. The Subconscious
13. The Higher Self.

Summary

'In order to give a clear idea of human anatomy one is obliged to have recourse to a series of different plates each of which illustrates one of the systems of the human body: the skeleton, the muscular system, the circulatory system, the nervous system, etc. Similarly, when an Initiate wants to study one or other aspect of man's psychic structure, he applies the same method as an anatomist: he uses different diagrams or outlines according to which aspect he is studying.'

P0223AN : Creation: Artistic and Spiritual

Table of contents

1. Art, Science and Religion
2. The Divine Sources of Inspiration
3. The Work of the Imagination
4. Prose and Poetry
5. The Human Voice
6. Choral Singing

7. How to Listen to Music
8. The Magic Power of a Gesture
9. Beauty
10. Idealization as a Means of Creation
11. A Living Masterpiece
12. Building the Temple

Summary

The laws of true artistic creation are identical with the laws of spiritual creation. The creative work of an artist is exactly the same work of inner regeneration as that undertaken by one who is striving for spiritual perfection. Just as an artist uses paint and canvas, clay or bronze to create a work of art, so a spiritual person uses the raw materials of his or her own being in striving towards inner perfection.

P0224AN : The Powers of Thought

Table of contents

1. The Reality of Spiritual Work
2. Thinking the Future
3. Psychic Pollution
4. Thoughts are Living Beings
5. How Thought Produces Material Results
6. Striking a Balance between Matter and Spirit
7. The Strength of the Spirit

8. Rules for Spiritual Work
9. Thoughts as Weapons
10. The Power of Concentration
11. Meditation
12. Creative Prayer
13. Reaching for the Unattainable.

Summary

'Every one of our thoughts is pregnant with the power of the spirit which brought it into being, that power is constantly at work. Knowing this, each one of you has the possibility of becoming a benefactor of mankind; by projecting your thoughts into the farthest reaches of space, you can send out messages of light to help, comfort, enlighten and heal others. He who undertakes this work knowingly and deliberately, gradually penetrates into the mysterious arcana of divine creation.'

P0225AN : Harmony and Health

Table of contents

1. Life Comes First
2. The World of Harmony
3. Harmony and Health
4. The Spiritual Foundations of Medicine
5. Respiration and Nutrition
6. Respiration:

- I. The Effects of Respiration on Health
- II. How to Melt into the Harmony of the Cosmos
7. Nutrition on the Different Planes
8. How to Become Tireless
9. Cultivate an Attitude of Contentment.

Summary

'If you are ill, it's because you harbour disorder within yourself: you have nourished certain thoughts, feelings and attitudes that have finally affected your health. The best weapon against illness is harmony. Night and day think about synchronizing yourself with the whole of life - limitless life, cosmic life.'

P0226AN : The Book of Divine Magic

Table of contents

1. The Danger of the Current Revival of Magic
2. The Magic Circle of the Aura
3. The Magic Wand

4. The Magic Word
5. Talismans
6. Is Thirteen an Unlucky Number

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7. The Moon
8. Working with Nature Spirits
9. Flowers and Perfumes
10. We All Work Magic
11. The Three Great Laws of Magic
12. The Hand

13. The Power of a Glance
14. The Magical Power of Trust
15. Love, the Only True Magic
16. Never Look for Revenge
17. The Exorcism and Consecration of Objects
18. Protect Your Dwelling Place.

Summary

'True magic, divine magic, lies in using all one's faculties, all one's knowledge, toward realizing the Kingdom of God on earth. Very few magi have reached the high level where the only ideal is to work in the Light for the Light. Those who manage to do so are the true benefactors of humanity.'

P0227AN : Golden Rules for Everyday Life

Table of contents

1. Life: our most precious possession
2. Let your material life be consistent with your spiritual life
3. Dedicate your life to a sublime goal
4. Our daily life: a matter that must be transformed by the spirit
5. Nutrition as Yoga
6. Respiration
7. How to recuperate energy

8. Love makes us tireless
9. Technical progress frees man for spiritual work
10. Furnishing your inner dwelling
11. The outer world is a reflection of your inner world
12. Make sure of a good future by the way you live today
13. Live in the fullness of the present
14. The importance of beginnings... etc.

Summary

Nothing is more difficult than to put the spirit where it rightfully belongs in our lives: in first place. In fact, except in the case of a few great saints or mystics, the attempt to do so has usually ended in failure, discouragement and even mental breakdown. In his role as a spiritual teacher, Omraam Mikhaël Aïvanhov takes care not to provoke any such rupture with the realities of life by showing us how everyday actions and events can be the foundation of a genuine spirituality.

P0228AN : Looking into the Invisible Intuition, Clairvoyance, Dreams

Table of contents

1. The Visible and the Invisible
2. The Limited Vision of the Intellect, The Infinite Vision of Intuition
3. The Entrance to the Invisible World: From Yesod to Tiphareth
4. Clairvoyance: Activity and Receptivity
5. Should We Consult Clairvoyants ?
6. Love and Your Eyes Will be Opened
7. Messages From Heaven
8. Visible and Invisible Light: Svetlina and Videlina
9. The Higher Degrees of Clairvoyance

10. The Spiritual Eye
11. To See God
12. The True Magic Mirror: The Universal Soul
13. Dream and Reality
14. Sleep, an Image of Death
15. Protect Yourself While You Are Asleep
16. Astral Projection While Asleep
17. Physical and Psychic Havens
18. The Sources of Inspiration
19. Sensation is Preferable to Vision.

Summary

Meditation, mediumship, astral projection and dreams can give us access to the invisible world but the quality of the revelations we receive depends on our degree of evolution. Omraam Mikhaël Aïvanhov warns: 'You must not imagine that, just because someone is gifted as a medium, he necessarily has access to every region of the invisible world; on the contrary, he will see only that which corresponds to his own level of consciousness, his own thoughts and desires'.

P0229AN : The Path of Silence

Table of contents

1. Noise and Silence
2. Achieving Inner Silence
3. Leave Your Cares at the Door
4. Make Your Meals an Exercise in Silence
5. Silence, a Reservoir of Energies
6. The Inhabitants of Silence
7. Harmony, the Essential Condition for Inner Silence

8. Silence, the Essential Condition for Thought
9. The Quest for Silence is the Quest for the Centre
10. Speech and the Logos
11. A Master Speaks in Silence
12. The Voice of Silence is the Voice of God
13. The Revelations of a Starry Sky
14. A Silent Room.

Summary

'The silence that concerns us here is not the silence of inertia; it is the stillness of a work of great intensity that is taking place in a climate of perfect harmony. Nor is it emptiness or absence; it is plenitude, a fullness comparable to

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that experienced by two human beings who love each other very deeply and share something that cannot be expressed in words or gestures. Silence is a quality of the inner life'

P0230AN : The Book of Revelations: A Commentary

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| 1. The Island of Patmos | God |
| 2. Introduction to the Book of Revelations | 10. The Woman and the Dragon |
| 3. Melchizedek and Initiation into the Mystery of the Two Principles | 11. The Archangel Mikhaël Casts Out the Dragon |
| 4. Letters to the Church in Ephesus and Smyrna | 12. The Dragon Spews Water at the Woman |
| 5. Letter to the Church in Pergamos | 13. The Beast from the Sea and the Beast from the Land |
| 6. Letter to the Church in Laodicea | 14. The Wedding Feast of the Lamb |
| 7. The Twenty-Four Elders and the Four Holy Living Creatures | 15. The Dragon is Bound for a Thousand Years |
| 8. The Scroll and the Lamb | 16. The New Heaven and the New Earth |
| 9. The Hundred and Forty-Four Thousand Servants of | 17. The Heavenly City. |

Summary

'Many people find the Book of Revelations very obscure and difficult to interpret. It is true that for those who do not possess the key to it, it is obscure but for those who do possess the key it is extremely clear. Once one knows the hidden meaning of the numbers and symbols, all the elements that seem to be totally unrelated can be brought together and used to shed light on each other, and the result is an extraordinarily logical whole'.

P0231AN : The Seeds of Happiness

Table of contents

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| 1. Happiness: A Gift to be Cultivated | 12. The Spirit is Above the Laws of Fate |
| 2. Happiness is not Pleasure | 13. Look for Happiness on a Higher Level |
| 3. Happiness is Found in Work | 14. The Quest for Happiness is a Quest for God |
| 4. A Philosophy of Effort | 15. No Happiness for Egoists |
| 5. Light Makes for Happiness | 16. Give Without Expecting Anything in Return |
| 6. The Meaning of Life | 17. Love Without Asking to be Loved in Return |
| 7. Peace and Happiness | 18. Our Enemies are Good for Us |
| 8. If You want to be Happy, Be Alive | 19. The Garden of Souls and Spirits |
| 9. Rise Above your Circumstances | 20. Fusion on the Higher Planes |
| 10. Develop a Sensitivity to the Divine | 21. We are the Artisans of Our Own Future. |
| 11. The Land of Canaan | |

Summary

Human beings come into the world with certain aspirations; they need to love and be loved: they need to know, and they need to create. It is the fulfilment of these aspirations that they call happiness. Before they can fulfil their aspirations, however, they need to add something more to the baggage they bring with them; it is not enough to want something in order to obtain it. Happiness is like a talent that has to be cultivated. If you don't cultivate it, it will never amount to anything.

P0232AN : The Mysteries of Fire and Water

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| 1. The Two Principles of Creation, Water and Fire | 11. The Cycle of Water: Reincarnation |
| 2. The Secret of Combustion | 12. The Cycle of Water: Love and Wisdom |
| 3. Water, the Matrix of Life | 13. A Candle Flame |
| 4. Civilization, a Product of Water | 14. How to Light and Tend Fire |
| 5. The Living Chain of Sun, Earth and Water | 15. Water, the Universal Medium |
| 6. A Blacksmith Works with Fire | 16. The Magic Mirror |
| 7. Water is Born of Mountains | 17. Trees of Light |
| 8. Physical and Spiritual Water | 18. The Coming of the Holy Spirit |
| 9. Feeding the Flame | 19. A Treasury of Pictures |
| 10. The Essential Role of Fire | |

Summary

'Our psychic life is shaped and moulded every day by the forces and influences we allow to enter and impregnate us. This is why it is essential to have a store of lovely pictures that we can conjure up in our minds often, pictures that are with us day and night, so that our thoughts may be constantly in touch with all that is most elevated, pure and sacred. And what is more beautiful, more poetic or more full of meaning than water and fire, and the different forms in which they appear to us? You can fill your whole life with these pictures, and absorb them until they impregnate every cell of your body.'

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P0233AN : Youth: Creators of the Future

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| 1. Youth, a World in Gestation | 11. Did you Choose Your Own Family? |
| 2. The Foundation Stone of Life: Faith in a Creator | 12. Benefit From the Experience of Older People |
| 3. A Sense of the Sacred | 13. Compare Yourself to Those Who Are Greater |
| 4. The Voice of our Higher Nature | 14. The Will Must be Sustained by Love |
| 5. Choosing the Right Direction | 15. Never Admit Defeat |
| 6. Knowledge Cannot Give Meaning to Life | 16. Never Give Way to Despair |
| 7. Character Counts for More than Knowledge | 17. Artists of the Future |
| 8. Learning to Handle Success and Failure | 18. Sexual Freedom |
| 9. Recognize the Aspirations of Soul and Spirit | 19. Preserve the Poetry of Your Love |
| 10. The Divine World, Our Own Inner World | 20. Members of One Universal Family (I) (II). |

Summary

'If we remember that there is a correspondence between the life of a human being and that of nature, we can say that a young person's formative years can be compared to the period when the earth itself was being formed. At that time, no organized form of life was possible on earth, for it was nothing but a seething mass of molten matter constantly racked by volcanic eruptions... Nothing solid can be built on such unstable ground, and this means that before they can become a hospitable environment for plants, animals and human beings, symbolically speaking, young people have to introduce an element of moderation, control and harmony into their lives. It is this that constitutes the transition from youth to adulthood: the transition from an unorganized, chaotic, unstable life to a life that is rich and full and beneficial both to oneself and to others.'

P0234AN : Truth: Fruit of Wisdom and Love

Table of contents

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| 1. The Quest for Truth | 10. There is no Arguing about Tastes |
| 2. Truth, the Child of Wisdom and Love | 11. Reality: Objective and Subjective |
| 3. Wisdom and Love; Light and Warmth | 12. The Primacy of Subjective Reality |
| 4. The Love of a Disciple; the Wisdom of a Master | 13. Scientific Progress v. Moral Progress |
| 5. Truth, the Kernel of Life | 14. Scientific Truth and the Truth of Life |
| 6. 'I am the Way, the Truth and the Life' | 15. A Fresh View of Reality |
| 7. The Blue Ray of Truth | 16. Dreams and Reality |
| 8. Three Levels of Truth | 17. Truth Transcends Good and Evil |
| 9. Be Faithful to the Truth | 18. 'The Truth shall Make you Free'(I) (II). |

Summary

'Truth has been defined in so many different ways that the whole question has become hopelessly involved. The fact is that one cannot define truth, for it does not exist as such. Only wisdom and love exist... It is your love and wisdom that will show you truth.'

P0235AN : "In Spirit and in Truth"

Table of contents

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| 1. The Framework of the Universe | 10. The Perfume of Eden |
| 2. The Divine Office of Weights and Measures | 11. 'In Spirit and in Truth' |
| 3. The Link with the Centre | 12. An Image Can Be a Support for Prayer |
| 4. Reaching for the Top | 13. The Spirit is not Held Captive in Relics |
| 5. From Multiplicity to Unity | 14. Speak to the Spirit of Those You Love |
| 6. Building the Edifice | 15. The Sun, the Quintessence of Religion |
| 7. Contemplating the Truth: Isis Unveiled | 16. The Truth of the Sun is in Giving |
| 8. Garment of Light | 17. The Kingdom of God is Within. |
| 9. The Skin | |

Summary

'Imagine how the faithful of all the world's religions would feel if they were told one day that there would be no more churches or temples. That every external manifestation of religion would disappear. That the time had come to worship God in spirit and in truth. They would feel utterly lost, as though they had nothing to hold on to any more. Only those who are exceptionally highly evolved are capable of finding within their own soul the sanctuary in which to communicate with the Lord. Of course, such an expansion of consciousness is highly desirable. Those who achieve it are free to work without restrictions to build a future for themselves as sons and daughters of God.'

P0236AN : ANGELS AND OTHER MYSTERIES OF THE TREE OF LIFE

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| 1. From Man to God, the Notion of Hierarchy | |
| 2. Introduction to the Sephirotic Tree of Life | 12. Malkuth, Yesod, Hod, Tiphareth, Archangels and |

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3. The Angelic Hierarchies
4. The Names of God
5. The Sephiroth of the Central Pillar
6. Ain Soph Aur, Unlimited Light
7. Light, the Substance of the Universe
8. 'When God Drew a Circle on the Face of the Deep'
9. The Kingdom of God is like a Mustard Seed
10. The Cosmic Family and the Mystery of the Trinity
11. The Body of Adam Kadmon

- Seasons
13. The Sephirotic Tree, Symbol of Synarchic Order
14. Yesod, Foundation of the Spiritual Life
15. Binah:
 - I The Laws of Destiny
 - II The Realm of Stability
16. Chokmah, the Creative Word
17. Yesod, Tiphareth, Kether, the Sublimation of Sexual Energy
18. The Prayer of Solomon.

Summary

'Think for a minute about what electricity is and how we use it, and you will have some notion, however approximate, of God. We use electricity to light and heat our houses, and power all kinds of machines and appliances, but we have to be very careful of how we handle it, for it is easy to cause an accident. Direct contact with an electric current can be fatal. In order to harness and use it without danger, we have to channel it through transformers. The same can be said of God: God is like a pure current of electricity which has to pass through transformers before it reaches us. And the transformers that God uses are the countless luminous beings that populate the heavens, known to tradition as the choirs of angels or angelic hierarchies. It is through them that we receive divine life; it is through them that we can be in contact with God.

P0237AN : COSMIC BALANCE - THE SECRET OF POLARITY

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| 1. Cosmic Balance and the Number Two | 10. Iona, Principle of Life - Horeb, Principle of Death |
| 2. Oscillation of the Scales | |
| 3. One and Zero | 11. The Triad Kether-Chesed-Geburah - Sceptre and |
| 4. The Role of The Masculine and The Feminine - | Orb Mind and Heart - A Straight Line and a Curved |
| Adam and Eve : Spirit and Matter Adam and Eve : | Line |
| Wisdom and Love - The Mental and Astral Planes - | 12. The Law of Exchange |
| Man and Woman | 13. The Key and the Lock |
| 5. God Transcends Good and Evil | 14. The Work of the Spirit on Matter - The Holy Grail |
| 6. The White Head and the Black Head | |
| 7. Alternation and Antagonism - The Law of | 15. Union of the Ego with the Physical Body |
| Opposites | 16. The Sacrament of the Eucharist |
| 8. 'To Work the Miracles of One Thing' - The Figure of | 17. The Androgynes of Myth |
| Eight and the Cross | 18. Union with the Universal Soul and the Cosmic |
| 9. The Caduceus of Hermes - The Astral Serpent | Spirit. |

Summary

On September 23rd, the Sun enters the sign of Libra (Scales or Balance), and this is the autumn equinox. After the ascending phase, from Aries to Virgo, comes the descending phase, from Libra to Pisces. Libra is the seventh sign on the zodiacal belt. Why, you may wonder, are there scales in the heavens, and what do these scales teach us? This is the only sign of the zodiac that does not represent a living being, human or animal. It is an inanimate object, and not just any object, but an instrument for weighing things. It is as though its two pans were there to maintain the balance between the powers of darkness and light, of life and death. Libra, the Scales of the zodiac, is a reflection of the cosmic scales, the equilibrium between the two opposite and complementary principles, thanks to which the universe came into being and continues to exist. The symbol of the scales, which we find also in the sephirothic Tree of Life, dominates the whole of creation.'

P0238AN : The Faith that Moves Mountains

Table of contents

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| 1 - Faith, hope and love | 8 - Our divine lineage |
| 2 - The mustard seed | 9 - Proof of God's existence lies within us |
| 3 - Faith and belief | 10 - Identifying with God |
| 4 - Science and religion | 11 - God is life |
| 5 - Faith always precedes knowledge | 12 - God in creation |
| 6 - Retrieving lost knowledge | 13 - Rabota, vreme, vera : work, time, faith |
| 7 - A religion is only a form of faith | |

Summary

Faith goes hand in hand with long-term work. It is the fruit of efforts repeated day after day. Faith is something that lives, something that we must never separate from our everyday life. This is what we need to understand if we are to discover the hidden meaning of Jesus' words : if you have faith the size of a mustard seed, you will say to this mountain, "Move from here to there," and it will move.

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We can move a mountain, but only if we do not rush at it, thinking to move it in one go. We can move a mountain, but only if we are ready to move it stone by stone. Every stone we move - that is, every time we succeed in something, however small, increases your faith ; we begin to feel that we are stronger and more stalwart, more in control of the situation. And then one day, if we look back at the progress we have made and find that half the work is already done, it is just possible that our faith will have become so strong that we can move the rest in one go.

P0239AN : Love Greater Than Faith

Table of contents

- 1 - The uncertainties of modern man
- 2 - Destructive doubt : unification and bifurcation
- 3 - Constructive doubt
- 4 - "Your faith has made you well"
- 5 - Let it be done for you according to your appreciation
- 6 - Only your actions witness to our faith
- 7 - Never abandon your faith in good
- 8 - "Unless you become like children"
- 9 - "The greatest of these is love"
- 10 - Base your trust on vigilance
- 11 - "As I have loved you"

Summary

"When you decide to embrace a religion or a spiritual philosophy and to put its principles into practice in your life, not only will you encounter difficulties with yourself because of the efforts required of you, but you will also have difficulties with others who will not necessarily understand how and why you have changed. Well, it is the way you handle these difficulties which reveal the quality, the authenticity of your faith. You must not say, for example, "I'm going to change my life completely, and I don't care what the family thinks. That is not my problem." Oh but it is your problem, because your spiritual life will depend on how you resolve it. Try, as far as possible, not to make others suffer, and of course, you must not abandon them. Remember that love is always greater than faith."

B0301AN : THE NEW YEAR

Summary

The Cabbalah tells us that the new year is influenced by the stars. The birth of a new year is like the birth of a child: it is the beginning of a life that will last just twelve months. When a child is born one can draw up a horoscope based on the date and time of birth and thus foresee the principal events of the child's life. And we can do the same for the birth of a new year; in fact you should know that the first day of the year determines the first month, the second day, the second month, the third day the third month and so on. So you must try to live, think, feel and behave as well as possible, at least during the first twelve days, so as to ensure an intelligent, luminous start to the year and thus influence and determine it favourably.

B0302AN : MEDITATION

Summary

Never forget that it is by your meditations that you allow your inner Self to express itself and reach its full flowering. This is the means by which you can release this mysterious, subtle being so that it can gaze on all that exists in infinite space and then reproduce it on the physical plane. Of course, we are practically never conscious of the realities that this being gazes on, but if we continue to do these exercises regularly and often, little by little they will reach our consciousness and constitute an inner treasure that will always be with us.

B0303AN : RESPIRATION Spiritual Dimensions and Practical Applications

Summary

Inhalation, exhalation... inhalation, exhalation... The ebb and flow of our breathing is the key to all the rhythms of the universe. When you become conscious of this movement within you, you enter into the movement of cosmic harmony in which you are immersed; little by little you will feel that your breathing melts into the breathing of God.

B0304AN : DEATH AND THE LIFE BEYOND

Summary

Let the dead live in peace. Don't cling to your family and friends, don't let your sorrow at their departure hold them down and, above all, don't try to communicate with them by calling them back. This only troubles them and prevents them from breaking free. Pray for them, send them your love, think of them becoming freer and freer and rising higher and higher towards the light. If you really love them, be sure that you will be with them again one day. That is the truth. How many times have I already told you this: where your heart is, there you will be one day.

D0005AN : The Gypsy Queen (Children Library)

Summary

BOOK 67: WHAT THE FACE OF A PERSON CAN REVEAL!

Within each one of us lives a king or a queen, and this king and queen are eager to achieve great things in life. The story of young King Bojil and the Gypsy girl who became his Queen, lead us into the glorious adventure of love on the path of freedom and human brotherhood.

The young readers will find here, presented with an enchanting lightness of touch, some essential aspects of their own quest for great things. - A delightful reminder of wisdom tales of all regions of the world.

All ages

CD5009AN : THE SEED

Summary

"A seed is nothing either than a living being who ceaselessly calls upon the forces and materials of the cosmos so as to be able to accomplish its task. And its task is to resemble the tree that produced it. The Creator put into the seed the vocation to resemble its father, the tree ; that's why, once planted - unless it's defective - all of its work will go in the direction of this vocation, taking from among the elements which surround it those which suit it, relinquishing the others, and it's in this way that it will come to express all the tendencies indicated in the diagram which it carries within it.

It is the same thing for man. Since God created man in His image, he has the possibility, by developing himself correctly, of becoming like his Heavenly Father."

K2510AN : The Laws of Reincarnation

Summary

'Belief in reincarnation is one of the cornerstones of morality. As long as human beings are unaware that the law of cause and effect is operative from one incarnation to the next, no amount of sermonizing will persuade them to change their ways. But once they know that the difficulties and trials they encounter in life are the direct result of faults committed in a previous life, not only can they accept them as just, but they start to work for good so as to be sure that their future incarnations will be better.'

V4605AN : The activity of the soul and spirit... How can we modify our destiny ?

Summary

You have been given every possible means with which to create your own future.

When you strive to put your physical body, and also your heart and mind, at the service of your soul and spirit of all that is most noble and exalted you set the seal of the Godhead on your every act and on each of your words.

And this work of self-transformation will produce other transformations throughout the world, and even to the far-distant stars... For everything is linked.

V4606AN : How can we purify our physical body despite the pollution ...

Summary

Pollution has become one of the greatest curses of our times. It is becoming increasingly difficult to find healthy food and clean air. But human beings are capable of neutralizing external poisons. If they live in harmony, if they forge a bond with light, their inner forces react and reject even physical impurities. In this way their organism defends itself.

"You Are Gods" - Synthesis, Vol. I

Omraam Mikhaël Aïvanhov

"Jesus was the most revolutionary of God's messengers. He was the first to defy all the ancient customs and his audacity in claiming that he was the son of God and that all human beings are equally sons and daughters of God was expiated on the cross. The insistence with which Jesus accentuated man's divine filiation offended and irritated the scribes and Pharisees to the point that they attempted one day to stone him. But Jesus said to them: 'I have shown you many good works from the Father. For which of these are you going to stone me?' The Jews answered, 'It is not for a good work that we are going to stone you, but for blasphemy, because you, though only a human being, are making yourself God.' And then Jesus reminded them of the verse in the Psalms: 'Is it not written in your law, "I said, You are gods"?"